WHEN ART IS AT THE FOREFRONT, IMAGINATION TAKES WING, INSPIRING US TO SOAR.

USD MAGAZINE
UNIVERSITY OF SAN DIEGO / SPRING 2013
DEAR FELLOW ALUMNI,

I’m going to tell you something I’m pretty sure you don’t know. But brace yourself. It’s sort of embarrassing: USD’s alumni giving rate is only 13 percent, which puts us far below many of our peers. How far? Well, 20 percent of alumni at Loyola Marymount, Santa Clara and Gonzaga give back to their alma maters. And when you look at our aspirational peers — schools like College of the Holy Cross, Notre Dame and USC — we are lagging far behind. Holy Cross’ alumni participation is over 50 percent. At 41 percent, Notre Dame is closing in. An impressive 32 percent of USC graduates donate to their school.

If you think none of this has anything to do with you, think again. Each year college rankings appear in U.S. News & World Report, based on multiple factors. And guess what? The only indicator the publication uses for alumni satisfaction is the annual alumni giving rate. So, the editors there assume that only 13 percent of USD alumni are satisfied with their alma mater. We know for a fact that this simply isn’t true! Results from our recent Alumni Attitude Survey showed that 93 percent of respondents currently have a favorable opinion of the university, and 95 percent rate their decision to attend USD as either “good” or “great.”

Clearly there is a real and increasing value in holding a degree from the University of San Diego. But the value of that degree increases — or decreases — with USD’s rankings, and rankings are affected by our giving rate. In fact, the giving rate even affects the university’s ability to obtain grants. Did you know that one of the first questions corporations and foundations ask is, “What is the university’s alumni giving rate?” Why? Because if USD’s own graduates support the university, other benefactors are more inclined to follow suit.

So I’ve begun to ask my fellow alumni directly, “Why don’t you give back to USD?” Some tell me that gifts just go to campus landscaping and gardeners. That, of course, is false. Less than 1 percent of USD’s budget goes to grounds keeping. In fact, over 90 percent of alumni contributions are allocated specifically to student and academic support. Alumni giving helps our students, helps athletics, helps academics, and much more. And yes, perhaps it even helps a flower or two.

Other alumni tell me they are just not in a position to give. Perhaps they’re still paying off a student loan or getting established in their careers. Some people say that if they’re not in a position to donate enough to have a building named after them, what’s the point? But 91 percent of donations made by USD alumni every year are less than $250. And when it comes to those who are still carrying debt, it’s more than likely that their own student experience was funded in part by the generosity of others who came before them, many of whom were also on scholarships funded by alumni. And so it goes. Alumni helping students who, in time, will return the favor as alumni themselves.

So, to put it plainly: USD needs your help in raising the alumni participation rate and in supporting the very student experience that you enjoyed. And any contribution, in any amount, will raise our alumni giving rate.

The university has more than 50,000 alumni. If each one contributed merely $25 a year, that would add up to $1.25 million to use for programs, athletics, academics and operations. If each alumnus and alumna gave as much as $5 a month, we would provide an astounding $3 million a year for our students!

Please make your gift today. We need all of our alumni giving every year, regardless of each gift’s size.

Come on, Toreros! Don’t we want our alumni giving rate to be higher than Gonzaga’s? Don’t we think we deserve to be ranked above Santa Clara?

As alumni, we must stand up for the continuing success of our university. It’s up to us to build a culture of giving back. The result will be self-evident: USD envisions “limitless possibilities for our students, society and the world.”

Can we count on you to help?

— Maureen Gavron Partynski ’82
Alumni Association Board President
Proud parent of two current USD students
Do USD alumni have the MUSCLE to beat our rivals?

USD alumni participation is only 13 percent.

Our WCC rivals at Santa Clara and LMU have alumni participation over 21 percent, while Gonzaga is nearly 20 percent!

Help Diego reach our goal, ring the bell and beat our rivals.

Your gift will help Diego hit the goal of 4,500 alumni donors by June 30, 2013.

Can we COUNT on you?

Make your gift today at www.sandiego.edu/giving
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Helping soldiers and veterans recover from wounds that run deep is far from easy, but that’s the task that Linda Stanley ’12 (MSN) and Elizabeth Thometz ’06 have taken on. Although the pair have never met — in fact, an ocean separates them — each is committed to helping members of the armed forces heal from the traumas of war.

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A consortium spearheaded by USD faculty is using a hefty grant from the National Science Foundation (NSF) to try to redefine the way San Diegans learn about climate change and how they prepare for and respond to its effects. The Climate Education Partners, led by Associate Professor of Marine and Environmental Studies Michel Boudrias, was recently awarded $4.93 million for the second phase of its project. The grant was one of just six bestowed across the country, and the only one given to a group based on the West Coast. The team is looking at climate change from a strictly local perspective, and focusing its efforts on those with the potential for changemaking within their specific communities.

“The reason this started is that NSF, NOAA and NASA have all been funding climate change education nationally for many years and the needle wasn’t moving,” Boudrias says. “There seemed to be some disconnect between the efforts and the responses from the general public.”

The partnership involves collaborators from USD, California State University, San Marcos, the Scripps Institution of Oceanography, The San Diego Foundation and the Steve Alexander Group. Its plan is to move the needle by working with so-called “key influencers” to disseminate information about San Diego’s changing climate, demonstrate local evidence of its effects, and have...
them spread the word throughout their various circles.

“The goal of all of this is to have a more informed set of leaders,” Boudrias explains. “What we hope to have is a continuous system that will work now and in future generations … a cascade of information that gets across.”

From polling conducted in the first phase of the project, the group already knows that San Diegans are more aware of climate change and more concerned about its effects than many of their fellow Americans. The challenge the partnership faces now is how to spread that awareness throughout local communities and channel those basic beliefs into action. Team members are considering and testing out a variety of methods. They’ve already taken community leaders on water and beach tours to show them the effects of swarming tides, changing rainfall patterns and longer droughts. And they’re preparing videos, planning workshops and considering a wide array of other educational tools as part of their project.

“Working with the [Native American] tribes, for example, we’re going to use the latest research from the Scripps Institution of Oceanography on heat waves,” says Nilmimi Silva-Send, a co-principal investigator and a senior policy analyst with the USD School of Law’s Energy Policy Initiatives Center. “We know that heat waves are a big concern for them, how they affect their land, public health and agriculture. We want to create resources for tribal leaders and educate them, so they can educate their people and help them make informed decisions.”

The partnership has also recruited a veritable who’s who of influential community members to its advisory board: business, political and religious leaders, representatives from the Navy as well as key players in education, health care and local government. Work is well underway.

In collaboration with SDG&E, researchers are launching a project involving electricity usage that will place real-time monitors in people’s homes. “We’re going to look and see if that has an impact on the amount of electricity they use or not,” says Mica Estrada, another co-principal investigator, and research faculty in the department of psychology at Cal State San Marcos. “Some people are going to see an educational video before they get the monitors and some are not. We’re going to see whether that has an impact as well.”

In fact, every tool the group develops will be evaluated objectively after it is used, to measure the impact on its target population. During the next five years, the partnership hopes to create a tried-and-true formula that works not only in San Diego, but can be taken to other communities across the country.

“What we want to do is develop a model that works,” Boudrias says. “How do we get information across? Who should be the messenger? Should it be a scientist? A community leader? Mothers? Grandfathers?”

Members of the team are adamant about one point. They are not, they say, trying to convince skeptics that climate change actually exists. Their only aim is to give San Diegans factual information, show them evidence, and help them make adjustments if they want to.

“There are decisions being made (by leaders) today that are really going to have an impact in the next 20, 30, 40 years,” says Silva-Send, pointing to a long-term regional plan for public transportation and roads as an example.

“We are really trying to get to the community as a whole,” she says. “As Changemakers, we have a very strong environmental perspective. It’s at the core of who we are.”

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**Perfect Execution**

**USD hosts its first national championship event**

by Ryan T. Blystone

Satara Murray and the rest of the University of North Carolina (UNC) women’s soccer team returned to Chapel Hill, N.C., basking in the afterglow of their successful recent trip to San Diego. Murray had scored a goal in UNC’s 4–1 victory over Penn State in the championship match of last December’s NCAA Women’s College Cup, contested for the first time at USD’s Torero Stadium.

“I know I’ll always remember winning my first championship,” says Murray. “We’ll always remember winning it at USD.”

The first national championship event held on USD’s campus, the Women’s College Cup, was a resounding success. The four teams to qualify — North Carolina, Penn State, Stanford and Florida State — played over a three-day period, and the attendance total was 14,219.

The event, which was in the planning stage for more than a year and utilized more than 250 USD and community volunteers, was successful because of strong coordination between athletics and several campus departments.

“Across campus, we had tremendous support from everyone to make this event succeed,” says Ky Snyder, USD’s executive director of athletics.

Torero Stadium isn’t new to hosting big soccer events. It’s been the site for multiple U.S. women’s national teams, Major League Soccer and international exhibitions.

“We couldn’t have asked for a more special environment for soccer fans or for those who came to the university for the first time,” says USD Women’s Soccer Coach Ada Greenwood. “Everyone I spoke with during the weekend was highly complimentary of USD and how well the College Cup was run.”

The university’s success in hosting the College Cup raises an obvious question. Will USD host future NCAA championship events? Snyder says the university is slated to host a NCAA golf regional in 2015 and Fowler Park, USD’s renovated ballpark, is designed to host NCAA Regional and Super Regional events.

“We’ll continue to evaluate opportunities for hosting NCAA championships,” Snyder says. “Some are selected well into the future, while others come up year to year. We’ll go after those that make the most sense.”
Located in the heart of a military town, the University of San Diego has always been dedicated to its military students. But in recent years, USD has stepped up its support of veteran students in a big way.

The timing is spot on. The newest version of the GI Bill — which was first signed into law in 1944 to assist veterans returning from World War II — is known as the post-9/11 GI Bill. It was enacted in 2008. The purpose? To help the nearly 2 million service members who have served in the Iraq and Afghanistan conflicts attend colleges, universities and training programs.

In large part because of these benefits, there’s been a flood of veteran students on college campuses that hasn’t been seen in half a century.

According to Marvin Veneracion, the VA school certifying official in USD’s Office of the Registrar, there are currently about 375 students using their GI Bill benefits — up about 87 percent from the average number of veteran students that typically enrolled at USD before the new bill went into effect.

To help meet the needs of these students, USD created a position that in July 2012 was filled by retired Navy Capt. Tim McCandless, the founding coordinator of veteran student services. His job is to advocate for veterans and help each navigate life as a student.

“I liked the thought of helping my fellow veterans achieve success through education,” McCandless says. “The university has great people on staff who are helping veterans in the registrar’s office, in financial aid or in the...
One-Stop Center, but this position ties it all together.”

McCandless joined the U.S. Navy in 1980, shortly after graduating from the University of Vermont, Burlington. During his three decades of service, he saw many ports in many lands. He was stationed in Europe three times, including in Berlin, where he worked for the U.S. ambassador from 2005 to 2008. He retired from the Navy in 2010, after teaching at the National Defense University in Washington, D.C., and then spent two years training people for positions as attachés. In 2012, he packed his bags once again, and traveled across the country to take his post at USD.

Some of the veterans’ needs are similar to those of their classmates — financial aid, housing, registering for classes. But many of their needs are distinct — such as maneuvering through the complexities of their GI Bill benefits, VA benefits and health concerns such as PTSD and traumatic brain injury and simply managing the transition to life as a college student.

McCandless knows firsthand what it’s like to transition from military life to civilian life.

“From the moment you go to boot camp and get that buzz cut, you become part of the military culture,” McCandless says. “It can infuse your personality and after a few years — or 30 years, in my case — it can be difficult to transition back.”

McCandless wants to find ways to connect veterans to each other and to give them the sense of belonging that was so strong when they were in the military. He will also track academic advising, academic support, campus events, assistance with financial aid, retention rates, graduation rates, career planning and employment for veteran students.

“When I came in on a recent morning there was a student outside my office waiting to talk,” McCandless says. “He’s a single father and he had to drop a class because it was too much to juggle. That brought him down from 16 units to 12 and he wanted to know if it would affect his financial aid.”

Senior James Gregoire, who majors in business administration, is certainly glad to have McCandless help him as he transitions to civilian life.

