

-----Working Document-----

Compilation of Mentoring Programs in San Diego and Imperial Counties

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Overview

This document compiles information on mentoring programs in San Diego and Imperial Counties. The goal is to provide a clear picture what mentoring programs are being implemented and to give basic information about those programs as of June 2021. While the eventual goal of the compilation is to be comprehensive, we know there are many programs being implemented which we have not yet included. This compilation will be regularly updated as we learn about additional programs. If you would like to share information about a mentoring program that is not included in this document, please email Andrew Blum, andrewblum@sandiego.edu.

Purpose

The purpose of the document is three-fold. First, as a deliverable under the Project Safe Neighborhoods initiative (PSN), it is designed to provide basic information to the US Attorney's Office and others involved in the PSN on the range of mentoring programs that exist. Mentoring programs have proven to be an effective program strategy for producing a range of positive youth development outcomes, including reducing violence and recidivism.¹ Therefore, it is useful for those working on PSN to have an understanding of the number and nature of mentoring programs that exist.

Second, and similarly, the compilation is for others working on issues of youth development, violence prevention and reducing recidivism. The goal is to provide a continually-updated compilation of mentoring programs for those who wish to access these programs, those who wish to support these programs, and those who wish to ensure they are working in a complementary instead of a duplicative way. This includes the organization currently working under the Project Safe Neighborhoods initiative, many of which are implementing mentoring programs.

Third, the compilation serves as a foundation for our own and for others' future research efforts regarding youth development, violence prevention, and reducing recidivism in San Diego. Part of our work under the PSN initiative will be a comprehensive report on youth development as a strategy to reduce violence and recidivism in San Diego and Imperial Counties. This will serve as a foundation for this research and for similar research conducted by others working on these issues.

¹ Andrew Blum, [*Evidence Review: Mentoring and Lived Experience Mentoring*](#), Project Safe Neighborhoods, May 2021.

Approach

Programs Included: The programs listed in the compilation are either dedicated mentoring programs or programs that include mentoring alongside other activities. In regard to a definition of mentoring, we start with the traditional definition of mentoring from the youth development field. In this field, mentoring is normally defined as a relationship, either ongoing or for a particular period of time, between a young person or young persons and an adult or older peer acting in a nonprofessional capacity that is designed to provide support that benefits the mentee's development. For our work, we add to this definition mentoring programs focused on adults as opposed to youth. In recent years, many mentoring programs have emerged for adults, for instance, for formerly-incarcerated individuals, that are no longer youth when they leave prison.

Each entry in the compilation is a program. Organizations may have multiple programs and, therefore, would have multiple entries. Programs may have multiple locations, which will be listed in the entry, but the program would still have a single entry.

Geographic Scope: The geographic scope of the compilation are programs located in San Diego and Imperial Counties

Information Included: In addition to basic information such as organization, contact information, and location, we have included information that researchers have identified as important to the success of mentoring programs. This includes the characteristics of the mentee, the characteristics of the mentor, the length of the mentoring relationship, the purpose or the goals of the mentoring program, and so on. This information has been included in part so that the compilation can serve as a foundation for future research efforts.

Source of Information: The information provided in the compilation comes from compilations others organizations have produced, organizational websites, and phone calls with staff at the implementing organizations. The compilation should be seen as a living document. In many cases, we were not able to compile all the information about a program, so those entries have been left blank. As we gather more information about the programs included, we will add it. And as we learn about additional mentoring programs, we will add those as well.

Similar Efforts

We were not able to find a compilation of mentoring programs similar to the one presented here. The website of the [Mentoring Coalition of San Diego](#) has a list of mentoring programs, but it is many years out of date.

The website of the [San Diego District Attorney's Office](#) has a list of mentoring programs, but only includes six programs.

The best existing resource we found is the [San Diego Mentorship Network](#). In 2018, a survey was conducted of organizations that implement mentoring programs. The network's website states that their goal is to establish a comprehensive, easily-searchable, targeted directory of mentorship programs where

anyone can locate up-to-date information on over 100 mentorship programs across San Diego. To date, there is no such directory on the website, nor is their contact information for coordinators of the network on the website. It is not clear whether the initiative is still active.

Compilation Totals

Mentoring Programs Included in the Compilation:

- Total: 40
- San Diego County: 33
- Imperial County: 7

Total Number of Lived Experience Mentoring Programs:

Location of Programs

- Community-Based: 32
- School-Based: 8

Ages Served: The most common age range for programs is middle school-aged through high school, so roughly 11-18. A smaller number of programs serve younger youth or extend their programming to adults.

Lived Experience Mentoring Programs: A particular focus of the Project Safe Neighborhoods initiative in San Diego and Imperial Counties is a type of mentoring program known as lived experience or credible messenger mentoring program. Lived experience mentoring is distinguished from other forms of mentoring primarily by the type of mentors used. These programs use mentors that have lived through the same experience as the mentees. So for instance, programs will use formerly-incarcerated mentors to work with justice-involved mentees.

The compilation identified five lived experience mentoring programs:

- Boys to Men Mentoring Network: In-School Mentoring
- Boys to Men Mentoring Network: Open Community Mentoring
- Promises2Kids
- SAY (Social Advocates for Youth) San Diego: Resilience Community Mentoring Program
- Youth Empowerment

Next Steps

As noted above, this compilation will be a living document. Next steps for the document include:

- Continue to add information on the programs included and other mentoring programs.
- Create an online, searchable version of the compilation.
- Conduct more research on the outputs of the programs listed in the compilation. There is information, such as the total number of youth served, that should be included in the compilation, but is not at the moment. This type of data is not easy to collect as there is no centralized reporting system.

Over the longer-term, the compilation will be used as a foundation for broader research undertaken under the Project Safe Neighborhoods initiative on youth development programming. As this research is able to identify the impact of specific mentoring initiatives, that type of information on effectiveness will also be included in the compilation.

Mentoring Programs - San Diego County

Program Name: Access Youth Academy	
Organization: Access Youth Academy	Location: 16043 Bedford Hill Rd., San Diego, CA 92127
Point of Contact: Shelby Coopwood	Contact Information: 949-463-3441 (not Shelby's number); shelby@accessyouthacademy.org
Geographic Area Served: San Diego	School/Community: Community-based
Age of Mentees: 13-25	Length of Mentoring Engagement: There are three phases to the Academy. Youth participate in 6 years at Access Youth Academy, 4 years in College, and 2 years post college.
Type of Mentee: Only serve students who qualify for free/reduced lunch, have had some foster kids but not the main focus	Type of Mentor: No age range for mentors, but they primarily try to get professionals who are out of college and have a little bit of work experience. Also, the organization prefers mentors who will commit long-term to keep consistent relationships in high school and through college.
Purpose/Goals: AYA's mission is to transform the lives of underserved youth through academic enrichment, health, and wellness, social responsibility, and leadership through squash.	Role of Mentoring in Program: Mentoring is a significant component of program
Project Description: The mentors meet monthly with Access Youth Academy students to support with academic, athletic and personal endeavors.	
Other Notes: Mentors go through a standard background check. They try to align interests, ie medical field professionals to the medically interested students.	
Source of Information: https://accessyouthacademy.org/tutor-3-2/	

Program Name: Alternatives to Detention	
Organization: North County Lifeline	Location: 3142 Vista Way, Suite 400, Oceanside, CA 92056
Point of Contact: <u>Alberta Saavedra</u> , Director of Youth Development	Contact Information: <u>760-842-6201</u> x6204

