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Jean Satrie/Vista

Safriet up at arms over health care

Nurses' rights in health care

Gene Ellasen
Staff Writer

Health care has finally made it to the front burner of American politics, and everyone has an interest in the outcome of this issue.

The current health care system has been criticized for providing too little care for too high a cost. This was the subject of a lecture by Barbara J. Safriet entitled "Nursing: A Case Study in Health Care Reform," on Thursday, March 3, in the Manchester Executive Conference Center.

Safriet, an associate dean at Yale Law School, looked at the role that nurses will play in this new system, given the fact that nurses are the largest group of professionals in health care.

"At present, we have what would be characterized as an illness-oriented health care system," said Safriet. "We need to change that to a system based on health promotion and disease prevention." The main thing that needs to be done, according to Safriet, is to curb the significant amount of public ignorance.

Right now, doctors are the only members of the medical profession who can diagnose, treat, prescribe medicine and get paid directly for their services. According to Safriet, this needs

see NURSE on page 2

Hunting for employment

■ USD's career day promises to be filled with opportunities

Erin Quirk
Staff Writer

The 14th annual USD Career Day will be geared not just for the panicking graduating senior but for the entire student body.

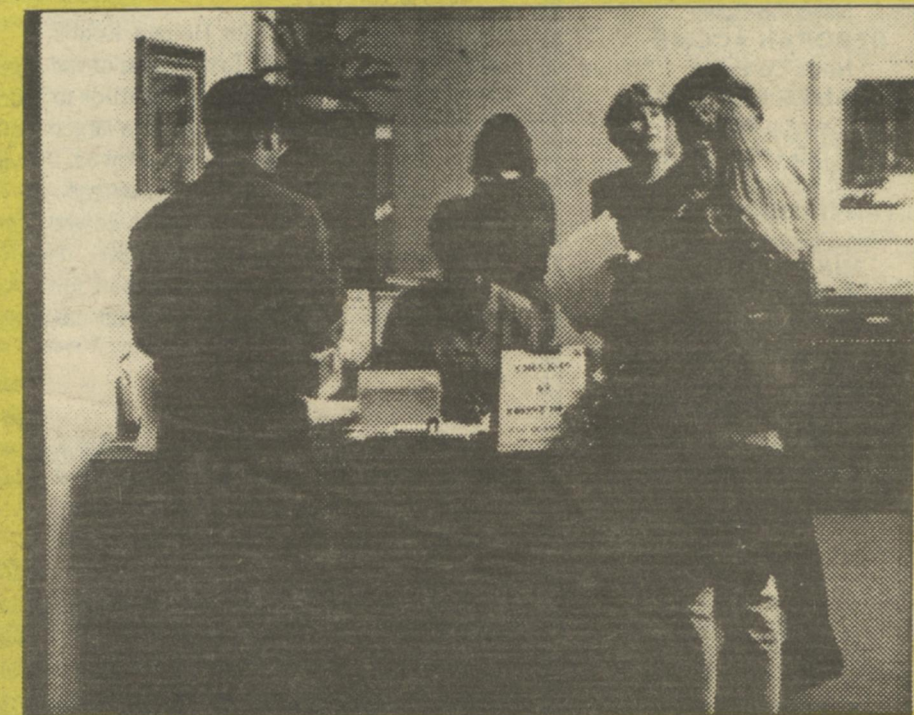
According to Career Counselor Rebecca Jaurigue, "Career Day is open to all students because it is not only a job fair but an informational as well."

Organizers of the March 23rd event have invited representatives from various large and small corporations, including biotech firms, public relations firms, financial services, the U.S. government, social services and the hospitality industry. Some of the companies represented will be Hobbie Cat, Scripps Research Institute, The Peace Corps, Saks Fifth Avenue and the Gable Group.

For those students interested in sports related industries there will also be a careers in sports panel from 12:30-1:30 that will discuss fields related to professional athletics, such as physical therapy and sports marketing.

Jaurigue hopes that this conglomeration of professionals will help students understand the breadth of opportunities available to college graduates.

Jaurigue said that there are many opportunities out there, but students



Chris Mendonza/VISTA

Career Services offers counseling to undergrads, graduate students and alumni

must examine their tastes early and actively seek those companies that interest them. Many students wait too long to approach programs like Career Day and then come into the Career Center expecting to look at a list of jobs that they can just plug into.

"Thirty years ago it may have worked like that," Jaurigue said. "But today's job market is different, simply sending out 250 resumes isn't enough." Programs like Career Day and the other services offered by the Career Center are designed to educate students about the various options available.

Contrary to what the average job-seeker might think, Jaurigue said that the employment options are numerous for recent college graduates, but the seeker must be industrious, confident and persistent. She recalled a student who came to her with nothing more than an interest in computers.

Jaurigue and the student researched six local companies. The student visited the first three and was offered a job at one and internships at the other two.

Programs like Career Day give students an extra advantage. "For this one day we bring the employers to you," she said. Jaurigue also pointed out that the companies represented are by no means totally comprehensive. Jaurigue suggests students use these companies as an educational springboard for researching other similar companies and fields. Jaurigue is certain that students will find professions they never knew existed.

Career Day also can be advantageous to those students who feel their options are limited by their major. According to

see CAREER on page 3

USD's future enrollment

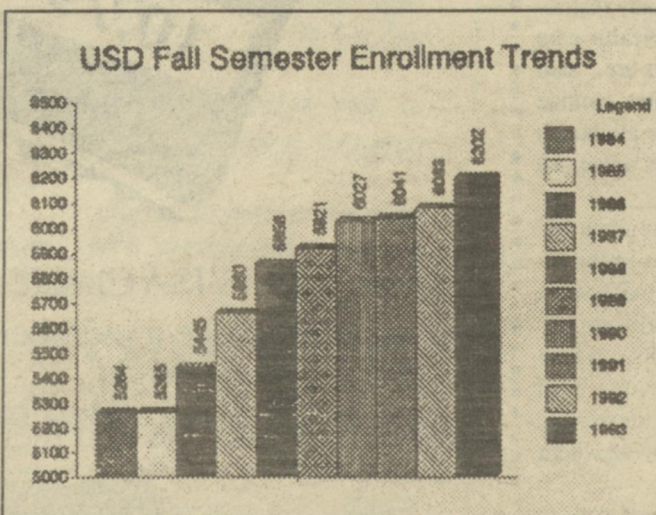
Deborah Acomb
News Co-Editor

Enrollment rates at California's independent colleges and universities have increased for the third consecutive year, according to "CrossTalk", a publication of the California Higher Education Policy Center.

A survey conducted by the Association of Independent California Colleges and Universities found a two percent increase in first-time freshmen and a 5.5 percent growth in transfer students in the fall of 1993. The previous year survey found increases of seven percent in first-time freshmen and three percent in transfer students. Forty-

five of 60 member institutions that enroll undergraduates were surveyed.

USD's enrollment trends correlate with those of the study, although the numbers are not so drastic. In the fall of 1993, the university had 3915 undergraduate students. Compared to the fall of 1992, which had 3914 undergraduates, this shows the increase of .02 percent in undergraduate enrollment from 1992 to



Graduating high school seniors like USD

1993.

USD's graduate schools enrolled 1215 students in the fall of 1993, up

see ENROLLMENT on page 2

VISTA

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VISTA

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The VISTA is located in the lower level of the Hahn University Center, in the Publication's Office (Rm. 114 B). Staff meetings are held every **Tuesday at Noon** in the office and all are welcome. Copy, press releases and letters to the Editor are due Noon, the Friday prior to the following publication. To reach an editor, call x8754 (Opinion), x8756 (Sports), x4409 (Outlook) or x4584 (News). Questions regarding advertising should be referred to Stephanie Sullivan at x4714.

The VISTA is published Thursdays during the school year, breaks excepted. It is written and edited by USD students and funded by revenues they generate. Advertising material published is for informational purposes only, and is not to be construed as an expressed or implied endorsement or verification of such commercial ventures by the staff or the University.

AROUND THE WORLD



BERLIN — Chancellor Helmut Kohl's party was defeated in the first contest of the 1994 voting season, losing a state election to the incumbent Social Democrats by a larger margin than last time, projections showed.

The chancellor's Christian Democratic Union got 36.5 percent of the vote in Lower Saxony, down from 42 percent in 1990.

The loss reflects dwindling support for Kohl as Germany faces record postwar unemployment.

EAST LONDON, South Africa — Black gunmen burst into a church service and killed the only three whites inside after separating them from the blacks, witnesses and police said.

A man saying he represented a militant black group claimed responsibility.

The worshippers, followers of the Baha'i faith, were attacked last night in the black township of Mdantsane, outside of East London. Black congregants said six gunmen entered the crowded church, which holds about 150 people, and ordered blacks to remain seated.

HEALTH

continued from page 1

to change if reform is to occur in the health care industry.

"My ophthalmologist can prescribe birth control pills," stated Safriet, "but nurses can't even prescribe basic medication." Many products, such as Rogaine, which treats baldness, can only be prescribed by doctors. According to Safriet, this is ridiculous because patients request these treatments and they are not absolutely necessary. If a person needs this product, why should he or she have to make an appointment with a physician to get a prescription?

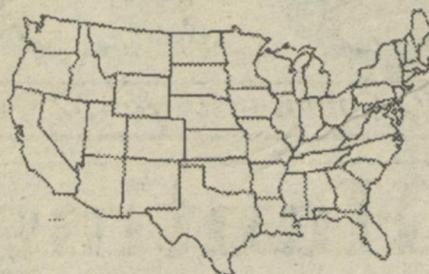
There are no restrictions on doctors according to which field of medicine they practice, so why should there be so many restrictions on nurses? "Nurses are health care providers just as much as doctors are," said Safriet. "Health care reform must include continuous, linking care among all health care professionals. This includes advanced practice nurses."

Something also needs to be done about the professional ignorance that exists in the industry. Many physicians believe that nurses, although they have received specialized training, are not as qualified as doctors. "Many physicians believe that nurses haven't 'paid their dues'," said Safriet. "I don't know what they mean by that and I don't know to whom they would pay their dues."

Other goals for health care, according to Safriet, include providing basic care for everyone, providing cost-effective health care, maintaining full utilization of our health care resources and maintaining an acceptable quality of care.

"There is a lot to be done," said Safriet. "Everyone needs to realize that nurses are professionals, too. They play just as big a role in the health care process as anyone involved."

ABOUT THE NATION



WASHINGTON — America's surgeon general and attorney general told a group of doctors and lawyers that it will take all their efforts and much more to put an end to violence within the nation's families.

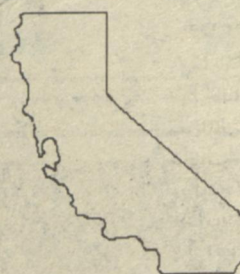
"Each of us has to reach out and be responsible," Surgeon General Joycelyn Elders told those attending the American Medical Association's National Conference on Family Violence.

"We must all come together to carefully restitch the fabric of community around children and families in America if we ever can make a difference," said Attorney General Janet Reno.

TALLAHASSEE, Fla. — Florida's state and local governments spent \$884 million last year on health care, education, prisons and other public services for an estimated 345,000 undocumented immigrants, a new report says.

The report will be used to support a lawsuit Gov. Lawton Chiles plans to file against the federal government seeking reimbursement for services provided to refugees and illegal immigrants.

ACROSS THE STATE



SOUTH LAKE TAHOE — A 31-year-old man has become the second person in two days to die in a ski accident at Heavenly Valley Ski Resort.

The victim's name was withheld pending notification of family members.

El Dorado County sheriff's deputies said the man was skiing swiftly down Rusutusu Run when he struck a tree.

The man suffered massive head injuries and was taken to an area hospital where he died an hour later.

He was the fourth person to die this season in a Lake Tahoe ski accident, all at Heavenly Valley. The other victims also died after hitting trees.

CORONA — Helicopters will spray Corona and part of Norco with malathion again this week in an ongoing effort to kill the Mediterranean fruit fly.

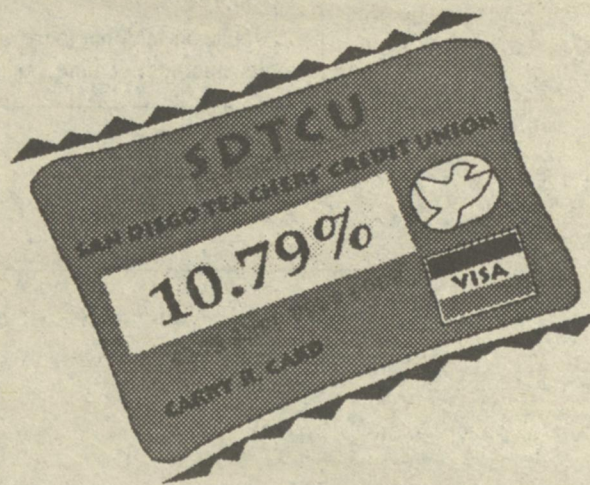
Millions of sterile Medflies are being released in other infested areas to interfere with the breeding cycle of wild Medflies, but authorities say there aren't enough flies to go around.

-briefs compiled from newswire reports

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CAREER

continued from page 1

Jaurigue, Career Day is for the English major who is tired of being told he or she must be a teacher or a writer. "There are countless professions for English majors who can write well, and for Communication majors who can speak well," she said. Career Day also may change student perceptions about the '90s job market. According to Jaurigue, the monster corporations are dead, and it is the small companies that are booming.

"Two-thirds of new jobs are with companies with less than 20 people."

Jaurigue said that students' perceptions are not the only ones that need to be revamped. Parents need to understand that the '90s job market is very different from the one they entered in the '50s and '60s. Parents need to learn that any job



Chris Mendoza/VISTA

Students browse through the future in Career Services

with a high-powered firm is not necessarily better than a job with a brand new, small firm. Parents are also welcome at Career Day.

Jaurigue encourages all students to visit Career Day, not necessarily to find a job but to begin exploring their options. "How do you know what's out there until you start looking?" she asks.

College students, according to

Jaurigue, are valuable to companies as interns or new hires. "Perhaps you don't have all the experience in a given field, but you are young, flexible and have the energy to commit to a new company; many companies are looking for that," she said.

For further counseling before or after Career Day, Jaurigue invites all students to visit the Career Center in Serra 300.

ENROLLMENT

continued from page 1

9.1 percent from the fall of 1992, where enrollment was at 1114 students.

The USD Law School's fall 1993 enrollment was 1072 students, whereas the fall 1992 enrollment was 1055. The percentage increase between 1992 and 1993 was 1.6.

According to Juan C. Yniguez, vice president for research and information services for the independent college group said, "The general trend since 1990 has been small increases each year, as opposed to the decreases we experienced in the 1980s."

"CrossTalk" says that these figures do not support the speculative theory of some University of California officials that UC is losing upper-income students to competing private schools — at least not those in California.

In memory of

Charles Bukowski

A Los Angeles writer who found inspiration at the bottom of a bottle. Bukowski's lifestyle and work inspired the brilliance that created the movie "Barfly."

NEWS

Public Affairs

If you would like to include your event in this box, send typed information to: USD VISTA; Attn: News Editor; 5998 Alcala Park; San Diego, CA 92110-2492.

Please remember to include time, date, place, purpose, event title and some background on the event. All submissions are due two weeks prior to publication. The USD VISTA reserves the right to edit press releases for space and clarity.

Manchester Executive Conference Center.

Monday, March 21

6:30 p.m. — A Seder Meal, the feast commemorating the exodus of the Israelites from Egypt, will be conducted by Rabbi Dosick of the USD Theology and Religious Studies Department. The \$11.75 fee will include the complete meal, and keeping with the tradition of Seder, 35-cents of the cost will be donated to Mazon, the international Jewish organization which feeds the poor. The event will take place in UC Forum AB. For reservations, please call x4735.

March 22-26

Actor Edward James Olmos and Sen. Alan Simpson will head an all-star lineup of speakers at the USD Social Issues conference on "Immigration: Bridges and Barriers."

Olmos will be the keynote speaker on March 24 at 7:30 p.m. in the UC. Simpson is tentatively scheduled to be the keynote speaker on March 26 at 10 a.m.

Thursday, March 24

7:30 p.m. — Sacrament of Reconciliation in Founders Chapel, includes a prayer service and an opportunity for individual confession. Sponsored by Campus Ministry.

Friday, April 1

Deadline for Financial Aid Applications for continuing USD undergraduates.

Friday, April 8

Noon — Learn to be ASSERTIVE! A workshop directed by Dr. Judy Goodman, Ph.D. of Merty Hospital will emphasize personal rights and identify what frequently prevents people from communicating assertively. Space is limited, so RSVP to Human Resources x4594.

This Week at USD

Today

7:30 a.m. — Mark Riedy, Ernest W. Hahn Professor of Real Estate Finance, will discuss "Low to Moderate Income Housing? Not In My Back Yard!" at an M.B.A. Alumni Breakfast in Room 103 of the UC.

Noon — "How to Apply for Financial Aid for 1994/95." Sponsored by the Office of Financial Aid, the workshop will be held in Serra Hall, room 312. Bring your application forms and your questions.

12:15 p.m. — A Celebration of the Feast of Saint Patrick in Founders Chapel. The Patrick's feast day will be celebrated with a Mass in Latin from the Novus Ordo text. Students, staff and faculty are invited to participate in this celebration in honor of everyone's "patron saint". The celebration is presented by USD Campus Ministry and USD Departments of Music and Foreign Languages.

Friday, March 18

"Decorative Arts of West Africa" display comes to an end. The display in Founders Gallery will be on exhibition until 4:30 today.

Saturday, March 19

7:00 p.m. — Sr. Mary Ann Donovan, S.C., will discuss "A Believable Church?" at the Spring 1994 Catholic Perspectives Forum in the

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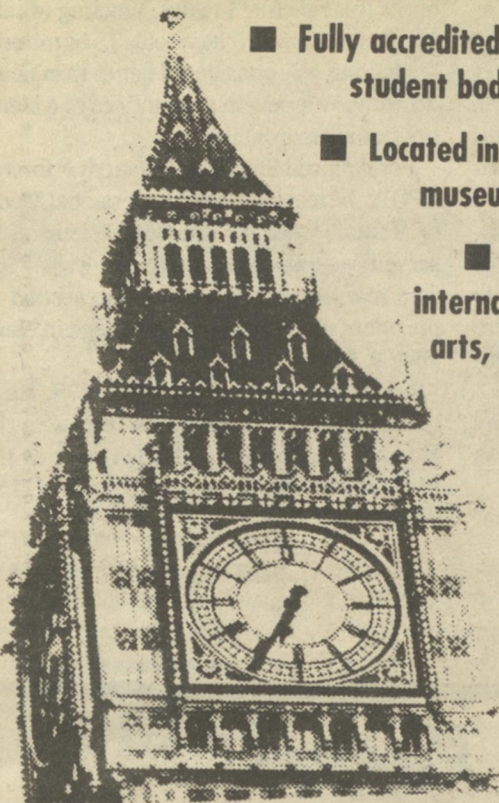
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Politics of the world brought to USD

■ Russian journalist Vladamir Pozner says America is misinformed about Russian politics

Deborah Acomb
News Co-Editor

Hoping to open a door to Americans about what is happening in Russia, prominent Russian journalist Vladamir Pozner delivered the keynote speech to the Corporate Associates on Wednesday, March 2.

