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USD Nurses’ Honor Society Newsletter (1982 04.04)

Sigma Theta Tau. Zeta Mu Chapter (University of San Diego)

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MAKING HEALTHY NEW YEAR'S RESOLUTIONS
by Leslie Clark

The Christmas season provides the perfect opportunity to practice unhealthy lifestyling. Most of us knew we were overdoing it on the food, the drink, the activities, the shopping; but we overdid it anyway. The beginning of a new year is a good time to drop our less healthy habits in favor of ones that are not only good for us physically, but psychologically as well.

Trying to do too much is a wonderfully typical nursing trait. Yet, many of us feel as if we need to accomplish much more in 1982 than we did in 1981. Does this mean we set our goals too high, become over-committed, then use our frantic schedules as an excuse of success? Quite possibly. Achieving our goals is unfortunately, a bit more complex than simply setting realistic goals and limiting our commitments. In order to ensure continued professional and personal health, and progress toward our goals, we would do well to consider these thoughts:

(1) How happy am I in my present job position?

(2) What do I want from my work (challenge? stability? excitement? dependable routine?)

(3) What are my professional and personal goals (where do I see myself in five years? in 10 years?)

(4) What can I do to promote my health this year (job, hobby class, join a spa or health club?)

(5) Is there a specific way that is best for me to go about achieving my goals and holding my resolutions?

Having contemplated these ideas, you can now make a plan for yourself. For the very disciplined, no further plan may be necessary. For the well-intentioned, but potentially wayward type, a plan may include setting limits, using a reward system and involving others. Each person's approach is unique. Its only criticism occurs if it does not work.

A basic premise upon which to base healthy resolutions should be remembered. If something has not been so in the past, this does not mean it cannot be so in the future. If you have always been overweight, nervous, disorganized or a smoker, you have a ready-made excuse for not changing. Consider your ability to transcend old patterns and move on to healthier, productive ones. As nurses and as people, we relate to others best if we have first related to ourselves, and committed ourselves to activities that promote our health and success. May 1982 bring us closer to our dreams, our health potential and our self-awareness.

POSITIVE THOUGHTS FOR THE NEW YEAR
by Marybeth Koch

As the New Year approaches and I reflect back on the last year I recognize the tremendous changes that have taken place in my life and the lives of those around me. Even when things appeared chaotic or unsettling in the final analyses something positive had always taken place. I find now that I experience an inner peace and contentment unknown to me previously. The Christmas season brings in much loving energy. People are talking to strangers wishing them a "Merry Christmas" or busy buying Christmas gifts to share part of themselves with another.

Working in the hospital this holiday season I noticed the same loving energy. The units were decorated, and there was an atmosphere of calmness and sharing, not only between staff members but between clients and staff. The Alcohol Unit I work-in, the Care Unit at Mission Bay Hospital, had a Christmas party where both staff and clients exchanged gifts, sang Christmas carols, and had a great time together. As I participated in this event I felt my heart space open to everyone, and I saw the unity, brotherhood, and sisterhood in us all. I also noticed the more I opened
"Positive Thoughts For The New Year" (con’d from page 1)

up to my own loving energy and shared this with the clients the more they responded and shared their positive energy with me. Even people who had been angry or depressed were now smiling and initiating conversations. I felt the environment was truly conducive to healing, and I know this type of interaction isn't just reflective of the Christmas season, but can happen everyday of our lives. Each day can be a rebirth experience as we create positive thoughts, smile at someone, deal with ourselves, colleagues, and clients in a kinder, more loving way. I've resolved to carry Christmas over into the New Year by carrying on these positive attitudes. I notice as I take responsibility for creating this experience in my own life there is more harmony between myself and other staff members and clients get better faster.

In this time of world conflict and economic instability, nurses are in a prime position to influence world health and peace by opening more to their positive and loving energy and sharing this in hospitals or wherever they are employed. The contact and influence we have is amazing, and people are looking to positive forces to guide them and act as role models. As the song says, "Let there be peace on earth, and let it begin with me."