Geographic Area Served: San Diego County	School/Community: Community-based
Age of Mentees: 11-18	Length of Mentoring Engagement:
Type of Mentee: Youth who have been arrested and are not eligible for Juvenile Diversion within the North County Coastal area	Type of Mentor:
Purpose/Goals: To provide youth with a constructive alternative to detention.	Role of Mentoring in Program: Mentoring is a minor component of program.
Project Description: The Alternatives to Detention program supports youth referred by law enforcement, the probation department, or juvenile court. These are youth who have been, or are about to be placed in detention, but do not present a flight risk or danger to the community. The program provides crisis intervention, case management, mentoring, mental health therapy, and temporary placement in short-term foster care.	
Other Notes:	
Source of Information: https://www.nclifeline.org/alternatives-to-detention-atd-choice	

Program Name: Any Body Can Youth Foundation	
Organization: Any Body Can Youth Foundation	Location: 3131 Market St, San Diego, CA 92102, United States
Point of Contact: Billy Moore	Contact Information: (619) 234-2200
Geographic Area Served: San Diego	School/Community: Community-based
Age of Mentees: 7-17	Length of Mentoring Engagement:
Type of Mentee: Any San Diego Youth	Type of Mentor: No requirements, but the general demographics have been educators, local business leaders, grad students, and college students.
Purpose/Goals: “Empower San Diego’s inner-city youth to step off in life with their best foot forward, without cowardice but with courage and dignity.”	Role of Mentoring in Program: Mentoring is a significant component of program
Project Description: The mentorship program is run by volunteer tutors and coaches. Tutors and coaches receive community service hours and recommendation letters.	

Other Notes: Their creed is to take anyone who comes through the door; while the main focus is ages 7-17 they have also had young adults. There are no mentoring length parameters because a lot of their mentees are transient youth and they don't want to exclude anyone.

Source of Information: <https://abcyouthfoundation.org/>

Program Name: Bridges to Success for Young Men

Organization: Just in Time

Location: 4560 Alvarado Canyon Rd, Suite 2G San Diego, CA 92120

Point of Contact: Kathryn Clauzel

Contact Information: 619-677-2119;
kathryn@jitfosteryouth.org

Geographic Area Served: San Diego County

School/Community: Community-based

Age of Mentees: 18-27

Length of Mentoring Engagement: 10 month cohort program.

Type of Mentee: Young men transitioning out of foster care.

Type of Mentor: Adult male mentors

Purpose/Goals: Bridges to Success helps young men understand and utilize the necessary tools to achieve financial security; establish greater self-awareness, internal resiliency, and empowerment; develop and leverage lasting, supportive relationships; and have the satisfaction of becoming leaders to give back to others.

Role of Mentoring in Program:
Mentoring is a significant component of program.

Project Description: Bridges to Success (B2S) was created in 2011 in collaboration with the Kappa Alpha Psi fraternity and Philip Rivers' Rivers of Hope foundation to connect young men who transition out of foster care with male role models to assist with personal and professional development through mentorship. Through foundational workshops and a network of male leaders and like-minded peers, these young men gain the knowledge, skills, resources, and connections they need to achieve long-term personal and professional sufficiency and success. Workshops focus on subjects such as identity, masculinity, personal branding, confidence, networking, and money management. Through this "band of brothers," new relationships are formed that allow for trust and respect to build. B2S volunteer Champions guide foster youth in an informal, non-judgmental setting, offering tools and resources while instilling a sense of community, purpose, and self-worth.

Other Notes:

Source of Information: <https://jitfosteryouth.org/youth-services/employment-networking/>

Program Name: Career Horizons for Young Women	
Organization: Just in Time	Location: 4560 Alvarado Canyon Rd, Suite 2G San Diego, CA 92120
Point of Contact: Kathryn Clauzel	Contact Information: 619-677 2119 kathryn@jitfosteryouth.org
Geographic Area Served: San Diego County	School/Community: Community-based
Age of Mentees: 18-27	Length of Mentoring Engagement: 10-month cohort service with 1-2 workshops a month & 1-2 meetings with mentors outside of the workshop.
Type of Mentee: Be a female-identifying or non-binary transition age foster youth.	Type of Mentor: Female-identifying adult.
Purpose/Goals: To empower and raise awareness of a rich range of employment options that can create a path to financial security, self-sufficiency, and well-being.	Role of Mentoring in Program: Mentoring is a significant component of program.
Project Description: Career Horizons empowers women with a network of female professionals and coaches providing guidance, building self-worth, and encouraging personal, professional, and financial development. Career Horizons provides workshops (Resume Building, Mock Interviews, Mocktail Networking, Healing, Gratitude, and Intuition Day, Mixers, and others), hands-on experiences, mental and emotional wellness support, education, job training, professional attire shopping, connections to an extended community of supporters, and much more to our youth participants in San Diego County. Each youth receives individualized attention for their personal growth. This allows them to truly take ownership of their life stories and focus on their strengths to maximize their potential.	
Other Notes: Another program requirement is that mentees must also be working, going to school, or both (or have a clear action plan to do so after the cohort is completed). Ideally, they like their mentors to be at least 24 years old.	
Source of Information: https://jitfosteryouth.org/youth-services/employment-networking/	

Program Name: Club Crown Heights Afterschool Programs	
Organization: North County Lifeline	Location: 3142 Vista Way, Suite 400, Oceanside, CA 92056
Point of Contact: <u>Alberta Saavedra</u> , Director of Youth Development	Contact Information: <u>760</u> -726-4900 ext. 6306

Geographic Area Served: Crown Heights, Oceanside neighborhood	School/Community: Community-based
Age of Mentees: Up to 18	Length of Mentoring Engagement:
Type of Mentee: Youth living in Oceanside's Crown Heights neighborhood	Type of Mentor:
Purpose/Goals: Provide neighborhood kids a safe place after school to complete their homework, build leadership skills, and plan for successful futures.	Role of Mentoring in Program: Mentoring is a minor component of program.
Project Description: Club Crown Heights programs are aligned within a Positive Youth Development model, "Triple E". Triple E focuses on Education, including homework support and after school tutoring; Employment, by giving students the tools they need to find their first job; and Civic Engagement, providing opportunities for students to lead and/or participate in community projects and events. In 2016, Club Crown Heights launched a STEM Education Project that encourages students to pursue Science, Technology, Engineering, and Math subjects.	
Other Notes:	
Source of Information: https://www.nclifeline.org/club-crown-heights-afterschool-programs	

Program Name: College Town	
Organization: Reality Changers	Location: 4251 37th St San Diego, CA 92105
Point of Contact: Jose Luis Perez, College Town Program Manager	Contact Information: 619.516.2222; Jose@RealityChangers.org
Geographic Area Served: San Diego	School/Community: School-based
Age of Mentees: 13-18	Length of Mentoring Engagement: 3 hours weekly;
Type of Mentee: Underserved, first-generation, low-income, high-potential students	Type of Mentor:
Purpose/Goals: College Town prepares low-income, high-potential students to be college-ready by 12th grade.	Role of Mentoring in Program: Mentoring is a significant component of program.

Project Description: College Town provides afterschool and summer programming focused on academic performance, leadership, and soft skills for students in grades 8-11. They provide space for students to envision success, inspiring them to set new personal goals, and preparing them to achieve their academic and professional dreams through self-awareness, resourcefulness, and resilience. Services include weekly mentoring and tutoring, an 8-week ACT/SAT prep course, one-on-one mentoring, job shadow program, and more.

Other Notes:

Source of Information: <https://realitychangers.org/collegetown/>

Program Name: Community Mentors Adult Re-Entry Program (Community Mentors)

Organization: Youth Empowerment

Location: 4660 El Cajon Boulevard, Suite 205
San Diego, CA 92115

Point of Contact: Arthur Soriano

Contact Information: arthur@youthempormentsd.org;
(619) 310-6164

Geographic Area Served: San Diego

School/Community: Community-based

Age of Mentees: 18-60

Length of Mentoring Engagement: 8-24 weeks

Type of Mentee: Youth involved in the criminal justice system living in the communities of San Diego's Central Region.