Gregoire joined the U.S. Navy in November 2001, just weeks after 9/11. He spent eight years as a medic and for nearly two years was stationed in the Gulf aboard the aircraft carrier, USS Nimitz. He enrolled at USD in 2011 and sees a big difference between his first year, before the arrival of McCandless, and this year.

“Last year, I had to go from one person to the next to get all my questions answered,” Gregoire says. “Everyone was accommodating and very willing to help me, but it’s nice to have someone like Tim McCandless as a single point of contact. It shows USD’s commitment to its veteran students.”

Gregoire is a husband to wife Ashley, who’s still on active duty in the Navy, and a dad to a 2-year-old son, PJ, and another son, Brady, who was expected to arrive in early January. Gregoire carries 16 units, is president of USD’s Student Veterans’ Organization, which was founded in 2011, and is the coordinator for a youth basketball league in Chula Vista.

“I’ve always tried to keep one foot in civilian life, but the transition can be a challenge,” he says. “In the military, you’re in a world where your time is not your own, you’re told where to be and what to do. Then you come here where you have to learn to manage your own time, the rules are more relaxed and you don’t have to worry that everything is a threat.”

“These students have a lot on their plates,” McCandless says. “They’ve served our country honorably and they deserve our very best efforts. That’s why I’m here.”

[gifts at work]

Shortly before his untimely death last Aug. 16 from pancreatic cancer, James C. Krause ’75 (JD) and his wife Gale — parents of Andrew ’12, Mark ’14 and David Krause — pledged a generous gift of $500,000 to support the construction of the Hahn School of Nursing and Health Science’s planned Betty and Bob Beyster Institute for Nursing Research, Advanced Practice, and Simulation. Krause was a devoted USD School of Law alumnus and adjunct faculty member, as well as a member of the university’s Board of Trustees. The gift will make possible a new facility, the Kathryn S. Krause Doctoral Research Library, named in honor of Jim Krause’s mother, a career nurse practitioner and nurse educator.

Jack McGrory ’81 (JD) recently contributed a gift of $150,000 to support the School of Law’s $1.5 million scholarship drive. Increasing scholarship support is a top priority for the law school; this scholarship drive is focused on ensuring that the law school can attract and retain top students. Designated as a challenge gift, McGrory will match increased gifts from members of the Board of Visitors dollar-for-dollar for up to $50,000 per year for the next three years.

Trustee Liam E. McGee ’76 has made a major gift in support of USD’s new baseball facility, Fowler Park at Cunningham Field. The park’s entry viewing deck will be named to honor the generosity of McGee and his family.

Every gift counts. While some people may think that only large donations to USD are significant, in fact every gift matters. During the 2011–12 fiscal year, the Alcalá Alumni Fund raised nearly $81,000 from 485 donors; of those gifts, 379 were $100 or less. During the same period of time, the Alumni Endowed Scholarship raised almost $100,000 from 1,332 donors. A staggering 1,198 of those donations were $100 or less. “A gift of any amount is valuable and much appreciated,” explains University Vice President Timothy L. O’Malley, PhD. “And an increase in alumni participation can positively affect USD’s national rankings.”

Clarification: The “gifts at work” column in the Fall 2012 edition of USD Magazine carried an announcement of a generous gift from USD parent Richard Shapiro in response to the university’s recent Mulvaney Challenge in support of community service-learning programs. Our acknowledgment should have included Richard’s wife, Beth Panzer Shapiro, for her generosity as well in making the couple’s gift possible. Our apologies and deep gratitude go to both Richard and Beth Shapiro.
Robert Muth has a simple mission: He protects and serves those who protect and serve.

Muth joined USD’s School of Law faculty in July 2012 as the supervising attorney for the school’s new Veterans Legal Clinic.

The clinic is staffed by third-year USD law interns who, under Muth’s supervision, provide a range of free legal assistance to veterans, some of whom are in disputes with other institutions over the use of GI Bill funds associated with education loans.

“In many cases, schools target the most vulnerable veterans — those who may be disabled or are suffering from Post Traumatic Stress Disorder (PTSD),” Muth says.

Before coming to USD, Muth was a litigation associate at a civil litigation firm. He got his start, however, with the Marine Corps, where he became a captain and judge advocate.

The son of a police officer in the Chicago suburb of Schaumburg, Muth graduated from Northwestern University and was commissioned as a second lieutenant in 2002. The Marines put him in the reserves and sent him to law school at Duke University. In 2006, he was sent to Camp Pendleton in San Diego and from there deployed for 13 months to Fallujah, Iraq, where he served as the senior defense counsel for the Marine Corps. He oversaw a wide range of high-profile matters, including cases involving allegations of mishandling of classified information and war crimes such as the killings in Haditha. Muth served in the Marines until 2009 and was named the Defense Counsel of the Year, Navy-Marine Corps Trial Judiciary, Western Judicial Circuit in 2008–09.

Both his training as a lawyer and his experiences as a Marine give Muth the perspective he needs to help those who come to him for help.
The USD clinic attempts to help veterans who have used their one shot at GI benefits for programs that don’t meet their educational needs — and to reach out and educate others so they don’t make the same mistake. The clinic identifies and pursues claims. Legal services range from providing advice to representing student veterans in litigation, arbitration and other forms of dispute resolution.

“We are unique,” Muth says. “There’s no other service like this in the nation.”

Andrew Legolvan, a third-year law student, is one of Muth’s interns. He enlisted in the U.S. Navy in 2005, straight out of high school, and served until 2009 as an aviation electronics specialist, most recently on the USS Nimitz. He is no stranger to the GI Bill. The Navy paid for his bachelor’s degree in business from the University of LaVerne. Once he was honorably discharged, he decided to use the GI Bill to pursue his law degree from USD.

“My parents didn’t have the money to send me to school,” Legolvan says. “I didn’t like the idea of taking out loans so I joined the Navy. It was a great experience. I got an undergraduate degree, I’m getting a law degree and I have trade skills.”

Legolvan says he’s not too different from the clients he serves.

“I can sympathize with these veterans,” says Legolvan. “Our goal is to reach out and educate them before they choose a school, help them figure out what’s right for them and look over enrollment agreements because they slip a lot of fine print in there.”

But not if the Veterans Legal Clinic can get the word out to vets before they sign on the dotted line.

USD and the Franciscan School of Theology (FST) have announced an affiliation plan “for the mutual benefit of both institutions in serving the needs of their students, society and the universal Church,” according to University of San Diego Executive Vice President and Provost Julie Sullivan. The FST will remain a free-standing school of theology, and will relocate from its present location in Berkeley, Calif., to the grounds of Old Mission San Luis Rey in Oceanside, Calif. The move and planned affiliation will become effective in September 2013.

The 2013 All Faith Service is built around the theme “Care of Creation.” This year’s reflection will be given by Rev. Peter Rood, an Episcopalian priest from Los Angeles who has initiated impressive sustainability endeavors in his parish. As in past years, participants will include members of the USD community and representatives of various faith traditions, who — through song, poetry, chant, dance and narration — celebrate their various beliefs. The event takes place on Thurs., Jan. 31 at 12:15 p.m. in Shiley Theatre. For more information, call (619) 260-7431.

The Kyoto Prize Symposium will take place on March 12–14, 2013. This year’s Kyoto Prize Laureate for Arts and Philosophy is Professor Gayatri Chakravorty Spivak, who is a professor at Columbia University as well as founder of that school’s Institute for Comparative Literature. She is being honored for her “illuminating work on intellectual colonialism and her devotion to multifaceted educational activities, especially in developing regions.” She will give a presentation as part of the San Diego symposium at USD on Thursday, March 14, at 10:30 a.m. To learn more, go to www.kyotoprinzeusa.com.

The Parent Partnership Fund was formed to help students who have fallen on unexpected financial hardship, and are at risk of withdrawing and not completing their degrees at USD. Created by the USD Parent Board, the fund has helped 26 students continue their education in the past two years, and has raised $117,000. Awards to junior and senior students have ranged from $2,000 to $5,500. For more information, go to www.sandiego.edu/parents or call (619) 260-4808.

The USD Summer Business Institute is being offered for the second time in Summer 2013. The program is designed for non-business majors to acquire business knowledge and acumen during an intensive four-week program. A joint offering of USD’s School of Business Administration and the Office of Professional and Continuing Education, the program will feature a number of School of Business faculty. “It’s something very unique to USD,” says Jodi Waterhouse, USD’s director of corporate and professional education. To learn more, go to www.sandiego.edu/sbi.

Wide regarded as one of the supreme achievements in classical music, Bach’s “Mass in B Minor” will be presented by the Angelus Early Music Series on Monday, Feb. 25, at 7:30 p.m. in Founders Chapel. Pacific Bach Soloists, led by music director David Wilson, will perform this 1733 version of the piece, which will include a full choir and baroque orchestra. For additional details, go to www.sandiego.edu/cas/events.

The Toreros’ new head football coach will be Dale Lindsey. He succeeds Ron Caragher, who recently was hired as head coach at San Jose State University. Lindsey returned to USD’s coaching staff this past season as the Toreros’ Defensive Coordinator. Prior to his most recent position at USD, he was assistant head coach and linebackers coach at New Mexico State University. Lindsey brings a wealth of football experience as both a former NFL player and as a coach. His resume includes over 30 years of football coaching in high school, college and professional ranks. Most recently on the coaching staff of the Washington Redskins (2004–06), Lindsey also spent time on the San Diego Chargers staff as defensive coordinator (2002–03) and linebackers coach (1992–96). USD President Mary Lyons welcomed the next era in Torero football, saying, “We are excited to have Dale Lindsey as our new head football coach. Dale’s experience and vision for our program match well with the university. We look forward to having Coach Lindsey at the helm as we seek our first-ever appearance in the FCS Playoffs.”

Russell C. Thackston, PE, has been named USD’s new vice president for business and administration. Most recently assistant vice chancellor of facilities management at UC San Diego, Thackston has been recognized nationally for his leadership of university campus sustainability initiatives. According to USD President Mary Lyons, throughout his career Thackston has demonstrated that he is an “exceptionally talented administrator and entrepreneur.” At UCSD, he successfully reduced the division’s costs by $3 million and increased revenue by $5 million annually. He also developed a nationally recognized, innovative sustainability and renewable energy program.
Strange though it may seem, a legitimate argument can be made that the most valuable member of the University of San Diego’s Women’s Varsity-8 Rowing team never has to put an oar in the water.

Counterintuitive? Perhaps, but when you consider that the goal of this particular sporting endeavor is to have eight women row in perfect synchronization as fast as they possibly can toward a finish line they can’t see, the suggestion might have at least a small amount of merit to it.

And speaking of small — at 5 feet 3 inches, USD coxswain Caite Soper ’13 certainly doesn’t cast the longest shadow on the 2012–13 women’s rowing squad (she’s about six inches shorter than her varsity teammates’ median height), but she’s living proof that good things come in diminutive packages. Just ask Women’s Rowing Head Coach Kim Cupini ’03, who sees Soper’s contributions as an invaluable component to the team’s impressive recent accomplishments.

“Caite’s my coach in the boat, pure and simple,” says the four-time West Coast Conference (WCC) coach of the year. As one of the most accomplished female rowers in USD history, Cupini knows what a critical role the coxswain (pronounced COX-en) plays in the team’s success.
“Above all else, a good coxswain has to be passionate about what they’re doing, and Caite absolutely is. She works very closely with me to try and get the best out of each and every one of our athletes, both in practice and on race day.”

In the Varsity-8 boat, a coxswain sits at the back — or, in nautical terms, the stern — and his or her primary function is to steer with hand or foot controllers that adjust the boat’s rudder (in the smaller varsity-4 boat, the coxswain steers from the front, or bow). As the only member of the team facing forward, she is, in a sense, the brains of the operation; executing race strategy, keeping the crew on task and in time, and, when need be, serving as the resident drill sergeant in order to motivate rowers to give it everything they’ve got — and then a little more.

Upon first impression, Soper doesn’t look or sound anything like an intimidating competitor. Sweet and spritely by nature, she’s quick with a smile, and possesses a voice that is definitely more mouse than lion — something that was a bit of an issue for her early on in her tenure with the team. “The coxswain that I was freshman year is totally different than the coxswain that I am now,” says Soper, now a senior. “One of the first things coach wanted me to work on was being a stronger personality in the boat. I’m not a big yeller, but you don’t have to scream to make a point, and I think the girls know when I need them to step it up.”