CALENDAR 82

2/17 7pm Dinner with Gamma Gamma Chapter (San Diego State) at the Hanalei. Send $13.00 to Donna Ehrenreich, 13504 Elmar, Poway, CA 92064, by Feb. 1. Program is "Nursing Power -- How to Get it, How to Use it." 6pm cocktails.

3/1 First payment of induction fees due.

3/15 Spring business meeting 7:30 p.m. USD. Final meeting of USD Nursing Honor Society.

3/22 Newsletter and publicity committee meeting USD lounge 4:00 p.m.

3/25 Deadline for announcements and committee reports to be published in newsletter. Send to Pamela Johnson.

4/1 The final payment of induction fees due.

5/7 Induction into Sigma Theta Tau.

5/8 Spring Research Conference.

FROM YOUR EXECUTIVE COMMITTEE

The USD Nursing Honor Society has been approved for chartership and our ceremony is set for May 7, approximately 6:00 p.m. We have the honor of becoming the 154th chapter of Sigma Theta Tau. The organizations are named in the order of the Greek alphabet. Chapters are named according to the date they requested chartership. The USD Nursing Honor Society will become the Zeta Mu chapter of Sigma Theta Tau.

The Zeta Mu Chapter is honored to have Helen Ference as its installing officer. The Induction Committee and Executive Officers will be contacting Dr. Ference soon to make arrangements for our installation visit. Members may remember that Dr. Ference is a nursing consultant and researcher from northern California who holds dual membership in Epsilon and Upsilon Chapter and is First Vice President of Sigma Theta Tau.

The Executive Committee would like to thank all members for their support this year. Our advisors Dr. Patricia Roth and Dr. Evelyn Anderson have been a great asset to the organization. We also appreciate the continual support of Dean Irene Palmer. Chartership has only become a reality through all of our efforts.
"From Your Executive Committee" (con’d from page 2)

The Executive Committee is in the process of compiling a Membership Directory with a leadership profile appendix. Its purpose is to have convenient access to our members, and to have a detachable booklet for distribution to community groups. We feel that through the leadership profile portion the public will become aware of nursing leaders in their ever expanding roles and become educated about the image of nursing today. Service groups, as Lions, or industry may wish to call upon persons in this leadership profile appendix for speaking, research or consultation. It is our duty as nursing leaders to make this information available. An added benefit is that it would facilitate our internal networking.

Your help is needed! To date we have not received nearly enough responses from you to begin defining our categories for indexing. We know the appendix will include a list of members names, no addresses or phones, their degrees, and their position titles and institutional affiliation. We hope that it can include:

- Your special interest areas (example: doing couples communication classes, teaching babysitting safety).
- Research you have done or are doing.
- Papers that you have published.
- Awards that you have received.
- Topics/areas you could speak on or teach in our community.

Let's use this opportunity to look at ourselves as professionals in nursing and see how we can contribute to its growth.

ANNOUNCEMENT FROM THE NOMINATING COMMITTEE

The Nominating Committee is in the process of establishing a slate for the officers to be elected at the upcoming Spring meeting on Monday, March 15, 1982. The offices to be vacated are Vice-President, Treasurer and Counselor. The respective duties are as follows:

Vice-President: performs the duties of the President in the President's absence and serves as chairperson of the Program Committee.

Treasurer: the custodian of the funds, obtaining the co-signature of the President for all financial transactions not covered by petty cash, and shall be a member of the Finance Committee.

Counselor: faculty advisor from USD, also serving on the Eligibility Committee.

The committee confirms that an individual will serve if elected and the ballot is compiled after Executive Committee approval.

Any member having suggestions for nominees or questions about the election should call Jennifer Collins at 475-8415 by January 31, 1982. Our committee members are: MaryBeth Ackerman, Jennifer Collins, Leslie Clark.

FINANCE COMMITTEE NOTES

The Program and Finance Committees are working together to determine community resources for financial support. The Finance Committee is also working on a position description for Treasurer.