Pozner spent the day visiting students, faculty and members of the USD Corporate Associates Program to discuss his new book, "Eyewitness: A Personal Account of the Unraveling of the Soviet Union."

knew that one day communism would return for their children and grandchildren.

Under Breshnev, the system began to fall apart and ideals disappeared.

In March 1985, Gorbachev was elected general secretary of the Communist Party. Gorbachev appointed conservatives to his cabinet, thinking that he could control them. "Gorbachev could have run for dog catcher, but wouldn't have won," because of the decline in Gorbachev's support, Pozner said.

Yeltsin was brought into office after voters in the Russia republic wanted to elect their president directly instead through the Parliament. "Yeltsin is a man of great courage," Pozner said.

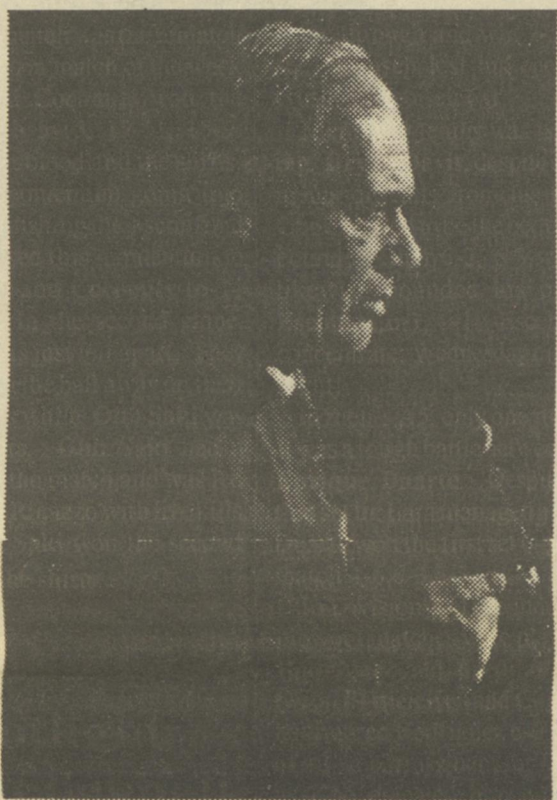
Yeltsin swept victory in June 1991 with over 57 percent of the votes, and was inaugurated as the first freely elected official in 1000 years of Russian history.

When the Soviet empire collapsed, anger, disillusionment and economic hardship ensued. When Americans were being told that the Russians were standing in line for scarce commodities—they weren't, the goods were there. Within one year, the money they had saved was worth nothing to them, even for those who had status, such as educated professionals.

"We are seeing today a change in the relationship between Russia and the United States," said Pozner. For many years Russia followed what the U.S. said. For the Russians, life has gotten worse and the people aren't happy about it. Americans are led to believe that Russians just want to be free at a time "when the country is trying to redefine itself, trying to find out who it is," said Pozner.

Pozner believes that demagogue Vladimir Zhirinovsky may be elected in the next Russian presidential election, in 1996. "People no longer have any beliefs," he said. Beliefs placed in a man or system alone will lead to a letdown; there is no moral background in Russia, he added.

Pozner's journalism career was shook up when Pozner was ousted from his position as political observer for Soviet TV and radio in 1991 after he made public his views about Russia and then-President Gorbachev.



Ken Jacques/Vista

Posner highlights Russian history

Pozner spoke about developments that have shaped today's Russia, many which have been distorted to Americans because of inaccuracies in television journalism. Pozner currently co-hosts a twice-weekly show on CNBC with Phil Donahue.

Beginning with President Khruchev, Pozner told of the pride that was evident in Russia. He said that the people didn't mind all of the problems, such as standing in line for food and other necessities because they

■ Admiral James Scotsdale's new book, "A Vietnam Experience," reveals the horrors faced by Vietnam's POWs

Matt Klawitter
Staff Writer

Admiral James B. Stockdale, the vice-presidential runningmate to Ross Perot in 1992, spoke to the University community on March 10 about his involvement in the Vietnam War. James Stockdale is a retired Vice Admiral who was an engineering test pilot and an operational fighter pilot with 15 years' experience in carrier aviation.

In 1965, he was shot down over North

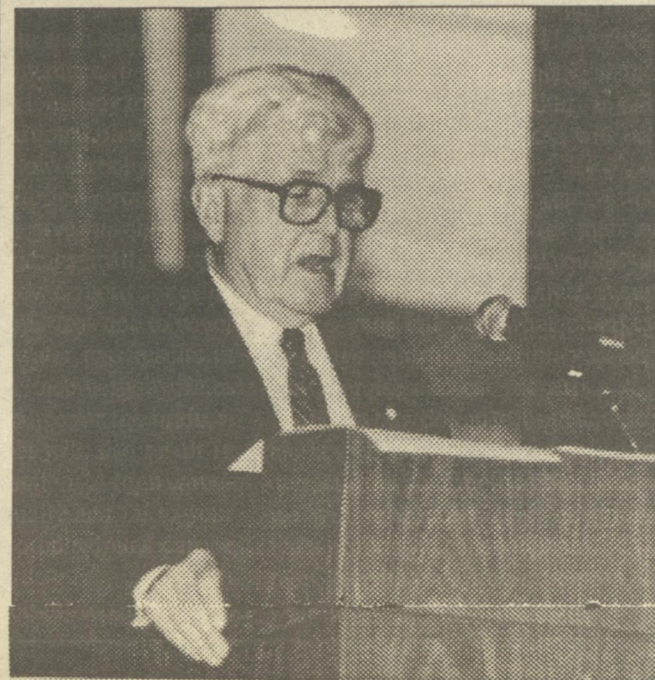
natural rules, and when these were violated, their captors punished them by binding them in ropes, locking them in torture cuffs and beating them to bloody pulps.

When prisoners reached a breaking point from torture, they were "allowed" to apologize and atone by "confessing their crimes" and condemning the U.S. government.

Stockdale defined the political prison as an emotional experience. There were manipulative interrogators attempting to break down a prisoner's inner self. They tried to impose emotions of shame and deep fear on prisoners; this is "what prison nightmares are made of, not fear of pain."

One student asked Stockdale how he made it through this ordeal. Stockdale reflected on the maintaining of morale through comradeship with his fellow POWs. In his book, he mentioned having experienced pain from contact sports and the mental harassment learned from survival school helped him as well.

He also commented on the network of communication he created to know the identity and location of all the prisoners. "No communication" was one of the main rules in prison, but this did not stop Stockdale and others who



Erica Garret/VISTA

Admiral Stockdale talks about POW life

Vietnam and spent seven and a half years as a prisoner of war

Four of those years were spent in solitary confinement in a Hanoi prison. He suffered serious bone breaks as a prisoner with his knee, vertebrae, and left shoulder—all shattered.

In Stockdale's book, "A Vietnam Experience," he explained how the conditions for American POWs had changed from WWII to Vietnam, as prisoners increasingly were treated as propaganda tools and prime political assets.

Stockdale wrote about how the enemy capitalized with the element of fear to an extreme degree.

Prisoners were told to live by sets of un-

broke this rule for "loyalty, a feeling of self-worth, and dignity," he wrote. To be tortured for talking was considered better than being desperately lonely in the confines of a claustrophobia environment.

For Admiral Stockdale's valiant efforts as a POW, he received the Congressional Medal of Honor. After his release in Vietnam, he served two tours of duty after the war—one as a rear admiral at sea and the second as president of the Naval War College in Newport, R.I.

Stockdale left the Navy, in 1979. He is currently a senior research fellow at the Hoover Institution and a lecturer in the Philosophy Department at Stanford University.

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A step to America's classrooms

In a race beginning 500 days ago, nay let us even say 200 days ago, the wolf is given a vehicle and the lamb must use its legs. Who would you say is winning? The lamb is then offered a bicycle, or maybe a vehicle. Will the lamb catch up? How would the wolf look complaining about the ve-

Yusuf Khouiri

Staff Writer

hicle offered the lamb, much less the bicycle?

Affirmative action strikes fear in the hearts of many and panic in the minds of others. Why? What are whites afraid of? Perhaps one person thinks a Latino will take his job. Maybe another person believes

an African-American will be admitted to a university in her place. Maybe some students think a Native American got their scholarship.

Many use a special word to describe this — reverse discrimination. Not only is this term arrogant, but it is unnecessary as well. Discrimination is discrimination. But is affirmative action really discrimination?

Unemployment, according to the U.S. Bureau of the Census, is more than doubled in minority communities than in Caucasian communities. This is true despite the presence of affirmative-action programs.

Our school is, by and large, a reflection of our society. Just look around. How many white women are professors and deans? One of the most powerful positions on campus, the Provost, is held by a Caucasian woman, Sister Sally Furay, RSCJ. How many true minorities hold powerful positions?

On this campus, as well as society,

the larger concentration of minorities occupy what is considered lower-status positions, such as maintenance, field work, domestic service and food service. Are these desirable positions?

Taking a quick look at white collar jobs, don't be surprised that minorities only hold about 20 percent of the workforce positions. This is with affirmative action in "action."

How about colleges and universities? Isn't it easier for a minority to get into a college than it is for a caucasian? Aren't they basically given a plethora of opportunities never afforded to caucasians? Oh yes, they are given so many opportunities that they now overpopulate campuses across America, right?

Blacks occupy a huge 4 percent of all students in American universities. Latinos take up an overwhelming 7 percent, Asians breeze through admissions with 8 percent and Native Americans dominate campuses with

a whopping 1 percent.

Than is it not also obvious, in light of these enormous percentages, that they take up most, if not all the financial aid as well? "What happened to earning a position based on true merit?" you say. "Its not fair," you say. Well is it fair to have legacy programs?

Such "policies" allow individuals preferential treatment in admittance to a university their parents attended. Other "fair policies" allow fraternity and sorority members to be given special treatment when applying for jobs where the employer happens to be a fraternity brother or sorority sister. Sounds like a bad case of hypocrisy has hit college campuses.

Some people believe that, in the end, affirmative-action will hurt minorities. They do have a point. If affirmative action is held above reproach, if affirmative-action programs are made to be saviors of minorities, if they are used as the only source of

"help" for minorities, then it does and will ultimately hurt them.

Proponents of affirmative action should be careful that it doesn't give minorities a false sense of security while giving whites a false sense of insecurity. The facts show that minorities are worse off than their Caucasian counterparts in terms of college entrance and employment opportunities.

This is why affirmative-action should be used in conjunction with other programs and real action aimed at enabling minorities to begin controlling their own economic and educational destinies.

Since many opponents of affirmative-action do so under the guise that they're helping minorities in the end, I hope they will be the strongest participants in bringing about true change. I dream that they'll put their money where their mouth is instead of flapping their gums in the name of "equality."



Racism or Equality



A step to the back of the bus

"Free at last, free at last, God almighty we are free at last." These memorable words of Dr. Martin Luther King in his speech, "I Have A Dream" mark the period of the 1960's civil rights movement when desegregation in public transportation, the Civil Rights act of 1964, and the Voting Rights act

Stephanie LaBacz

Special to the VISTA

of 1965 established that all americans of any race were deemed equal in the eyes of the United States government.

Shamefully, nearly thirty years after freedom from segregation and equal freedom to vote were established, far too many ignorant Americans have cheated us of our freedom from discrimination. Although acts of discrimination

have decreased slightly, due to cultural and ethical education, civil injustices that have been dealt with, and so called "politically correct" objectives, discrimination is still one of America's most prominent and self destructive ailments to date. So what more can be done to conquer this problem.

This very problem is what many officials and political leaders have been tackling with for years. Because discrimination is not so much an action, but rather the prejudice mindset or intent behind the action, it is a crime that can't tangibly be proved nor easily controlled. Millions of American minorities are turned down for job positions, denied admittance in higher educational institutes, or just treated disrespectfully not because of merit but because of their skin color.

One very logical solution to this problem is to encourage higher education for minorities so that more of them are equipped to compete in the job market. This would therefore increase the amount of "white collar" minorities in the job market which will in effect lead to a heightened respect for the differ-

ent races in general.

This way of solving the problem by attacking it at it's root will not only get rid of the surface problem of discrimination but will cause a substantial decrease in prejudices against races which will lead to a more solid and a permanent affect. People wouldn't give partial treatment to or against others strictly based on the color of their skin, which is the ultimate problem. Yet, if this is the ultimate problem, then why is the Clinton Administration giving the "OK" on racially based scholarships. Isn't this a contradiction.

Three years ago during the Bush administration the problem whether or not racially based scholarships provided by institutions were constitutional. Although there was no official decision made, officials asked for these to be banned because aid money should be given on the basis of merit and need, not on the color of one's skin.

But on February 17, 1994, officials now support these scholarships in order to increase diversity in schools. "We want the doors to

post secondary education to remain open for minority students. This policy helps to achieve that goal in a manner that is consistent with the law", stated the Secretary of Education Richard W. Riley in the Los Angeles Times the following day. The law referred to is Title VI of the Civil Rights Act of 1964 which prohibits recipients of federal funds from discriminating on the basis of race, color, or national origin.

Another advocate from the Department of Education, Katherine Kahler, added that the guideline that the institutions must only give such scholarships with the intent to make up of past discrimination. Each of these arguments have validity to them. But the principle is lost.

The reason scholarships are given is either to award students for their hard work or scholastic ability or aid them in sufficing their financial need. In years past, many minorities were cheated of these gifts because of the color of their skin. This discrimination is definitely an accute act of injustice.

So how is it justified to allow

further descrimination to take place by excluding certain amounts of money to only a student of a certain skin color? For one, if there were a scholarship held exclusively for an American Indian, but between an American Indian and an African American, the African American had the higher need and a more impressive merit, wouldn't the African American be discriminated against?

Secondly, the color of a person's skin has no significant effect on a person's scholastic performance. If race has no relevance in individual learning, why should it be used as a tool to determine qualifications for a scholastic award?

All in all, this policy may increase diversity in universities and the workplace as well which will lead greater respect for others rather than prejudice. But if we want to be 'free at last' from the injustice of discrimination, why use discrimination as a tool to fight it. Wouldn't that be equally unjust?

OPINION

Letters

Write to Us!

The USD VISTA welcomes all types of letters for print. Please keep letters less than one page long. All letters must be signed and must include a phone number for verification purposes but names can be withheld upon request.

Bring your letter to the VISTA office (downstairs in the UC) by Saturday at noon, typed on 8 1/2 X 11 paper or mail it to: USD VISTA; c/o Letter to the Editor; 5998 Alcala Park; San Diego, CA 92110-2492.

The USD VISTA reserves the right to select and edit letters to be published.

NROTC Keeps a Tight Ship

Two recent VISTA pieces on USD's NROTC Program compel me to respond. I'm reminded, after reading the two opinions, of the story of an investigator's first question of an accused marriage partner: "How often do you beat your spouse?" I cannot, of course, comment on the legitimacy of the anonymous interviews used to support both articles' allegations of sexual harassment, drug abuse, bias and other dysfunctional organizational behavior within our NROTC program. I will assure you, however, that the NROTC program, midshipmen and staff are *not* the unprofessional, "...dirt bag, fat, sloppy, drug-using and alcohol-abusing punks" that one article suggests.

As American taxpayers, I invite you to drop by our USD NROTC spaces at Sacred Heart and have a look for yourself. I think you'll find inspired and inspirational young female and male officer candidates and midshipmen. I also think you'll find them in possession of high personal behavior standards, excellent academic and physical fitness credentials, and appropriate respect and appreciation for the importance and challenge of commissioned naval service.

As American taxpayers, you are invited to come by and speak with me or our NROTC staff about our responsible management of your tax dollars which fund our salaries and the midshipmen tuition, fees and books — their scholarships. I also encourage you to speak with a midshipman or officer candidate you might know or happen to see on campus. We're identifiable by uniform every Tuesday, our "drill day." I'll be most surprised if you aren't impressed with their dedication, maturity, potential and core values.

The Navy has had its deserved share of bad publicity of late. The Navy is correcting and improving, in my view, as a result of recent regretful incidents. Also, the Department of Defense is downsizing dramatically as a result of new national priorities. Navy downsizing has resulted in reduced opportunity for NROTC scholarships and for commissioned service to this country. Reduced opportunities result in increased frustration for citizens sincerely intent on commissioned Naval service. For those who are afforded the opportunity via the NROTC Program, it's my and our

NROTC staff's responsibility to ensure that our USD graduates and commissionees are "the best they can be," coining an Army notion. Please see for yourself if we're doing a responsible job with your tax dollars.

Captain J.S. Boyd

USN Professor of Naval Science and Commanding Officer NROTC Unit San Diego

Not Everyone Cut Out To Be An Officer

Recently, you have been running an editorial series intended to be an investigative report on the state of the Navy ROTC program at USD. On the other hand, the first article of the series appears to be a personal gripe session about a disgruntled former midshipman being cut from the program. This student seems to view those "scholarship" midshipmen with prior service as a bunch of slackers while at the same time attempting to justify his own actions during the last two years which resulted in him becoming a retired cadet.

I was a cadet in a high school JROTC battalion where I rose to the rank of lieutenant colonel, and I was probably the youngest regular Army enlisted man wearing sergeant stripes after I enlisted at 17. Eventually, I received a good conduct medal and an honorable discharge for my time and the privilege of serving this country. I can safely say that while there are some outstanding college ROTC graduates who make a great transition from an academic environment to the demands of active duty command, the vast majority of people in the military have more respect for and higher expectations of officers with prior enlisted service than of their younger counterparts fresh from college with no prior active duty experience at all.

Having been there, I admit to a certain degree of satisfaction in taking a salute from companies on the march, having a captain or major call the room to attention when you enter, and enjoying all the other perks that come with the title of colonel. I'm sure that this former midshipman feels a sense of lost privilege as well, but if he really loves the Navy, then he should seriously consider serving to the best of his ability and enlist. If he is really as good as his self-reported

see Letters on page 7

Private lessons

Professors are dating students, are they grading on curves?

I am asking the question that the main guy in the movie *Malice* should have considered, the question both Andrea and Brandon faced on 90210 didn't really battle with, the question that could have saved Julia Roberts a lot of headaches in *The Pelican Brief*, the question that continually manufactures real life saga...

Margie Gomez

Staff Writer

should students and professors be able to have romantic relationships?

This is a situation that must be treated delicately. Students are here to learn, professors are hired to teach. What is the University's right and power in these situations? The University's responsibility is to provide a safe framework that permits students and staff to move about without threat and discomfort, but realistically acknowledges the existence of such situations.