Under Cupini’s tutelage, Soper has learned some very valuable tricks of the trade, and in her three years as a USD coxswain, she’s had a front-row seat to the most successful run in USD Women’s Rowing’s history.

“We’ve won the WCC championships each of the three years I’ve been here,” Soper says without braggadocio. “To be able to win it again in my last year, I mean, how can it get better than that?”

Actually, it can. Another WCC title would send the squad to the NCAA Women’s Rowing Championships for the first time ever, an impressive and important accomplishment in and of itself, but made more so by the national exposure it provides for USD’s up-and-coming program. Top-level recruits who may have previously thought that west coast rowing begins and ends with the likes of Stanford, USC, Washington and UC Berkeley, might be persuaded to take a chance on a team with a whole lot of upside, as Soper did.

“I didn’t want to go to a team that was already established, I wanted to go somewhere where they were building something,” she recalls, smiling. “When I got here, I just could feel that there was something special happening. It’s not just about rowing in this program, it’s about being grateful for the whole opportunity that you’re given, and I think everyone really buys into that.”

Coaches and teammates alike admire, and on occasion, marvel at Soper’s ability to keep calm and carry on in even the most hectic of circumstances, which helps explain why she’s been named a team captain twice in four years. When asked to recall a specific circumstance when her cool and collected approach was a key to victory, she blushes and politely declines, choosing instead to highlight the successes of a team that clearly means the world to her.

“This program has made me a better person, and I’ll always be grateful for that. Gratitude is just a big part of what we are; being grateful for the efforts of the girls who came before us, and being grateful that we have this opportunity to be exceptional.”

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**TENACIOUS DEE**

Men’s Basketball star leaves it on the floor

_by Mike Sauer_

I n coach speak, it’s known as a “hustle play,” and it’s all about maximum guts, minimum glory, and on some occasions, a whole lot of bumps and bruises. Whether it’s a first baseman hurtling into front row, field-level seats in hot pursuit of a foul ball, or a member of an NFL special teams unit risking life and limb to recover an on-side kick, it’s the type of tide-turning effort that can define a game, and even a season.

As marksman in-residence for the USD Men’s Basketball squad, it’s a safe bet that guard Johnny Dee will be remembered for something far more glamorous than his scrambling, headfirst dive after a loose ball in the first game of the 2012–13 season. After all, he led the team in scoring average as a freshman (nearly 14 points a game), and became an instant fan favorite for his gunslinger’s cool, and willingness to shoot from wherever, whenever.

“What’s Johnny’s range? How big is the gym?” quips a fan while watching Dee and his Torero teammates warm up for their season-opener against San Diego Christian.

But the shoot-till-you-drop approach may well be a thing of the past if Dee’s sprawling, belly-first slide is any indication. In fact, to hear him tell it, it seems like he’s dead-set on leading the Toreros in a category other than shot attempts. “I’m looking to grow defensively, first and foremost,” he says, matter-of-fact. “I know it sounds cliché, but little things make a big difference in helping the team win, and I want to do all I can on both sides of the floor.”

Standing 6 feet and weighing somewhere in the neighborhood of 175 pounds, Dee lacks the length and strength of a prototypical Division I shooting guard — but don’t tell him that. “I got recruited out of high school, but I didn’t get a lot of looks from the big (Division I) schools because of my size,” he recalls. “But it’s always been my dream to play basketball at the Division I level, and I wasn’t going to give that dream up easily.”

A scintillating senior season at Rancho Buena Vista High School put Dee squarely in the recruiting crosshairs of many college programs. Ultimately, Portland State University was willing and able to offer a scholarship, and Dee was getting very close to signing on the dotted line. “I knew USD was interested in me coming out of school, but they didn’t have a scholarship available, and Portland State did,” Dee says. “I really loved USD, but I wanted to continue to play basketball, so Portland State seemed like the place to go.”

Then fate intervened in the form of a revoked scholarship, and USD assistant coach Mike Burns wasted no time in letting Dee know there was no need to head to the wet and rainy northwest in order to make his Division I dreams a reality.

“Honestly, I really wanted to stay in Southern California rather than go to Portland,” he confesses. “I realize what an amazing place USD is, and to have a chance to play basketball here, with great coaches and great teammates, that’s an opportunity you live for.”

Or, if you’re Johnny Dee, dive for. Bumps and bruises be damned.
THE FUTURE STARTS TODAY
$20 million gift makes Shiley-Marcos School of Engineering a reality

by Krystn Shrieve

As the steward of her late husband Donald’s legacy, Darlene Marcos Shiley always looks for signs that she’s doing right by him. One crisp, fall evening, she had a conversation with him in her head — and her heart. She asked for a sign. It didn’t have to be a burning bush, but it couldn’t be so subtle that she’d miss it.

A few days later, while looking through Donald’s notebooks from the 1960s, when he was formulating his ideas for the artificial heart valve that made him a legend, the sign fell right into her lap.

A piece of paper fluttered from the pages of a notebook. It was a draft of a love letter he’d written her one Christmas. If that wasn’t a sign, nothing was. With tears streaming down her cheeks, she made a decision that would forever change the University of San Diego.

That decision was revealed to the campus one sunny morning in September 2012. Darlene Shiley stood in the center of Alcalá Park — surrounded by students sporting blue T-shirts that read, “The Future Starts Today” — and shared the news that she would provide the university with a $20 million gift for the opening of the Shiley-Marcos School of Engineering.

“My late husband was, first and foremost, an engineer,” says Darlene, who joined USD’s Board of Trustees in 1990, and served as its chair from 2007 to 2010. “I am determined that his legacy reflects that beginning.”

The son of a farmer, Donald grew up in Washington. He attended Oregon State University on scholarship, but left to join the Navy. After World War II, he used the GI Bill to make his way through school at the University of Portland, where he earned a degree in hydraulic engineering.

Donald began his career as a machinist, mastering the skill of sketching and building prototypes. He later worked at Edwards Laboratories, the first manufacturer of artificial heart valves. In 1964, he left his position as chief engineer to start his own company, Shiley Laboratory, in his garage. He went on to invent the Bjork-Shiley heart valve, which is credited with saving hundreds of thousands of lives.

This year, USD’s engineering program is ranked #25 by U.S. News & World Report. Darlene says her husband of 32 years would have been proud that she helped take it to the next level. She hopes the Shiley-Marcos School of Engineering will produce graduates like Donald and is confident that someday she’ll look at a bridge somewhere and know a USD graduate made it happen.

President Mary E. Lyons, PhD, called the gift transformational — one that will take what is already a premier program to an unprecedented level of prominence and distinction.

“The Shileys have demonstrated over many years an amazing commitment to this university — to enhancing the student experience,” Lyons said at the campus event. “This represents not only one of the most expansive and generous gifts from the Shiley family, it represents one of the university’s greatest gifts in its entire history.

“They helped raise our MFA program to a level of national prominence. And those who study in the sciences know how the Donald P. Shiley Center for Science and Technology moved our science programs into an entirely different stratosphere.”

Donald was a semi-retired widower when he met Darlene Loran in 1976 at a Berkeley community theatre production of “The Lion in Winter,” in which she played the starring role of Eleanor of Aquitaine. They married in 1978 and, six months later, he sold his company to Pfizer Inc.

Early in their marriage, Darlene asked why they had to wait until they died to give money to causes that touched their hearts. Donald agreed with her give-as-you-go philosophy and put her in charge of their philanthropic decisions.

Their first gift to USD — more than 20 years ago — created endowed engineering and theatre arts scholarships.

“Scholarships are the best way to show your belief in students,” Darlene says. “I don’t know of too many people who don’t need a little help getting through college — especially these days. I firmly believe students should be rewarded for hard work and talent, in addition to financial need.”

Darlene knows about financial need. She grew up in a working-class Oakland, Calif., neighborhood in a home she shared with her mother and grandmother.

“My mother would buy household items on layaway and pay every week until she could bring the item home,” she recalls.

Darlene also knows about hard work and talent. She qualified to attend Stanford, but couldn’t afford the tuition. Instead, she graduated with honors from San Jose State University, where she majored in drama and minored in humanities.

She’s come a long way since those days, but has never forgotten her roots. She also hasn’t forgotten that education transforms lives.

At USD, we’d call her a Changemaker. For Darlene, being a catalyst for change means passing “Grandma’s Mirror Test.”

“She would tell me that every night before I went to bed, I should look in the mirror and ask myself if I made good choices,” Darlene says. “If I hadn’t, then I should do better tomorrow. I like to think that she and my mom — and, of course, Donald — are watching over me. I hope they see that I have the right stuff to be my own Changemaker in the world. If I don’t, then I will do better tomorrow.”
Pure Imagination

Celebrating the explosion of visual arts across campus
"EXCUSE THE MESS,"

by Trisha J. Ratledge
Photography by Tim Mantoani

says Noé Olivas as he climbs aboard his dismantled 1967 Chevy Step-Van in the cool shadow of a maintenance yard behind Camino Hall. Well-worn by decades of use — from delivery truck to homemade RV — the white steel panel van has been stripped clean of its former lives. Bread and beds are long gone, replaced by wire brushes and bags of steel wool, makeshift work lights and the odd engine part under reconstruction. A stop sign, bent and repurposed as a wheel hub during the RV years, reveals the grass roots history this Chevy has motored through. His wooly mane nearly brushing the roof he plans to raise more than two feet, Olivas, a visual arts major who creates sculptures out of ready-made objects, gazes steadily at his most ambitious project yet.
For his senior thesis, he is transforming this 45-year-old van into a mobile exhibition space that also serves as a social sculpture, where artists can mount a show and then take it into the community, perhaps even use it as a portable artist-residence-studio with an added trailer.

“We are talking about this idea of creating your own art world, about how to make a living in the future by doing what we love,” explains Olivas.

As is typical of the Department of Art, Architecture + Art History, he’s not working on this monster project alone. Initial funding came through a Keck Faculty Fellowship — which funds scholarly mentoring projects — under Assistant Professor Allison Wiese, as well as an Associated Students grant. The inspiration and sweat equity are courtesy of friends and fellow artists like Jake Zawlacki, senior humanities and art history major, who was elbow-deep in the engine with Olivas the night before. As the conversation turns to the exclusive New York art world, Nate Vaughan ’11 steps forward from the adjoining wood shop, where he’s hand-crafting a table to be used at a baked goods and pour-over coffee fundraiser for the project.

“The art world is so globalized now, you can be anywhere, even in San Diego,” says Vaughan, one of 40 working studio artists at Space 4 Art in the East Village. “There’s plenty of art world here, plenty of interaction.”

In fact, there’s plenty right here at USD.

The Department of Art, Architecture + Art History, for one, is at a seminal moment in its development. Now at the end of a five-year academic plan — the first strategic plan for the department — faculty and students are reaping the rewards of a discipline energized by new directions. Bring in a renowned scholar in Chinese and Thai art? Check. Add an acclaimed printmaker to the faculty? Check. Add a full major in architecture? Check.

When the academic plan was implemented in April 2007 under the direction of Department Chair Can Bilsel, 52 students were art majors; 31 in visual arts and 21 in art history. In the spring of 2012, art majors had more than doubled to 113; 47 in visual arts, 22 in art history and an astounding 44 in architecture, which was approved as a major just two years ago, in February 2010.

Beyond the rise in the number of students, the unequivocal hallmarks of the program are that it is student-centered, individually focused and endlessly collaborative.

“Instead of coming up with goals outside of the students and then trying to mold the students to that curriculum, we shape the curriculum to the individual needs of the student,” explains Bilsel, who adds that the architecture major resulted directly from student interest. “This is very important in visual arts, because every student is different, and their talents and interests are different.”

The faculty make it their business to get to know each student’s strengths, from the junior review, when students...
present their work in every area of visual arts to a panel of arts professors, to the senior thesis, when students present a written thesis and advanced work — often resulting from independent studies with an individual professor — to arts faculty and peers.

“We are a small department by a lot of standards, but the proximity to faculty can be enormously valuable,” says Wiese. “The students get real connections with faculty and those connections are often across disciplines.”

