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## University of San Diego Volleyball Media Guide 1989

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# 1989 Women's Volleyball



## **Returning Starters**

*Cindy Silldorff, Angie Rais,  
Suzanne LeSatz*

**Torera Athletics:**

*"A Quiet Tradition of Excellence"*

## Head Coach John Martin



The 1989 season marks John Martin's 15th campaign as head volleyball coach at the University of San Diego. Martin hopes to see USD continue the Toreras' climb toward the top of the West Coast Conference.

John Martin is the only volleyball coach USD has known, having initiated the program in 1975. His teams have appeared in post-season play three times. In 1976, USD finished fourth at the AIAW Small College Nationals, while in 1977 and 1978, the Toreras finished fifth at the AIAW Western Regionals.

Under Martin, the USD program has grown from NCAA Division II status to its present Division I membership. He has seen the team graduate from an independent status to affiliation in the West Coast Conference.

John is a graduate of San Diego State University, having earned both a B.A. (1972) and M.A. (1974) in History. He resides in Encinitas along with his wife Jane, and their daughter, Eliza, and son, Patrick.

## Assistant Coach Pat Hogan



Pat Hogan returns for his third season as Head Coach John Martin's assistant. Prior to beginning his coaching stint at USD, Pat was an assistant coach at San Diego Mesa CC. He attended both Mesa and San Diego State University.

During the off-season, Pat is an assistant coach with the Mount Carmel High School boys' volleyball team. He is single and lives in the Clairemont area of San Diego.

## 1989 Season Outlook

Head Coach John Martin and his squad approach the 1989 season with "guarded optimism". While he returns several key outside hitters and middle blockers, he feels that "as many as four" of five freshman recruits may find their way into the starting line-up.

Leading the list of returnees is junior middle blocker **Angie Rais** (5'10", Anchorage AK). Rais led the Toreras in 1988 with **96** solo blocks while also recording a team-high **299** kills. She will be joined at the spot by fellow junior **Suzanne LeSatz** (6'1", Phoenix, AZ), who was second on the team with **90** solo blocks while registering **99** digs. Junior **Kathleen Hayes** (6'1", Canoga Park, CA), should provide additional blocking help.

Senior **Cindy Silldorff** (5'11", Walnut Creek, CA) heads the list of improving outside hitters. Silldorff, who set a national high for hitting percentage with her 11 kills in 11 attempts performance against the University of San Francisco, recorded **171** kills and had a hitting percentage of **.165**. Joining Silldorff on the outside will be a pair of sophomores — **Kellie Logsdon** (5'9", Los

Angeles, CA) and **Vanessa Rothe** (5'11", Laguna Beach, CA). Appearing in 41 games in 1988, Logsdon registered **19** kills and **31** digs; Rothe, **6** kills and **16** digs. She had a hitting percentage of **.278**.

The setting will be done by a pair of freshmen — **Kristi Harris** (5'6", El Toro, CA) and **Shannon Mutch** (5'5", Newbury Park, CA). Harris was an all-league selection while at El Toro HS. Mutch prepared for her collegiate career while playing for the Zuma Bay volleyball club.

Two other freshmen should receive quite a bit of playing time early in the 1989 season. **Heather Dalley** (5'7", Los Angeles, CA) was an all-CIF (4A) selection and was her team's MVP. **Maria Rickard** (5'10", Santa Barbara, CA), was a second team all-CIF (5A) choice who also played for the Ojai Volleyball Club. One other freshman, **Andrea Burns** (5'9", Apple Valley MN), will further strengthen the outside hitting position.

How will the Toreras fare in 1989? Will the expected improvement continue? Can the Toreras reach and surpass a .500 season? The answers to these and other questions will be the mission for John Martin and his Toreras. The search should prove to be interesting.