From a student's perspective — and universities exist in order to educate and facilitate growth for students — the black and white view of the matter is that the classroom is a place of learning and not a romantic breeding ground. The goal is for a professor to assist each student in learning a subject to their maximum capacity for knowledge, romance could only be a distraction from this goal. Any distraction from the goal does not help in achieving it.

Romance between a student and professor adds in a soap opera element to churn the minds of the other students who, by nature of the beast, have a hard enough time focusing as it is. The classroom is about learning, not lusting, thus romantic liaisons are entirely

inappropriate there.

This does not mean, however, that they will not and do not exist.

Professor-student liaisons are not ideal, but we do not live in an ideal world. Unfortunately, the truth about life, and especially about romance, is that it doesn't always occur in a sterile square peg of appropriateness. Moreover, we are, by the time we enter college, adults (at least in the legal definition), and so are those employed by the University as professors. Even if University policy was to forbid these relationships, they would undoubtedly still occur, because life outside of work is life outside of work.

I hope that we can all forever continue, as we have been given the privilege in this free country, to govern our own sex lives. The

Romance between a student and a professor adds in a soap opera element to churn the minds of students who, by nature of the beast, have a hard enough time focusing as it is.

University must undoubtedly protect this right, but at the same time protect the right of those vulnerable to exploitation when student-professor relationships occur.

Looking at this situation realistically, we must admit that these situations will occur, but they are not conducive to learning, and so it is the University's responsibility to referee the boxing match in order to protect students who have innocently entered the ring with the goal of learning, from getting hurt.

The student/lover could be subject to all kinds of bias, and even if they are not, the motives

of the professor would always be questionable. Was the student graded fairly? If not, then the curve is thrown off, not to mention the fairness to other students.

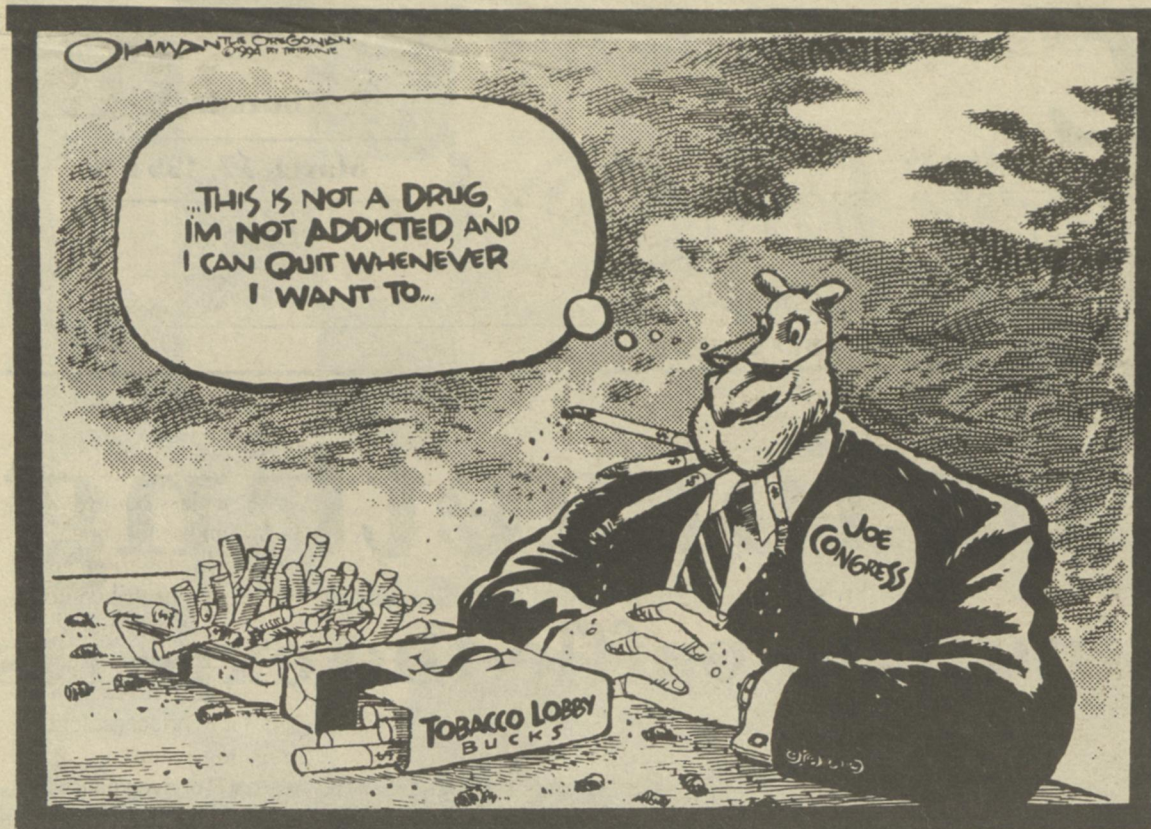
Students might feel uncomfortable being in a classroom where the professor and a student are dating. Love in a classroom also introduces situations that could result in a sexual harassment tumor in the classroom, which is an organ of the University body. In order to protect students from competing against a "teacher's pet," or even plain old awkward feelings about the whole thing, the University should have a policy that encourages a proper adjustment to such a situation.

When a student and professor are involved romantically, every effort must be made by the parties involved, and by the University, for that student to not be enrolled in that professor's courses. Since add/drop deadlines may not cooperate with the calendar of love, the student and professor should be advised by the University to postpone their affair until the semester has ended. Or, everyone should be really, really quiet.

The general university policy across the nation is that the universities do not prohibit, but do discourage, professor-student liaisons. Last year, the University of Virginia sweat and struggled over this question and decided to prohibit professors and teaching assistants from dating students, period — regardless of whether or not the student is in the particular professors class.

I think this is drastic, and unrealistic where hormones are concerned. When the matter, however delicate, is dealing with the private life of consenting adults, in a free country, all the university is responsible and entitled to do is establish guidelines to protect the rights of all involved, period.





Quote of the Week

Well, I have already been to McDonald's... The next stop is Disney World.

— *Aspiring gourmet chef and feminist's darling, Lorena Bobbitt, after being released from an insane asylum*

Thinking communally

Volunteering to better the world we live in

VISTA Editorial

The idea of reinvesting work back into the community through volunteering has been a concept as old as work itself. When people take time to volunteer their services, they will always make a difference in their own as well as others' lives.

When people volunteer for community service, they not only help those in need, but they maintain a status that goes far beyond what any paid job could offer. The volunteer almost always learns responsibility, organization and pride that can later be used in paid jobs. It also trains the volunteer to work in a team as well as independently.

Volunteers become acquainted with many different kinds of people and acquire enlightening bits of wisdom. For example, a senior citizen may tell a volunteer of an outstanding experience that not only gives the volunteer a lesson in morality, but also makes the senior citizen feel she or he has a place in society — such as playing a modern day sage. This is the type of experience that could never be subsidized by a paycheck, whatever the amount — though you would never have noticed these days.

Will scoffing at panhandlers or complaining about all the problems within the community solve anything? If people really want to improve their surroundings they need to volunteer. Simply throwing money at a problem will not make it go away. A combination of donating money and time to the subject of concern is the key. This basic task, however, cannot be overcome by just one class of people. If we are to make our community a better

place in which to live in, people need to think communally.

This will help alleviate the strain that we place upon making money and thus create a more balanced society.

Anyone is eligible to volunteer, no matter what social, financial or cultural status. Along those same lines, everyone involved would be looked upon more equally since all are striving for a common goal.

USD students have made themselves accessible to volunteering through various programs, such as the Homeless Outreach, Urban Plunge, Tijuana Orphanage Project and the Linda Vista Kids Project. If you prefer a more established organization, the Circle K and Rotaract Clubs offer a plethora of sponsored community service events while making volunteers honorary members of their on-campus clubs.

College course credit may be earned through classes such as "Field Experience In Literacy," "Mentoring Volunteers For Youth" and "Recreational Activities For Youth." The volunteering experience could also be used as a resume booster.

It is unfortunate that a natural disaster has to occur before people actually take notice of what really needs to be done to heal a community's wounds. If you are thinking about doing community service, don't do it merely to boost your resume or earn extra units for graduation. Do it for the knowledge that you have affected another person's life (as well as your own) and, possibly, restored some faith in the community.

Letters

Continued from page 6

spotless reputation, then he will probably start as a petty officer and soon become chief, with a better-than-average chance of becoming a warrant officer. He may even find himself selected to attend a commissioning program or at the Naval Academy to become an ensign; I was offered academy nominations during a period of severe downsizing after the end of the Vietnam Conflict, and I am sure that qualified active-duty nominees are still being sought now. In any case, he will have shown the dedication to achieve his ambition with a minimum of bad-mouthing against prior-service midshipmen who have more to risk than he did. You see, if those "scholarship" midshipmen are cut, they can't just run and hide in another major; they end up back on active duty, back where they started.

As far as the prior-service midshipmen go, they tend to understand the necessity of working within the framework of a team with the full knowledge that when leadership positions open one, two or more levels, they will be expected at that time to be truly outstanding and rise in a time of crisis to meet the expectations of their peers, their commanders and the nation. The military is a bureaucracy, and this bureaucracy rewards survivors who can take on increasing levels of responsibility in a crisis. An individual who wishes to serve in this bureaucracy must be able to subordinate her or his own ambition to fit the needs of the service. It will be interesting to see if this former midshipman can swallow his pride well enough to handle this.

John Gonzalez

Class Of 94

Massacre at Mosque Lesson For Arabs

In Yusuf Khouri's article (March 3), he pleadingly attempts to convince us that we should not view Arabs and Palestinians as "terrorists," but rather, view them as "victims." He backs this proposition with the shooting at the mosque in Hebron. However, he fails to mention one obvious point which is devastating to his argument; the shooting was simply retribution for the countless acts of cowardly terrorism committed by Arabs, mostly Palestinian. They attack kindergartens, civilian

buses, pregnant Israelis, as well as commercial airplanes (Pan Am 103) and American skyscrapers (World Trade Center). The Palestinians also slaughter their own people who support peace with Israel — over 200 since December.

Do the Palestinians think they can mercilessly kill innocent, unarmed civilians worldwide with impunity? Mr. Goldstein, who orchestrated and conducted the shooting at the mosque, was fed up with daily attacks on Israelis by the Palestinian terrorists, and saw that the Israeli government was ineffectively dealing with the prevention of these attacks. Fundamentalist Muslims have vowed to keep attacking even when the Palestinians attain sovereignty, until "the Middle East is free from the Jews." The Arab terrorists have just learned a hard lesson: Jewish blood isn't cheap anymore, and terrorism will cut both ways.

One point worth noting is that whenever an Arab storms into a kindergarten and opens fire, and is killed in the act, he is hailed as a hero/martyr for killing five-year-olds, and is never condemned by Palestinian representatives. Plus, Arafat appears on CNN saying, "The peace talks cannot be disrupted by extremists." However, after Goldstein's criminal acts, the vast majority of Israelis feel distress, and the Israeli government condemns that act and frees Palestinian criminals from prison as a gesture of goodwill. Do you see a stark difference in values here? Now that Palestinians were, ironically, on the receiving end of terrorism, the hypocritical Arafat gets on CNN and cries, "the peace talks are in jeopardy and won't continue until Israel gives more unilateral concessions."

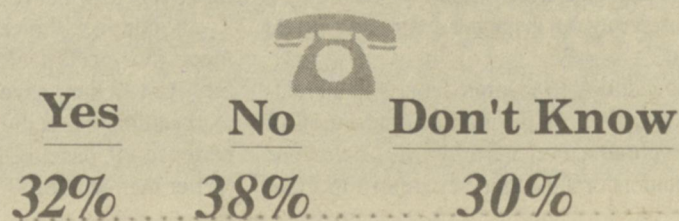
The Palestinians have the most to gain in this process and the most to lose. The status quo will not hurt the Israelis, since from the beginning of the Intifada, Israel has grown economically, militarily and otherwise, while the Palestinians have lost almost everything, including some respect after putting 13-year-old kids in the streets as "human shields" between the rock/firebomb throwers and Israeli soldiers. (A media stunt?)

Unilaterally disarming the settlers is ludicrous, and would turn them into sitting ducks, since the Palestinian terrorists have stockpiles of weapons. The peace talks cannot be disrupted by individual extremists. It is now time for the Palestinians to sit down and fulfill the agreements they signed, and not fearfully and unilaterally back out after two years of negotiations.

Michael B. Eisenberg
Student

VISTA Opinion Phone Poll

Do you think Congress should pass President Clinton's Health Care Plan?



Note: this poll is entirely unscientific

The pain of forgetting

■ Alzheimer's continues to baffle the experts

Sandy Lips
Staff Writer

The forgetfulness, confusion and dementia that affect people after age 65 are not always signs of normal aging. They are symptoms of Alzheimer's disease, a debilitating brain illness which affects four million Americans and is the fourth leading cause of death.

The disease is so devastating because, as it progresses, patients may get lost in familiar places and often become unable to recognize their closest family members. For those family members and loved ones, watching the mind of a loved one slowly deteriorate is painful.

Alzheimer's disease continues to baffle medical experts and researchers. There is neither a proven test to diagnose the disease nor any treatment or cure.

Although it is known that the disease results from lesions in the brain caused by plaques and deposits that form in brain tissue, the only way that these lesions can be diagnosed is through autopsy.

Risk factors are also difficult to identify. Researchers have proposed many different theories for the cause of the brain lesions which lead to

Alzheimer's disease. Some of these explanations include drug toxicity, head trauma, strokes, and vitamin deficiency. While these factors may cause memory loss, they have not been proven to cause the disease.

The link between metals, particularly zinc and aluminum, in the development of the disease has been the focus of much speculation as well.

Studies have shown that elevated levels of zinc and aluminum might stimulate the formation of the deposits in the brain that cause Alzheimer's disease. These metals are often found in drinking water, ambient air and food and health and beauty products such as deodorants.

Genetics is the one area of Alzheimer's research that has made favorable progress. Last year, researchers linked an increased risk of the disease with a gene for a protein called ApoE. Their experiments revealed that adults who possess a certain form of this gene are prone to be attacked by Alzheimer's after age 65. In addition, those who inherit two copies of this genetic form, one from each parent, have a 91 percent chance of contracting the disease by age 68. This discovery was significant because, if the

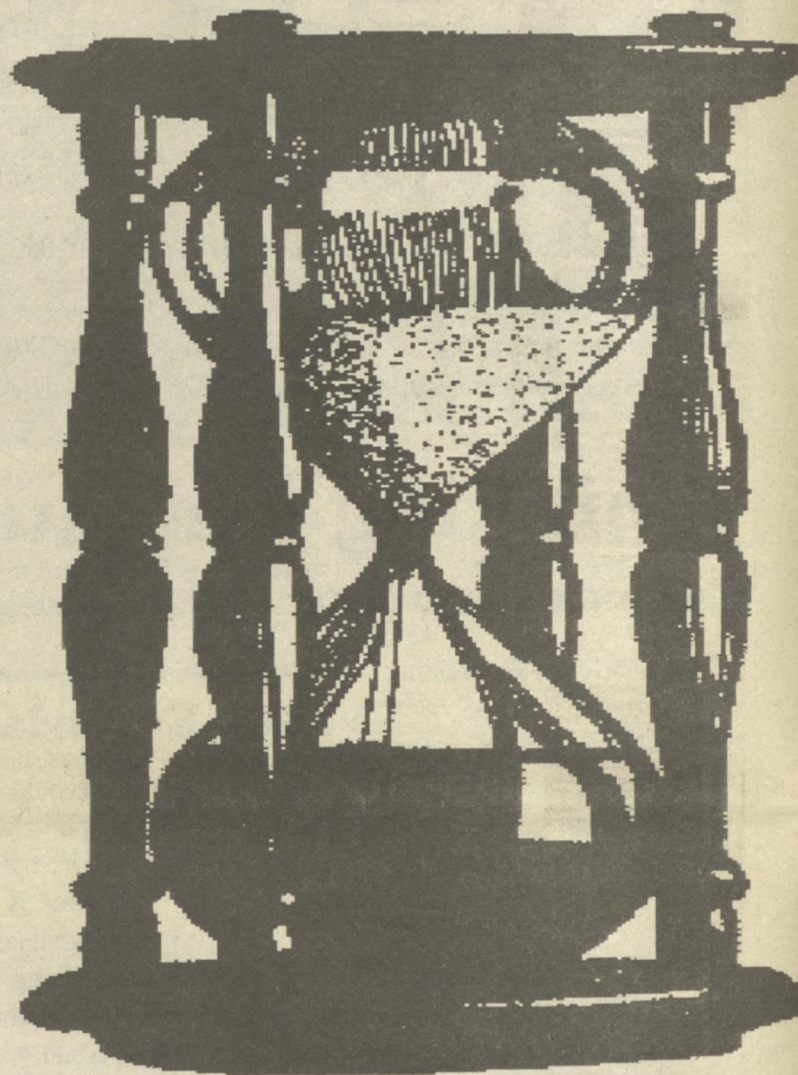
genetic link is confirmed, a genetic diagnostic test can be developed, which then creates the potential for prevention and treatment before the disease develops.

From both an emotive and theoretical standpoint, Alzheimer's is a complicated and frustrating disease. There is both the public matter regarding the cost of caring for patients, estimated at \$70 to \$90 billion per year, and the private matter of how to personally care for loved ones who are afflicted by the disease.

Caregivers face the responsibility of learning how to treat an Alzheimer's patient as well as the decision about the use of any antipsychotic drugs, which can cause negative side effects.

Because Alzheimer's is such a difficult disease to cope with, the National Alzheimer's Association offers support for caregivers, as well as services for patients. For now, because research has been unpredictable and insubstantial, this is the only alternative.

Alzheimer's is a serious and devastating disease that has the potential to affect everyone. Society must foster both an awareness and a responsibility for the toll Alzheimer's takes.



Questions of schizophrenia yet to be answered

Matt Morgan
Staff Writer

As Dylan Abraham hitchhiked through the American Southwest, he reflected that every sound, sight, breath and sensation seemed "pregnant with meaning." Sounds idyllic, but besides the euphoria, were voices. While sometimes the voices were warm and reassuring, at other times they were threatening and nightmarish. What was even more frightening, was that a unsettling distrust and fear of the people around him was fostered. Dylan was 18, and suffering from the mental disorder of schizophrenia.

"Schizophrenia" is a term traditionally used to describe interaction between different parts of the psyche. The disorder was first diagnosed in the mid-19th century by Swiss therapist Eugen Bleuler. He coined the phrase for the disorder due to the then-popular belief that schizophrenia was nothing more than a person acting out his or her dreams in the real world.

The inability to separate fantasy from reality is in fact one of the most common signs of schizophrenia. Patients might have delusions of grandeur or think that they are an important

historical figure. Typically, they will not be able to relate to their surroundings or accept reality for what it is.