All of which often lead to enviable opportunities. Take Zawlacki, the art-historian-writer-roving-mechanic, for example. On a quiet weekday, he leads a guided tour of the current exhibition at the Robert and Karen Hoehn Family Galleries in Founders Hall: “Character & Crisis: Printmaking in America, 1920–1950.” As one of three student-curators working last semester under the direction of then-guest curator Derrick Cartwright, he helped develop themes and interpretations for the exhibition and extract the final print selections that document the social, political and economic upheavals in the early- to mid-20th century, which is work undergraduates rarely have a hand in.

In a stroll through both galleries, he points out his favorite piece, talks about the piece he considers the most powerful, expands on the themes presented and reveals nuances within the works of art. His expertise is undeniable.

“I can give you a pretty good argument for why every piece is here,” says Zawlacki with the confidence of a practiced pre-professional.

The Hoehn Print Study Room and the University Galleries — comprising the Hoehn Family Galleries, May Gallery and IPJ Fine Art Galleries — are invaluable resources for USD and the larger San Diego art community. The print study room houses one of the finest print libraries in California, as well as USD’s permanent collection, curated by Victoria Sancho Lobis, which represents the history of printmaking from the 15th century to the present, including works by masters such as Goya, Rouault and Rembrandt. Endowed through generous gifts from Robert and Karen Hoehn, the print collection, study room and galleries combine to create the consummate print program in San Diego, leading to creative partnerships with institutions like the San Diego Museum of Art.

Lobis encourages faculty across campus to participate in the gallery exhibition lecture series and to develop curricula around the collection itself and the exhibitions, such as the Spanish classes that incorporated a Goya exhibition into their studies or the theater students who have written and performed monologues inspired by exhibitions. Students like Zawlacki are welcomed as program-
ming and curatorial interns. Others are invited to create sophisticated works of art in response to exhibitions and then see their pieces mounted next to the master works in the exhibition.

The return of Derrick Cartwright in the newly created position of director of university galleries in August has created similar momentum. An assistant professor of art history at USD during the 1990s, Cartwright went on to become one of his generation’s most respected museum directors, leading museums in France and at Dartmouth College, as well as the San Diego Museum of Art and the Seattle Art Museum. His vision and reputation for seeking collaborations across disciplines and creating opportunities for art novices is well documented, and his plans for USD will build on past successes.

“I’m looking forward to the day when we have this program so well constructed that someone could come spend time at the IPJ Fine Art Galleries, stop in and see what we are doing with the Hoehn Family Galleries, get lunch, pay a visit to the May Collection and then see something at the Student Life Pavilion; to have as rich and varied a museum experience as you can have on almost any college campus in the country,” explains Cartwright, who can envision up to a dozen exhibitions a year, with students involved in every one. “The goal is to assemble a ‘string of pearls’ stretching the entire length of the USD campus that, when viewed collectively, will add up to something truly vital and significant.”

He also anticipates culling the creative spirits of students and faculty across the USD campus by devising projects with the law professors, for instance, or the students in the School of Leadership and Education Sciences. “All of these programs should have a stake in what we do,” he says. “If we are not, over a period of time, engaging that broad spectrum, then we are not really doing our job well.”

Step into Mary Boyd’s office, nestled in the heart of Founders Hall, and you’ll see another gallery she is proud to share: the walls of her office, which currently frame a senior thesis photography exhibition. While the outgoing dean of the College of Arts and Sciences comes solidly from a science background — chemistry, specifically — she’s an active proponent of the arts. Every few months, a new show embellishes her walls as she carries out the work of the college, the core of the USD academic experience.

Engaging in the arts as a student is a mind-broadening experience, she says, particularly at USD, where founder Mother Rosalie Clifton Hill believed students should be surrounded by beauty as a way to foster a life of intellectual pursuits. Boyd took her own first studio fine arts classes as a faculty member at Loyola University in Chicago, starting with color theory.
"I spent more time working on the weekly assignments in that course than in any chemistry course," Boyd says with a grin. "But I loved it."

Over the past four years, Boyd’s work has included the review and revision of the core curriculum, a three-year process headed by a 39-member committee, primarily made up of faculty from the arts and sciences, business and engineering. Now in year two, the committee is scheduled to have an articulated core curriculum for faculty consideration and vote this spring.

Future developments aside, the Department of Art, Architecture + Art History already has a powerful mix of studies. Visual arts alone covers sculpture, drawing, painting, printmaking, photography and visual communications. Additionally, with the recent addition of Victoria Fu, that concentration now includes new media art, an area that explores film, video and time-based media as an art form. Just as important as the course offerings, say the faculty, is synergy. Department professors see the three majors not as parallel areas of study, but as intertwined, an approach which is natural for disciplines that encourage high levels of collaboration. Students mimic their mentors and help each other’s artistic instincts to flourish in spaces such as the senior studio. Before long, students find themselves working in multiple disciplines within the department by double majoring or by majoring in one area and minoring in the other two.

That scenario defines Olivas, a triple threat who is hard at work behind Camino Hall several days a week, rebuilding his creation from the tires up. Still largely out of public view, the project, “Untitled: A Rolling Social Structure,” is drawing interest not only from his arts faculty and peers, but from the facilities workers who pass by in their duties.

“They’re peeking their heads in and I’m hearing their comments and their ideas. It’s an awesome experience,” says Olivas. “That’s what got me excited about this project, the idea of the community coming together and having this dialogue. It’s fantastic.”

When it’s finished, the exterior of the working-class van will be an intentionally nondescript gray and the interior will be a professional exhibition space with hardwood or cork flooring, white steel walls and track lighting. In addition to housing an enlightening exhibition program, the van itself will serve as a space for dialogue.

“I like the idea of fostering the starving artist, showing our friends’ work, showing work that we enjoy,” Olivas says. “It’s really about bringing this community together — all the different disciplines — and sharing art in whatever location we might be. It doesn’t have to be in San Diego; I really want to take advantage of the mobile capability.”

In the end, Olivas’ intentions are quite simple. “I’m just trying to have fun and at the same time, trying to make an impact,” he says, pausing.

“All of us are trying to make an impact.”
ALL THE SMALL THINGS

FOR TERESA SMITH, WHAT TRULY MATTERS ISN’T COMPLICATED

by Mike Sauer

Photography by Tim Mantoani
“IT COMES DOWN TO A SIMPLE QUESTION: WHY NOT?”

— Teresa Smith

Maybe it’s got something to do with the gloomy, cloud-filtered early morning light, but as parking lots go, the one located in the 4600 block of Market Street really isn’t much to look at. Oil stains and murky puddles courtesy of an early-fall storm pock the property, and everything feels more than a little worn and sullied.

Then you see the smile. Welcoming. Buoying. It’s not the one emanating from the artfully illustrated carrot waving from the hood of another otherwise inconspicuous food truck parked in the middle of this somber space. It’s the one grinning a greeting through the truck’s windshield. Nodding a hello, Teresa Smith bounds down the steps of her award-winning endeavor into social enterprise — a mobile eatery that provides San Diego’s homeless population with affordable and health-conscious hot meals — and introduces herself with a winning blend of congeniality and cool. “What’s the deal with all the rain last night? Well, we’ve definitely dealt with worse. You ready to have some fun?”

Serving meals to those battling personal issues ranging from mental illness to depression to drug addiction would not rank tremendously high on most folk’s fun-meter. But for Smith, CEO of the poverty mitigation nonprofit, Dreams for Change, who moonlights as a PhD candidate in SOLES’ Nonprofit Leadership and Management program, it’s a moral imperative. “It comes down to a simple question: ‘Why not?’ There’s so much that needs to be done in the world, and money and material things have never really meant that much to me …”

A somewhat panicked voice from inside the truck suggests her volunteers need help, stat. She turns in a flash and heads back to solve the most recent crisis, but stops short, turns and offers with her trademark grin, “Put it this way: If not me, then who?”

Smith’s energy and enthusiasm are palpable, and just now, she’s focused on getting this four-wheeled show on the road, ASAP. All three of this morning’s volunteers — a friend and teammate from another of Smith’s life passions; softball, and two wide-eyed, well-intentioned college students — are preparing for today’s run to downtown San Diego’s East Village district. Their orderly approach suggests both good coaching and familiarity. “When you work on the truck, things tend to move really quickly; there’s no lag time,” says volunteer Hannah, an SDSU undergrad currently pursing a degree in social work. “Teresa likes to run a tight ship.”

Half an hour or so later, food has been prepped, drinks have been packed on ice, and all other 11th-hour tasks have been completed, (the dilemma du jour has to do with whether or not there’s enough meat on hand to make their signature burritos). The truck, known as “The Fresh,” rumbles to life, and with Smith at the helm, slowly heads west down Market Street towards one of San Diego’s largest concentrated homeless populations.

For the uninitiated, the 10-minute drive to the truck’s first stop — the Neil Good Day Center on 17th Street — is a journey into the unknown. The center provides a wealth of services to displaced citizens (such as showers and basic medical care), but is also a bit on the rough-and-tumble side (robberies and assaults have been reported with enough frequency to require a consistent police presence). While Smith enthusiastically declares that the majority of their customers are well behaved and courteous, there’s still a sense of uneasiness at what lies ahead.

“Trust is really important to the success of this program,” she says. “A lot of homeless people have been burned before by people offering help and not coming through, so they can be leery. We provide a service, and over time, they learn to trust us because we’re there consistently. Same time. Same place. That’s key to breaking down a lot of the barriers.”

That’s what happened for Chris, a former youth program counselor who’s been homeless for several years now. Initially incredulous about both the food truck and its affable head honcho, he’s since become Smith’s eyes and ears on the street, and an integral part of the truck’s success as a volunteer short-order cook.
“I really didn’t know what it was all about at first,” he recalls curbside as a recently arrived Smith and her team are opening the truck for business. “But they kept showing up every week, and I got to know Teresa. She doesn’t just provide food, she provides inspiration and hope for a lot of people.”

Around these parts, both are in extremely short supply.

HOPE, HOT OFF THE GRILL
Smith’s game plan seems simple enough: allow San Diego’s homeless population access to hot and healthy meals, and let them pay for them by using their CalFresh Electronic Benefit Transfer (EBT) cards (previously known as food stamps). However, in order to legally provide freshly cooked fare to low-income, federally assisted customers, commercial businesses need to jump through a whole host of logistical hoops. And considering that the food offered must be priced below market value, the end just doesn’t seem to justify the means.

But Smith is an admirer of outside-the-box thinking (she holds a PhD in Life Physics, after all), and, with the help of some intrepid and energetic students from SDSU and the Cal Western School of Law, she devised a plan to create a mobile food business that could do well by doing good. “A lot of (homeless) people weren’t aware of the resources they had available to them from the government, and the food truck program provides us with the opportunity to sign them up for the CalFresh program, and generate a profitable business by utilizing those benefits to pay for the meals we make them.”

Hot off the grill and made-to-order, the meals cooked up within the truck’s cozy confines (maximum occupancy during food prep is three people, tops) are the best bargain in town. Every entrée is priced at $3.50 or less, and drink prices top out at $1. While her profit margins may be modest, the financial bottom line is just a small part of Smith’s overall plan.

“As a nonprofit, our goal is to bring everything back into the community, and so a big part of the truck’s long-term viability is workforce development,” she says during a brief break from taking food orders from the growing line of hungry patrons. “As we bring on more business and start making a profit, we’re looking to hire and train the homeless to operate the truck and eventually take it over, so it becomes their business.

“Ultimately, this project is about providing those less fortunate the opportunity to redevelop their employable skillsets, as well as their dignity and self-respect.”

That mindset sums up exactly what USD’s Center for Peace and Commerce is all about: promoting Toreros who are making a difference with their ideas and actions. And when Smith submitted her food truck business plan for consideration in the center’s Social Innovation Challenge — a contest that rewards student proposals for developing workable solutions to world problems such as poverty — things really started to get rolling.

“I heard about the Social Innovation Challenge via an email, and I knew that we had a lot of what they were looking for,” Smith says. “Did I think we had a chance at winning? Not really, but I think it helped that we had a ‘hit-the-ground running’ project that was well-researched, and they were impressed with how far we were able to come in a short period of time.”

A socially minded and self-sustainable enterprise, the mobile food truck plan won the Social Innovation Challenge’s $10,000 first-place prize. Those much-needed dollars have gone a long way in helping propel the business toward profitability. Just as important, it’s allowed Smith time to focus her energies on her other job: providing personal and financial support services to displaced individuals and families living in their cars — or, as she likes to refer to it, help and hope.