Type of Mentor: Lived-experience required. Culturally competent with training in restorative practices, trauma-informed care and curriculum such as Forward- Thinking and Parents on a Mission. Menors have grown up in their mentees' neighborhoods, have been involved in gangs, experienced race, or gender-based inequalities, and speak YE antologized individuals who occupied leadership positions in gangs or in the prison setting and aea committed to reforming their lives and improving their community.

Purpose/Goals: The goal of this program is for participants to successfully re-engage with their communities and to avoid recidivism.

Role of Mentoring in Program:
Mentoring is a minor component of program.

Project Description: Comprehensive wrap-around service. Case Management with a Trauma Informed Service Approach. Incentives (i.e. Meals, Gift Cards, etc...) Curriculum including seeking safety, Parents On A Mission, and Reflecting Shakespeare - Re-Entry (in collaboration with The Old Globe). Career readiness and job placement. This is funded by a grant from the Board of State and Community Corrections through the Adult Reentry Program which is focused on young adults exiting the California Department of Corrections and Rehabilitation systems referred by Program or through contacts.

Other Notes: This is a lived-experience mentoring program with 8 out of 10 staff have experience being confined in the justice system. Weekly 1 on 1 mentoring with mentors who have lived experience in the justice system. Twice weekly group mentoring meeting. Quarterly field trips and community service opportunities. Coordination to service & Case Management. Connections to community resources and training or employment opportunities.

Source of Information: <https://youthempowermentsd.com/community-mentors>

Program Name: Community Youth Athletic Center

Organization: Community Youth Athletic Center

Location: 1018 National City Blvd.,
National City, CA 91950

Point of Contact: Clemente Casillas, Executive Director

Contact Information: 619-992-7075

Geographic Area Served: San Diego

School/Community: Community-based

Age of Mentees: 8-18

Length of Mentoring Engagement: N/A, students come and go as needed

Type of Mentee: Underserved youth

Type of Mentor: All backgrounds and demographics, mainly just adults from the community

Purpose/Goals: Organization that strives to change the lives of underprivileged youth through the sport of boxing. Also, creating an atmosphere that guides our at-risk youth towards a positive direction and enlightening each on their limitless potential.

Role of Mentoring in Program: Mentoring is a minor component of the program.

Project Description: A three-part program - including mentoring, boxing, and academic support - "Providing San Diego's at-risk youth with a constructive alternative to self-defeating behavior through an athletic, academic and community service program." Programs engage young people in activities with adults and peers that enable them to grow and reach their full potential. This "out of the box" program gave youth what they seek through gang membership (acceptance, challenging activities, and a place to belong) in an alternative, socially positive environment.

Other Notes: Mentors are usually parents and people from the community (including DA, US border patrol - they have a strong bond with law enforcement).

Source of Information: <https://cyacteam.org/>

Program Name: Foster Grandparent Program

Organization: Catholic Charities Diocese of San Diego	Location: 3888 Paducah Drive, San Diego 92117
Point of Contact: Sharin Yetman, Director of Foster Grandparents & Senior Companions	Contact Information: San Diego - 619 323-2841 Imperial County - 760 353-6822
Geographic Area Served: San Diego & Imperial Counties	School/Community: School-based
Age of Mentees: Up to 18	Length of Mentoring Engagement:
Type of Mentee: Children with special and exceptional needs	Type of Mentor: Senior Volunteers (age 55+) provide one-to-one assistance for children with special and exceptional needs
Purpose/Goals: To create an enriching environment for retired Seniors to remain active while impacting the needs of their communities.	Role of Mentoring in Program: Mentoring is a significant component of the program
Project Description: Senior Volunteers serve in high-need schools and provide one-to-one assistance for children with special and exceptional needs in tutoring, mentoring, skill-building, and enhancing self-reliance. The program allows volunteers to help kids and the sites help themselves by staying active and engaged in their communities.	
Other Notes:	
Source of Information: https://ccdsd.org/foster-grandparents/	

Program Name: Foster Youth Mentors	
Organization: San Diego County Health & Human Services Agency: Child Welfare Services	Location: 1600 Pacific Highway, San Diego, CA 92101
Point of Contact: Ross Ramos	Contact Information: (619) 767-5211; rostum.ramos@sdcounty.ca.gov
Geographic Area Served: San Diego	School/Community: Community-based
Age of Mentees:	Length of Mentoring Engagement:
Type of Mentee: Foster youth	Type of Mentor:

Purpose/Goals: Provide a child with a supportive and enriching one-on-one relationship that will aid in developing self esteem.	Role of Mentoring in Program: Program is just mentoring.
Project Description: The Foster Youth Mentor Program was developed to help meet the multiple needs of these children. The goal is to provide foster children with caring adult role models. Mentors provide guidance, stability, friendship, and mentoring to build self-esteem, self-reliance, self-sufficiency, academic excellence, and social skills. Activities may include providing transportation, tutoring and taking the child on various social outings.	
Other Notes:	
Source of Information: https://www.sandiegocounty.gov/content/sdc/hhsa/programs/cs/child_welfare_services/volunteer_opportunities.html ; https://www.volunteermatch.org/search/opp914412.jsp	

Program Name: Girls Rising Mentor Program	
Organization: Girls Rising	Location: Girls Rising PO Box 161218 San Diego, Ca 92176
Point of Contact: Nicole Hmielewski, Executive Director	Contact Information: 619-297-1135; nhmielewski@girlsrisingsd.org
Geographic Area Served: San Diego	School/Community: Community-based
Age of Mentees: 6-17	Length of Mentoring Engagement: Minimum one year, with meetings/mentoring sessions at least twice a month
Type of Mentee: Underserved girls, who may include those from socioeconomically disadvantaged homes, single-parent homes, guardianship situations, or foster families and girls who may have been physically, sexually, or emotionally abused.	Type of Mentor: Big Sisters are women 21 years of age or older. They must have a car, insurance, a good driving record, undergo a criminal background check, and commit a minimum of two outings per month for a minimum one-year commitment.
Purpose/Goals: To empower underserved girls to recognize their value and pursue higher goals through a community of women mentors.	Role of Mentoring in Program: Program is just mentoring.
Project Description: Girls Rising helps underserved girls achieve success through our mentoring program by pairing each girl with an individual mentor to serve as a positive, consistent role model in their lives. In addition, the program offers a series of social, educational and character building events for our Big and Little Sisters throughout the year to promote a sense of community, increase social support and introduce the girls to new	

experiences. We assist each girl in setting an individual goal upon entry into the program and measure progress and reset new goals annually.

Other Notes:

Source of Information: <https://girlsrisingsd.org/>

Program Name: Guardian Scholars

Organization: Promises2Kids

Location: 9400 Ruffin Court, Suite A San Diego, CA 92123

Point of Contact: Hilary Taylor, George Puga

Contact Information: 858-290-8254; 858-278-4400; hilary@promises2kids.org

Geographic Area Served: San Diego County

School/Community: Community-based

Age of Mentees: 17-42

Length of Mentoring Engagement: For length of program meet 2x a month (at least) in person. Mentors must commit for at least a year.

Type of Mentee: San Diego County current or former foster youth pursuing higher education including vocational and trade schools.

Type of Mentor: Must be at least 28 years of age. Undergo extensive interview.

Purpose/Goals: Guardian Scholars supports our foster youth who wish to obtain a university, community college, or trade school education.

Role of Mentoring in Program: Mentoring is a significant component of program.

Project Description: This highly successful resource provides former foster youth with a partial financial scholarship along with mentoring support to assist them in adapting to and excelling in a higher education setting. By giving college preparatory support, academic scholarships, mentoring, and individual support, foster youth gain the necessary tools to support themselves and become self-sufficient adults. Promises2Kids Guardian Scholars provides the following support: College preparation, SAT Courses and unique college level courses while in high school as a Junior Guardian Scholar; quarterly training and educational opportunities; financial scholarships; peer support and social activities; and mentoring.