DON'T BE LEFT OUT

The USD Nursing Honor Society 81-82 dues ($15.00) must be paid by March 15, 1982. This applies to all members, even those received Fall 81. These dues are separate from your induction fees and must be paid in order to have the privilege of paying your induction fees! Please send to Cookie Gender, 11320 Trebol, San Diego, CA 92126.
WHAT ABOUT THE INDUCTION?

The Induction Committee has begun the process of preparing for installation of our Chapter into Sigma Theta Tau next spring. University Administrators, Community Nursing leaders and other interested persons will be invited to attend this ceremony. A buffet dinner will follow the installation and is in the planning stages. A letter will be sent to each member in the next two weeks with information relating to charter membership forms and induction fees and lots more details. Watch for it.

VIRGINIA HENDERSON SPEAKS AT USD

by Chris Trelease

Camino Theater was the setting for a dialogue with distinguished international lecturer and consultant, Virginia Henderson, R.N., B.S., M.A., F.A.A.N. Ms. Henderson, who holds the title of Research Associate Emeritus, Yale University School of Nursing, New Haven, Conn., spoke to a group of 200 area nurses Wednesday, November 11 from 3:30-5:00 p.m. Sponsored and funded by the Graduate and Undergraduate Nurses' Associations and the U.S.D. Nursing Honor Society, Mrs. Henderson accepted the invitation to speak at U.S.D. while in San Diego as a speaker at the "Council of Primary Health Care and Nurse Practitioners" and "Nursing Home Nurses" joint conference, November 12 & 13.

Members of the audience questioned Henderson on such nursing issues as entry into practice, nursing as a profession, the significance of the average nurse as a contributor to nursing and the nursing shortage. Ms. Henderson also fielded questions regarding who should control the practice of nursing, unionization, research and the practice of nursing and the future of the doctorate in nursing.

It was the opinion of Ms. Henderson that nurses need a collegiate base in order to work with others in a colleague relationship. She felt that the nursing profession must continue to work for the right to give nursing care without someone telling nurses how to do it. Henderson suggested strongly that the more we make the practice of nursing more satisfying to the practitioner, the less shortage there will be in nursing. Henderson 'suggested making the patient less dependent on the nurse and more independent as a patient and making the assignment of patients to nurses rather than making the assignment of functions as was one suggestion shared regarding the nursing shortage.

Regarding nursing research, Henderson felt that research should be focused on the practice of nursing. Even more important than conducting research, she felt, was to apply research that already exists and to use it in nursing practice.

Speaking on attaining a doctorate to enter the practice of nursing in the future, Henderson expressed that nursing will need to prove that a nurse with a Ph.D. produces something better than a nurse with a lesser degree.

* * *

Immediately following the Camino Theater dialogue, Ms. Henderson was escorted by Dr. Irene Palmer to the Nursing Honor Society reception for new members, where she spoke briefly. The wine and cheese reception, held at the Hahn School of Nursing, was lead by Karen Zappone, President. Receiving bouquets of roses from Pamela Johnson, President-Elect, 25 members were welcomed into the Honor Society.

Karen Zappone announced that the induction ceremony into Sigma Theta Tau would be on Friday, May 7, 1982 for all members. Plans have already begun for the ceremony, including inviting distinguished community leaders to this historic event.

Editors Note: The article "Dean of American Nursing comes to U.S.D." published in our last issue was written by Karen Zappone, R.N., M.S.N.

ONE NURSE'S OPINION

Speaking at the annual meeting of ANA's Council of Nurse Researchers September 16-19, 1981, Jo Eleanor Elliott, FAAN, director of the division of Nursing in the health professions bureau of the U.S. Public Health Service said,

"Nursing needs data, documentation on how, when, where and to what extent nursing makes a difference in patient care outcomes. We have talked about it for years, but have only beginnings."