Other symptoms of the disorder include overwhelming fear, paranoia or suspicion of others, unwarranted fear of persecution, social withdrawal and loss of interest in activities with which a person is normally involved. Schizophrenics may be unresponsive or unwilling to communicate with families or friends, apparently without reason.

Despite the fact that the scientific world has been aware of schizophrenia for almost 150 years, very little is understood about its origins, causes, or methods of treatment. The disease is somewhat common, affecting one in every 100 people. It is fatal 10 percent of cases, including suicide.

The disorder affects men two to three times more often than women, but some researchers conclude that because men are typically less emotional by nature the disease in women may not be as easy to detect.

By contrast, women are diagnosed with mood disorders much more often than men are. Researchers have not offered any real explanations. In addition, men typically experience the onset of the disease two years earlier than women.

Schizophrenia affects people between ages 15 and 55, after which time the likelihood of contracting the disease is greatly reduced. Symptoms may appear before puberty, but in most documented cases, they appear after age 15.

Four varieties of schizophrenia have been identified. *Simple* schizophrenia involves only the usual symptoms. *Paranoid* types exhibit pronounced feelings of persecution as well as intense delusions of grandeur. Someone of this type may be very egocentric and think that the world revolves around him or her.

Hebephrenic types are similar to Paranoids, but their symptoms are much more pronounced. Their behavior will be particularly odd or unusual, and they cannot deal with people adequately — they seem shallow to onlookers.

Catatonic types are the most extreme, appearing to be completely unaware of their surroundings. They may appear in a trance-like state and be mute or unresponsive to others. All types routinely hear voices when nobody has spoken and see apparitions that are not there.

There is some conflict over the cause of the disease. Many sociologists think that schizophrenia is brought on by a person's upbringing and home environment, since a large number of patients seem to come from poor or minority backgrounds, and from abusive

see DISEASE on page 9

Neural Science

- The facts on Alzheimer's
- Memory Loss Intervention Project
- The public's views on mental illness



Hope for Alzheimer's patients

■ Behavioral approach offers an alternative treatment

Tanya Rodrigues
Social Issues Co-Editor

When any medical problem comes up, today's automatic response is drugs. As a society, we look to science for a cure to any ailment. When a cure can't be found, the next step is something that will subdue the symptoms for as long as possible.

The devastating disease of Alzheimer's is no exception. Because a cure has not been found, the next step is to look for a way to combat the anxieties, depression, violent behavior and problem-solving difficulties that often mark this neural disease.

While anti-psychotic or anti-depressive drugs are often used, other answers are sought by the medical community. In the Memory Loss Intervention Project, USD's Philip Y. Hahn School of Nursing is collaborating with UCSD's School of Medicine and the Alzheimer's Association of San Diego to examine four different non-drug treatments for the memory loss and dementia often associated with Alzheimer's. The project received a \$734,765 grant from the National Institutes of Health and will focus on the emotional support of the participants, their family relationships, and mental stimulation of the family member with memory loss.

The first study, called "Chronic

Memory Loss: Home vs. Community Interventions," tests ways in which families can actively stimulate memory problem-solving and communication skills. It includes "couples" counseling and support groups for patient-caregiver pairs.

Another behavioral approach is to enroll patients in a support group, which takes patients on supervised field trips, allowing caregivers a much needed break.

The purpose of the project, according to the San Diego Union-Tribune, is to improve the patient's mental function, coping skills, and self-esteem.

According to the director of the of UCSD's Alzheimer's Disease Diagnostic and Treatment Center, Dr. Ed Jackson, many of the problems associated with the disease appear to stem from a loss of self esteem.

In addition, the patients, by meeting others with Alzheimer's, see that they are not alone in battling the disease; many others are in the same plight. An effect noted so far is that the club has lessened both the patients' anxiety and need for medication.



According to experts, twenty years from now there will be 12 million Americans stricken with Alzheimer's Disease. Nearly a quarter of the population will be over age 65 in 50 years; this will make that one-fourth of the population vulnerable to Alzheimer's at the precise age in which the incidence of the disease increases. In addition, it is estimated that 47 percent of those aged 85 and older will suffer from the disease.

The Initial research, that led to the Memory Loss Intervention Project was funded by the National Center for Nursing Research and by the National Institute for Aging.

■ DISEASE

continued from page 8

or broken homes.

For these reasons, it is thought by some researchers that the disease is an intentional withdrawal by the victim—an attempt to escape their unfavorable surroundings.

There may be some truth to this theory, but the disease appears to be at the least partly genetic. A team of psychiatrists and physicians in Britain have noted an apparent rise in schizophrenic cases during influenza epidemics. Although viruses themselves cannot be passed from a mother to a fetus, certain chemicals can. Antibodies produced to fight influenza in a pregnant woman may attack the brain tissue of the fetus, thinking it to consist of viral cells. Early tests on rabbits confirm this theory; influenza antibodies attacked proteins in the hippocampus, one of the areas of the brain that suffers the most damage in schizophrenics.

There also seems to be a rise in births of future schizophrenics during the late winter and early spring months, with babies born in March being 15 percent more likely to become schizophrenic later in life.

Some researchers think that this

lends credibility to the influenza connection, as the greatest number of influenza cases are recorded at about the same time of year. Physicians have noted that the greater the flu epidemic, the more schizophrenics are born at that time. There was a particularly bad epidemic in England in 1957, and an unprecedented number of schizophrenics were diagnosed in the 1970s, about the time those babies would have hit puberty.



Doctors and psychiatrists alike are fighting to discover more about this tragic illness and its elusive causes, but progress is painfully slow. In August, 1992, Harvard Medical School performed magnetic resonance imaging scans, on several diagnosed schizophrenics. The scans showed that all the pa-

tients had less material on the left side of their brains, and were particularly lacking in the portion of the brain that controls language usage.

This discovery may explain why many schizophrenics have trouble communicating. It is a small step toward understanding schizophrenia, but given the pace of current knowledge, anything is useful.

Other studies over the past decade have shed further light on the disorder. A 1982 project chronicling drug usage among schizophrenics seemed to indicate that patients who abused cocaine, marijuana and alcohol, among a variety of other drugs, actually experienced less psychopathic behavior, more social inclinations and decreased apathy and paranoia than those who did not use drugs.

Patients who used drugs claimed they did so in order to combat the overwhelming depression that characterizes their disorder. Further study noted that, because the drug users stayed in the hospital for the same length of time as their clean companions, drug usage would have no substantial advantage in fighting the disease and may only mask more serious problems.

In September, 1993, researchers at the National Institute of Mental Health in Bethesda, Md., isolated the area of the brain that causes schizophrenics to perceive hearing voices when nobody has spoken. The region, known as Broca's Area, is also responsible for speaking to others. Schizophrenics do not realize that they are hearing the generation of words in their own brain rather than other people's voices.

SOCIAL ISSUES

Related Data

Views on mental illness

A survey published by Parade magazine found that by a 3 to 1 ratio, American believe that mental illness is a major problem in this country, and almost two-thirds of the respondents personally know someone with a mental illness.

Causes for mental illness cited by respondents were: chemical imbalance or biological changes in the brain (87 percent); drug and alcohol abuse, psychological or social factors (73 percent); and heredity (62 percent).

The survey also found a fairly high level of confidence in mental health professionals, with 85 percent saying professionals are at least "somewhat successful" in treating minor problems and two-thirds agreeing with that characterization for treating major problems.

Fully 98 percent thought that insurance should cover medication and/or therapy for mental illness.

Still, majorities thought people who admit to having a mental illness or see a mental health professional are stigmatized, and only 35 percent said they would seek out a professional if they had a mental or emotional problem they couldn't handle on their own.

The survey, conducted by mail by Mark Clements Research, Inc., sampled 2,503 men and women ages 18 to 75, selected to conform to national Census data. Parade editor Walter Anderson said the margin of error for the sample is two percent.

This information was provided by the BrainWork Neuroscience Newsletter, a publication of the Eleanor Naylor Dana Institute.

Sources for Information on care, treatment, and clinical studies dealing with Alzheimer's disease

Pacific Research Network
294-4302

San Diego Alzheimer's Association
541-1776

Alzheimer's Family Center
543-4700

UCSD Alzheimer's Research Center
622-5800

Seniors Only Comprehensive and Retirement Evaluation
294-3777

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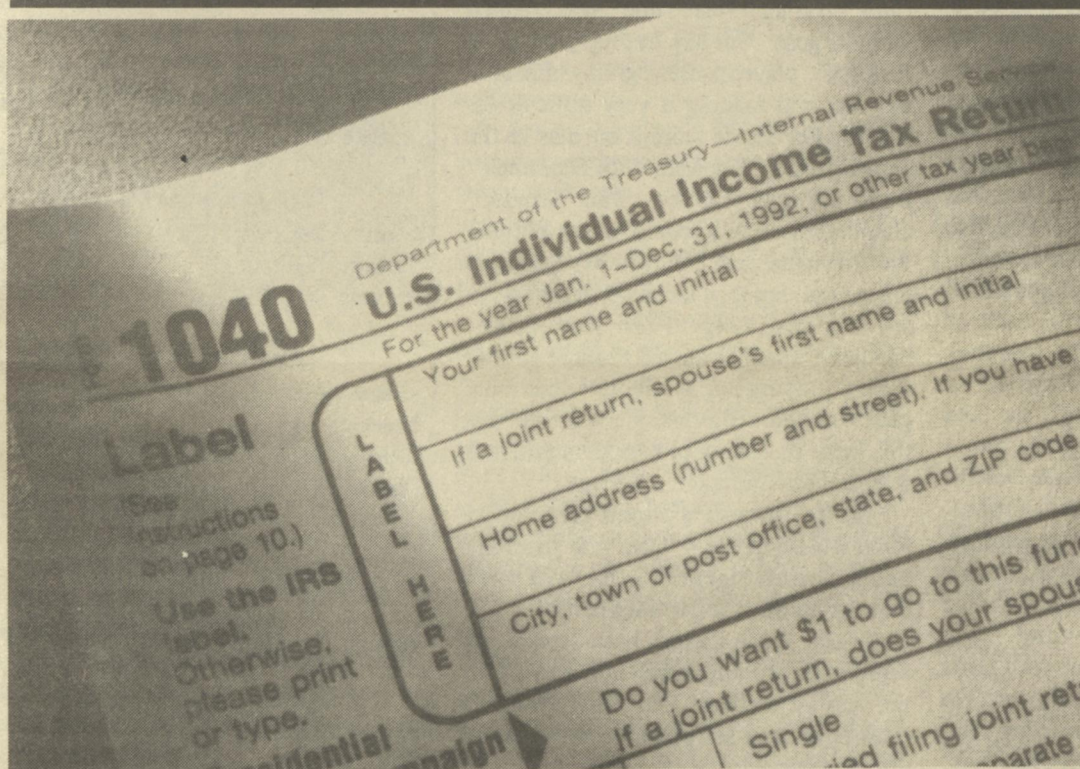
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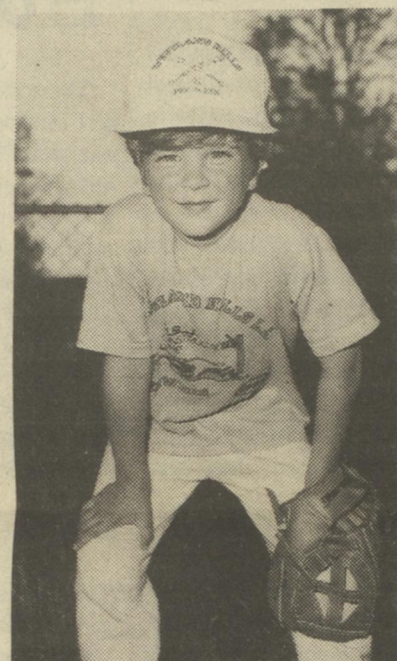
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INTRAMURALS

AND RECREATION

Events • Results • Schedules

Bats N Balls earns top seed

This past Sunday the stage was set for co-rec softball's game of the season. The battle between the leagues two top teams, Sandy Pictrewicz's **Go Deep** and Cathy Berguson's **Bats N Balls**, both of whom who saw this game as the one that would decide how the playoffs would turn out.

The result was just as this reporter expected: a close 9-8 **Bats N Balls** win. It was a game with five lead changes and flying emotions (as well as bats). Thanks to clutch hitting by Ryan Stow and Mark Daquipa of **Bats N Balls**, this group of seniors can finally say they are the team to beat in the co-rec tournament of champions that begins March 20.

Probably the most important part of this victory was it means that **Go Deep** will most likely face Kim Brewer's **Doggie Style** in the semifinals, a team that all should be aware of and one that will probably battle **Bats N Balls** for the title.

The **Bats N Balls**, **Go Deep** battle was one for the ages as both teams got timely hitting and made the defensive plays when they had to. Chris Aparicio paced **Go Deep** with four hits while the soccer twins, Mindy Campbell and Cory Bergerson had three apiece. Daquipa, Stow and Fuzzy Zoeller carried **Bats N Balls** on their shoulders and enabled the regular season champs to call themselves the better team. Jen Larson sat out the game due to injury?

Last semester's champion, **Doggie Style**, told the rest of the league to remember the past as they abused an overcooked **Meatloaf** 17-3. Sean Nugent and Rick Salazar gave the spark to the **Doggie's** blasting four home runs between them. Mandy Sotelo also collected three hits and scored two runs.

Meatloaf's lone bright spot was Pat Costello who mashed a home run and contributed with some nifty glove work. **Doggie Style**, who finished league play ranked no. 3 has a legitimate shot to repeat. A full **Doggie Style** is one to be afraid of.

The league's surprise of the year is not **Bats N Balls**, but **Delta Sigma Pi** who continued to roll through league play shutting down the over-rated **Who Came First**. This serious and emotional team showed softball is more important to the team than the mighty dollar as a complete team effort helped them prevail.

Bill Homan and Janice Goldstein led the **Delta Sigs** while Noah Stanley and, the writer's favorite, Gavin Simpson played better than expected. The businessmen-women of co-rec softball now must get past **Bats N Balls** in the second round if they want to wear the cloth come April.

Speaking of **The Team**, they lost. What else is new? This time the defeat was 13-8 to the fully dressed **Skinny Dippers**. Dirk Lashnits and Lisa Maresso paced the **Dippers** while Jon Sackett and Steve Brown scored goals (runs) for **The Team**. In three weeks, the **Team** must face **Bats N Balls**, and believe me, that could get ugly.

Delta Sigma Pi's impressive victory has given them the award as Pepsi Co-rec Softball Team of the Week. A case of cold Pepsi will be awaiting them Sunday.



Yes, sometimes she passes the ball. However, it was Angie Cooper's shooting that led the **PHInatics** to the 3x3 basketball championship.

Hockey action heats up

The action was furious in the third week of I.M. hockey, but judging from a lot of one-sided scores, many teams seemed to have taken an early Spring Break. The first game was no exception. **Phi Kappa Theta** mutilated **John Bobbit's Stick** so bad it is embarrassing to write about it. Mike Swerth started the scoring for **Phi Kappa Theta** and Jason "Big Rump" Stump and Eric "The Egg" Morton added two each to lead **Phi Kappa Theta** to its 7-0 victory.

In their second game, **Lex Talonis** pulled their goalie in the final minute in search of a victory. This time it seemed like they pulled their goalie for the whole game. Vu "The Yak" Lac played "big" for **Lex Talonis** allowing only eight goals on 14 shots. That's right, poor Lac ran into the "Last Action Hero" Richard "Action" Jackson and the **Jus Prima Nox** express. Jackson scored his third hat trick in as many games by the end of the first period and added one more goal in the third. **Lex Talonis** kept it close for a while with goals from "Chop Suey" Neil Rui and Arie "No Nickname Needed" Frankenberger, but could not stop the offense of **Jus Prima Nox**: Final score 8-3.

The final game Wednesday night featured the team that needs no introduction, the **Mauling Vikings** against a very likable group of guys, **Hansen's**. The **Hansen's** coming off of a tie with **Yahweh**, continued their rough-house play from the get go, but it had very little effect on the **Mauling Vikings**, as they wore out the **Hansen's** with their quick line changes. Timo "The Man" Haatanen had two goals, one on a penalty shot, for **Mauling Vikings**. The story of the game was **Hansen's** inability to penetrate **Mauling Viking's** defense. Dave Engel continued his shut-out streak taking it to six periods, thanks in part to facing only eight shots. Once again the only other important thing to note is whether or not one of the Bergman brother's scored, and indeed they did. Hans put in the first goal of the game, which turned out to be the winning goal. **Mauling Vikings** third line carried the team for the remainder of the game. The final score was 4-0, giving **Hansen's** their first loss.

The first game Thursday night was the Subway Game of the Week. Two of the top B-league teams faced off, **Playing for Stevie** and **Not My Laundry**. The phenom, Jerome Mastro looked a little shaky in the

beginning as **Not My Laundry's** first shot of the game passed him by. Doug "Try A Little" Harder "Next Time" was credited with the goal. **Not My Laundry's** goalie, Ed Kotnik, played padless, giving him more mobility and making it very difficult for **Playing For Stevie** scorers, but alas, in the second period, "The Man With The Punch" Boake Munsch and Joe "Paul Trujillo" Giammerinero both scored giving **Playing For Stevie** the lead 2-1. **Not My Laundry** played well but they looked different without their star, Greg "I just score goals" Sundberg, and they missed his goal scoring ability. **Playing For Stevie** added one more goal to go onto a 3-1 victory. I must add that this game was being protested and there is a federal investigation underway.

1st Raf Brewer's played great for 31 minutes taking a 3-1 lead into the final minute against **Sigma Chi**. But as if taken over by an elfin spirit, **Sigma Chi's** J.B. Little and Justin Zakocs both scored and **Sigma Chi** actually had a chance to win in the closing seconds. **1st Raf Brewer's** must have been disappointed with the tie, but they played a great game, especially their goalie.

In the final game, the big stat was shots on goal. **Hoser's** had five and **Yahweh** had 27. **Yahweh** controlled this game and had no mercy for the **Hoser's**. Both C.J. and Chris Walters scored for **Yahweh**, but the big shots came from the same two guys. Jon "Six Pack" Sackett and his Gretzky-like play punished **Hoser's** like boats crashing in Havasu. He finished with a hat trick. Steve "The Rocket Inferno Psycho Blaster" Davis shot the ball a la Dan "Big Red" McHale for three goals himself. This was a very impressive win for **Yahweh** as they prepare for a big game this week against the only other undefeated in A-League, the super duper **Mauling Vikings**.

Gulls Winners: This week's winners of two tickets to the San Diego Gull's game against Peoria on Saturday, April 9 are Cary Duckworth and John Sackett.