Other Notes: Lived-experience program.

Source of Information: <https://promises2kids.org/guardian-scholars/>

Program Name: IMPACT (Intensive, Mentoring, Parent, Advocacy, Comprehensive, Trauma-Informed Services)	
Organization: North County Lifeline	Location: 3142 Vista Way, Suite 400, Oceanside, CA 92056
Point of Contact: <u>Alberta Saavedra</u> , Director of Youth Development	Contact Information: <u>760-842-6214</u> x 6204
Geographic Area Served: San Diego County	School/Community: Community-based
Age of Mentees: 11-17	Length of Mentoring Engagement:
Type of Mentee: Youth who are at risk of arrest as a result of behavior problems	Type of Mentor:
Purpose/Goals: To resolve the underlying causes of misbehavior to prevent arrest; and to build self-reliance among youth, adults, and families through high-quality, community-based services.	Role of Mentoring in Program:
Project Description: The IMPACT program works with youth who have been in trouble, but are better served through therapeutic and family-focused intervention rather than facing criminal prosecution. IMPACT offers an intensive client-centered, trauma-informed treatment program that focuses on the community, youth, and family services while also addressing issues related to racial and ethnic disparity. IMPACT sets youth up for success by providing services that work to resolve the underlying causes of their misbehavior.	
Other Notes: All ongoing volunteers are subject to a series of security checks before starting; these include Livescan background check, drug screening, and TB test. Volunteers whose positions include driving and all clinical interns/trainees must also provide a DMV Printout (Driver's Record). All Lifeline volunteers must provide references.	
Source of Information: https://www.nclifeline.org/impact-intensive-mentoring-parent-advocacy	

Program Name: In-School Mentoring	
Organization: Boys to Men Mentoring	Location: 3322 Sweetwater Spring Blvd. #204, Spring Valley, California 91977
Point of Contact: Jose Garcia, Associate Director	Contact Information: 619-469-9599; jose@boystomen.org
Geographic Area Served: San Diego	School/Community: Community-based

Age of Mentees: 12-17	Length of Mentoring Engagement: Weekly basis through the academic year.
Type of Mentee: Boys who are at-risk of educational failure, dropping out of school, juvenile delinquency, or engaging in gangs. And open to all boys, so we also have boys from various socioeconomic backgrounds making our group circles diverse and dynamic. 40% of our current program participants are fatherless, and over 95% are on free or reduced lunch.	Type of Mentor: A mentor is a man from the San Diego community who expressed an interest in volunteering with Boys to Men and over the age of 18 but are typically 35 or older.
Purpose/Goals: To improve the academic performance, attendance, and attitude and reduce disciplinary issues, expulsion, and dropout rates of schools' most at-risk boys.	Role of Mentoring in Program: The program is just mentoring.
Project Description: Community-based mentoring model serves middle and high school boys ages 12-17. Program elements include weekly in-school and open community meetings, Adventure Mountain Weekend retreats, an annual 24-hour experiential mentor training, and ongoing training and support for carefully selected and screened mentors. The weekly meetings combine leadership opportunities, peer mentoring, and self-esteem-building exercises. All meetings are facilitated by one or more Boys to Men staff members and supported by volunteer mentors. The group meetings range from 12 to 40 boys with an average ratio of 4 boys to 1. Partner with various school partners around San Diego County, school administrators help us identify boys who are at-risk of educational failure, dropping out of school, juvenile delinquency, or engaging in gangs	
Other Notes: Mentors undergo an interview process that includes a background check, LIVESCAN, and ongoing mentor training. This is a lived-experience mentoring program, but a mentor cannot have been convicted of a violent crime. The mentor needs to be rehabilitated for seven years, and BTM requires a certificate of rehabilitation.	
Source of Information: https://boystomen.org/in-school/	

Program Name: JA Ambassador Program	
Organization: Junior Achievement of San Diego County	Location: 4756 Mission Gorge Place San Diego, CA 92120
Point of Contact: Hanna Jensen	Contact Information: (619) 682-5155; hjensen@jasandiego.org
Geographic Area Served: San Diego	School/Community: Community-based
Age of Mentees: About 13-18	Length of Mentoring Engagement: 10 weeks, twice weekly sessions

Type of Mentee: High school students	Type of Mentor: Local San Diego business leaders
Purpose/Goals: Junior Achievement's mission is to inspire and prepare young people to succeed in a global economy.	Role of Mentoring in Program: Mentoring is a significant component of program.
Project Description: Providing foundational knowledge of the local economy, personal finances, career pathways, and work-readiness. In concert with San Diego business leaders, JA's ambassador program creates a platform for participants to gain the necessary skills to thrive in San Diego's economy. JA's Ambassador Program is a 3-month cohort-style leadership experience connecting them to business mentors who can create access to SD's career pipelines.	
Other Notes: Student Ambassadors have the opportunity to earn up to \$200 to invest back into their future.	
Source of Information: https://sandiego.ja.org/programs/opportunity/2-ja-ambassador-program	

Program Name: Jewish Big Pals	
Organization: Jewish Family Service	Location: 8804 Balboa Avenue, San Diego, CA 92123
Point of Contact:	Contact Information: (858) 637-3056
Geographic Area Served: San Diego County	School/Community: Community-based
Age of Mentees: 8-18	Length of Mentoring Engagement: Meet at least twice a month for a minimum one-year commitment
Type of Mentee: Jewish children, who are being raised in a variety of family situations—often by single parents, grandparents, or legal guardians.	Type of Mentor: Jewish, 25+ Complete criminal background, DMV Driving Record, and reference checks (must have and maintain a clean criminal history and driving record)
Purpose/Goals: To provide companionship, friendship, and life-enriching experiences to children from single-parent and non-traditional homes and to help them achieve their full potential through a 1:1 mentoring relationship. Also to help build self-confidence, self-esteem, new behaviors, coping skills, healthy habits, and a strengthened Jewish identity.	Role of Mentoring in Program: Program is just mentoring

Project Description: Matches meet twice a month for one-on-one outings. Jewish Holiday gatherings, group Padres tickets, community-service days, and other opportunities are planned throughout the year for Big and Little Pals to get together.

Other Notes:

Source of Information: <https://www.jfssd.org/center-for-jewish-care/jewish-community-services/jewish-big-pals/>; https://jfssd.galaxydigital.com/need/detail/?need_id=411016

Program Name: Leadership Training In Schools

Organization: San Diego Mentors

Location: 11622 El Camino Real, 1st Floor, San Diego, CA 92130

Point of Contact:

Contact Information: info@sandiegomentors.com

Geographic Area Served: San Diego

School/Community: School-based

Age of Mentees: Up to 18

Length of Mentoring Engagement:

Type of Mentee: Students in San Diego

Type of Mentor:

Purpose/Goals: To role model, directly teach, and provide opportunities for the youth to practice the calm-assertive approach for behavior.

Role of Mentoring in Program: Program is just mentoring.

Project Description: The San Diego Mentors team participates with the group during activities while consistently role modeling the expected standard of calm-assertive behavior. When situations arise during discussions or activities that provide opportunities for direct teaching, we provide in-the-moment feedback regarding behaviors and their influencing factors. Youth mentoring services within the school setting are focused on teaching the factors that influence their thoughts, emotions, behaviors and desires towards productive or unproductive outcomes.