“The food truck’s been my day job lately, but you should come by the Safe Parking lot tonight. Trust me, it’s a lot better than the parking lot where we met this morning,” Smith says with a grin before racing back inside “The Fresh” to help her volunteers handle the lunch rush.
A SAFE HAVEN

Maybe it’s got something to do with the clear, bright autumn evening and the friendly Friday night vibe, but as parking lots go, the space on the corner of 28th and L Street looks and feels exactly how Smith and her team at Dreams for Change would hope: welcoming.

A steady stream of cars arrive just prior to the lot’s 6 p.m. opening, and a cluster of volunteers and patrons gathered out front engage in easy, amiable conversation. Smith waves you in with her customary grin, and offers up an interesting tale on one of this evening’s tenants. “See that space with the cone? That’s reserved for a guy who works at a big concert hall here in town setting up and taking down stages. He’s been doing it for, like, 20 years and has met all kinds of big-name rock stars. Pretty cool, huh?”

Since the first car rolled through the gates in the spring of 2010, this lot has served as the hub for the Dreams for Change Safe Parking program, which provides a secure environment for transitional homeless who, through unforeseen and often tragic circumstances, are forced to live in their vehicles.

During 2009’s drastic economic downturn, Smith and Dreams for Change co-founder, Sara Kelley, began to notice an increasing number of formerly self-sufficient Southern Californians being forced to relocate from their homes. Most were completely unprepared for the dire situations that followed.

At the time, Smith was a program manager for Home Start, a nonprofit organization that provided low-to-moderate income individuals and their families with the education and information needed to organize their finances, taxes and assets. Her workload was growing at a seemingly exponential rate, and that wasn’t a good thing.

“Two issues were consistently presenting themselves; people were having trouble managing what financial resources they had left, and they were also having trouble finding places to stay. We knew we had to do something, and that was really the beginning of Dreams for Change.”

Over the last three years, Smith has committed herself to providing transitional homeless with the resources and support they need on their road to recovery. Along the way she’s experienced successes and failures — and has emerged with a much clearer understanding of what’s needed to affect immediate and sustainable change in her clients’ lives.

“We screen our clients in the Safe Parking program prior to admitting them, and you hear all kinds of stories,” she says between greeting some of this evening’s lot tenants. “Transitional homeless populations tend to be a much different breed than ‘chronic’ homeless (those who have been homeless or displaced for an extended period of time at least twice in their lives) because they really don’t understand how they got here, and what they need to do to get back on track. I feel like we’ve made a lot of progress in streamlining that process.”

Whether it’s providing her Safe Parking program clients a place to stay or teaching them the basics of budgeting, credit use and money management, she’s always there when they need her, a fact not lost on Ken Friend, a former tenant in the Safe Parking program who has since found long-term housing, thanks in large part to the efforts of Smith and her Dreams for Change cohorts.

“There’s absolutely no way I’d be where I am now if it wasn’t for Teresa,” Friend says. “The Dreams for Change program is great, because they don’t just offer you food and a place to stay, they stay with you through the whole process of getting your life back together.”

The evening is winding down and many of the Safe Parking tenants are dispersing to their cars in preparation for the 10 p.m. “lights-out” call and some much-needed rest. Smith is ready to call it a night herself, but before she leaves, a simple question is posed: Does this line of work ever get the best of her?

She gazes downward in a moment of reflection, and then offers a genuine and heartfelt assessment. “Whenever I get down, it just takes a night hanging out here at the lot, or on the truck, listening to people tell their stories about what they’ve been through, and it makes me really appreciate what I have. All the small things we have should matter, you know what I mean?”

“THE DREAMS FOR CHANGE PROGRAM IS GREAT...THEY STAY WITH YOU THROUGH THE WHOLE PROCESS OF GETTING YOUR LIFE BACK TOGETHER.”

— Ken Friend, Former Safe Parking program tenant
WAKE ME UP INSIDE

Helping soldiers and veterans recover from wounds that run deep

by Krystn Shrieve

Illustrations by Danielle Steussy
Linda Stanley used to love crawling into her bed at 7:40 a.m. after her nightshift as a charge nurse at the 32nd Medical Group in Balad, Iraq. She lived in a sparsely furnished dormitory at the Balad Air Force Base. She duct taped a screen meant for a car’s windshield to her only window to block the sun while she slept. She had a locker, a table she made out of scrap wood and family photos taped to the wall. But it was Stanley’s bed that gave her refuge from the war around her. She draped her twin-sized bed with a colorful comforter. She reinforced it with a slat of wood to keep the sagginess at bay. She topped it with a foam cushion so she wouldn’t feel the worn out springs that poked through. Best of all, she washed her own sheets so they smelled like Downey laundry detergent in industrial washers.

One night, however, while she slept, a mortar hit close to her trailer. Even now, six years later, the smell of Downey takes her back.

“I didn’t hear any sirens go off when the mortar hit,” says Stanley, who still prefers not to discuss the details of that night. “All I remember is waking up on the ground and then hearing the sirens. It was the only time I really felt helpless.”

Stanley ’12 (MSN) served as a nurse in the military for 20 years before joining the Hahn School of Nursing and Health Science’s inaugural psychiatric mental health nurse practitioner class. Today, she works in an emergency psychiatric clinic at the VA Medical Center in La Jolla, Calif. She shares her own story of Post Traumatic Stress Disorder (PTSD) and helps other veterans suffering from its effects.

“I share my story and my journey to nurses, residents, doctors, generals and members of Congress,” she says. “I need people who are taking care of veterans with this condition to understand and have empathy for what’s going on in their heads. If they understand it better, they’ll take better care of veterans.”

While Stanley takes care of veterans here at home, Elizabeth Thometz ’06 focuses on soldiers abroad.

Her work is all about helping wounded soldiers regain a sense of normalcy in their lives. She helped develop an adaptive sports program for Army soldiers who are part of the warrior transition unit in Vilseck, Germany, a small town in northeastern Bavaria.

Thometz isn’t an athlete, unless, she says, you count the fact that she played basketball her freshman year of high school before realizing that the show choir was more her speed. She was never in the military, even though for a brief period at USD she thought she’d go into an officer-training program for the Marines and worked out diligently with other candidates before deciding it wasn’t quite the right fit.

In the end, Thometz went on to graduate school at the University of North Carolina, Greensboro. She earned a master’s in athletic training and went on to work as an athletic trainer at the U.S. Army base in Fort Jackson, S.C. Nearly three years later, she got a call from a former professor who’d heard about a new job that was being created to help wounded soldiers in Germany.

“Soldiers are taken out of combat or other units and assigned to this unit,” says Thometz, who moved to Germany in September 2011. “Their sole mission is to focus on getting better — to recuperate and heal.”

There are nearly 200 soldiers in the unit. They may stay between six to 18 months, but most are rehabilitated in about a year. Soldiers who need more complex care — either because they have lost limbs, sustained massive burns or severe wounds, or, because their physical injuries are combined with a traumatic brain injury or PTSD — bypass the Warrior Transition Unit altogether and are brought back to the United States.

Thometz has the soldiers swim and cycle, practice archery, play seated volleyball or wheelchair basketball — all of which allows them to be active, increase their heart rates and get an endorphin rush without putting direct pressure on their injuries. They like wheelchair basketball, but also get a lot of benefits from archery.

“These soldiers are used to holding a weapon, but because of things like PTSD, holding a weapon that goes boom is not advised,” she says. “Archery gives them the opportunity to focus on something else, to concentrate on their breathing, on their sightline, on the angles of the wind. It requires a high level of concentration, but gets their mind off whatever else may be going on in their lives.”

Helping these soldiers physically also helps them heal in other areas. Thometz tells the story of a soldier who had a heart condition.
If his heart rate increased, even slightly, it would cause chest pain and send him into coughing fits. So this soldier, who had always relied on both his brains and his brawn, had to give up physical activity. He began to gain weight. Every additional pound on the scale and every notch loosened on his belt led to frustration, then irritation, then anger.

“The anger was really built up,” Thometz says. “But once he started playing wheelchair basketball he absolutely loved it. Within a few weeks, he started to lose weight and he started having a better grasp of his heart rate and how far he could push himself before it was time to back off.

“He saw the improvements he made, his overall mood improved and he was just ecstatic,” she continues. “We see the benefits of adaptive sports — not just because of the physical fitness aspect, but the mental and emotional side too. We want soldiers to spread the word to others that they aren’t completely helpless and that they can still do things even if they’re injured.”

E ven though an ocean separates them, Stanley and Thometz are doing parallel work: helping members of the armed forces heal from the wounds of war. Stanley patches them up, Thometz rehabilitates them. Between the pair, they cover every aspect of recovery — physical, mental and emotional.

“I have a passion for Post-9/11 veterans,” Stanley says. “I don’t want this generation of veterans to end up like so many of those who returned after Vietnam. I want them to know that there are therapies that can help their PTSD. They don’t have to live with it for the rest of their lives.”

Sally Brosz, dean of the Hahn School of Nursing and Health Science, says it took the school only two short years to launch the new psychiatric mental health nurse practitioner class, in response to requests from the community. She says she’s proud of Stanley’s work — her clinical work, the role she plays with veterans and the decision she made to testify on Capitol Hill on behalf of veterans who, like her, suffer from PTSD.

“She understands the importance of direct patient treatment, as well as political policies that can help patients,” Hardin says. “Veterans are showing more symptoms of psychological stress than those from any other war in history. The work Maj. Stanley is doing on all fronts is invaluable.”

Stanley joined the military in 1990, just months after graduating from nursing school. For her it was a patriotic decision — a chance to serve her country and a chance to practice nursing. Her brother was in the Air Force as a navigator in the Special Forces. Her father was an Army man who couldn’t wait to join. He lied about his age to get into the U.S. Army and, at age 14, went to Europe at the tail end of World War II. He was 16 before his superiors found out about his true age and sent him home. He returned at the age of 18, this time during the Korean War, and served two more years before going on to become a teacher, a principal and finally a district superintendent.

Stanley herself bridged both branches — serving for six years in the Army before switching to the Air Force, where she served 14 more years.

She went to Iraq in 2006 and was stationed in what was known as the Sunni Triangle. She worked at the main trauma hospital — and the only one that offered neurosurgery. Her patients came in with severe burns, head injuries, gunshot wounds, amputations and injuries caused by improvised explosive devises, or IEDs.

The hospital took in an average of 330 traumas each month. Stanley served from January to May and says not a night went by without casualties. Mass casualties, she says, were not uncommon. She wore a weapon more often than not — even in the operating room. She lived with the constant whoomp, whoomp, whoomp of helicopter blades overhead and worked amid screaming sirens, exploding mortars and the ominous warnings over the loudspeakers that let everyone know to take cover, and fast.

“Incoming!”

It all became routine — removing bullets, setting bones, patching wounds. Sometimes in the middle of the night, someone would bang on the door of her trailer calling her into action for an emergency at the hospital. Even on her days off she would find herself returning to the hospital because she knew it was where she was most needed. She was always ready to respond.

“In the military — and in emergency response — your body is always alert and ready to go,” Stanley says. “You learn to go from being in a deep sleep to being revved up to 100 percent in seconds. You always have to be ready.”

It was her body’s natural inclination to go from zero to 60 that eventually made her realize something was starting to go wrong. She began to have nightmares. The sound of helicopters made her tremble. Her body would instinctively go into fight-or-flight mode at the sound of sirens or the smell of burning flesh. For a long time, she brushed it off.

She told herself, “I’m a tough person. I can handle this. Just suck it up.”

She decided that if she could just be with her husband, who was working for the Department of Defense overseas in Italy, everything would be OK. The Air Force told her if she went to South Korea for a year, then she could go to Italy to reunite with her husband. She left Iraq in May 2006 and went to a remote base in South Korea seven months later.
Stanley sought help on a couple of occasions. Once, with a chaplain, and another time she tried to talk with her supervisor.

“I shared with him that I had a few problems, that I couldn’t sleep,” Stanley recalled. “He started tearing up. He gave me a look that I knew meant we just couldn’t go there. He had his own issues. It’s just something we don’t like to talk about so we didn’t.”

Over time, Stanley realized that PTSD was robbing her of her memory. Once, after a long day at work, she came home to study for board exams. She studied for a few hours and, after she closed her books, she couldn’t remember a thing.