## 1989 Women's Volleyball Schedule

DAY, DATE	OPPONENT	TIME
	<b>USD INVITATIONAL</b>	
Fri., Sept. 1	<b>MISSOURI</b>	1:30 p.m.
Fri., Sept. 1	<b>MISSISSIPPI</b>	8:00 p.m.
Sat., Sept. 2	<b>IDAHO</b>	3:30 p.m.
Sat., Sept. 2	<b>UTAH STATE</b>	8:00 p.m.
	UC Irvine Invitational @ Irvine CA	
Fri., Sept. 8	Texas Tech	5:00 p.m.
Sat., Sept. 9	Eastern Washington	TBA
Sat., Sept. 9	UC Irvine	TBA
Fri., Sept. 15	@Missouri—Kansas City	7:00 p.m.
	University of Kansas Invitational @ Lawrence KS	
Sat., Sept. 16	Kansas	10:00 a.m.
Sat., Sept. 16	Akron	6:00 p.m.
Wed., Sept. 20	San Diego State @ UCSD	5:00 p.m.
Thu., Oct. 5	@Pepperdine*	7:30 p.m.
Fri., Oct. 6	@Loyola Marymount*	7:30 p.m.
Sat., Oct. 7	<b>ST. MARY'S*</b>	7:30 p.m.
Fri., Oct. 13	<b>LOYOLA MARYMOUNT*</b>	7:30 p.m.
Sat., Oct. 14	<b>PEPPERDINE*</b>	7:30 p.m.
Mon., Oct. 16	<b>VIRGINIA</b>	7:30 p.m.
Fri., Oct. 20	@Portland*	7:30 p.m.
Sat., Oct. 21	@Gonzaga*	7:30 p.m.
Wed., Oct. 25	@Cal State Fullerton	7:30 p.m.
Fri., Oct. 27	<b>SAN FRANCISCO</b>	7:30 p.m.
Thu., Nov. 2	<b>PORTLAND*</b>	7:30 p.m.
Sat., Nov. 4	<b>GONZAGA*</b>	7:30 p.m.
Thu., Nov. 9	@St. Mary's*	7:30 p.m.
Fri., Nov. 10	@Santa Clara*	7:30 p.m.
Sat., Nov. 11	@San Francisco*	7:30 p.m.
Wed. Nov. 15	<b>U.S. INTERNATIONAL</b>	7:30 p.m.
Fri., Nov. 17	<b>SANTA CLARA*</b>	7:30 p.m.

\* — Indicates a West Coast Conference Match

All HOME GAMES in bold and caps.



## 1989 Women's Volleyball Team

Front row (l to r): Kathleen Hayes, Cindy Silldorff, Angie Rais, Vanessa Rothe, Gretchen Wida, Maria Rickard, Suzanne LeSatz

Back row (l to r): Kellie Logsdon, Heather Dalley, Kristi Harris, Shannon Mutch, Andrea Bruns

## 1989 USD Volleyball Roster

NO	NAME	YR	HT	POS	HOMETOWN	HIGH SCHOOL
1	Kristi Harris	FR	5-6	S	El Toro, CA	El Toro
2	Vanessa Rothe	SO	5-11	OH	Laguna Beach, CA	Laguna Beach
3	Andrea Bruns	FR	5-9	OH	Apple Valley, MN	Apple Valley
5	Shannon Mutch	FR	5-5	S	Newbury Park, CA	Newbury Park
7	Suzanne LeSatz	JR	6-1	MB	Phoenix, AZ	Arcadia
8	Kellie Logsdon	SO	5-9	OH	Los Angeles, CA	Marymount
10	Cindy Silldorff	SR	5-11	OH	Walnut Creek, CA	Northgate
11	Angie Rais	JR	5-10	MB	Anchorage, AK	Bartlett
12	Maria Rickard	FR	5-10	OH	Santa Barbara, CA	Santa Barbara
14	Kathleen Hayes	JR	6-1	MB	Canoga Park, CA	Chaminade
15	Heather Dalley	FR	5-7	OH	Los Angeles, CA	Marymount

Head Coach: John Martin

Assistant Coach: Pat Hogan

## SCHOLARSHIP INFORMATION

The University of San Diego women's volleyball program distributes scholarships based on athletic ability, and are given at the discretion of head coach John Martin.

## POLICY OF NON-DISCRIMINATION

The University of San Diego does not discriminate on the basis of sex, race, color, religious belief, age, national origin, ancestry, or handicap in admission to the University, in financial aid programs, in educational programs and policies, and in athletic and other University-administered programs. Inquires concerning the application of the University's non-discrimination policies may be addressed to USD's Director of Academic Services.

## 1989 USD Women's Volleyball Player Profiles

### KRISTI HARRIS, Freshman, El Toro, CA



Kristi was All South Coast League in 1987-88 while at El Toro HS. She was a member of the 1988 national club team champions (Cal Juniors). MAJOR: Business  
**Martin on Harris:** "She is a seasoned setter with top level high school and club experience."

### VANESSA ROTHE, Sophomore, Laguna Beach, CA



Vanessa was injured much of the '88 season. She is moving over to the right side to take advantage of her blocking skills. She is a WCC Scholar Athlete. MAJOR: Business/Accounting.  
**Martin on Rothe:** "She is a very versatile, enthusiastic athlete who will be asked to play the right side this year."

### ANDREA BRUNS, Freshman, Apple Valley, MN



Andrea was a second team all-conference selection in 1988 at Apple Valley HS. She is a USD Trustee Scholarship winner. MAJOR: Marine Biology.  
**Martin on Bruns:** "Andrea is a fine athlete with untapped potential as a swing hitter."