Other Notes:

Source of Information: <https://www.sandiegomentors.com/schools>

Program Name: Mentor an ISA Student

Organization: San Diego Workforce Partnership	Location:
Point of Contact:	Contact Information: (619) 228-2900
Geographic Area Served: San Diego	School/Community: Community-based
Age of Mentees:	Length of Mentoring Engagement: 3 months with the option to renew afterward; 1 hour commitment every other week (6-8 meetings total); One communication touch point a week via mentoring app.
Type of Mentee: Student in the Workforce ISA program	Type of Mentor: Tech professionals/Mentors with backgrounds in Business Intelligence, Digital Marketing, Front End Development, UX Design, Database Management and Java Programming.
Purpose/Goals: Our goal is to partner each participant in our program with a successful mentor to help them build the required social capital in their new career fields.	Role of Mentoring in Program: Program is just mentoring.
Project Description: Students are biting off a lot by choosing to pursue their education while keeping up with life's other commitments. Mentors are there to help them through challenges, listen and provide feedback and connect them to their professional network as they build their skills.	
Other Notes:	
Source of Information: https://workforce.org/isa-mentors/	

Program Name: Ocean Discovery Institute	
Organization: Ocean Discovery Institute	Location: 4255 Thorn Street San Diego, CA 92105
Point of Contact:	Contact Information: 619.795.8365; info@oceandi.org
Geographic Area Served: San Diego	School/Community: Community-based
Age of Mentees:	Length of Mentoring Engagement:

Type of Mentee: Youth in San Diego	Type of Mentor:
Purpose/Goals: Use science to empower young people from underserved urban communities to transform their lives, their community, and our world as scientific and conservation leaders.	Role of Mentoring in Program: Mentoring is a minor component of program.
Project Description: We support our students growing from curious youngsters to science and conservation leaders — from seed to tree. This is why we envision our business model as a “sustainable ecosystem” where resources are sufficient to support growth and evolution. Our community — families, schools, scientific entities, and other partners — make up the rich soil that nourishes these young people. Tuition-free programs provide the sunlight — energy that makes growth over time possible. And a diverse network of donors, investors, and volunteers act as clouds, providing resources needed for kids to grow. For seed-to-tree growth to occur, this ecosystem must act in harmony in a single community — our school-shed.	
Other Notes:	
Source of Information: https://oceandiscoveryinstitute.org/our-model/	

Program Name: Oceanside Youth Partnership	
Organization: Oceanside Police and Community Organizations, such as Oceanside Boys and Girls Club	Location: 16043 Bedford Hill Rd., San Diego, CA 92127
Point of Contact: Taurino Valdovinos	Contact Information: tvaldovinos@oceansideca.org
Geographic Area Served: Oceanside	School/Community: Community-based
Age of Mentees: 13-19	Length of Mentoring Engagement: 12 weeks
Type of Mentee: Teenage youth referred by community organizations.	Type of Mentor: Law enforcement officers
Purpose/Goals: Working with our community partners, OYP will provide mentorship and life skills to the youth of Oceanside that will better prepare them to live productive lives. Our mission is to build meaningful relationships with the youth of Oceanside that will inspire and guide them towards positive life choices.	Role of Mentoring in Program: Mentoring is a minor component of program.

Project Description: The 12-week program aims to reduce juvenile delinquency, lower recidivism, and offer alternatives to street gangs, substance abuse, and a life trapped in the criminal justice system. Each week the lesson plan focuses on a different value such as Personal Responsibility, Ethics, Service, Perseverance, Education, Courage, Trustworthiness, and Discipline. Additionally, the program is used as a means to developing meaningful relationships between youth and the Police Officers in their community.

Other Notes:

Source of Information: <https://www.ci.oceanside.ca.us/gov/police/prevention/oyp.asp>

Program Name: Open Community Mentoring

Organization: Boys to Men Mentoring

Location: 3322 Sweetwater Spring Blvd.
#204, Spring Valley,
California 91977

Point of Contact: Francisco Munguia, Mentor
Coordinator

Contact Information: 619-469-9599

Geographic Area Served: San Diego

School/Community: School-based

Age of Mentees: 12-17

Length of Mentoring Engagement:

Type of Mentee: Boys who are at-risk of educational failure, dropping out of school, juvenile delinquency, or engaging in gangs. And open to all boys, so we also have boys from various socioeconomic backgrounds making our group circles diverse and dynamic. 40% of our current program participants are fatherless, and over 95% are on free or reduced lunch. Alumni also included.

Type of Mentor: A mentor is a man from the San Diego community who expressed an interest in volunteering with Boys to Men and over the age of 18 but are typically 35 or older.

Purpose/Goals: To improve the academic performance, attendance, and attitude as well as reduce disciplinary issues, expulsion, and dropout rates of schools' most at-risk boys

Role of Mentoring in Program:
The program is just mentoring

Project Description: Community-based mentoring model serves middle and high school boys ages 12-17. Program elements include weekly in-school and open community meetings, Adventure Mountain Weekend retreats, an annual 24-hour experiential mentor training, and ongoing training and support for carefully selected and screened mentors. For boys not attending school at one of our partner locations (for in-school mentoring), we hold biweekly evening meetings open to all San Diego boys interested in attending. The Open Community Group

follows the same meeting structure as our in-school groups; however, this group typically comprises high school boys and alumni program participants. Because of this, the group tends to discuss more mature topics.

Other Notes: Mentors undergo an interview process that includes a background check, LIVESCAN, and ongoing mentor training. A lived-experience mentoring program, but a mentor cannot have been convicted of a violent crime. The mentor needs to be rehabilitated for seven years, and BTM requires a certificate of rehabilitation.

Source of Information: <https://boystomen.org/open-community/>

Program Name: Operation Bigs	
Organization: Big Brothers/Big Sisters of San Diego County	Location: 4305 University Ave #590 San Diego, CA 92105.
Point of Contact: Claudia Aldana Robles	Contact Information: (858) 746-9145; CommunityRecruitment@SDBigs.org
Geographic Area Served: San Diego	School/Community: School-based
Age of Mentees: 7-16	Length of Mentoring Engagement:
Type of Mentee:	Type of Mentor:
Purpose/Goals: Provide college and workforce preparation workshops and experiences and soft skill development and coaching, open to all teenage Littles. The goal is to prepare and support post-high school Littles (Graduate Littles) to and through their post-secondary years.	Role of Mentoring in Program:
Project Description: One-to-one mentoring program for military children, and the first of its kind in the nation. In the Site-Based program , Bigs and Littles typically meet once a week to read together, play sports or computer games, or simply talk about life – just as friends do. Operation Bigs Site-Based Facilitated program runs at four elementary schools on Camp Pendleton and at sites in Coronado, Point Loma, and Tierrasanta.	
Other Notes:	
Source of Information: https://sdbigs.org/	

Program Name: Pro Kids	
Organization: First Tee	Location: 4085 52nd Street, San Diego, CA 92105; 821 Douglas Drive, Oceanside, CA 92058
Point of Contact: Oceanside Program Director – Twannia Baker; City Heights Program Director – Christine Duggan	Contact Information: Oceanside (760) 547-8566; tbaker@prokidsonline.org / City Heights san diego (619) 582-7884; cduggan@prokidsonline.org
Geographic Area Served: Mainly San Diego area but also out to El Cajon and Chula Vista	School/Community: Community-based
Age of Mentees: 7-17	Length of Mentoring Engagement: Not set parameters, some kids come once a week and some come five days a week. And some are there for months and others for ten years.
Type of Mentee: Open to any youth but typically focus on underserved youth, about half of their kids are in the low to extremely low poverty level	Type of Mentor: Not one to one matches; most mentorship comes from staff or volunteers, or youth mentors from different colleges wanting to do an internship.
Purpose/Goals: The mission of Pro Kids, First Tee – San Diego is to challenge underserved youth to excel in life by promoting character development, life skills, and values through education and the game of golf.	Role of Mentoring in Program: Mentoring is a minor component of program.
Project Description: We enable kids and teens to build the strength of character that empowers them through a lifetime of new challenges by seamlessly integrating the game of golf with life skills. We provide active learning experiences that develop inner strength, self-confidence and resilience that kids can carry into everything they set out to accomplish. Pro Kids members (ages 7-17 years old) are introduced to our program through a leveling system based on their golf skills ability and age requirements. Our junior members start in Level 1 (ages 7-8 years old) where they are taught the basics of the golf swing and learn important life skills through situational experiences on the golf course and practice area. Junior member advancement involves a series of skills challenges, written tests, and learning the game of golf and Pro Kids/First Tee Core Values.	
Other Notes: Provide financial aid to families that need it	
Source of Information: https://www.thefirstteesandiego.org/programs/golf/	