For the next two years, she continued to hide her PTSD. She did a good job covering it up, but began pulling away from people — taking odd shifts at work, shopping in the wee hours, heading off for long walks by herself and avoiding people whenever possible. She felt empty inside, numb. She knew she had to get help when a patient died unexpectedly and she, surprisingly, didn’t.

That was 2009, midway through her tour. Stanley knew it was time to take action. She found a therapist and dove into treatment. She started with prolonged exposure therapy, recording her memories and listening to them six, seven, 10 times a day on her iPod.

“The first month, I actually felt worse,” Stanley says. “Every time I talked about my feelings, I felt like I was getting my leg broken and reset — over and over again. It was hard bringing up those memories and she, surprisingly, felt nothing.

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“The first month, I actually felt worse,” Stanley says. “Every time I talked about my feelings, I felt like I was getting my leg broken and reset — over and over again. It was hard bringing up those memories and I couldn’t do it without breaking down.”

Stanley is grateful that she kept a journal throughout her time in the military. One entry in particular describes her dedication to her profession, her patients and her country.

“I took care of a patient tonight and I know I will never forget him,” she wrote.

“He had been on patrol and lost his foot to an (IED). For some reason, his bloody boot symbolized all the trauma patients that I’m taking care of — the vision of his boot, the sound of painful cries and the smell of death are my senses … I find life in these senses, and it reminds me of what is really important in my own life. I am still glad I deployed and I hope I will always remember these feelings.”

The journal, she explained, was essential in helping her put her memories back together.

“When you’re in light-or-flight mode, an electrical charge gets attached to that memory,” Stanley explains. “But with PTSD, the memory gets chopped up and rearranged in your brain in the wrong way. So later, when you think of it, the electrical charge causes your body to respond. Prolonged exposure therapy allows you to put all the pieces back together the right way.”

Stanley also found it helpful to paint — she drew a particular Marine’s face over and over again. But what was most helpful was creating a video to illustrate her jumbled thoughts. The song that plays in the background, by the band Evanescence, is called, “Wake Me Up Inside” — a fitting title, given her quest to quell the numbness.

The lyrics help tell her story.

How can you see into my eyes / Like open doors? Leading you down into my core / Where I’ve become so numb / Without a soul / My spirit sleeping somewhere cold / Until you find it there and lead it back / Home / (Wake me up) / Wake me up inside / (I can’t wake up) / Wake me up inside / (Save me) Call my name and save me from the dark / Save me from the nothing I’ve become.

The video she created shows flashes of her memory — the good, the bad, the real, the imagined — all tangled together in a mass of confusion that perfectly depicted the chaos in her head.

“One minute I’d be happy, hanging out with friends and then it would flash to my trailer blowing up,” she says. “It showed my husband what I was thinking and feeling and it helped my therapist understand why I felt a loss of myself.”

Eventually, she started to feel better. After a while I had hope that I would be happy again and feel good inside again,” she says. “I have setbacks, we all do, but after a while it gets easier and easier — and now I can go out and speak to hundreds of people and share my story.”

Stanley retired from the military in May 2010 after two decades of service and enjoys her work with veterans in La Jolla. No matter where she goes, she can often be seen with her service dog, a 2-year-old English lab named Willow, who’s part of the At Ease service dog program at nearby Camp Pendleton, which places dogs in the San Diego area.

“What a dog does for PTSD is amazing. She picks up on how I feel when helicopters fly over and comes to sit next to me,” Stanley says. “She wakes up and is happy to see me. She makes me remember that every day is a new day. I learn from her to live in the present and not in the past. That’s a good lesson in life!”
FEELS LIKE TEAM SPIRIT
Though styles have evolved, quest to fire up Toreros remains the same

by Sandra Millers Younger

Cheerleaders. The word triggers images of beautiful young women who dazzle sports fans with their intricate dance routines, eye-catching uniforms and gravity-defying stunts.

Not so 50 years ago at the University of San Diego, then a community of less than a thousand students, many of them nuns and seminarians who were divided into separate men’s and women’s campuses.

“We tried out in the men’s cafeteria,” says former USD Alumni Board president Delle Willett ’64, who, as a sophomore in 1961–1962 won a spot on an early Toreros cheerleading squad. “It was very low key. One of the boys did a back flip. The rest of our routine was jumping, shaking our pompoms, cheers and chants.”

The girls’ uniforms were equally simple — blue, knee-length pleated skirts, topped by heavy white sweaters. Still, Mother Frances Danz, then-president of the women’s college summoned the young women to her office to personally inspect their attire.

That first squad of three women and three men marked the start of an ongoing tradition. Various named — cheer team, yell team, spirit team (and now including the university’s dance team) — these champions of school spirit have fired up Torero fans and athletes for generations.

Willett looks back fondly on her time as a cheerleader. “It was fun being in front of people at the games, getting everyone excited, going on road trips,” she recalls.

The one-sleeved mini dresses and infectious dance routines that characterize today’s spirit team dancers would never have passed muster five decades ago. But even after half a century, cheering for the Toreros is still fun.

“It was really exciting right away,” says sophomore communications major Alexis Swanstrom, a spirit team member last year who now cheers for the San Diego Chargers National Football League team. “And right away I made some of the greatest friends.”

Last summer, Willett came up with the idea of organizing a spirit team alumni group to renew such friendships and enable former cheerleaders and dancers to boost school spirit once again.
“The people who are in front of others at games are well known; they have a higher profile and tend to be campus leaders,” Willett explains. “So, if former spirit team members get involved with USD again and reach out to their classmates, it will help the university attract more alumni and more support, financially and otherwise. And the people who come back will be reconnected to friends, so everybody wins.”

Willett, who chairs the Alumni Recognition Committee, found an enthusiastic planning partner in Amy Bodnar ’06, herself a dance team alum who returned to Alcalá Park last July as the spirit team’s new head coach. Bodnar saw advantages for the university and spirit alumni, as well as current team members.

“Dance team for me was the biggest part of my life at USD,” she says. “I want today’s members to know this isn’t just a team they participate in now, but they’re part of a network of alumni who have done this before.”

Willett and Bodnar worked with the USD Alumni Association to compile a partial list of spirit grads and invite them back to campus during Homecoming 2012. About a dozen alumni — plus family members — attended the first annual spirit team reunion breakfast held last October. More have since re-engaged through social media.

By next year, Willett and Bodnar plan to comb through stacks of old yearbooks to identify and invite all former cheer leaders and dancers to re-engage with their alma mater.

“The main reason is the power of our social network,” Willett says. “The people in the cheering business have the capacity to bring back people to campus, and we need to mobilize and use that power to help the university.”
A TASTE OF HOME

Green Beans Coffee brings java to troops worldwide

by Sandra Millers Younger

Brian Laliberte loves his job. Who wouldn’t love hanging out in coffee shops for a living? But there’s a catch: Many of the cafes Laliberte visits as chief operating officer (COO) of Larkspur, Calif.-based Green Beans Coffee are located in Afghanistan, where baristas wear helmets and flak jackets, and their customers carry firearms.

Clearly, Green Beans isn’t your typical corner Starbucks. And it’s not just a coffee company either. True to its corporate slogan — Honor First, Coffee Second — Green Beans is a triple-shot morale booster for U.S. troops deployed overseas.

A Navy brat himself — his father put in 32 years — Laliberte joined Green Beans four years ago, partly because of its mission to serve those who serve the nation. He loves to tell the company’s unique story. Launched in 1996 to provide Seattle-style coffee to Americans living in Saudi Arabia, the company quickly shifted focus when U.S. military personnel discovered the first shop’s friendly vibe and tasty espresso.

As more and more GIs weary of bitter, standard-issue swill spread the buzz, U.S. bases throughout the Middle East began sprouting Green Beans outlets. With the onset of war in Iraq and Afghanistan, the company stepped up to become the first U.S. food vendor willing to support troops in combat zones.

“Starbucks wasn’t interested, but our founders said, ‘Absolutely; whatever it takes,’” Laliberte says. “And we take great pride in serving our military who are protecting our freedom.”

At the height of the Iraq War, Green Beans operated 55 locations in that country; it still maintains 32 outlets in Afghanistan and an equal number at U.S. bases scattered across the Middle East, Asia and East Africa.

Whether housed in permanent locations on base or mobile field shops, Green Beans cafes look like most any American coffee shop. Each runs a full espresso bar and most bake their pastry products on site, as much for aroma as freshness.

But coffee is the big draw. In fact, the senior airman at left is holding what the troops have dubbed “the mother of all coffees,” four shots of espresso topped with premium Green Beans house blend.

It’s all part of a recipe intended to give deployed troops a little taste of home. “Green Beans became a cool, neutral place for service members of different ranks to come sit and hang out and forget what they just did the last 14 hours,” Laliberte says.

And now that it’s built brand equity with service members overseas, the company has recently opened 15 shops at installations and airports in the U.S. “We take care of our military when they’re over there, and they don’t forget it,” Laliberte says. “When these service members come home, they say, ‘Where’s my Green Beans?’”

Laliberte has taken a leading role in growing the domestic side of the company. He’s also one of two company execs behind “Cup of Joe for a Joe,” a popular outreach effort that connects everyday Americans with deployed troops via the Green Beans website.

Buy a little coffee, write a brief note of thanks, and you’re likely to receive a heartfelt reply from somewhere in Afghanistan. “Not just ‘thanks for the coffee,’” Laliberte says, “but a couple of paragraphs about how much it means to them. Some of these letters can make you cry.”

A math and computer science major who earned his degree from USD in 1986, Laliberte spent the first 10 years of his career developing IT systems for retail stores. He then moved into operations management, with career stops at firms including Peet’s Coffee, Illuminations, and Smart-Move Auto.

Loyalty to USD runs deep in the Laliberte family. Brian’s wife, Cheryl, earned her degree from the university in 1989, and the couple’s son, Austin, is now a sophomore math major.

Laliberte has needed every bit of his education and experience in his role as Green Bean’s COO. No textbook business model takes into account the rapid expansions and contractions that come with following forces into war and back. Or the challenge of shipping supplies deep into Afghanistan. Floods, port strikes, border closures, high-jacked or blown-up trucks — anything can and does happen.

And then there’s the danger factor, something Laliberte downplays. “Afghanistan is dangerous,” he says. “Still you feel pretty safe on the bases because you’re surrounded by unbelievable fire power.” But it’s the forces in the field he worries about. “It’s depressing. You wonder how the military maintains morale, but the troops are upbeat,” he says.

Could the reason be as simple as a good cup of coffee?
of taxation at National University’s School of Business and Management in La Jolla, Calif. He writes, “Thanks to my law school for an excellent education and wonderful post-graduate support and encouragement.”

[1986] MARCIA CARRUHRS (MBA) is co-founder, chief executive officer and president of Disability Management Employer Coalition (DMEC). In February 2013, she expects to step down as CEO and assume the role of chairman of the board, continuing her involvement in the trade association. DMEC strives to improve workforce productivity by assisting employers in developing cost-saving programs and returning employees to productive employment.

[1988] ERIN (REAGAN) LIGHTLE (BA) moved back to Kodiak, Alaska, while her husband continues his career in the Coast Guard. “Looking forward to retiring in San Diego in 2013 or 2014,” she says.

[1989] MARTA RODRIGUEZ-SELA (BBA) has two children: a son, 16; and a daughter, 12.

INSA (MOELLER) SIMON-GRAHAM (BA) reports that she welcomed twins, Elena and Lorence, in July 2012.

[1990s]

[1992] PETE FAJKOWSKI ’92 (BA) has started a new company, DreamLoan, which he says will be “larger than Angie’s List.” This “first-ever mortgage and real estate education site for consumers” allows members to be referred to a national network of the “very best and most talented real estate and mortgage professionals in the nation, ensuring that they are in excellent hands as they enter the largest financial transaction of their lives.” Learn more at www.dreamloan.pro.

[1997] JAMES BUNKER (BA) earned his PhD in 2011 from the University of Utah’s Department of Communication. He is a clinical assistant professor at Loyola Marymount University.

WADE GOCHNOUR (JD) was named to the 2012 Mountain States Super Lawyers list. The selection process includes a statewide survey of lawyers, independent evaluations of candidates, a peer review of candidates by practice area, and a good-standing and disciplinary check. Only 5 percent of the lawyers in the mountain states group (Nevada, Utah, Montana, Idaho and Wyoming) are named to Super Lawyers. Wade is an attorney with Howard & Howard, a full-service law firm with offices in Michigan, Illinois and Nevada.