IM NOTES: 1) The men's volleyball finals are set for tonight at 7 p.m. Come out and see **4 XXL's** battle **Disorder on the Court** for those all-important champ shirts. 2) Entries for the Indoor Soccer league are due April 7.

Cooper delivers

It was no surprise that top-ranked **Taps** and no. 2 **PHInatics** made it to the final. It was also no surprise since **Taps** had a two-semester winning streak that they were listed as a 1-5 favorite to win it all.

However, surprise! Angie Cooper guaranteed a **PHInatics'** victory. And what Cooper guarantees, Cooper delivers. Her m.v.p. performance (can we say Jordanesque) lifted her team from mediocrity to the championship. **Taps** were spell-bound by Cooper's actions. And when she wasn't scoring, Sara Billesdon and Meghan Highberger hit crucial jumpers. Just not to be left out, Alison Clem bruised her way in for a couple of layups. All of this team work brought **PHInatics** the championship 15-13, 15-12.

IM distinctions: Best of Feb. 28 - Mar. 13

WOMEN'S BASKETBALL

Game: **Taps** vs. **PHInatics**
Team: **PHInatics**
Player: Angie Cooper

MEN'S FLOOR HOCKEY

Game: **Mauling Vikings** vs. **Hansen's**
Team: 1st **Raf Brewers**
Player: Cary Duckworth

MEN'S TENNIS

Match: Matt Simon vs. Paul Sumagaysay
Player: Paul Sumagaysay

WOMEN'S TENNIS

Match: Michelle Fallon vs. Julie Watters
Player: Julie Watters

Subway IM game of the week

Date: Sunday, March 20
Time: 11 a.m.
Sport: Men's Softball
Game: **Gas House Gang** vs. **Off the Wall**

Two teams sporting impressive credentials but still looking for respect from the pollsters square off Sunday on the softball field. Although neither **Gas House Gang** nor **Off the Wall** are likely to win the shirts (as we said, no respect), maybe they winner can finally crack the top five. Then again, they probably won't. They will, however, win the ever-popular party platter from the Subway on Morena Boulevard.

Last week, **Playing for Stevie** defeated **Not My Laundry** on the hockey rink. However, before they could enjoy their food, the decision was overturned and the victory awarded to **Not My Laundry** as the winners were guilty of using an illegal player.

Ohh Saki drinks from championship cup

The women's volleyball tournament started off with **OH *#!** up against **Cactus and Coconuts**. This was just a repeat of regular season play. **Cactus and Coconuts** played well together with good passing. **OH *#!**, on the other hand, had problems with their passing. **OH *#!** were not much of a challenge for **Cactus and Coconuts**. **Cactus and Coconuts** advanced to the finals with a 15-6, 15-9 victory.

The next semifinal match was between **Whoa!** and **Ohh Saki**. This match was another repeat of regular season play. **Whoa!** had problems generating scoring opportunities by siding out. **Ohh Saki** had everyone generating offense and putting the ball away. **Ohh Saki** was lead by Melanie Wall with six kills in their 15-6, 15-4 victory to advance and meet **Cactus and Coconuts** in the finals.

The championship match was the rematch of the big regular-season match of the week before. **Cactus and Coconuts** won the regular season match 5-15, 15-11, 15-9. **Ohh Saki** was out for blood and the shirts. **Ohh Saki** had the momentum going into the match with just finishing their semifinal match. **Ohh Saki** used this momentum to squeeze past **Cactus and Coconuts** 16-14 in the first game. In the second game, **Cactus and Coconuts** just fell apart. They had problems putting the ball away on their scoring opportunities while **Ohh Saki** was capitalizing on theirs. **Ohh Saki** had a combined 14 aces in the match and was led in offense by Jennifer Rigazzo with five kills and two aces. **Ohh Saki** won the second game 15-10 to win the shirts.

IM spotlight: Co-rec volleyball

Sport: 4x4 Co-rec Volleyball
Entries Due: Tonight
Playing Days: *Mon. & Thu. 6-10 p.m.
Entry Fee: \$15 per team
Divisions: A and B

*This is a change from the originally planned playing nights of Wednesdays and Thursdays.

Tennis action exciting

In its second week of matches, intramural tennis was as exciting as ever. The men's A1 had two great matches; **Juan Murulta** managed to beat **Eujin Hwang**, 6-4, 6-3. The second match was the one to watch, however, as **Francois Carriere** battled **Steve Staninger**. Staninger pulled out a tough win in the first set, beating Carriere 6-4. But, Carriere was not about to give up the match. He fought back hard, winning the final two sets 6-0, 6-2.

Men's A2 definitely had the match of the week. **Matt Simon** and **Paul Sumagaysay** never played tougher. Simon beat Sumagaysay 6-4 in the first set and looked as though he would do the same in the second leading 4-1 when Sumagaysay got mean! Sumagaysay turned the score around, defeating Simon 4-6, 6-4, 7-5.

In men's A3, **Brian Jacobson** continued his dominance, absolutely slaughtering **Brent Daily** 6-0, 6-0. But **Bill Brennan** and **Paul Niebisch** played tough in the first set of their match as Brennan managed to come through and win 7-5. In the second set, Niebisch lost his energy as Brennan crushed Niebisch 6-1.

Men's A4 tennis was not quite as exciting. **Bryan Davis**, despite several disagreements on calls from his opponent **Norm Choi**, proved to be the better of the two as he pounded Choi 6-2, 6-3. **Gilberto Rosas** likewise pounded his opponent, **Jesus Escobar**, 6-1, 6-1. Escobar just couldn't concentrate: Wednesday night is "Melrose" night!

In men's A5, only one match was played. It was a tough battle between **Luis Lara** and **Enrique Duarte**. Despite the heavy fog that set in, Lara managed a win over Duarte. Duarte won the first set 6-4, but still lost the match 4-6, 6-3, 6-3.

In Division 1 of the men's B league, two blowout matches were played between **J.R. Rodriguez** and **Brendan Hayes**, and between **Bonick Koo** and **Chris Denny**. Hayes hammered Rodriguez 6-0, 6-3. Even more of an embarrassment for Denny took place as Koo defeated him 6-0, 6-0. A third match, however, between **Alejandro Lara** and **Christopher Syran**, ended in more respectable results, as Syran defeated Lara 6-3, 7-5.

The women's league, once again, ended with blow-out results in all four matches. **Kelly Kreisle** slaughtered **Kristin Ward** 6-0, 6-2. **Farren Last** likewise annihilated her opponent, **Josie Molina**, 6-0, 6-0. **Michelle Fallon** was defeated by **Julie Watters** 6-1, 6-2, and **Nicole Suder** was crushed by **Emily Faust** 6-1, 6-1.

Recreation update

Ladders - Badminton/Table Tennis

Now that Spring Break is over it is time to get into our two challenge ladders. If you haven't signed up, come on up to the sports center IM Rec office and put your name on the list. If you are already on the list, make sure you call an opponent and get your weekly competition in. Make sure to report your results to our office so we can update the ladders weekly.

Red Cross CPR/First Aid Class

Saturday March 26th is the date for our first CPR/First Aid Class of the semester. The class is nine hours long (8 a.m. - 5 p.m.). Upon successful completion of the course, you will receive your CPR/First Aid certification card. The cost of the class is \$45.00 including your books. Class size is limited to 12 students. Sign up deadline is March 21.

Swim Conditioning/Swim Skill Classes
During April, the IM/Rec office will be

offering two classes that are four-weeks long. Each class meets two days a week (Mon., Wed.). The swimming skills class will help you improve all your swimming strokes. It meets from 11:05-12:00. The swim conditioning class meets from 12:00-1:00. This class is ideal for those of you who want to get ready for the summer. It is a great class to get back into shape for all you lifeguards/counselors, or for those of you who want to start a swimming fitness program. The cost of each class is \$45.00. Registration deadline is Wednesday March 30th.

USD Night at the Gulls Hockey game

Beginning March 21st, you can purchase your Gulls tickets for the Saturday April 9 Gulls game against Peoria. This is USD IM/Rec night out. The tickets are only \$5.00 a piece and we will have a USD section. Come join us and have a lot of fun. Tickets will be available at the UC ticket office and the IM/Rec office.

WELLNESS CORNER: Nutrition is the key

Gary Becker
IM/Rec Director

A good nutrition plan is the key to success with any wellness/fitness program. Whether your goals are general good health, lower cholesterol levels or weight loss/gain, you need to follow good nutrition practices, in order to succeed.

A good nutrition program does not have to be painful, it just has to be balanced and sensible. Many of the fad diets/diet remedies that are out there generally end up failing for the individual. I have known many individuals who over a period of one year have lost 100 pounds only to find those pounds again during the same year. To have a good common sense nutrition program, one needs to know only a little about nutrition. Good nutrition is about carbohydrates, proteins, fats, minerals/vitamins and fluids. Understanding what types of foods fall into each category and the percentage of how much to eat (on a daily basis) will go a long way to helping you have a good nutritional plan. The so called high protein low carbohydrate or the high carbohydrate low protein diets are fads that not only give you short term weight loss, but can be physically dangerous. A high protein low carbohydrate diet will show quick weight loss due to water loss, however, this water loss results in liver dehydration. Since carbohydrates are the main food source for the brain, a low carbohydrate diet will also result in diminished brain function. A high carbohydrate diet can actually add fat to your body as too many carbohydrates can be turned into fat.

Most American diets are too high in fat.

In many cases, the fat comes from hidden sources or from deceptive advertising. As an example, some low-fat labels mean that the percentage of fat in a product may be small, but the percentage may still be high in total fat calories. Each gram of fat is equal to 9 calories. A product may be only two percent fat, however, the number of grams of fat may be 10-100 (90-900 calories of fat). A smart rule of thumb for daily percentage is carbohydrates 45%-50%, protein 30%-35%, fat 15%-20%. This percentage can be a percentage of calories eaten a day. The average individual to maintain current body weight/percent fat/percent of lean body mass, should consume 2200-2400 calories a day. To lose weight, the individual needs to cut back by 400-600 calories a day. The slower the weight loss, the greater chance the body will keep the weight off. There are other factors involved such as metabolism rate, exercise and the bodies ability to change its metabolism rate. These will be discussed at another time.

A scale can be a deceptive tool in helping an individual with their nutritional needs. It does not tell you how much of your body is fat or how much is muscle. It does not tell you what changes are actually taking places within your body as you exercise and eat properly. A good method is how do you feel and how do your clothes fit. Use a scale sparingly as it can detract from your motivation. Next week we will talk more about nutrition, the types of foods to eat and the myths. Until then, keep up your fitness program, watch your fat intake and drink plenty of fluids.

Co-rec softball playoff preview: the latest line

TEAM	ODDS	COMMENT
Bats N Balls	Even	Finally: The complete package.
Doggie Style	2-1	Defending champion has the horses: If they put it together..
Go Deep	5-2	Has the pieces, but can't put the puzzle together.
Delta Sigma Pi	10-1	Will get to the semi's but that's all.
Meatloaf	25-1	Type of team that could pull off an upset, but don't bet on it.
Who Came First	40-1	Too premature to give a chance at the title.
Skinny Dippers	50-1	All depends on water temperature - Oh, wrong sport
The Team	99-1	Not this one



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Baseball splits games over Spring break

Matt Simons
Staff Writer

The USD baseball improves their record to 12-10 overall and 3-3 in WCC action. USD finishes off the Spring Break week taking two of three games from University of San Francisco, who won eight ball games last week.

Earlier in the week the Toreros traveled to Grand Canyon, and split the series winning 6-5 and losing 5-7. USD also hosted St. Mary's in a three game series March 4-5. The Gaels took the series two out of three, winning 6-5 and 4-2. USD was able to take one game by a score of 9-4.

In the series against St. Mary's, junior Mike Saipe picked up his fifth victory of the season as the Toreros could only win one out of three from the visiting Gaels. In the last game of the series, senior Mike Freehill lasted nine and one-thirds of an inning as USD failed to capture the win.

While the rest of the school was on Spring

Break, the baseball team traveled to the Grand Canyon to take on Grand Canyon College. The Toreros split the two game series, winning the first game 6-5. Junior Matt La Belle picked up the victory.

In the final series of a tough Spring Break, USD took the series from USF, winning 14-2 and 2-1, and losing the second game 2-5. Burgus improved his record to 3-1, winning the first game. Saipe picked up his first loss of the season, but has an impressive 5-1 record. In the final game of the series, Freehill lasted a full ten innings, picking up the win. Senior Charlie Setzler helped out by hitting a hit a one out single in the tenth, bringing home Brady Clark.

Senior Josh Stepner has extended his hitting streak to ten consecutive games. Mike Saipe and Larry Williams have been chosen as nominees for the 1994 Smith award. This award is given to college baseball's Player of the Year selected by National Collegiate Baseball Writer's Association.

Tomorrow, USD will begin a three game series against first place Pepperdine. The 11 a.m. game on Saturday will be televised on Prime Ticket. Friday's game time is 2:30 p.m., while Saturday's double header begins at 11 a.m.

HOOPS

continued from page 16

The second half was as exciting as anyone in the national TV audience could want. USD lost the lead initially with nine minutes to go, but a three point play by senior center Chris Grant put USD back on top. Pepperdine regained the lead with 3:25 left, but once again USD battled back. This time it was a

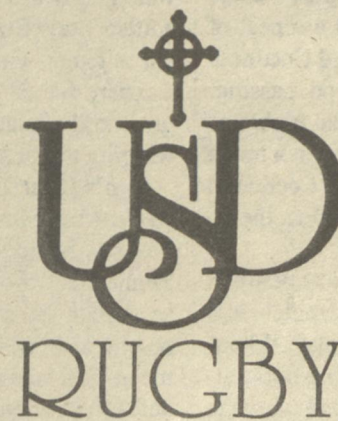
Harris lay-up and foul shot conversion that gave the Toreros a one point lead, but Pepperdine quickly made a lay-up of their own. Pepperdine now led by one, but Barnhard was able to steal the ball and senior forward Joe Temple took it to the basket. His shot went in and out, with 20 seconds remaining, and USD was forced to foul. Pepperdine's Damin Lopez made both of his shots, and Fizzdale's three-point attempt at the buzzer fell short. It was an exciting finish to a good year, and one the departing seniors can be proud of.

Don't Wait 'til the

LAST
MINUTE!

Come in and write for the
VISTA. Meetings are Tuesdays
at Noon. in UC 114B

SOUTHERN CALIFORNIA COLLEGIATE RUGBY CHAMPIONSHIP GAME



VERSUS

LOYOLA MARYMOUNT

SUNDAY, MARCH 20, 1994
WEST POINT FIELD, 1 p.m.

**THIS LAST GAME OF THE SEASON WILL FEATURE
SOME OF THE BEST COLLEGIATE RUGBY IN
AMERICA. COME, WATCH, HAVE FUN.**



**OUTDOOR
ADVENTURES**

THURSDAY, MARCH 17



**Now is your chance
to try In-Line skates ...**



FREE!

Meet at Outdoor Adventures and ride the OA shuttle to the rink. Skates and pads provided.

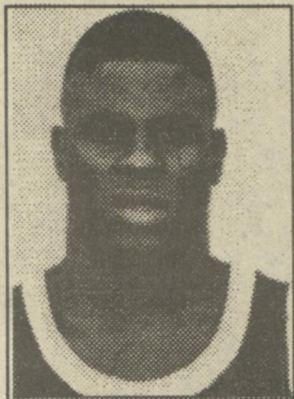
**FREE skate
rental giveaways**
(limited availability)

WHERE: Intramural Hockey Rink

WHEN: Today only, 2:00 p.m. - 4:30 p.m.

Pizza Hut

Athletes of the week



Doug Harris had 25 points against Gonzaga and 20 points against Portland in WCC tourney



Kristine Smith won both her doubles and singles matches against Notre Dame

Honorable Mention

Brooks Barnhard (basketball), Steve Brown (golf), Mike Freehill (baseball), Lucas Haan (rugby)

SPORTS

Results

If you would like to include your event in this box, send typed information to: USD VISTA; c/o Sports Editor; 5998 Alcala Park; San Diego, CA 92110-2492.

Please remember to include time, date, place, purpose, the event title and some background of the event. All submissions are due two weeks prior to publication. The USD VISTA reserves the right to deny servicing of press releases.

Men's Golf

The Toreros hosted the USD/Ashworth Golf Invitational (12 teams, 60 participants) at Stardust Country Club this past Monday and Tuesday. USD finished in sixth place with a 54-hole total of 921. Steve Brown was the top finisher for USD, placing fifteenth overall. Last week USD finished 7th in the University Division of the 1994 Southern California Intercollegiate Golf Championships, played at Torrey Pines South. Hec Wood and Larry Petryk were USD's top finishers for this event, with both shooting 162 for the 36-hole event. On March 7-8, the Toreros participated in the Cal State Sacramento Invitational. USD finished 7th out of thirteen teams. Hec Wood was the low scorer for USD finishing in a tie for thirteenth overall. He shot rounds of 76-77-78 (231).

Men's Tennis

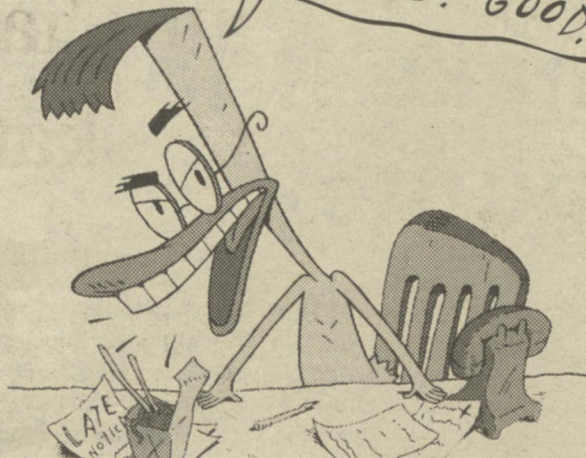
The USD men's tennis team, with a record of 8-7, heads to the Blue-Gray National Collegiate Classic in Montgomery, Alabama. The Tournament runs from Thursday through Saturday. In the past week USD hosted the 8th Pro-Kennex Tournament, a three day event with teams from Penn, Yale, Iowa State, Wichita State, SMU, Northern Arizona and Pacific. After wins over Yale, 7-0, and Iowa State, 5-2, USD dropped a tough 4-3 decision to SMU in the championship match on Sunday. Frederick Axsater won all three of his single matches over the weekend to improve his singles record to 12-6 on the season.

Women's Tennis

The women's tennis team, ranked 26th in the nation and with a record of 8-3, will host the USD Women's Tennis Classic this weekend. Friday's matches include Fresno State vs. Arkansas (8:30 a.m.), Pacific vs. Furman (1:30 p.m.) and Houston vs. UNLV (1:30 p.m.). USD will play at 1:30 p.m. on Saturday against the winner of the Fresno State - Arkansas match. In the past week the Toreros lost to No.17 Notre Dame, 5-4, but bounced back to defeat Yale 8-0 on Monday. Against the Fighting Irish, Kristine Smith (No.3 singles) and Yvonne Doyle (No.4 singles) won their matches. Also winning were the teams of Kara Brady - Laura Richards (No.2) and Smith - Julie Baird (No.3).