WHAT DO YOU THINK?
At the recent Sigma Theta Tau Biennial Conference a two session Publicity Workshop was given by STT Publications Coordinator, Cindy Graham and Laura Willers, Coordinator of Health Sciences Public Relations, University of Minnesota. Part one "PR the Science; Publicity the Result" dealt with the ingredients of news - the who, what, where, when, why, how - and what makes things newsworthy. Session two "Hands-on Publicity Experience" included actually doing some TV, radio and print writing which was then ably critiqued by Ms. Willers.

Following her workshop, Ms. Willers agreed to spend sometime reading and critiquing our own newsletter. As a result of that session your editor feels even prouder of the newsletter-p.r. committee. Ms. Willers began by asking the size of our Chapter - assuming it was quite large in order to produce such a fine paper. She went on to congratulate the journalistic style of the various writers saying it was most professional. She felt that our paper was well rounded including features, calendar, upcoming programs, member news and research. Her suggestions - which she stated were really "nit-picking" including placement of the various articles in more strategic spots (such as front page for upcoming events) and columnizing some of the regular columns instead of using the full page format. She thinks we should continue to use creative graphics - especially to highlight our columns. Adding a few pictures (a big step!) was also discussed.

When asked about our idea for a creativity corner for members to contribute to, she was enthusiastic stating that this could only add to the well-roundedness and 2-way communication atmosphere of our newsletter.

We want to be your vehicle for expression of any Nursing related issues. We want all of our members to know you and what you are doing in Nursing. Please send us an item now and then - it's a lot quicker to get published in the Newsletter than in the AJN!

GETTING TO KNOW YOU - CARMEN GERMAIN WARNER
by Leslie Clark

Carmen Germaine Warner is my colleague, classmate and friend. Her recent election to the American Academy of Nursing is only the frosting on the cake when one examines her professional career achievements and laurels. In the 19 years that she has served as a nurse her contributions have been as varied as they are significant, but rather than plunge into a list of achievements, I would like you to become more personally acquainted with Carmen. When you understand her values and personage, I believe you will appreciate her as a noble colleague and a warm sincere woman.

Minnesota was Carmen's home state until 1963 when she packed her car at the ripe old age of 22 and drove west until "the highway ended in San Diego." With a diploma from Northwestern Hospital in Minneapolis and one year's experience as a charge nurse in an emergency department she was hired as a charge nurse on a surgical unit at Mercy Hospital. The following two years Carmen remembers as "the epitomy of clinical nursing for me." She found nursing extremely rewarding, but her desire for autonomy and growth led her temporarily towards a medical career. The bureaucratic obstacles to change in the hospital were distressing to Carmen, so she took the required courses in pre-med at San Diego State University and was admitted to the University of Minnesota Medical School in 1968. Something about medical school did not feel right, however. Carmen realized that her frustration with rules and regulations may be potentiated in medicine. She chose instead to acquire her B.S.N. at San Diego State University.

Leadership seemed to be Carmen's strong suit. In 1962, she served as second vice-present as the National Student Nurse's Association and every year since has been involved with a number of advisory counsels, committee's or task forces. What stands out in my mind is Carmen's leadership style. She is an active listener, she supports people's ideas and her positive outlook creates a "we can do anything" atmosphere wherever she goes.

Writing & photography are talents that display Carmen's personality, philosophy and concerns. She has written numerous books and articles on emergency care and domestic violence and her underwater photography has appeared on the cover of a variety of magazines.
"Getting To Know You - Carmen Germaine Warner" (con'd from page 5)

Capistrano Press, Ltd., a publishing company located in Long Beach, represents an achieved goal for Carmen. As its executive vice-president and editor-in-chief she encourages her colleagues to submit ideas for books and willingly gives advice on procedures for publishing articles. "Nurses are in the ideal profession to write articles for the health-care consumer. We must not limit ourselves to what we believe the narrow scope of nursing practice. This would be a waste of our education, our abilities and our enthusiasm."