[1998] GREGORY WONG (BA) has a new job as customer service manager for Honolulu Seawater Air Conditioning. “We are developing a renewable air conditioning system for downtown Honolulu using seawater for the primary source of cooling,” Gregory also reports that he and his wife, Caryn, welcomed a baby girl, Eva, in April 2011.

[1999] JASON ALDDLAY (BA) was recently promoted to vice president, strategic initiatives and operations, at Steadfast Capital Markets Group, a real estate investment company based in Orange County, Calif.

CLAIRE (PATIN) FALCONE (BA, Med ’03) relocated with her family back to San Diego from Chicago, where they lived from 2008 to 2011. “Our first son, Daniel, was born on Dec. 17, 2010,” she says. “We are excited to be back in San Diego, which we call home.”

ARIANNA (DAGOSTINO) PLEAT (MBA) mourns the loss of her very loved mother, Annamaria Caccavo, who died of cancer at age 67 on Sept. 11, 2012, in Milan, Italy. She is survived by her husband, Damiano Dagostino; daughter, Arianna, and her son-in-law, Bruce Pleat ’98; son, Giovanni Dagostino, daughter-in-law Chantelle Kern; and two grandchildren.
Katie (Selfridge) Gonzalez ’98 and husband Aaron Gonzalez ’97 met at USD. They’ve been together for 13 years and married for nine years. Aaron is currently working as a history professor and varsity golf coach at the Academy of Our Lady of Peace in San Diego. He recently completed the Triple Crown Half Marathon 2012 in San Diego as well as the Carlsbad, La Jolla and America’s Finest Half marathons. Katie is the office administrator and senior paralegal for a law firm in downtown San Diego. She recently started a portrait photography business, called Kate James Photography. They have two boys, James, 6, and Nathan, 2.
That enthusiastic response changed her life.

In January of 2012, Noble and her husband, Steve Whiting, a retired computer networking specialist, crammed all their belongings into a Toyota Tacoma, a Jeep Wrangler and a U-Haul trailer and headed to Tuba City, Ariz. — located in the Painted Desert, about 50 miles from the eastern entrance to the Grand Canyon.

Her new world is beautiful. She loves to watch the sun rise and fill the sky with bursts of pinks and purples that spill over the rust-colored mesas, buttes and hoodoos — spires of rock also known as earth pyramids or fairy chimneys.

Outside her window, horses roam free. A few houses down, a family has eight sheep grazing in the yard. Cows and mules wander the streets together and

THE BALLAD OF TWILA NOBLE
Nursing alumna making a new life in new world

by Krystn Shrieve

First there was Jed Clampett, a mountaineer from Appalachia who moved to Beverly — Hills, that is. Then there was Mary Richards, who made her way to Minneapolis to start a new life after a broken engagement. Of course, everyone’s favorite radio psychiatrist, Frasier Crane, left Boston for Seattle. What about Addison Montgomery, who took off from Seattle Grace to join a private practice in Los Angeles? And most recently, there’s high-school-quarterback-turned-crooner Sam Shepherd, the transfer student from Tennessee who moved to Ohio and joined McKinley High’s glee club.

These characters, all part of television history, needed a change of pace — just like USD’s real-life Twila Noble, who made a split-second decision that had her packing her bags and heading for a job on a reservation that’s home to the largest population in the Navajo Nation.

Noble, who graduated from the Hahn School of Nursing in 2007, was living in San Diego and working as a nurse practitioner in a house-calls practice. She cared for patients in boarding care, assisted living and nursing homes. After years of working primarily with elderly patients, she was looking for a change.

Just back from a whirlwind conference in Las Vegas, where she shook hands with countless colleagues and collected a stack of business cards, Noble answered a phone call, thinking the voice on the other end might be someone she’d met at the conference. Instead, it was a recruiter she’d contacted as a student who was calling out of the blue to ask what she thought about working on a reservation. Her answer? “Tell me more!”

That enthusiastic response changed her life.

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Outside her window, horses roam free. A few houses down, a family has eight sheep grazing in the yard. Cows and mules wander the streets together and
horses hang out with high-schoolers in the quad.

“I got here and fell in love with everything,” says Noble. “I feel like I’m 10 years younger, maybe 20.”

Nevertheless, the move was a bit of a culture shock. She jokes that in Southern California people may drive 30 minutes or even an hour to work, but can find any amenity they need around the corner. In Tuba City, people often walk to work. But to get to the nearest, well, anything, they might have to drive more than an hour away.

Noble works at the local hospital, the Tuba City Regional Health Care Corporation. Twice a month she assists a urologist and also spends a big chunk of her time at the hospital’s clinics — a radiology clinic, a wound clinic and a walk-in clinic. Patients pour in from the region known as The Four Corners — the southeast corner of Utah, the southwest corner of Colorado, the northeast corner of Arizona and the northwest corner of New Mexico.

The nearest town to the north, Page, Ariz., is 66 miles away. The nearest town to the south is 70 miles away in Flagstaff, Ariz., where the only other hospital in the region is located.

“People come great distances,” Noble says. “They live out in places where you can’t take cars. They’ll travel 300 miles to get to us.”

She says it’s not uncommon for women to don their best outfits — colorful silk dresses, velvet tops and the most amazing turquoise jewelry — when it’s time to see the doctor. The older generation is passing on the language and the traditions and the younger people are anxious to learn.

“This is a living culture. It’s not something from the past, it’s still very much alive.”

Patients in Tuba City suffer from the same maladies as residents living elsewhere, but there are higher rates of diabetes, tuberculosis and Rocky Mountain spotted fever, a tick-borne disease that can be difficult to diagnose and fatal if not treated correctly.

When her stethoscope detects a raspiness in patients’ lungs, she knows it’s probably one of two things — either they work in the nearby uranium mines, or they burn wood or coal in their homes. It sounds like they’re smokers, she says, even if they’ve never smoked a day in their lives.

“I’ve seen it all,” she says. “Patients come in because they just got bitten by a horse, bucked off a horse or because a sheep fell on them during shearing. Once, an 85-year-old patient asked how soon she could go home because she needed to sing her sheep to sleep.”

Noble has to keep in mind that some homes don’t have electricity or running water. Even at the hospital and clinics, the electricity flickers off and on, computer systems go down and phones cut out. On occasion, she needs to send patients home with a wound vac, which applies controlled pressure on the sealed dressing of a wound using an electric vacuum pump. But if they don’t have electricity, she gives them a spring-loaded version.

By the time patients arrive at her clinics, they’ve often tried herbs, vitamins or traditional ceremonies first. Many times they’ve tried remedies such as visiting a sweat lodge, singing songs, saying traditional prayers or taking herbs, berries, teas or juniper pitch, used topically in the treatment of skin disease.

“I encourage my patients to use traditional healing ceremonies,” says Noble. “They combine the traditional treatments and the treatments we provide. Sometimes their culture and traditions are just what they need.”

international management and finance from the University of Arizona and then accepted a position with Dimensional Fund Advisors in Austin, Texas.

JENNIFER REID (BA) writes, “After searching for work without success in San Diego, and a move back home to Washington state, I recently started a new job with PSI as a client services consultant. PSI is an assessment company that provides pre-hire employment selection, managerial assessments, licensing and certification tests, and license management services.

DEAN SCRIVENER (BA) retired from the U.S. Navy with nearly 21 years of service, both enlisted and in the officer corps, and recently landed a private sector job, his first, with Datron World Communications.

[2005]
CLAUDIA (DAVALOS) ARCINIEGA (BS) began working with the San Bernardino County Fire Department after graduation and became the grant coordinator for Homeland Security grants. She then transferred to the San Bernardino County Sheriff’s Department, where she wrote and managed several Department of Justice grants. “Two years ago, my life took a huge spin,” she says. “I was promoted into a job with the Colton-Redlands-Yucaipa Regional Occupation Program, I reunited with my elementary school sweetheart (after 16 years), got married in October 2010, and became a stepmom to two wonderful boys, Pablo and Isaac.”

EMILY (BYRNES) MOYNIHAN (BA) graduated in June 2012 from Santa Clara University with a master’s degree in interdisciplinary education, focused on curriculum and instruction.


[2006]
ELIZABETH THOMETZ (BA) moved to Germany in September 2011 to help develop an adaptive sports program for U.S. Army soldiers in the Warrior Transition Unit. The program helps to rehabilitate soldiers who are transitioning back into regular Army life or the civilian sector after a physical or mental injury.

[2007]
LT. CHRISTINA (DOUGLAS) APPLEMAN (BA) was married to Lt. Ryan Appleman on June 16, 2012, at The Immaculata. Christina and Ryan live in Monterey, Calif., where they are both pursuing master’s degrees at the Naval Postgraduate School.

BENJAMIN Lee (BA) is taking a full course of study and an apprenticeship for a Bachelor of Fine Arts degree in graphic design at Art Center College of Design in Pasadena, Calif.

VANESSA (SANCHEZ) LOKAN (BAcc) and her husband, Carl, welcomed a son, Phillip, on Dec. 29, 2011.

LENA (HARPER) McMILLIN (BA) and her husband, Andrew, were married in 2010 and welcomed their first child, Isaac Harper, in January 2012. “I am now working at San Diego Gas and Electric in information technology, and Andrew is back at USD in University Ministry,” Lena says.

ALEX THIBEAULT (BA) and two teammates won the Institute for Emerging Issues Prize for Innovation at North Carolina State University. Their project focused on increasing North Carolina’s high school graduation rate. Alex is a PhD candidate in clinical psychology at the University of North Carolina, Greensboro. He also was named a recipient of a 2011-12 Psy Chi graduate research grant for his work with Julie Mendez on “Psychological Well-Being and Adjustment in Recently Arriving Immigrant Adolescents.”

ISHMAEL VON HEIDRICK-BARNS (BA) is proud to announce the publication of his first book of poetry, Intimate Geography, published by Princeton’s Ragged Sky Press this month. Ish, also known as Peter Barnes, attended USD with the class of 1986. His book includes poems inspired by his time at USD and some that were originally published in USD’s The Vista and Stage Four newspapers. Ish is also currently writing lyrics for German opera singer Andrea Hoerners’ and musician Thomas Roderburg’s duo, Tender Art. Learn more at www.vonheidrickbarnes.com or www.raggedsky.com.
two-year process that began shortly after the 2010 earthquake in Haiti. The couple already had two biological children and were thinking about a third when news stories convinced them that they should forego the traditional route and find a child in need of a home instead. Working with a religious adoption agency in Orange County, they considered a host of Third World countries with overflowing orphanages.

“I remember it vividly,” Noreen says. “We looked at pieces of paper, each with a country on it. On the back, it would tell you how many orphans there are. I turned them all over and asked, ‘where’s the greatest need?’” The answer was Ethiopia. And thus began the odyssey that would eventually lead the Ippolitos to Addis Ababa and their new son.

The decision to move forward was the easy part. Getting through all the paperwork was time-consuming and overwhelming.

“We had to have the dog’s registration papers. We had to have the plans from our home. We had to have multiple people come here and check our home,” she recalls. “Both the kids (daughter Jordan, 14, and son Jack, 10) had multiple physicals, letters from their teachers. Our financial records. Our work records. It was a huge endeavor.”

All that effort paid off when the family finally learned who their newest member would be. In August of 2011, the adoption agency matched them with Kirby, whose biological mother had given him up to an orphanage when he was just two years old because she had two older children and no source of income. The agency gave Noreen and Mike a week to decide whether they wanted him. Thirty seconds was all they needed, once they saw a photo of the little boy with the open, angelic face.

“His biggest health problem was really bad teeth,” Noreen says. “Well, my dad’s a dentist and so is Mike’s. So I said, ‘this is meant to be.’”

It would take another six months and two visits to Ethiopia to finally bring Kirby home. During that time, the Ippolitos learned much about the desperation of the country’s orphans, and the generosity of its poverty-stricken people. Their driver offered them all the money out of his pocket to buy provisions for
Kirby's orphanage—a two-room house with dirt floors and no running water. Their court-appointed lawyer insisted on treating them to coffee after the adoption was approved, even though he worked for just $50 per month. And the orphans Kirby lived with did their part, too.

“The first time we met him, all the other kids showed him off,” remembers Mike. “They kept letting him kick the soccer ball. They just wanted to make sure we wanted Kirby. That we liked him.”