New Series

I'M DUCKMAN, YOU'RE THE AUDIENCE. USA'S THE NETWORK. I STAR IN THE SHOW, YOU WATCH IT. THEY PAY ME. EVERYBODY CLEAR ON HIS JOB? GOOD.



DUCKMAN
PRIVATE DICK/FAMILY MAN

From the animators of The Simpsons.
Featuring the voices of Jason Alexander, Tim Curry, Nancy Travis and Dweezil Zappa.
With music by Frank Zappa.

USA
NETWORK

Saturdays 10:30 PM / 9:30 Central

Men's basketball look towards the future

Mike Tanghe
Sports Co-editor

The USD men's basketball team (7-7, 18-11 overall) finished the season strong and have many things to look forward about for next season. The team ended on a good note with a second place finish in the WCC conference tourney. The final game was played before a national TV audience on ESPN. The Toreros led most of the game and lost by three to Pepperdine, who will represent the conference in the NCAA tournament.

Several individuals were honored for their great seasons. Senior forward Brooks Barnhard (14.0 ppg) was selected to the all-conference team. Barnhard led the conference in three point field goal percentage, shooting 47.2 percent from behind the line. Senior Joe Temple (13.2 ppg) and junior guard Doug Harris (14.4

ppg) were named honorable mention all-conference. Harris and Barnhard were both recognized for their outstanding tournament play by being named to the all-tournament team, and freshman forward Brian Bruso was named academic all-conference.

USD will graduate four seniors this year. Chris Grant, Brooks Barnhard, Neal Meyer, and Joe Temple all had excellent careers at USD. Although they will be missed, the future looks bright for the Toreros. There is a strong core of youngsters, featuring sophomores David Fizdale and Sean Flannery and freshman Brian Bruso and James Black, who will look for the leadership of Doug Harris to carry USD next year. Other potential contributors include freshman Rocco Raffo and Andre Speech. Look for the Toreros to improve upon this season's record, and for the program to gain more recognition with scheduled games against top teams such as Kansas and Notre Dame.

Results • Schedules • Commentary • Analysis

USD rolls over UCSD, 79-0

■ *Will face Loyola in championship*

Jeff Charles
Sports Co-Editor

The rugby team has an opportunity this weekend to win the Southern California Collegiate championship Sunday, March 20, at 1 p.m. on the West Point Rugby Pitch. After tying UC Irvine last week and disposing of UCSD 79-0, USD has put itself in a position to win it all against a strong Loyola team. Both the first and second sides for USD are undefeated going into the final game of the season.

USD's game versus UC Irvine last week was supposedly for the Southern California Collegiate championship. Both teams were undefeated and it was a rematch of last years championship, in which USD prevailed. Instead, a tie left both teams in limbo and Loyola with an opportunity to step in and spoil everything.

USD began its game against UC Irvine with the kind of intensity that it takes to win a championship. Two penalty kicks by Scott Lee and a try by Pete "fuzzy" Muzzy gave USD a 13-0 halftime lead. Irvine made a penalty kick that put them on the board, but Lucas Haan scored from 30 meters, giving USD a 20-3 lead.

With the game clearly in hand, USD began to make costly mistakes. Poor tackling and penalties allowed UC Irvine to slowly creep back into the game. Irvine scored two tries in the final 20 minutes of the game, making the score 20-17 with seconds remaining. One last costly penalty allowed UC Irvine to tie the game with no time remaining. The final was 20-20.

"We got too confident", said USD fullback Cliff Miller, "that combined with crucial penalties at crucial moments in the game allowed Irvine back in."



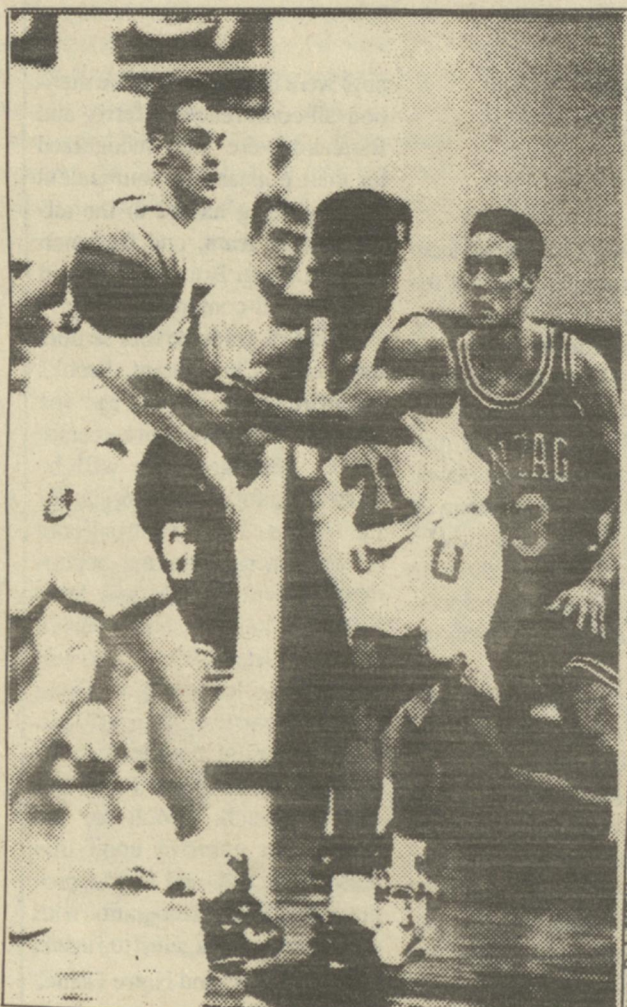
Mike Murphy (with ball) finds a gap in USD's victory over UCSD

The USD Bulls were able to salvage the rest of the day by spanking Irvine's second team 42-14. Trys were scored by Kevin "stringbok" Barrett (2), Martin Small, Dave "pap smear" Polish, and Tim Antongiovanni (2). Brad Schuler and Matt Fripp kicked for USD.

Saturday's game against UCSD was ugly. The 79-0 win for USD reflected a combination of flashy play, determination and a weak opponent. Miller scored three try's, Lee had two as did Muzzy and Haan. Other scorers for USD include Mike Henry, Dave Buether and Aaron Pingel.

The Bulls remained undefeated by beating UCSD's first team 12-0. Brad Schuler and Grant Gallagher scored try's for USD and Schuler kicked the conversion.

Loyola was able to defeat UC Irvine 29-13, propelling the Lions to 4-0 in league and a meeting with USD (4-0-1) for the championship. This should be an exciting match-up featuring some of the best rugby the collegiate division has to offer. Kickoff is at 1 p.m. on Sunday at the West Point Rugby Pitch. Come out, show your support and make some noise as USD attempts to win back to back championships.



Doug Harris(21) had 25 points in USD's victory over Gonzaga

Toreros make it to finals in WCC tourney

■ *Miss NCAA bid by three points*

Mike Tanghe
Sports Co-Editor

The USD men's basketball team finished their season by falling just short of winning the West Coast Conference tournament. Pepperdine defeated the Toreros 56-53 in the championship game. USD had advanced to the title game by triumphing over Portland, 63-57, in the first round and Gonzaga, 83-75, in the semi-finals.

USD, seeded No.4, faced fifth seeded Portland Saturday afternoon. The game saw the Toreros fall behind early, with Portland opening up a 13 point lead midway through the first half. Then senior forward Brooks Barnhard hit a three-point jumper that seemed to ignite USD, with junior guard Doug Harris and freshman forward Brian Bruso contributing free throws that helped cut the lead to one at the half.

The Toreros took a little time to establish themselves in the second half, but three-pointers by Harris and sophomore

forward Sean Flannery put USD up by five early on. Portland went up by one with thirteen minutes gone by, but a Barnhard lay-up a minute later gave USD a lead they would not relinquish. Sophomore guard David Fizdale nailed four free throws in the final minute to assure Portland's early trip home.

The following night USD was matched up against Gonzaga, the top seed in the tournament. USD had the tournament seeders scratching their heads as they came out on fire, shooting 60 percent from the field and converting on all eight of their free throw attempts. This hot shooting propelled the Toreros to an 18 point lead at the half.

Whatever was said in the Gonzaga locker room had no apparent effect on them as USD never gave up their lead. Harris had 25 points, sending the Bulldogs to the kennel.

The win put USD in the finals against Pepperdine, with a trip to the NCAA's at stake for the winner. USD had lost twice in the regular season to Pepperdine, and was hoping to reverse the trend.

The Toreros kept up their tremendous first half play. Paced by Barnhard's nine points and nine rebounds, USD never trailed. Senior forward Neal Meyer came off the bench to hit two threes, and USD led by eight at the half.

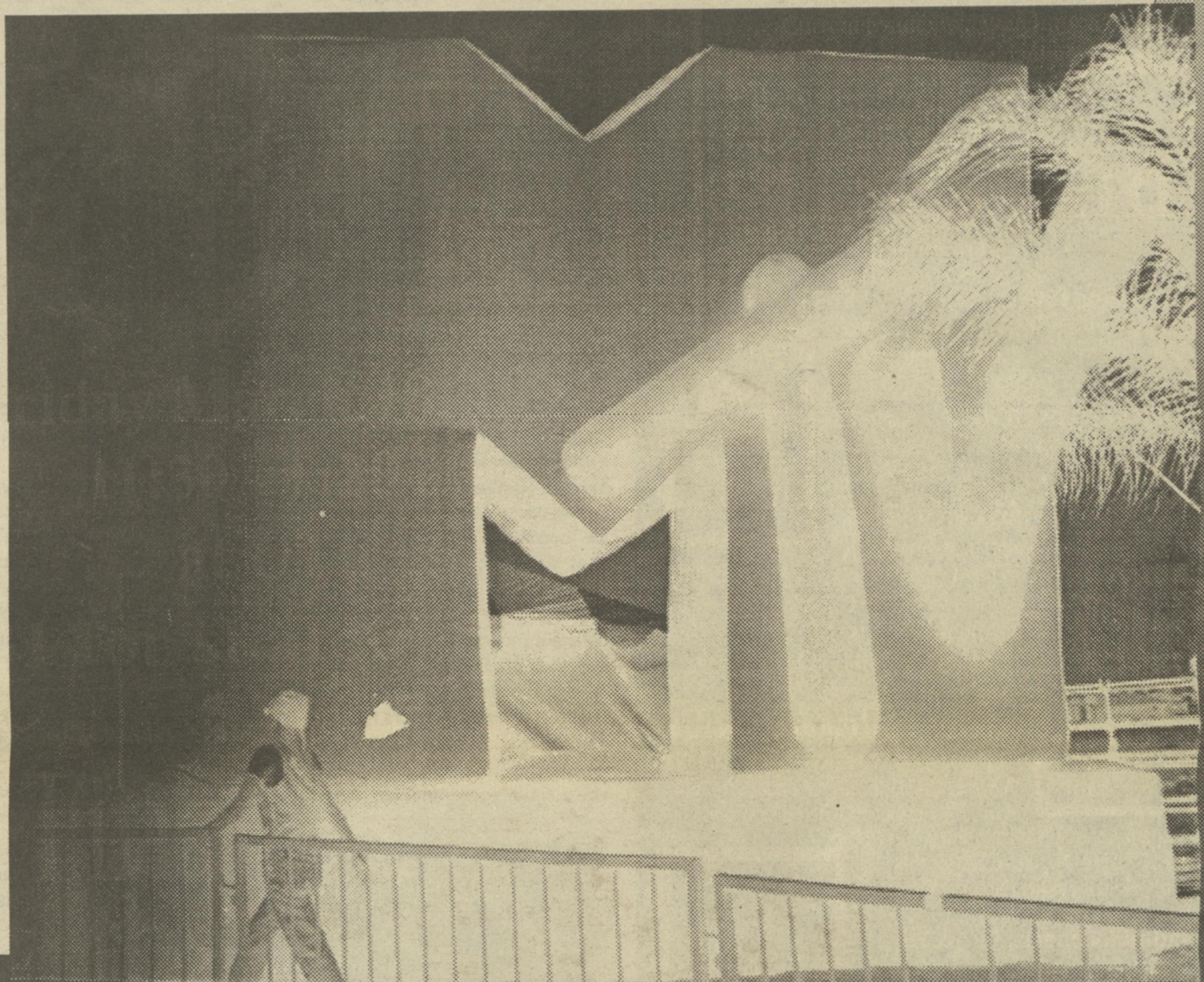
see HOOPS on page 14

Prepare for the Spine-tingling Excitement of the...

OUTLOOK

Spring Break Special

USD's Weekly Guide to Really Cool Stuff Issue VI • Volume V



MTV Spring Break featuring the Jon Stewart Show

Wait, there's more!

- ~~Rocket From the Crypt~~
- Melissa Ferrick
- Drugs Abroad
- Reality Bites
- Soundgarden



MUSIC



Know the Superunknown

Soundgarden
Superunknown
A&M

At some point in their career, Seattle's Soundgarden was tagged with the god-awful label "grunge." The record industry is partly to blame for the use of this marketing phrase in an effort to promote the band's unique sound, but Soundgarden didn't help matters much by releasing *Badmotorfinger*, a work deep-rooted in distorted guitar sounds and voxman Chris Cornell's trademark wail.

Their fourth album, *Superunknown*, destroys the grunge moniker Soundgarden has borne over the past couple of years. The album is simply magnificent and shows amazing musical growth — the kind of growth that can only be accomplished after years of experience. *Superunknown* marks a new era for Soundgarden, one of sonic experimentation and deviation from their traditional heavy rock, sub-Sabbath bombast.

This doesn't mean Soundgarden has become a nouveau-Bauhaus. That would be the furthest thing from the truth. Some of the strongest tracks on *Superunknown* are balls-out rock anthems *a la* Spinal Tap. "Let Me Drown," the album's opener, is a sheer heart attack that pummels the listener with a riff that won't die. "Mailman" and "Kickstand" continue in this vein of never-ending pure melodic noise

that puts AC/DC to shame.

The band's growth is seen in its willingness to record songs that don't "sound" like Soundgarden songs. The strongest songs on the album are ones that possibly were initially meant as a Chris Cornell solo album or material for bassist Ben Shepard's side project, Hater. But, these songs weren't recorded as side projects — they appear in all their magnificence on *Superunknown*.

"Head Down," written by Shepard, has been called "Beatlesque" by press releases and other reviewers, but that doesn't do the song justice. "Head Down" is brilliant and could be Soundgarden's very own "Stairway To Heaven." The ballad begins with an acoustic guitar strumming innocently, then slowly builds into a wall of eerie guitar sounds and percussion. Cornell restrains his voice to a whisper and ingeniously conveys a sense of loneliness that really connects with the great big black heart in everyone.

"Black Hole Sun" and "Fell on Black Days" are companion pieces to Cornell's effort on the "Singles" soundtrack, "Seasons." Both songs are moody, angst-ridden slow-tempo dirges that float in and out of the listener's ears without leaving that pesky "grunge" residue. "Half" ventures straight into the superunknown with violas, cellos and Shepard's lead vocal which can only be described as amazing.

Guitarist Kim Thayil's paw

seems restrained on this record, but this is a good thing. He doesn't overdistort his brilliant fingering and skill with needless feedback. Instead, he lets his music breathe, live and command Soundgarden's sonic assault. Matt Cameron's percussion skills extend way beyond the 4/4 thud of regular rock groups and transcends the norm. He truly shines on the first single "Spoonman" and seems to be the lead contender as heir to John Bonham's throne.

Cornell is the lyricist in music today. His lyrics have moved from merely brilliant to sheer genius. Sample lyrics are meaningless; the only way the reader can truly understand how amazing Cornell is, would be to buy the album for themselves.

Pearl Jam may be the most important band in the world, but Soundgarden will definitely be the most influential. *Superunknown* extends into an area of creativeness that rivals anything released by their rock music contemporaries. *Superunknown* could be Soundgarden's *Sgt. Pepper's Lonely Heart's Club Band* or *Led Zeppelin IV*. The world will not fully understand how important *Superunknown* is until one of the members of the group dies or this generation starts having children.

Soundgarden have left the building. Make sure you go with them.

— Joey Santos

SOUNDGARDEN Discography

• **Screaming Life EP** (Sub Pop 1987)
Soundgarden's first release defined in a new era in what came to be known as the Seattle sound.

• **Fopp EP** (Sub Pop 1988)
This release features a cover of Seattle's original Green River anthem "Swallow My Pride."

• **Ultramega OK LP** (SST 1988)
Soundgarden's first full length album on seminal punk label SST, then home of Bad Brains and Henry Rollins' influential punk group Black Flag.

• **Flower 12" (SST 1989)**
The only single from "Ultramega OK" features the mega-dirge "Toy Box."

• **Louder Than Love LP** (A&M 1989)
Soundgarden's major label debut went virtually unnoticed when it first came out.

The Japanese import feature a cover of the Beatles' "Come Together." After this album, original bassist Hiro Yamamoto left the group.

• **Badmotorfinger LP** (A&M 1991)

The breakthrough album which forever deemed the band "kingpins of Grunge." Subsequent pressings featured the EP "SOMMS," a collection of covers.

• **Superunknown LP** (A&M 1994)
Soundgarden's latest release finally shakes that nasty "grunge" label and is definitely the band's best work.

Side projects and other stuff

• **"HIV Baby"/ "Room A Thousand Years Wide" 7" (Sub Pop 1990)**

"HIV Baby" also appeared on the "Born To Choose" compilation in 1993.

• **"Singles - Original Motion Picture Soundtrack" LP (Epic Soundtrax 1992)**

In addition to "Birth Ritual," Chris Cornell debuted his solo ballad "Seasons."

• **"Hater" LP (A&M 1993)**

Bassist Ben Shepard's mega-blues band features Matt Cameron on drums and a Cat Stevens cover.



The Glee Club
Mine
4AD

4AD has an infamous complexion of putting out soft, slushy, yet more than able musician's records. From Red House Painters to Lush, the record label, originally stationed in Britain, is best known for putting out "British Rock" which means absolutely nothing descriptively. British rock is the rivalry of none other than stank 'ol American grunge — staking quarrels with bands like Suede and The Jesus and Mary Chain. The formula for British rock has been stereotypically described as soft, visceral, mysterious, clean and metallic (not heavy metal) guitar picks and using vocal echo or reverb that is sometimes mistaken for sonar or sea mammals.