Her nursing activities have brought recognition and assistance to others which I know to be one of her on-going objectives. She founded the annual "R.N. of the Year" recognition program in 1972, the Widow-Widow Program, several emergency care courses at UCSD. She is currently organizing a Southern California Nursing Research Center in San Diego. When an anonymous member of the academy submitted her name for membership and she was asked to complete an application with a resume, she replied, "there must be some mistake. I don't even have my M.S.N. yet!" No mistake, Carmen. It seems the academy recognizes the substantial contributions that one makes to nursing rather than the specific letters behind one's name. Carmen views her position in the academy as an opportunity for other nurses, who through her, can have an impact on nursing and health care submitting ideas, information or questions to the A.A.N. After her induction to the academy a friend held a reception in her honour, which, in typical fashion, Carmen turned into a party honoring the guests who had helped in her past achievements.

The laurels bestowed upon Carmen over the past decade are too numerous to list and her modesty precludes her from mentioning them to any but her closest friends. As the recipient of the 1980 Woman of the Decade (San Diego Evening Tribune) and A.J.N. Book of the Year award, her achievement has received due attention.

The future sounds exciting and creative for Carmen. With her husband, John Robbins, she hopes to research and write about older first-time parents, a subject close to her heart. Her two children, Ryan and Tracey, aged 4 and 2, have been the source of great joy for their parents. Their dedication to the family unit is exemplified in the flexibility of their career in order to spend time with these bright youngsters. John in director of planning an evaluation of the Department of Human Services for San Diego County and plans to go on for his Ph.D. in urban planning. His physical and emotional support of Carmen and the children is evident. If the future is anything like the past, the Robbins/Warner family will continue to enjoy love, growth and success.

We extend heartfelt congratulations to Carmen on her academy selection and wish her the best of luck.

ANNOUNCEMENTS

*** About our acceptance into STT - a congratulatory note was received from Epsilon Kappa Chapter at Molloy College, Rockville Center, NY.

*** We received a listing of the 31 additional new chapters that will be installed in 1982. There are a total of 162 chapters at this time.

These two above mentioned documents will be available for your perusal at the spring business meeting, March 15, 1982.

*** The California Governor's Council on Wellness and Physical Fitness is organizing Wellness Week, February 21 through 28, 1982, which will serve as a catalyst for a continuing yearly calendar of wellness activities throughout California. The next meeting of the task force will be Tuesday, January 19th, at 8:30, Convair Recreation Association Health Fitness Center, 9115 Clairemont Mesa Boulevard, 277-8900, ext. 111. Our members Eleanor Fulk, Leslie Clark and Pamela Johnson are involved in this effort. Leslie Clark is the physical fitness coordinator for Wellness Week.

*** PLEASE COMPLY. Committees should now have their leaders chosen for the next year. These persons will be responsible for sending committee minutes or at least a brief committee report to the executive committee and the Newsletter editor so that items of general interest can be published in the Newsletter. The deadlines for the next year are March 25th, June 25, September 25, and December 25.
"Announcements" (con’d from page 6)

*** Twenty-five new USD Honor Society Members were received with congratulations from our President Karen Zappone and a lovely rose in Oct. at a hearty buffet following "Conversations with Virginia Henderson". We thank Karen MacFarland and her committee for planning this event.

**MEMBER NEWS**

Chris Trelease, M.S.N. continues to work as a Clinical Nurse Specialist on a medical unit at VA Hospital in La Jolla. She also teaches stress management and assertiveness training classes to the staff. In addition, Chris is coordinator of the Nursing Patient Teaching Committee and has developed several new patient education pamphlets for the unit.

Marilyn Telles is in her last year of the undergraduate program at USD and has been involved in a research project at Mesa College. As biofeedback technician, she is assisting in a grant proposal to introduce stress management and biofeedback training to the faculty.

Marjorie Merrill, Managing Director of Sharp Rehab., recently attended the 1981 National Association of Rehab Nursing in Cambridge, Mass. The theme of her poster presentation was "How to Increase Activities of Daily Living" in addition, Marjorie has been working on developing a Stroke Program at Sharp Cabrillo Hospital.