Program Name: Resilience Community Mentoring Program

Organization: SAY (Social Advocates for Youth) San Diego	Location: 4775 Viewridge Avenue, San Diego, CA, 92123
Point of Contact: Erica Palmer	Contact Information: 858-565-4148 x269; epalmer@saysandiego.org
Geographic Area Served: San Diego, particularly Central Region of San Diego – various sites determined by SAY San Diego, Youth Empowerment, Paving Great Futures, and Project AWARE.	School/Community: Community-based
Age of Mentees:	Length of Mentoring Engagement: 6 months with weekly 1 on 1 mentoring with mentors who have lived experience in the justice system & twice weekly group mentoring meeting
Type of Mentee: Serving youth and young adults on formal probation living in the Central Region with a focus on the following zip codes: 92102, 92105, 92113, 92114, and 91977.	Type of Mentor: Adults who have lived-experience in the justice system.
Purpose/Goals: To promote rehabilitation and reduce recidivism among justice-involved youth and young adults.	Role of Mentoring in Program: Mentoring is a significant component of program.
Project Description: This new initiative will provide 60 justice-involved youth and young adults (per year) with mentoring by adults who have lived-experience in the justice system, along with a series of skill-building workshops and enrichment activities that will lead to reduced recidivism. Beyond the mentoring, other program components include: quarterly field trips and community service opportunities; coordination to service & Case Management; and connections to community resources and training or employment opportunities.	
Other Notes: SAY San Diego, in partnership with Paving Great Futures, Project AWARE, and Youth Empowerment, has launched a Central Region Resilience Community Mentoring Program to serve San Diego youth and young adults who are involved with the justice system. Working under the Credible Messenger model.	
Source of Information: https://www.saysandiego.org/program/resilience-community-mentoring-program/ ; https://youthempowermentsd.com/resilience	

Program Name: San Diego Central Region Mentoring Program (Resilience)	
Organization: Youth Empowerment	Location: 4660 El Cajon Boulevard, Suite 205 San Diego, CA 92115
Point of Contact: Arthur Soriano	Contact Information: arthur@youthempormentsd.org ; (619) 310-6164

Geographic Area Served: San Diego	School/Community: Community-based
Age of Mentees: 18-60	Length of Mentoring Engagement: 8-24 weeks
Type of Mentee: Serving youth and young adults on formal probation living in the Central Region with a focus on the following zip codes: 92102, 92105, 92113, 92114, and 91977.	Type of Mentor: Lived-experience required. Culturally competent with training in restorative practices, trauma-informed care and curriculum such as Forward- Thinking and Parents on a Mission. Menors have grown up in their mentees' neighborhoods, have been involved in gangs, experienced race, or gender-based inequalities, and speak YE antologized individuals who occupied leadership positions in gangs or in the prison setting and aea committed to reforming their lives and improving their community.
Purpose/Goals: The goal of this program is for participants to successfully re-engage with their communities and to avoid recidivism.	Role of Mentoring in Program: Mentoring is a major component of program.
Project Description: The Resilience Community Mentoring Program (RCMP) is designed to promote rehabilitation and reduce recidivism among justice-involved youth and young adults. For this program, Youth Empowerment partners with SAY San Diego, Project A.W.A.R.E. and San Diego County Department of Probation to provide evidence-based community mentoring. Through this 6-month community mentoring program, San Diegan youth and young adults transform their lives.	
Other Notes: This is a lived-experience mentoring program with 8 out of 10 staff having experience being confined in the justice system. Weekly 1 on 1 mentoring with mentors who have lived experience in the justice system. Twice weekly group mentoring meeting. Quarterly field trips and community service opportunities. Coordination to service & Case Management. Connections to community resources and training or employment opportunities.	
Source of Information: https://youthempowermentsd.com/resilience	

Program Name: Strive for Success Gang Prevention Program	
Organization: North County Lifeline	Location: 3142 Vista Way, Suite 400, Oceanside, CA 92056
Point of Contact: <u>Alberta Saavedra</u> , Director of Youth Development	Contact Information: 760-726-4900 x 6204
Geographic Area Served: San Diego County	School/Community: Community-based

Age of Mentees: 10-17	Length of Mentoring Engagement:
Type of Mentee: Youth who are at risk for gang involvement or who are already beginning to associate with gangs	Type of Mentor:
Purpose/Goals: To deliver prevention services that eliminate barriers and behaviors that can lead to gang involvement.	Role of Mentoring in Program: Mentoring is a minor component of program.
Project Description: Lifeline's Strive for Success program provides gang prevention and early intervention services to youth who are at risk for gang involvement or who are already beginning to associate with gangs. The program also engages the youth's parents and family members to address the underlying causes of negative behavior that increase risk factors. Lifeline's Strive for Success program utilizes trauma-informed and evidence-based practices to deliver prevention services that eliminate barriers and behaviors that can lead to gang involvement, including: case management services; access to services; group services; gang prevention workshops; mentoring and counseling; field trips and family outings.	
Other Notes: Serving youth and their families.	
Source of Information: https://www.nclifeline.org/strive-for-success-gang-prevention-program	

Program Name: STRIVE Future Leaders	
Organization: Second Chance	Location: 6145 Imperial Ave, San Diego, CA 92114
Point of Contact: Rob Armstrong	Contact Information: (619) 839-0942
Geographic Area Served: Southeast San Diego	School/Community: Community-based
Age of Mentees: 18-24	Length of Mentoring Engagement:
Type of Mentee: Currently or previously involved with the justice system, including alternatives to incarceration programs such as a juvenile diversion program	Type of Mentor:
Purpose/Goals: To disrupt the cycles of incarceration and poverty by helping people find their way to self-sufficiency.	Role of Mentoring in Program: Mentoring is a minor component of program.

Project Description: STRIVE Future Leaders focuses on addressing the educational and employment barriers faced by court-involved youth. The program helps young people develop life skills and in-demand occupational skills needed to obtain livable wage jobs. The program begins with a three-week workshop and meets three days per week for four hours each day. Participants then move into the Occupational Skills Training portion of the initiative. Certificates include: CPR; First Aid; OSHA 10; Microsoft 10; and Home Builders Institute (HBI) Pact Certification. Career mentors assist with service learning projects, resume writing, interview training, job shadowing, and/or internship and job placement. Some of the fields for service learning projects include: building trades; healthcare; information technology; and office administration.

Other Notes:

Source of Information: <https://www.secondchanceprogram.org/strive-future>

Program Name: The Blue Heart Foundation Mentoring Program

Organization: The Blue Heart Foundation

Location: 9505 Gold Coast Drive, Apt 85, San Diego CA 92126

Point of Contact: Tracy Morris, Executive Director

Contact Information: 619-410-7944;
theblueheartfoundation@gmail.com

Geographic Area Served: San Diego

School/Community: Community-based

Age of Mentees: 13-18

Length of Mentoring Engagement:

Type of Mentee: Underserved African American male youth; at-risk, homeless, and foster youth.

Type of Mentor:

Purpose/Goals: The Blue Heart Foundation is focused on the educational empowerment and character development of its Youth.

Role of Mentoring in Program: Mentoring is a significant component of the program

Project Description: The Blue Heart Foundation offers a solid holistic mentoring program through adult and peer mentorship that facilitates positive interactions, education, empowerment, and emotional well-being that is a critical part of their lives. As a part of the program, participants receive mentoring, personal and professional development workshops, college campus tours, and “road trips” supervised by qualified mentors.