The Ippolitos were finally permitted to take Kirby from the orphanage at the end of April. At the guesthouse where they were staying, he took seven baths in one day. He’d never seen a bathtub or a shower, and had never felt hot water. To him everything was new and amazing.

“The first time he ate a banana, you’d think we gave him a Snickers bar,” recalls Noreen. “He was so excited. Mike gave him two pairs of shoes and he couldn’t believe they were for him.”

Half a year later, Kirby continues to delight in everything he does. In the first few months, he learned to speak English, to swim, to kick-flip off a diving board, and ride a bike. In his kindergarten class, he’s made friends and is learning to read and write. His enthusiasm and sheer pleasure in the smallest things are infectious. The Ippolitos say he has deeply affected not just their family, but also their entire extended community.

“It gives you an appreciation for everything,” Mike says. “This kid had nothing. He came here and, in his mind, he lives in the Taj Mahal and has everything under the sun. You start appreciating every little thing you have. And everything superficial you wanted, you started wanting less.”

BETH (YANEZ) WAKEFIELD (BAcc) was married in June 2012 and moved back to San Diego from the East Coast. “I started a job that combines my accounting degree and my passion for helping people!” Beth says. “I’m a staffing manager for Accountemps!”

[2008] NEEL BHATTACHARYYA (BBA) is a full-time MBA student at the University of California, Los Angeles, Anderson School of Management. His wife, Megan ’08, expects to start a new role in marketing for Intuit in the Los Angeles area. Neel and Megan were married at Founders Chapel in May 2010 and recently celebrated their two-year wedding anniversary.

ADA (DELGADO) CARPENTER (BA) is a member of the USD Orange County Alumni Chapter Committee.

AMY ENGLISH (BA) recently started her dream job as a public affairs manager at the British Embassy.

BRIAN FREEMAN (BBA) writes, “After starting my own technology development company and running sales and marketing for a new brewery, I landed my dream job with MOGL Loyalty Services. MOGL is the most well-funded technology startup to ever come out of San Diego and I’m loving it!”

JENNIFER (BUTLER) JOHNSON (BA) is a fourth-year PhD student in clinical psychology with a forensic emphasis. “I was also married in June 2011!” she says.

DANIELLE JONES (BBA) started an MBA program in September 2012.

LT. J.G. JONATHAN LEWIS (BA) deployed with the USS Mobile Bay, a Ticonderoga class guided-missile cruiser, to the Gulf region. The USS Mobile Bay will support existing naval force requirements in the Middle East.

GISSELL MALFITANO (BA) moved from New York City to Los Angeles.

KYLIE (CASSINAT) NELSON (MA) was married in 2008, and in February 2012, Kylie and her husband adopted a beautiful baby girl.

MATT RUTZ (BA) graduated from Southern Illinois University School of Medicine on May 19, 2012. He planned to enter an emergency medicine residency at Indiana University School of Medicine in Indianapolis.

[2009] ANDREW ALDRIAN (BA) has been working at National Defense University-Near East South Asia (NDU-NEA) since graduating from USD in December 2009. In the fall of 2012, he began studying comparative and regional studies in the Middle East as a graduate student at American University.

ALICIA BEDROSIAN (BA) writes, “It has been very exciting growing my family business after graduating from USD.” After two years as a branch manager at Bedrosians Tile and Stone in Vista, Calif., Alicia was promoted to product manager at the corporate office in Anaheim, Calif., where she purchases and sources materials from all over the world.

EMILY D’AMICO (BAcc, MS ’11) recently accepted a position with Northwestern Mutual Financial Network as vice president of finance for the San Diego Group.

LAMBERT de Ganay (BA) began working on a master’s degree in international strategy and economics at the University of St. Andrews.

RACHEL FREEMAN (BA) produces a Los Angeles-based radio talk show, “Speak and Be Heard,” on adrenalineradio.com and AM 1680. It can be heard live on Monday nights, 6 to 8 p.m. PST. “The show has such promise, not just to listeners, but to all who have something to say, but do not know the venue to voice their remarks,” Rachel says. “The show discusses pressing social issues while introducing the world to the underground movement of spoken-word poetry and up-and-coming musical artists.” The show’s website is www.speakandbeheard.net and its Facebook page is www.facebook.com/SpeakBHeard.

ELIZABETH MENDOZA (BBA) recently accepted the position of director of student organizations and leadership at Sacramento State University. She also writes a blog, called “Live Waste Free,” to share her efforts in adopting a more environmentally friendly way of life and in living more mindfully for the planet.
WESLEY ROTHMAN (BA) and Megan Menconi '08 were married in September 2012 in Lucca, Italy. Megan is a consultant for Kidde and works with UTC Aerospace Systems. Wesley completed a Master of Fine Arts degree at Emerson College and he teaches writing at Emerson and the University of Massachusetts, Boston. He is an assistant poetry editor for Ploughshares, one of the country’s leading literary journals. His writing has received numerous awards. He either has been or will be published by a number of literary journals, including Bellingham Review, Salamander Magazine, Ruminant, Newcity and The Critical Flame.

CORBAN TOMLINSON (BBA) has been with Triglid, a growing real estate company that deals with asset and property management and court-appointed receivership, since October 2010. He recently accepted a promotion and relocation offer to Washington, D.C., where the company is opening an office for East Coast operations.

[2012]

KARA MILLER (BS) graduated on May 12, 2012, with a master’s degree from the Department of Natural Resources and Environmental Management at the University of Hawaii. She also received a certificate in ocean policy and Pacific Island studies. She has been an intern for two years in International Fisheries, Pacific Region, for the National Oceanic and Atmospheric Administration (NOAA), and became a full-time employee for NOAA in June 2012. Kara is currently on loan to the Western Central Pacific Fisheries Commission in Pohnpei, Micronesia, where she is working on the effort to agree on tuna conservation in the Pacific.

In Memoriam

RAYMOND FRANCIS BURG '63 (BS, JD '74) died on July 19, 2012. He was 72. He attended St. Augustine High School in San Diego and was ASB president at the College for Men.

DAVID CLEMENTS ‘77 (BA) passed away on July 27, 2012. Born with a unique muscle disease, he became wheelchair dependent at the age of 12, and a battle with pneumonia in 1982 forced him to rely on a respirator for the rest of his life. Despite these seemingly overwhelming setbacks, David lived life to the fullest. At USD, he was editor-in-chief of The Vista, and graduated fourth in his class. He earned both master’s and doctorate degrees from the University of California, San Diego, mastered seven languages and traveled all over the world. He leaves behind his parents, Ron and Patti Marcoux, four brothers, two sisters and many nieces and nephews.

CHARLES (CHUCK) ROBERT COOK ‘12 (BAcc) passed away on Aug. 13, 2012, at age 35. A leader within the USD community, Chuck served on Associated Students and participated in Accounting Society, Beta Alpha Psi, Torero Days, the California Society of Certified Public Accountants and the American Institute of Certified Public Accountants. Chuck logged more than 200 hours preparing income taxes for low-income filers through the IRS Volunteer Income Tax Assistance Program, Home Start and SAY San Diego. He was preparing for the CPA exam and a job at KPMG when he was in a car accident that, after a courageous battle, took his life.

RICHARD FORD ’70 (BA) died unexpectedly of natural causes at home on Aug. 1, 2012. “His smile will be missed,” writes his wife, Pam Ford.

DOMINIC DANIEL FOUTS ’01 (BA) passed away after a three-year battle with cancer on Aug. 12, 2012, in Portland, Ore., at the age of 34. In high school, he was named Athlete of the Year and also Student of the Year in both math and science. Dominic earned a master’s degree in teaching from Seattle Pacific University and became a science teacher in the Greater Seattle school system and a camp counselor during the summer. He loved snowboarding and surfing, and his travels took him to France, Spain, London, Jamaica, the Dominican Republic, Canada and Italy. He is survived by his loving family and many dedicated friends.

JAMES C. KRAUSE ’75 (JD) died on August 16, 2012, at age 62 after a four-year battle with pancreatic cancer. He is survived by his wife, Gale Jensen Krause, and their three sons, Andrew ’12 (BA), Mark and David. Jim specialized in complex commercial litigation and was a founding partner of Krause, Kalfayan, Benink and Slavens, LLP. He served as a member of the USD Board of Trustees and the Board of Visitors at the Law School. In 2005, he was recognized by the School of Law with its Distinguished Alumni award.

JOSEPH (PEPE) WILLIAM MORRIS ’81 (BA) passed away on March 27, 2012, of pancreatic cancer. After graduating from USD, Pepe went to the School of Dental Medicine at Case Western Reserve University. He lived and practiced dentistry in the San Francisco Bay Area for 25 years. He is survived by his wife, Dawn, and his sons, William, Leonard and John.

DOROTHY (DANI) JEAN NEWMAN ’90 (MBA) passed away on Jan. 24, 2010, in Solana Beach, Calif., from a pulmonary embolism. After earning a bachelor’s degree in nursing, Dani served as an officer in the Navy Nurse Corps and was active in the Naval Reserves until 1998, when she was called to ser-

vice during Desert Storm. She earned an MBA from USD, and subsequent positions included manager of The Breast Cancer Project for the Department of Defense, Western Division, where she helped many women, including her two sisters, through the diagnosis and treatment of the disease. She loved outdoor adventures and never missed an opportunity to travel, visiting Belgium, Ireland, Scotland, China, Japan, Finland and Italy. Dani is survived by her beloved daughter, Jami Rose Altschuler; her mother, brothers, sisters, and many extended family members and friends.

SUZANNE “SUZI-Q” (AMUNDSON) ROGERS ’80 (BBA) passed away unexpectedly on Feb. 23, 2011 from an aneurism. She loved life, friends and family, athletics, wine, practical jokes and just having a good time, not necessarily in that order. She is missed and will always be remembered by her dear friends from USD.

GEORGE ALBERTO SILVA ’78 (BS, JD ’81) passed away on June 2, 2012. He was an attorney and real estate broker for 30 years. He is survived by his beloved wife, Denise (Calvin) Silva ’74.

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Top Row: Ika Santoso ’01; Kelty Lanham ’10; Lori Rasmussen Egbers ’06; Middle Row: Jaclyn Sonico ’02; Carlos Dominguez ’01; Chris Smith ’02; Bottom Row: Daniel Empeno ’00; Estrellina Pacis Rios ’02; Chris Neithardt ’08
DEVASTATION ROCKED THE NORTHEASTERN UNITED STATES in October 2012 during Hurricane Sandy. Hit particularly hard was Rockaway, N.Y., the childhood home of San Diego nightclub and restaurant owner James Brennan ’96 (above, center). More than 100 homes burned in the area, as well as the Belle Harbor neighborhood’s Harbor Light Pub, which was the site of Brennan’s first restaurant job as a busboy. Brennan leapt into action immediately, heading to the East Coast with tractor-trailers filled with much-needed supplies. His efforts to coordinate and partially fund the Rockaway Hurricane Victims Fund through Catholic Charities were featured on the TV news magazine “60 Minutes” in early November. To help, go to www.ccdsd.org and indicate “in honor of Rockaway Hurricane Fund.”
CONGRATULATIONS
2013 Alumni Honorees

Author E. Hughes Career Achievement Award
COLLEGE OF ARTS AND SCIENCES
Christopher C. Grant '94 (BA), '96 (MED)
General Manager, Cleveland Cavaliers

SCHOOL OF BUSINESS ADMINISTRATION
Jacqueline F. Akerblom '84 (BBA)
Southern California Practice Managing Partner, Grant Thornton LLP

HAHN SCHOOL OF NURSING AND HEALTH SCIENCE
Karen “Sue” Hoyt '06 (PhD), FNP, FAAN
Emergency Nurse Practitioner,
Department of Emergency Medicine, St. Mary Medical Center

JOAN B. KROC SCHOOL OF PEACE STUDIES
James T. Waring '04 (MA), '73 (JD)
Executive Chairman and Co-Founder, CleanTECH San Diego

SCHOOL OF LAW
Jan I. Goldsmith '76 (JD)
City Attorney, San Diego

SCHOOL OF LEADERSHIP AND EDUCATION SCIENCES
Jeffrey A. Carlstead '04 (EdD)
Owner/Manager,
Carlstead Inc. Hotel Development & Management

Chet and Marguerite Pagni Family Athletic Hall of Fame
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