Chris Brown, Vice President of the USD Nursing Honor Society, is recovering at home after surgery. The Honor Society sent Chris a plant and wishes for a speedy recovery. Chris has put a great deal of time and effort into the organization as a member of the original steering committee as a vice president for the last two years.

Congratulations to Bonnie Hooper, BSN on her new role in Staff Development at Scripps Memorial Hospital.

Nancy Tiernan is expecting a baby in February 1982. Congratulations to her and to Linda Maxwell who is also expecting.

Congratulations Sue Instone, BSN upon her graduation from USD nursing program this month. She plans to continue graduate work at USD.

Karen Zappone, MSN spoke recently at the Well Being in La Jolla on the topic "Children's Perception of Death".

Regina Micone, MSN has been promoted to the head nurse of the Senior Adult Program at Mesa Vista Hospital.

Karen Zappone and Pamela Johnson traveled to Minneapolis early in November as representatives of our Honor Society to the STT Biennial Conference. Besides learning a lot about this society, they came back full of enthusiasm for the upcoming year and our chartership. Something for you to look forward to in 1983 is the Sigma Theta Tau Biennial Conference which will be held in Boston, Mass. Let's get a sizable delegation to attend!

HEAR YE! HEAR YE!

If you are interested in writing, editing, running to P.O. or just being generally creative - please join in the Publicity/Newsletter Committee. You'll love it. Contact Pamela Johnson soon. Next meeting is March 22, 1982.

**EDITOR'S NOTE:** Elisabeth Hamel is an active member of the finance committee whose name was omitted last issue. Sorry Elisabeth.
A VISIT WITH THE DEAN
by Ruth N. Grendell

EXCITING, ENLIGHTENING, ENJOYABLE, ENTERPRISING--All are descriptive of the recent (and first) sabbatical year taken by Dr. Irene Palmer, Dean of the Hahn School of Nursing at USD. This time was spent exploring several areas of Florence Nightingale's life. She visited the birthplace and homes of Miss Nightingale. At Kaiserwerth, where Florence received some training, and in the depositories of Nightingale holographic materials, she viewed her clothing that has been preserved, her writing desk, and tables.

Library research in England elicited volumes of notes and letters which were placed on microfilm for Dr. Palmer. She feels that Florence was born with a pen in her hand and was still using it on her dying day! Many letters from Miss Nightingale's contemporaries were also found, and these will produce additional insight to the various aspects of this incredible woman's life.

Financial support for this research was granted by the United States Government. A companion to Florence Nightingale's materials will develop from the accumulated data. Dr. Palmer also plans to cross reference the correspondence between Florence and her associates. Her personal library of Nightingale memorabilia will produce the basis for further projects beneficial to nursing.

A review of 100 original Nightingale letters that Dr. Palmer was instrumental in purchasing for the Department of Special Collections of Boston University kindled a desire to further explore details of Nightingale's life. Thus, the odyssey began--and continues. Dr. Palmer has been recognized as an international authority on Nightingale, and has been invited to address the meetings of the Turkish Nurses' Association in Istanbul and Ankara, next Spring. She will also conduct a series of seminars in London. The visit to Turkey will afford her the opportunity to visit the hospital where Florence once worked, to gather additional information, and to personally view history.

Irene Palmer is a many faceted lady, herself, having accomplished several remarkable goals. Her nursing career spans areas from the operating room to orthopedics, and on to teaching and clinical research. As a captain in the U.S. Army, she applied her teaching and clinical skills. She, also, has managed a 600 bed tuberculosis hospital and converted it to a hospital for the chronically ill. Then, completion of the Doctoral degree followed and serving in faculty positions at Eastern universities. Recent accomplishments include establishing the BSN and MSN programs at USD. She also sponsored our own honor society. Participation in the growth process has been very satisfying to her.

Future goals include the anticipation of incorporating the doctorate level in nursing education, and further specialty areas at the MS level at USD. The demand for this leadership is of paramount interest to the nursing profession. Personal goals include continued Nightingale research and writing... for now that she has taken pen in hand, she, too, will continue to write until...