Other Notes: The founder was an at-risk youth, but mentors do not have lived experience. Mentors, family, and friends were affected by the justice system. Mentors are college students.

Source of Information: <https://theblueheartfoundation.org/>

Program Name: Traditional Mentoring	
Organization: Big Brothers/Big Sisters of San Diego County	Location: 4305 University Ave #590 San Diego, CA 92105.
Point of Contact: Claudia Aldana Robles	Contact Information: (858) 746-9145; CommunityRecruitment@SDBigs.org
Geographic Area Served: San Diego	School/Community: School-based
Age of Mentees: 7-16	Length of Mentoring Engagement:
Type of Mentee: Youth from a variety of backgrounds and circumstances, who are facing one or more socioeconomic risk indicators.	Type of Mentor: Pass a background check, have a valid CA drivers license, commit to at least one year in the program
Purpose/Goals: Provide college and workforce preparation workshops and experiences, as well as soft skill development and coaching, open to all teenage Littles. The goal is to prepare and support post-high school Littles (Graduate Littles) to and through their post-secondary years.	Role of Mentoring in Program: Program is just mentoring.
Project Description: Bigs and Littles meet throughout the community 2-4 times/month for 2-5 hours and participate in activities of mutual interest. Volunteers make at least a one-year commitment and receive specialized training to best support youth. Ongoing case management support is provided by BBBS staff to encourage strong, impactful, long-lasting relationships.	
Other Notes:	
Source of Information: https://sdbigs.org/	

Program Name: Transitional Youth Academy	
Organization: Interfaith Community Services	Location: 5440 Morehouse Dr, Suite 1000 San Diego, CA 92121
Point of Contact: Beth Simon, Program Manager	Contact Information: bsimon@interfaithservices.org

Geographic Area Served: San Diego	School/Community:
Age of Mentees: 16-24	Length of Mentoring Engagement:
Type of Mentee:	Type of Mentor:
Purpose/Goals: The goal of the program is to prepare students for job placement and completion of their high school diploma, GED, trade school, certificate program, or other post secondary educational programs.	Role of Mentoring in Program: Mentoring is a minor component of program.
Project Description: Interfaith's Transitional Youth Academy (TYA) Workforce Innovations and Opportunity Act (WIOA) program supports youth who are dedicated to improving their academic and career outcomes, and life skills. The program combines academic support with intensive mentoring, career development, and opportunities for paid internships to increase work readiness.	
Other Notes:	
Source of Information: https://www.interfaithservices.org/program/employment-economic-development/#transitional-youth-academy ; https://www.interfaithservices.org/wp-content/uploads/2018/08/TYA-WIOA-flyer-2018.pdf	

Program Name: Youth Development and Education	
Organization: ACCESS	Location: 2612 Daniel Avenue. San Diego
Point of Contact: Roshawn Brady	Contact Information: rbrady@access2jobs.org
Geographic Area Served: San Diego	School/Community: Community-based
Age of Mentees: 16-24	Length of Mentoring Engagement:
Type of Mentee:	Type of Mentor:
Purpose/Goals: Through this program, out-of-school youth ages 16-24 continue their education to receive a high school diploma or GED, learn vocational skills, and explore career options	Role of Mentoring in Program: Mentoring is a minor component of program.

Project Description: Graduates receive ongoing assistance through paid internships, assistance getting a job, and supportive services to help them transition to adulthood. Access provides classes at its headquarters and at partner sites such as San Pasqual Academy, San Diego Workforce Innovation High School and other locations in San Diego County. Youth in the program also receive: Alternative high school to achieve High School Diploma or GED, Career Exploration, Occupational Skills Training, Individualized Case Management, Mentoring, Leadership Development, Paid Internship, Summer Internship Opportunities, Support Services, Job Placement, Job retention Services.

Other Notes:

Source of Information: <https://www.access2jobs.org/access-to-steam-get-tech>

Program Name: Youth Entrepreneurship Employment Program

Organization: Harmonium

Location: 5440 Morehouse Dr, Suite 1000 San Diego, CA 92121

Point of Contact: Yasmin Souza, Juvenile Diversion Program and Youth Entrepreneurial and Education Program (YEPP) Case Manager

Contact Information: (858) 684-3080; ysouza@harmoniumsd.org

Geographic Area Served: San Diego

School/Community: School-based*

Age of Mentees: 14-18

Length of Mentoring Engagement:

Type of Mentee: Monarch School students (school dedicated to educating students impacted by homelessness); youth who are at risk due to multiple challenges such as homelessness, behavioral health needs, etc.

Type of Mentor:

Purpose/Goals: Enhance future earning potential and job readiness of youth who are at risk due to multiple challenges such as homelessness, behavioral health needs, etc.

Role of Mentoring in Program:
Mentoring is a minor component of program.

Project Description: Harmonium's Youth Entrepreneurship Employment Program (YEPP) is an innovative approach to providing entrepreneurship training and leadership skill development for youth. YEPP is designed to facilitate skills in developing a business from conception, production, marketing, and sales of the actual product. YEPP also focuses on building positive interactions and relationships with peers, family, school, and community to support greater achievement and overall well-being.

Other Notes:



Source of Information: <http://www.harmoniumsd.org/wp/youth-entrepreneurship-employment-program/>

Compilation of Mentoring Programs - Imperial County

Program Name: 4-H Youth Development Program	
Organization: University of California Agriculture and Natural Resources	Location: Imperial County Cooperative Extension 1050 Holton Road. Holtville, CA 92250
Point of Contact: Shanna Abatti	Contact Information: 442-265-7700; smabatti@ucanr.edu
Geographic Area Served: Imperial County	School/Community: Community-based
Age of Mentees:	Length of Mentoring Engagement:
Type of Mentee:	Type of Mentor:
Purpose/Goals: Through 4-H, youth participate in innovative, fun programs designed to develop valuable life-long skills.	Role of Mentoring in Program: Mentoring is a minor component of program.
Project Description: The 4-H Youth Development Program is a unique educational program where adults work side by side with youth in a mentoring capacity. 4-H teach youth project specific content such as preparing a nutritious meal or building a rocket; life skills such as time management, conflict resolution, leadership, teamwork.	
Other Notes:	
Source of Information: http://ceimperial.ucanr.edu/4h/enrollment/New_Leader_Orientation/	

Program Name: AmeriCorps	
Organization: Imperial County of Education	Location: 1398 Sperber Road, El Centro, CA 92243
Point of Contact:	Contact Information: (760) 312-6464
Geographic Area Served: Imperial County	School/Community: School-based

Age of Mentees: 5-16	Length of Mentoring Engagement:
Type of Mentee: Children of prisoners	Type of Mentor: Must make a commitment to complete 1700 hours or 900 hours of service based on the design of the AmeriCorps Project Borderlands program for the Imperial County Office of Education. Must be able to serve up to 8 hours per day including some evenings and weekends.
Purpose/Goals:	Role of Mentoring in Program: Mentoring is a minor component of program.
Project Description: 39 AmeriCorps Borderlands members provide 1:1 to 1:3 ratio of academic tutoring in English language development and functional academics on a daily basis to 288 underperforming kindergarten through 12th grade and special education students at 19 service sites countywide. Two members provide mentoring to 10 children of prisoners.	
Other Notes:	
Source of Information: https://www.icoe.org/student-well-being/ameriCorps	