The Glee Club does not deviate from any of these conventions of British rock. Vocalist Joanne Lughman's are second to only Siouxi Sioux, sounding younger and even sometimes better than Siouxi. Quality and originality of the music suffer through the predictable formula of music. The ability for The Glee Club to play that music is above average. And making the attempt to incorporate a

violin in some songs penetrates the typical American rock expectations (Nirvana excepted). However, it is not so uncommon in British rock. It is too easy to select possible modern influences in *Mine* like P.J. Harvey in "Remember the Years," Siouxi and the Banshees in "Need," Belly in "Already There" and the Cure (yuk!) in "The Blame." Highlights such as "Bad Child's Dolly" and "Take You There" are probably the best executed on the album. The majority of the songs are produced well with a few exceptions and though *Mine* may impersonate many other musical artists' sounds, The Glee Club still ranks up as one of the finer bands that have come out of 4AD.

— Chris Woo

Hey Jerkey!

So, YOU think you know a lot about music, huh?

Well, the Outlook entertainment God himself (Yours truly) extends a challenge to you. Answer the following questions correctly, and I'll give you a free CD or movie pass.

- 1) What's your name?
- 2) What year are you?
- 3) What is the name of the band whose debut album was called "Just Another Band From East L.A."

Simple, huh? Here's the catch — you have to write the answers on a piece of paper, along with a comment about your favorite thing about Outlook, and bring it by the VISTA office UC 114b) and stick it in the box marked "Music/Concerts." The VISTA God will then do a random drawing thing to determine a winner.

H I G H L I G H T S

Come to the cabaret

Jacques Brel is Alive and Well and Living in Paris

March 23 through March 27
Shiley Theater
8 p.m. nightly
\$7 general admission
\$5 student admission

Tricia Paulcano
Special to Vista

The Undergraduate Theater Arts Program at USD presents the musical, "Jacques Brel is Alive and Well and Living in Paris," its first in over five years. "Jacques Brel," inspired by the actual singer/songwriter who co-wrote "The Impossible Dream," will run March 23 through 27 in Shiley Theater.

"Jacques Brel" is a 23 song collection of vignettes. The musical is set in 1940s Paris, and mirrors Brel's life as he searched for his true musical voice in underground French cafes.

The show's cast features eight students: Jason Ligon, Ben Mendoza, Danny Slavin, Michael Halling, Jennifer Hollar, Colleen Geis, Christina Robertson, and Laura Lee Juliano.

In addition to the student ensemble, the musical will boast a six-member, on-stage cabaret band. The band includes students Adrian Bubb (violin), Todd Moran (percussion), and Kristy Peterson (electric piano), as well as professional musicians



The cabaret crew (clockwise from top): Michael Halling, Jason Ligon, Christina Robinson, Benjamin Mendoza, Jennifer Hollar and Colleen Geis

Jim Davies (Guitar) and Rick Watling (bass).

Marilyn Bennet, coordinator of the theater department, is the production's stage director. Bennet was assisted by choreographer Marilyn Green and musical director/pianist Jack Lasher.

Brel's music has failed to find an audience in the States, but he is

extremely popular in his native country. His music is renowned for invoking wit and cynicism while maintaining a splashy cabaret appeal. The stage production should successfully bring Brel's character and apt talent of colorful observation of the world to Shiley Theater.

For information on tickets, call 260-4600.

Four's a crowd

Crowded House w/ Sheryl Crow

Saturday, March 19
Spreckle's Theater
7:30 p.m.

Matt Morgan
Staff writer

The eclectic New Zealand quartet Crowded House wants to find some space in San Diego, and the space they've found is the Spreckels Theatre on March 19th. Crowded House is touring in support of their fourth album, *Together Alone*, and doubtless hopes that this will be the one to win them the hearts of America.

Crowded House just got more crowded. Vocalist/guitarist Neil Finn, bassist Nick Seymour and drummer Paul Hester are now joined by second guitarist Mark Hart.

Crowded House hasn't yet caught on here to the extent they have in Europe or Australia. Many people on these shores probably remember "Don't Dream It's Over," the 1986 breakthrough hit from the band's self-titled debut album.

At any rate, Crowded House has been faithfully plugging away at the coveted American radio market for almost a decade now, still hoping for that one single that would make the Americans aware of their existence.

The album *Crowded House* also yielded hits of some calibre with "Something So Strong," "World Where You Live" and "Hole In the River."

The band's second album, *Temple of Low Men*, came out in 1988 and again gained momentary attention for the song "Better Be Home Soon," but it soon

faded into obscurity like its more successful predecessor.

1991 saw the release of *Woodface* and the addition of Tim Finn to the band lineup. The album boasted the single "Chocolate Cake," but met with the same fate as its priors.

Together Alone could change things, however. It has been garnering good reviews from critics. The first single, "Locked Out," has been received some rotation on MTV as well as on the soundtrack to the Winona Ryder film "Reality Bites."

Together Alone is a change of direction for the band. It has more of an edge to it than its predecessors, but the change is not too extreme. The album still maintains the band's trademark carnivalesque sound and Finn's crafty lyrical games.

The fact that Crowded House remains in relative obscurity here is a shame because some people clearly don't know what they are missing. The band's shows are famous for their comedic interludes and any number of unexpected surprises.

New guitarist Mark Hart has proved his worth on disc, and has a long history of invention with the band in their live shows. Sheryl Crow opens the show. Tickets are available through TicketMaster, and showtime is 7:30 p.m.



CROWDED HOUSE

OUTLOOK

Events

If you would like to include your event in this box, send typed information to: USD VISTA; c/o Outlook Editor; 5998 Alcala Park; San Diego, CA 92110-2492.

Please remember to include time, date, place, purpose, the event title and some background on the event. All submissions are due two weeks prior to publication. The USD VISTA reserves the right to edit press releases for clarity and space.

compiled by Chris Woo

THURSDAY, March 17

A Celebration of the Feast of Saint Patrick: The USD community will celebrate the patrick's feast day with a Mass in Latin from the Novus Ordo text approved by the Second Vatican Council. Students, staff and faculty are invited to participate in this special celebration in honor of everyone's "patron saint." Founders Chapel, 12:15 p.m., call Campus Ministry at 260-4735.

Big Head Todd and the Monsters w/Freddy Jones: Belly Up, 8:30 p.m., \$15, call 481-8140.

FRIDAY, March 18

Future Visions 2: Computer animation returns to San Diego as a "computer animation celebration." The film features award-winning computer animation shots using the latest in colorful graphic imagery. Reuben H. Fleet Space Theater and Science Center, daily screenings through May 1, \$7.50/\$6/\$5, call 238-1233.

Carcass w/Pitch Shifter: World Beat Center, 8 p.m., \$10, call 296-9334 or 278-TIXS.

Christo and Jeanne-Claude Christo: Centro Cultural Tijuana, 7 p.m., free, call 454-7166 or 544-1482.

SATURDAY, March 19

Crowded House w/Sheryl Crow: Spreckels Theatre, 8 p.m., \$22.50/\$17.50, call 278-TIXS.

Used Book Sale: The San Diego Public Library will hold a used book sale. Proceeds will benefit the Central Library and all branches. Hardback books are \$1 and paperbacks are four for \$1. University Heights Branch Library, 9 a.m. - 4 p.m., call 487-8726.

Jar the Floor: Old Globe The-

atre presents Jar the Floor. Directed by Tazewell Thompson in his company debut. Cassius Carter Centre Stage of the Simon Edison Centre for the Performing Arts, four low-cost preview shows begin March 16, \$23-\$34, call 239-2255.

Brother Cane, Dream Street, 2228 Bacon street, Ocean Beach, 8:30 p.m., \$10, call (619) 278-TIXS or Dream Street box office.

The Los Angeles Children's Chorus: Known for their vitality of tone and excellence in diction, they will present selections spanning the centuries. St. James by the Sea in La Jolla, 4 p.m., \$8/\$4, call 459-3421.

Cephas and Wiggins: Serving up a slice of musical history with a batch of bonafide blues. California Center for the Arts in Escondido, 8 p.m., \$18, call 738-4138.

SUNDAY, March 20

Christo and Jeanne-Claude Christo: Sherwood Auditorium at the Museum of Contemporary Art, 7 p.m., \$4, call 544-1482.

Eighth Annual "Cabaret Supper": The friends of the UCSD Theatre will be hosting this supper which will include a catered dinner and entertainment by the 1994 graduating class of UCSD's Professional Theatre Training Program. Proceeds will benefit the Friends Scholarship Fund for the Department of Theatre. Mandell Weiss Theatre UCSD, 6 p.m., \$75, call 534-3793.

MONDAY, March 21

Larry Coryell Quartet w/Naked To The World: Belly Up, 9 p.m., \$11, call 481-8140.

WEDNESDAY, March 23

"Jacques Brel": The first musical production in over five years at USD. The cabaret-style performance is adapted from the music of contemporary French composer Jacques Brel. The performance features 23 of his most compelling songs. Shiley Theatre USD, 8 p.m., \$7/\$5, call 260-4600 ext. 4901 for tickets or the Fine Arts office at 260-2280.

Spinanes w/Heavens to Betsy and Excuse 17: Casbah, 8:30 p.m., \$7, call 232-4355.

Iguanas: Belly Up, 9 p.m., \$7, call 481-8140.

Songs of My People, Presented by John M. and Sally B. Thornton Rotunda, San Diego Museum of Art, March 19-May 1, call for prices, call 232-7931 ext. 170.

Four broken strings

Singer Melissa Ferrick finds success in simplicity

Joey Santos
Entertainment Editor

Singer Melissa Ferrick walked outside Tower Records on Sports Arena Boulevard last Thursday, guitar in one hand, her soul in the other. She has been touring the U.S. for over six months and doing in-store record store appearances for the past few weeks with Lemonheads front man, Evan Dando. She looked frail and tired, but walked to the small pink stage with confidence, getting ready to perform songs from her beautiful Atlantic debut, *Massive Blur*.

The small audience gathered at the foot of the speakers listened politely as Ferrick proceeded to win them over with her stripped-down collection of ballads that walk the fine line between rock and folk music. Her work has been compared to the sounds of the Indigo Girls, Melissa Ethridge and Liz Phair, but after watching Ferrick perform, it's apparent she's on a different plane than the artists to whom she's frequently compared.

Ferrick spoke softly in introducing "Blue Sky Night," a mid-tempo song about love and innocence. But when she started singing, her voice was no longer soft, it commanded the listeners' attention and was hypnotic.

But, in the middle of this emotional performance, the worst of worst happened — Ferrick broke a string. She smiled nervously and smiled.

"This always happens. I break four strings a show," Ferrick announced. She grabbed her back-up guitar and started over.

Just as she had four years before.

Ferrick grew up in the small, blue collar community of Ipswich, north of Boston. She grew up learning two musical instruments, the trumpet and violin. She eventually fo-

cused on developing her trumpet skills in high school and found success. In her senior year in high school, she was invited to play with a Youth Wind Ensemble in China. The ensemble was an extension of the New England Conservatory, a prestigious national establishment that produces great classical musicians.

In the meantime, Ferrick started experimenting with poetry. A self-described "floater" in high school, she bounced around from group to group. She was friends with the cheerleaders as well as "the art groupie people."

After high school, Ferrick attended the Berklee College of Music in Boston to further her trumpet skills. But soon she discovered a new instrument — the guitar. Her musical focus switched and she found her true calling. School quickly became a distraction and Ferrick found her self intensely playing her instrument "locked away in my dorm room."

Two years passed and Ferrick found herself starting her life over, playing in New York coffee houses. Success came fast, and without even being signed, she landed the opening slot on Morrissey's U.S. and European tours.

The tour was a learning experience for Ferrick and after a flood of record offers from major and independent labels, she decided to sign with Atlantic Records. *Massive Blur* is a product of Ferrick's willingness to learn, experiment and grow.

She admitted that hearing the finished product on her CD player was "weird" at first, but she was extremely happy with the production. Ferrick had creative control on every aspect of the album, right down to the cover art and production.

Ferrick didn't realize how emotionally revealing the work was until the music press started asking her why she was so bitter about



MELISSA FERRICK

love and relationships. When she recorded her album, Ferrick didn't realize how introspective it was. But after fielding an influx of relationship questions, she listened to the album again and saw the press' observations were correct.

Ferrick's lyrics are extremely poignant — very straightforward and direct. "Sometimes the simplest way to say something is to just say it," Ferrick said.

Her method to writing is extremely simple. She never works on something for more than 10 minutes. The best songs for her are those that come automatically.

"Writing is like throwing up all over the pages. Sometimes it's chunky, and sometimes it's not," Ferrick explained.

"Sometimes I'll wake up and just write the first line," Ferrick said. She said that the song, "Massive Blur," was written in a state like this, after an extremely emotional time in her life, when she caught her sister kissing her then-boyfriend.

Extreme emotions are nothing new to Ferrick. She confronts them on an every-day basis. She continually finds herself angry, upset and alone. She admits to having only two really true friends in the world.

Love is one of those sources of frustration. She said most of *Massive Blur* is about the confusion that love breeds, loving someone who hurts you, who doesn't understand. Ferrick admits most of her songs deal with the insecurity, the pain that occurs in becoming a man or woman, the frustration that arises from "trying to incorporate another person into your life" and the feeling of "wanting love, wanting to attain that immediate satisfaction" in one's life.

Ferrick has the talent to connect with everyone on some level. *Massive Blur* has picked up sales in the thousands since Ferrick started touring.

Four broken strings after her first song, Ferrick finished her set outside Tower Records. The audience clapped politely and waited anxiously for Evan Dando to appear. Ferrick disappeared into the store and I waited about 15 minutes for her to reappear outside. She had a video camera in hand and was trying to tape Dando as he was mobbed by the countless teenage girls around him.

Ferrick smiled and lit a cigarette. I was introduced to her by her tour manager and bass player, Marika Tjelios (one of her true friends). She smiled and looked at me with her shocking ocean blue eyes. I was speechless and thankful I connected with someone so cool.

It is so easy to think of musical artists in this MTV age as symbols or images, but Ferrick is flesh and blood and is extremely beautiful.

"Sometimes the simplest way to say something, is to just say it"

— Melissa Ferrick

NEW FACES

The room was filled with nonentities, smoking their Camel Lights furiously, like hungry infants that feed off their mothers' breasts. The smell of alcohol burned my nose and my thoughts were in the here, in the now, amongst this congregation of lonely souls in Guess jeans and Gap chokers.

i made my way to the front of the room with a poem in one hand and perfection in the other - perfection in the form of a love song. Their eyes moved over me, groped me as i clumsily made my way to the stage. Bright lights blinded my eyes as i stood before them. It was hard to see each of their individual faces - they all looked like crushed strawberries ... one massive Wall.

Children scream beyond the Wall ...

Like some mad ventriloquist, i began speaking, reading a poem, the diatribe i had written in a daze, a daze induced by insomnia and loneliness and rage and too much self-induced self-pity and lamentations over the specter of Thel that has dominated my waking hours for the longest time.

There i was, performing in front of people who seemed to be lost at my every word. Eyeglasses were adjusted, bodies squirmed in plastic seats, thoughts wandered and i was screaming like an inane madman about Demons and Angels.

i was an ethereal Karaoke machine. Only instead of singing Blondie's "The Tide is High" or the Village People's "Macho Man," i've just channeled the mad balladry of William Blake. Nobody knows what the hell is going on, not even me.

Note: this is my warped perception of Cafe Asylum. Never mind the pretense. Bear with me and try to hang on.

i continued to spew my sick and twisted and meaningless tripe and everyone listened and everyone didn't listen. i'm blasted away. my Poetry transcends the Concrete, and takes me along with it. Once again, into the Abstract.

Walking among dismembered memories, i find myself in Maher Hall sitting up late one night waiting for a friend to return from a party. It was 2 a.m. About two weeks ago, i tossed and turned and heard nothing but noise coming from down the Hall. i sprung out of bed and realized the noise was Pink Floyd - "The Thin Ice."

If you want to find out what's behind these cold eyes, you'll just have to claw your way through this disguise ...

my eyes were open; i put my boots on, and reached into the Ancient Gallery to retrieve my favorite face. i left my room, and began to walk down the Hall.

i came to a Door. i went inside and found Him, one of the beautiful people, in the fetal position on the floor. Beer bottles surrounded Him and smoke rose from an ashtray in front of His face. A fragrant stench hovered around us, and i realized He too was in the Abstract. Only His means of getting there was induced by the Pathway of the Ancients.

In His chemically induced state, He gurgled and cooed and His eyes were fixated on the TV screen. His eyes locked on Blue, on children falling into meat grinders, on The Wall. He laughed and asked if i wanted to join Him.

i realized i already had.

No words were spoken. There was just us, the beautiful person and myself, amongst wavering dorm rooms and the gelid night air. Fleeing from reality via the Mortuary - within the Abstract. i look into His eyes and see a small child behind the stubble on His chin. We continue watching the monitor and both touch Waters and Gilmore and their Genius.

And it all makes sense - the shaved bodies, the flowers devouring each other, everything makes perfect sense.

There is Sanity in Insanity.

Children scream beyond the Wall ...

i stand in front of my captive audience and read the last lines of my poem. There is thirty seconds of dead silence and then sparse applause. i exit the room as soon as i can for i am in no shape to try to communicate with anyone at that moment. People stare and continue to visually grope me as i make my quiet departure.

i turn around and see the specter of Thel over their heads weeping and i realize i have truly crossed the line between Genius and Insanity.

Outside the cafe, the fog is thick and i hear

You see me everyday, but know not who i am. i live in shadows built by ignorance and fear. i am lowly. i am nothing yet everything. i wander through the halls trying to find meaning in the meaningless. i am an anomaly and do not fit in.

anomaly

someone calling my name. i turn to face the Voice and see Him.

The Demon smiles and says sweetly, "I will never harm you. Time to go, young one, there is much work to be done." He stands in

front of me, clear as crystal.

i move toward the beautiful, black Nothingness and realize Thel was a diversion - a manifestation of the Vales of Har within my mind. It's time to move on, time to move on.

There can be no more peaceful words, there can be no more lamentations, there will be no more Walls.

i scream in ecstasy and pain. The Revolution will begin today and it will not be televised.

In my mental stupor, i had not noticed one of the beautiful people followed me out of the cafe. She witnessed the meeting between the Demon and i, but continued to follow me. She wanted to talk, needed to speak to me. As i stumbled and fell, she called my name and caught me as i was hurtled back to this dimension.

"This may not be the proper time or place," she whispers.

Her Voice is unclear, i'm still a million miles away.

"It's OK," she says. The Angel takes me in her arms and holds me. In that moment, the Demon temporarily flees and leaves my mind. The Angel compliments me, thanks me for my poetry, the Art which has in some way touched her soul.

i realize the Abstract and Concrete have momentarily become one. And her Touch becomes the most real thing i've

ever known. i feel like crying, but there are no tears.

Children scream beyond the Wall ...

Children, scream no more.

Note: i am the Catcher in the Rye.

Hardin's Heavenly Sense

Help Hardin!