The Chinese Characters for "danger" and "opportunity" make up their word for "crisis"

INTERESTING!
MEMBERSHIP ROSTER 1982

Allahan, Patricia A. 4419 Cather Ave. San Diego, CA 92122 453-6901

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Bagby, Kathleen 656 Starbush Drive Sunnyvale, CA 94086 244-2218

Baldwin, Joan H. 937 Buckaroo Lane Bonita, CA 92002 479-6961

Blenner, Janet 4730 Noyes St. #317 San Diego, CA 92109 270-6439

Bork, Melinda P. 3760 Texas Street, #32 San Diego, CA 92104 283-3662

Both, Mary Joan 2326½ K Street Sacramento, CA 95816

Brennan, Bonnie Ruth 3523 Boundary Street San Diego, CA 92104 283-3662

Brittain, Marion S. 10822 Cariuto Court San Diego, CA 92124 292-6085

Brown, Christine 12646 Cijon Street San Diego, CA 92129 566-5912

Burnette, Sarah 2911 Curlew San Diego, CA 92103 297-5684

Busch, Judith C. 4820 Vita Rd. La Mesa, CA 92041 440-1355

Bustamente, Alma 4921 Camino David Bonita, CA 92022 476-8458

Caffery, Mary 824 Forward St. La Jolla, CA 92037 459-4889

Carson, Colette 5819 Beaumont Ave. La Jolla, CA 92037 454-2422

Cassels, Carolyn 8086 Camino Tranquilo San Diego, CA 92117 452-5981

Cleaps, Eileen 7940 Canary Way San Diego, CA 277-5280

Clark, Leslie Ann 554 Palomar La Jolla, CA 92037 456-2132

Clark, JoAnn Marie 6385 Cabaret Street San Diego, CA 92120 287-2139

Collins, Jennifer Lynn 448 Worthington St. Spring Valley, CA 92077 475-8415

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Coover, Yvonne 8420 Backland Dr. #59 La Mesa, CA 92041 460-2260

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Gender, Aloma 11620 Trebol St. San Diego, CA 92126 271-9530

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Hargoodard, Santa Carol 23664 Japatul Rd. Alpine, CA 92001 445-2801

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<td>Nelson, Linda J.</td>
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<td>O'Brien, Barbara Ann</td>
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<td>Osterman, Rita</td>
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<td>Verkleeren, Barbara</td>
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<td>Warner, Carmen</td>
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</table>
MEMBERS INFORMATION FORM

We are already special. Let's give ourselves credit for what we have and will accomplish. As we believe in ourselves we instill like confidence in others. Each of us is a nursing leader - let's take an active role in our society and in the future development of nursing. Please fill out this form and return it in two weeks so that we can have this index completed before our induction. Return to Mary Caffery, 824 Forward Street, La Jolla, CA 92037. Thank You.

MEMBERSHIP DIRECTORY

NAME:
ADDRESS:
TELEPHONE: HOME: WORK:
POSITION:

INSTITUTIONAL AFFILIATION:

LEADERSHIP PROFILE DIRECTORY (appendix to above)
YOUR NAME: (no addresses or phone)

DEGREES:

POSITION TITLE:

INSTITUTIONAL AFFILIATION:

INTEREST AREA:

AREAS/TOPICS YOU COULD SPEAK ON OR TEACH:

RESEARCH:

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IDEAS FOR HEADINGS FOR LEADERSHIP DIRECTORY:

PAPERS PUBLISHED:

WHAT HAVE OTHERS SAID ABOUT YOU? (Quotes from your supervisor, boss, colleague, etc.)
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Legislative Update: Sue Instone, RN, BSN
Historian & Program Report: Chris Trelease, RN, MSN
Honor Society.

General meeting of the USD
Meeting - 7:30 p.m. at USD.
Don't forget spring business

USD NURSING HONOR SOCIETY
ALCALA PARK
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