Program Name: Calexico Family Resource Center	
Organization: Imperial County Department of Mental Health	Location: 604 Birch Street Calexico, CA 92231
Point of Contact:	Contact Information: (760) 768-3908
Geographic Area Served: Imperial County	School/Community: Community-based
Age of Mentees:	Length of Mentoring Engagement:
Type of Mentee:	Type of Mentor:
Purpose/Goals:	Role of Mentoring in Program: Mentoring is a minor component of program.
Project Description: At the Family Resource Center, staff can assist with applications for TANF, Medi-Cal and Cal Fresh on site. There is Behavioral Health staff available daily for screenings and referrals for case management services, mentoring programs, health care, violence and drug education. Department of Social Services offers Cal-Works, Children & Family Services and an Eligibility Worker for on-site appointments. Other	

assistance provided: emergency food pantry, residential energy assistance discount applications, clothing closet, assistance in filling out forms/documents, Imperial Valley Food Bank assistance, CRISES assistance

Other Notes:

Source of Information:

https://imperial.networkofcare.org/mh/services/agency.aspx?pid=CallexicoChildrenandAdolescentOutpatientClinicFamilyResourceCenter_180_2_0

Program Name: Niland Family Resource Center

Organization: Imperial County Department of Mental Health

Location: 8027 Highway 111
Niland, CA 92257

Point of Contact:

Contact Information: (760) 359-0150

Geographic Area Served: Imperial County

School/Community: Community-based

Age of Mentees:

Length of Mentoring Engagement:

Type of Mentee:

Type of Mentor:

Purpose/Goals:

Role of Mentoring in Program: Mentoring is a minor component of program.

Project Description: At the Family Resource Center, staff can assist with applications for TANF, Medi-Cal and Cal Fresh on site. There is Behavioral Health staff available daily for screenings and referrals for case management services, mentoring programs, health care, violence and drug education. Department of Social Services offers Cal-Works, Children & Family Services and an Eligibility Worker for on-site appointments. Other assistance provided: emergency food pantry, residential energy assistance discount applications, clothing closet, assistance in filling out forms/documents, Imperial Valley Food Bank assistance, CRISES assistance

Other Notes:

Source of Information:

https://imperial.networkofcare.org/mh/services/agency.aspx?pid=NilandFamilyResourceCenter_180_2_0

Program Name: Seriously Emotionally Disturbed (SED) Adolescent	
Organization: Imperial County Behavioral Health Services of Care	Location: Youth and Young Adults Full Service Partnership Program Youth and Young Adults El Centro FSP, 1295 State Street, Suite 102 El Centro, CA 92243 Youth and Young Adults Brawley FSP 1535 Main Street Brawley, CA 92227 (442) 265-5000 Youth and Young Adults Calexico FSP 101 Hacienda Drive, Suite A Calexico, CA 92231 (442) 265-6400
Point of Contact:	Contact Information: (442) 265-1920
Geographic Area Served: Imperial County	School/Community: Community-based
Age of Mentees: 12-25	Length of Mentoring Engagement:
Type of Mentee: Adolescents who, as a result of a mental disorder, have substantial impairment in at least two of the following areas: self-care, school functioning, family relationships, or the ability to function in the community and who are either at risk of or have already been removed from the home; or whose mental disorder and impairments have been present for more than six months or are likely to continue for more than one year without treatment; or who display at least one of the following: psychotic features, risk of suicide, or risk of violence due to a mental disorder. These individuals may also be diagnosed with a co-occurring substance abuse disorder.	Type of Mentor:
Purpose/Goals:	Role of Mentoring in Program: Mentoring is a minor component of program.
Project Description: This program consists of a full range of integrated community services and supports for youth and young adults, ages 12 to 25, including direct delivery and use of community resources. These services and supports include case management, rehabilitative services, “wrap-like” services, integration of community mental health and substance abuse treatment, crisis response, alternative to juvenile hall, home and community re-entry from juvenile hall, youth and parent mentoring, supported employment or education, transportation, housing assistance, benefit acquisition, and respite care.	

Other Notes:

Source of Information: <https://bhs.imperialcounty.org/full-service-partnership-program/>

Program Name: Severely Mentally Ill (SMI) Transition-Age youth or SED II

Organization: Imperial County Behavioral Health Services of Care

Location: Youth and Young Adults Full Service Partnership Program
Youth and Young Adults El Centro FSP
1295 State Street, Suite 102
El Centro, CA 92243
Youth and Young Adults Brawley FSP
1535 Main Street
Brawley, CA 92227
(442) 265-5000
Youth and Young Adults Calexico FSP
101 Hacienda Drive, Suite A
Calexico, CA 92231
(442) 265-6400

Point of Contact:

Contact Information: (442) 265-1920

Geographic Area Served: Imperial County

School/Community: Community-based

Age of Mentees: 16-25

Length of Mentoring Engagement:

Type of Mentee: Transition-Age youth who, as a result of a mental disorder, have substantial impairment in at least two of the following areas: self-care, school functioning, family relationships, or the ability to function in the community and are unserved or underserved and are experiencing either homelessness or are at risk of being homeless; aging out of the child and youth mental health system; aging out of the child welfare system; aging out of the juvenile justice system; have involvement in the criminal justice system; are at risk of involuntary hospitalization or institutionalization; or are experiencing a first episode of serious mental illness. These individuals may also be diagnosed with a co-occurring substance abuse disorder.

Type of Mentor:

Purpose/Goals:	Role of Mentoring in Program: Mentoring is a minor component of program.
Project Description: This program consists of a full range of integrated community services and supports for youth and young adults, ages 12 to 25, including direct delivery and use of community resources. These services and supports include case management, rehabilitative services, “wrap-like” services, integration of community mental health and substance abuse treatment, crisis response, alternative to juvenile hall, home and community re-entry from juvenile hall, youth and parent mentoring, supported employment or education, transportation, housing assistance, benefit acquisition, and respite care.	
Other Notes:	
Source of Information: https://bhs.imperialcounty.org/full-service-partnership-program/	

Program Name: W.I.S.E	
Organization: Rite Track	Location: 2299 West Adams Avenue, Suite 104, El Centro, CA 92243
Point of Contact: Marysol Medina	Contact Information: (760) 337-5565
Geographic Area Served: Imperial County	School/Community: Community-based
Age of Mentees: 13-18	Length of Mentoring Engagement:
Type of Mentee: Youth with contact with law enforcement and/or display at-risk behaviors who reside in EL Centro, Imperial, Calexico, Seeley, Westmorland, Holtville or Brawley.	Type of Mentor:
Purpose/Goals:	Role of Mentoring in Program: Mentoring is a minor component of program.
Project Description: In collaboration with Imperial County’s Department of Probation, Rite Track’s WISE program provides an array of services such as mentoring, tracking, and counseling interventions, all of which are demonstrated through educational and vocational training, job skills and family systems.	
Other Notes:	
Source of Information: http://theritetrack.org/programs/wise/	

List of Mentoring Organizations in San Diego County

ACCESS

Access Youth Academy
Any Body Can Youth Foundation
Big Brothers/Big Sisters of San Diego County
Boys to Men Mentoring
Catholic Charities Diocese of San Diego
Community Youth Athletic Center
First Tee
Girls Rising
Harmonium
Interfaith Community Services
Jewish Family Service
Junior Achievement of San Diego County
Just in Time
North County Lifeline
Ocean Discovery Institute
Promises2Kids
Reality Changers
San Diego County Health & Human Services Agency: Child Welfare Services
San Diego Mentors
San Diego Workforce Partnership
SAY (Social Advocates for Youth) San Diego
Second Chance
The Blue Heart Foundation
Youth Empowerment

List of Mentoring Organizations in Imperial County

Imperial County Behavioral Health Services of Care
Imperial County Department of Mental Health
Imperial County of Education
Rite Track
University of California Agriculture and Natural Resources

List of Lived Experience Mentoring Programs

Boys to Men Mentoring Network: In-School Mentoring
Boys to Men Mentoring Network: Open Community Mentoring
Promises2Kids
SAY (Social Advocates for Youth) San Diego: Resilience Community Mentoring Program
Youth Empowerment