### SHANNON MUTCH, Freshman, Newbury Park, CA



Shannon was an all-league selection for three years at Newbury Park HS. She was an all-CIF (4A) selection in 1988. She is a USD Trustee Scholarship winner. MAJOR: Accounting.  
**Martin on Mutch:** "She is a very talented young setter with first rate high school and club credentials."

### SUZANNE LeSATZ, Junior, Phoenix, AZ



Suzanne led the Toreras in blocking average (90 solos, 43 assists, 3rd in WCC) and had 158 kills in 1988. She is a WCC Scholar Athlete. MAJOR: Accounting.  
**Martin on LeSatz:** "Suzanne is a hard-working, determined athlete who has continued to improve every aspect of her game."

### KELLIE LOGSDON, Sophomore, Los Angeles, CA



Kellie recorded 31 digs, 19 kills, and seven assists in 1988. She is expected to push for a starting position on the outside this year. MAJOR: Business/Accounting  
**Martin on Logsdon:** "Kellie is a fine passer and swing hitter who will continue to be a key role player."

### CINDY SILLDORFF, Senior, Walnut Creek, CA



Cindy is the only senior on this year's squad. She tied an NCAA record last year against USF for match hitting percentage (11-for-11, 1,000). Her 34 aces were second on the team. MAJOR: Communications  
**Martin on Silldorff:** "Cindy is an experienced outside hitter with excellent serving and passing skills."

### ANGIE RAIS, Junior, Anchorage, AK



Angie led the Toreras in hitting percentage (.322) and kills (299) in 1988. She was a WCC leader in hitting percentage. She was also named a WCC Scholar Athlete. MAJOR: Communications/Ocean Studies  
**Martin on Rais:** "Angie is a super competitor who was the team leader in most offensive categories in 1988."

### MARIA RICKARD, Freshman, Santa Barbara, CA



Maria was named to the second team in the CIF (5A) division, in 1988. She was named to the Channel League first team as a senior at Santa Barbara HS. MAJOR: Undeclared.  
**Martin on Rickard:** "Maria is a quality outside hitter with excellent all-around skills."

### KATHLEEN HAYES, Junior, Canoga Park, CA



Kathleen still recorded 16 kills and 11 digs in 1988. A WCC Scholar Athlete selection, she is expected to be a major factor on this year's team. MAJOR: Business Administration.  
**Martin on Hayes:** "Kathleen will see lots of playing time this year and should be a real contributor."

### HEATHER DALLEY, Freshman, Los Angeles, CA



Heather was a CIF (4A) 1st team honoree and league MVP at Marymount HS. She has 5 years of club volleyball experience. MAJOR: Business.  
**Martin on Dalley:** "Heather comes in with a great deal of experience and natural talent."



## UNIVERSITY PROFILE

The University of San Diego is an independent, Catholic university located on a 170-acre mesa overlooking Mission Bay, San Diego Harbor, and the Pacific Ocean. The campus is named Alcalá Park after the Spanish university town where St. Didacus (i.e., Diego) spent much of his time.

Complementing its splendid natural setting is the University's location just 10 minutes from downtown San Diego — conveniently close to the major business, cultural, residential, and recreational areas, as well as the rail, bus and air terminals.

Founded in 1949, USD is presently experiencing record attendance. Undergraduate enrollment stands at 3,800, graduate students bring the overall campus enrollment to 5,800.

The University includes a College of Arts and Sciences, and Schools of Business Administration, Education, Nursing, and Law. Each is characterized by high academic standards, small classes, and excellent student-faculty relations.

Though the majority of students come from the West Coast, every region of the United States is well-represented on campus. Students also attend USD from 24 foreign countries.

In women's intercollegiate sports, USD fields programs in basketball, cross-country, crew, softball, swimming, tennis and volleyball.

## UNIVERSITY FACTS

LOCATION:	Alcalá Park, San Diego, CA 92110
ENROLLMENT:	5,800
FOUNDED:	1949
AFFILIATION:	NCAA Division I
CONFERENCE:	West Coast Conference
PRESIDENT:	Dr. Author E. Hughes
ATHLETIC DIRECTOR:	Tom Iannacone
ASS. ATHLETIC DIRECTOR:	Dan Young
DIRECTOR OF DEVELOPMENT FOR ATHLETICS:	S. Scott Barnes
ATHLETIC TRAINER:	Carolyn Greer, M.A., A.T.C.
SPORTS INFORMATION DIRECTOR:	Ted Gosen
ASST. SPORTS INFORMATION DIRECTOR:	John O. Rollo
HEAD COACH:	John Martin
ASSISTANT COACH:	Pat Hogan
1988 RECORD:	10-17 (4-10 in WCAC)
CAREER RECORD:	131-193 (14 years)
ARENA:	USD Sports Center (2,500)
COLORS:	Columbia Blue, Navy, White