I have a small problem. It happens every year during this spring season; people think I resemble an Irish Leprechaun. Just because I am only 3 feet tall and have red hair with a complimenting red beard and tend to break out into song and dance when the urge arrives does not give people the right to catch me and hold me hostage until I reveal the whereabouts of the golden treasure. The fact that I promote a children's cereal with pink hearts, yellow moons, orange stars, purple horse shoes and green clovers does not help either. Please let people know that I'm tired of all this #\$\$@^%&* crap. Just leave me alone!!

Sincerely,
Unlucky Lucky

Dearest Lucky,

Get a life and live with it!! You and your marshmallows make me sick.

Idiotic Notion

This St. Patty's Day I'm going to put a green ~~potato~~ potato in a jar and charge admission for people to come see my Leprechaun in a jar!

By: Dan Quayle

Top Seven

Reasons to wear green on St. Patrick's Day

- 7) So you don't get pinched, you nitwit!
- 6) You can pass off your moldy shirts as sticking with the theme day
- 5) It will compliment your multiple pitchers of green beer
- 4) To hide your food stains derived from Nico's guacamole
- 3) To pretend you're Kermit hunting for the perfect Miss Piggy
- 2) To match your "green gills"
- 1) It's a good excuse to show people how horny you *really* are!!

Pancho & Luke



by Esteban del Rio

The sky was hazy above the crowd gathered at Mariner's Point last week. There was a slight chance of rain, but that didn't stop the Festival Beach Odyssey '94 or MTV from filming its Spring Break special. The footage filmed from March 8 through 14 will air starting tomorrow on the 24 hour video network.

"The Jon Stewart Show," MTV's answer to late-night talk shows, was filmed on Thursday, March 10. There was about 1000 people, both spectators and press, gathered to witness the event which featured actors Cuba Gooding Jr. and Marlon Wayans, Boston's pride and joy, the Lemonheads and San Diego's own Rocket From The Crypt.

The taping lasted about three hours. The cameras hung over the audience gathered in front of the stage (dubbed "The Pit" by MTV staffers) and undoubtedly made the mid-size crowd seem gigantic. The crew filmed two shows in multiple 10-minute segments, as well as filming some promotional ads for the network.

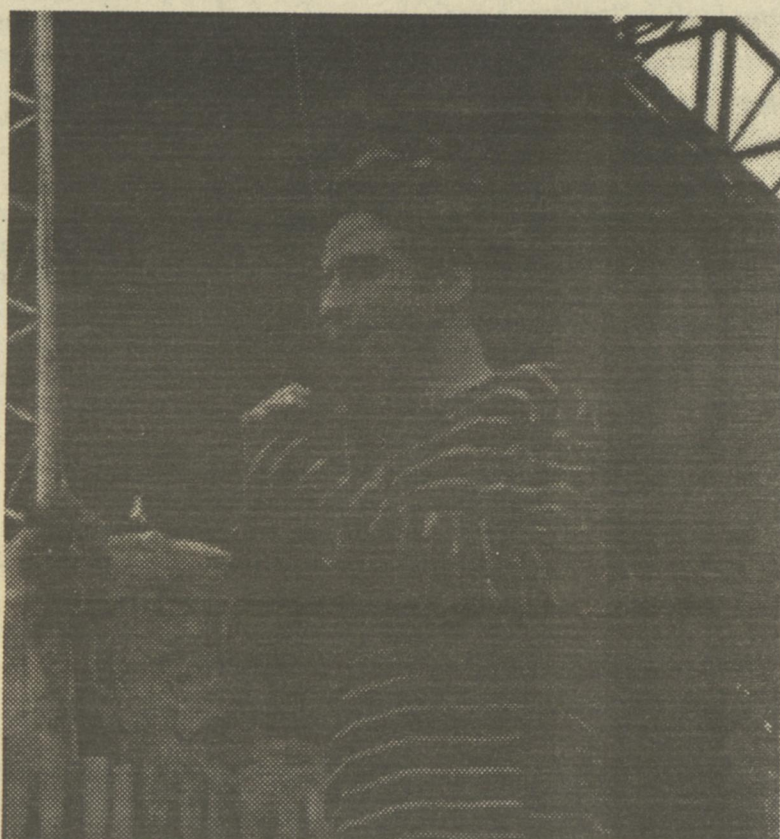
Stewart was his comedic self as he interviewed his special guests. On the first show, Cuba Gooding Jr. talked about his new movie, "Lightning Jack," which also features "Crocodile Dundee" himself, Paul Hogan. Gooding also revealed that he was one of Lionel Richie's break dancers in the 1984 Olympic opening ceremonies. Gooding proceeded to remove his shirt and break dance in front of the cheering throng.

The Lemonheads were next and wowed the crowd with its extremely catchy alterna-pop sound. Evan Dando was sporting a new haircut (a 'do similar to Sinéad O'Connor's) which disappointed a few of the teenage groupies that were in attendance. In any case, the band pranced through a triad of their Top 40 hits — "Big Gay Heart," "Into Your Arms," and "The Great Big No."

After an hour wait, the crew filmed the second show which featured the youngest of the Wayans family, Marlon Wayans, talking about his upcoming projects and growing up with older brothers Keenan Ivory and Damon.

Stewart then staged a "Battle of the Classic Network Stars," which pitted the Brady kids, Peter and Cindy (Peter Knight and Cindy Olsen) against Eddie from "The Courtship of Eddie's Father" and the lovable Rerun from "What's Happening!"

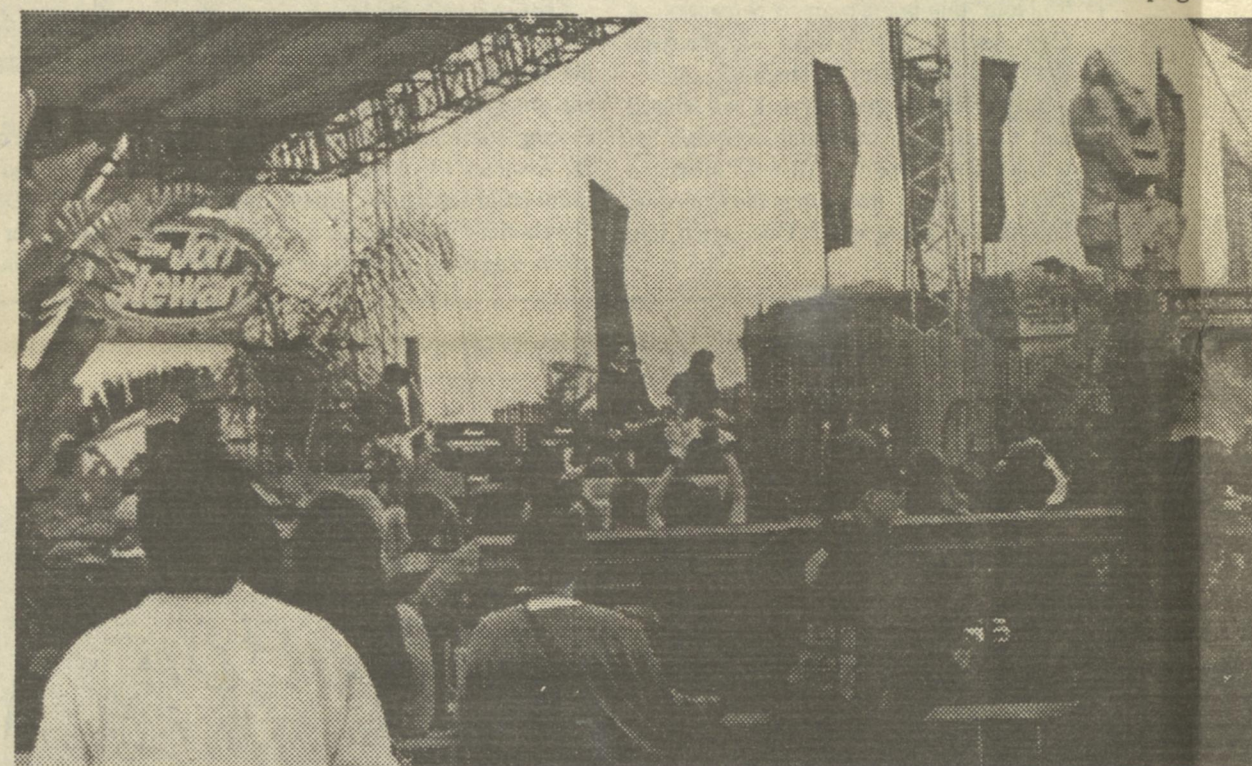
see MTV on page K



Jon Stewart welcomes the audience to his show. The comedian has received good ratings since his show debuted last fall.



Jon Stewart's unique sidekick Howard proved to be the charismatic soul he appears to be on the tube. Here, he does his very best "Where's Waldo" imitation.



The Lemonheads were the featured rock act on the first show. The crowd cheered as Dando and company ran through a brief three song set.



The crowd of people gathered in front of the stage wait for nearly an hour in between tapings. The crowd seemed to be more more apathetic than anything else. When Rocket finally took the stage, a glimmer of excitement filled their eyes.

SPRING BREAK '94



- SANDBLAST
- BLIND DATE
- THE JON STEWART SHOW
- BEAUTY AND THE BEACH
- LJP SERVICE
- THE GRIND
- MTV JAMS LIVE

by: Joey Santos
Entertainment editor



ROCKET FROM THE CRYPT

Speedo's army mobilizes

A Rocket From The Crypt update

San Diego's very own Nirvana, Rocket From The Crypt, triumphantly returned to their native soil in February, with a strong performance at the World Beat Center. RFTC has been on a nation wide tour the past six months with a veritable cornucopia of rather unique bands, such as the Grifters, '68 Comeback, Rodan and Deadbolt.

RFTC's sophomore effort, "Circa: Now!", has been out for over a year. Initially, the album was on the local indie label, Cargo/Headhunter and then rereleased on the Atlantic subsidiary, Interscope. Their current single, "Ditch Digger," is a favorite on MTV's "Alternative Nation" and helping the band gain long-overdue national exposure.

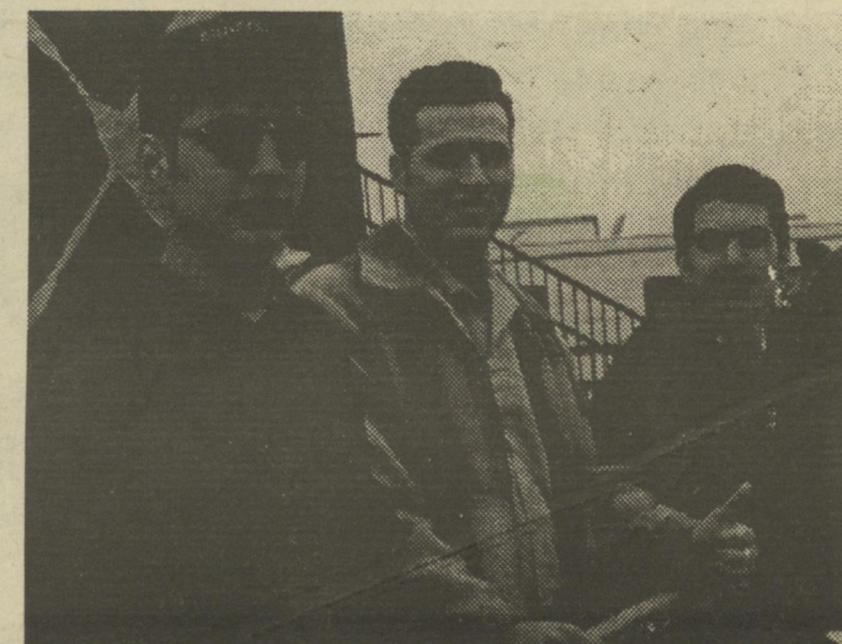
At the recent MTV Spring Break taping, RFTC performed five songs to a rather apathetic crowd. Despite the overt disinterest of some of the audience, RFTC proved once again they are truly awesome live. Their unique blend of pure punk rock and a powerful horn section is dizzying to hear and even crazier to witness. Clad in matching blue sequin shirts, Speedo and the boys cranked out its amazing rock n' roll load and heavy.

Before RFTC took the stage at Mariner's Point, Speedo (a.k.a. John Reis) talked about the group's upcoming plans. Reis said the band plans to relax for a couple of months and will record its next album this fall. RFTC currently have three seven-inch singles planned, one of which is on the indie label, Sympathy for the Record Industry and one on Merge records. The Merge seven inch features "Birdman," a new version of their song "Flip The Bird," which originally appeared on a Sub Pop single.

Reis seemed extremely excited about the tour and the success his band has been experiencing as of late. He said the six-month trek went well and he didn't view the experience as merely supporting "Circa: Now!"

Reis also revealed, "The MTV people have been great." He and his bandmates didn't seem to mind the glitz that went along with performing on the network. He hopes their appearance on "The Jon Stewart Show" will help (and not hurt) the band on its road to success.

RFTC is truly amazing. Their new songs (especially the enjoyably chaotic "UFO UFO UFO") show a definite development in their sound. The band only seems to be getting better live — their World Beat appearance was just short of brilliant. With their directness and desire, Rocket From The Crypt will undoubtedly achieve the national attention and praise it rightly deserves.



Circa: Spring Break 1994! (from left to right): N.D., Speedo, and Petey X.

A South Pacific travel log

Stephanie Sullivan
Special to the VISTA

Imagining a typical summer vacation, I pictured going to the Caribbean, Mexico Jamaica or some other well-known hot spot, but when my parents told me we were going to the Philippines, I hardly knew what to expect. My parents, my brother and I landed in the capital of Manila, only to realize that we would be sweating for the next two weeks because of the extreme heat. The main airport was roofless and was probably over 100 hundred degrees when we arrived. Other than the uncomfortable temperatures, it was an extremely beautiful country with friendly people, great food and a festive environment.

With staring eyes upon you at all times because there are practically no tourists, I felt somewhat uncomfortable, as it was difficult to blend into the country and its peoples. It is a very poor country and the people were extremely respectful and friendly, but since the economy was hurting, some people were desperate and needless to say, two of my bags were stolen. However, I had an incredible time visiting its black beaches, the oldest and most beautiful Catholic Church on the island, open-air markets and their crazy, outrageous festivals.

There is a lot of Spanish influence, because Spain once occupied the island. It is apparent in some of their foods, language and architecture. Filipino food mostly consists

of mouth-watering fruits and delicious seafood plates which are al-



Sullivan with her hosts in Manila

ways fresh and plentiful. Coconuts grow on every other tree and people can often be seen climbing them throughout the day.

Can you picture an amazing beach with jet black sand surrounding sparkling turquoise water? If

you can, this is exactly what Philippine beaches look like. Sailing, scuba diving and other various water activities are popular on many of its coastlines, and vacation resorts are becoming more and more apparent. Honestly, the unique color of the sand is so appealing and amazing to see in contrast to the lightness of the water that it is like two extreme forces coming together.

The Catholic religion plays an important part in most Filipino lives. We visited the most ancient church, which was filled with gold balconies and altars, pastel flowers and singing birds flying from balcony to balcony. It was the most secure,

peaceful feeling as I sat in a pew of the most beautiful church I had ever seen in my life (even compared to those in Europe). The birds were a special part of this church, which would have an effect on anyone.

The people definitely have a zest for life. There are many traditional dances and music that can be seen and heard on the streets and in restaurants. Filipinos like to have fun and since their business industry is not that active, many people have time to relax. However, since the Philippine economy is not thriving, many people suffer and live in hut-like houses. The government is not the most safe or trusted, nor the most pro-American either, yet I would highly recommend going to the Philippines if you want to visit a unique, out-of-the-way paradise with a fascinating culture and people.

The Economics of the Citibank Classic Visa card. How no annual fee, student discounts and Price Protection create upward growth.

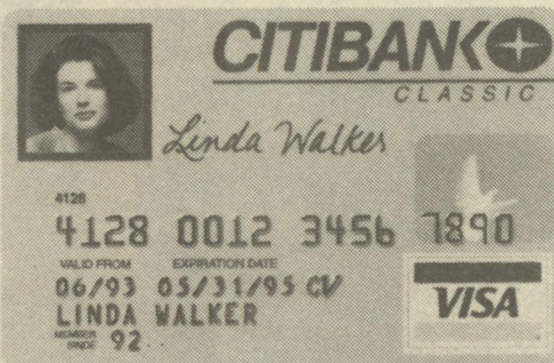
A variety of factors have been suggested as contributing to the economic growth of students, including (1) more lottery winners between the ages of 18 and 22, (2) a 37% increase on earnings from bottle and can returns, (3) more students doubling earnings in the lightning round of game shows, and (4) the Citibank Classic Visa® card. It's this last one, however, that affects most students. ¶ The Citibank Classic Visa card offers immediate savings to student cardmembers. You can now receive the Citibank Classic card with **No Annual Fee**. You can capitalize on a **\$20 Airfare Discount** for domestic flights¹, a low variable interest rate of 15.4%², as well as savings on mail order purchases, sports equipment, music and magazines. One might even have enough savings to reinvest in a



No known picture of Washington smiling exists. Economists believe Washington was unhappy because he felt he could have received a better deal on war supplies. If he used a Citibank Classic Visa card, he would have been assured of getting the best price and probably would have been happier. (Artist's rendering of how he would have appeared on the dollar)

CD or two (the musical kind, of course). ¶ On the way to the record store, or any store for that matter, take stock of the 3 services concerned with purchases made on the Citibank Classic card. **Citibank Price Protection** assures one of the best prices. See the same item advertised in print for less, within 60 days, and Citibank will refund the difference up to \$150.³ **Buyers Security™** can cover these investments against accidental damage, fire or theft (ordinarily causes for Great Depressions) for 90 days

from the date of purchase.³ And **Citibank Lifetime Warranty™** can extend the warranty for the expected service life of eligible products up to 12 years.⁴ ¶ But perhaps the features which offer the best protection are your eyes, your nose, your mouth, etc.—all featured on **The Photocard**, the credit card with your photo on it. Carrying it can help prevent fraud or any hostile takeover of your card. (Insiders speculate that it makes quite a good student ID, too.) Even if one's card is stolen, or perhaps lost, **The Lost Wallet™ Service** can replace your card usually within 24 hours. ¶ So never panic. As we all know, panic, such as in the Great Panics of 1837, 1857 and 1929 can cause a downswing in a market. But with **24-hour Customer Service**, there's no reason for it. A question about your account is only an 800 number away. (Panic of the sort experienced the night before Finals is something else again.) ¶ Needless to say, building a credit history with the support of such services can only be a boost. You're investing in futures—that future house, that future car, etc. And knowing the Citibank Classic Visa card is there in your wallet should presently give you a sense of security, rare in today's—how shall we say?—fickle market. ¶ To apply, call. Students don't need a job or a cosigner. And call if you'd simply like your photo added to your regular Citibank Classic Visa card. Here's the number: **1-800-CITIBANK, extension 19. (1-800-248-4226).** ¶ The Law of Student Supply and Demand states, "If a credit card satisfies more of a student's unlimited wants and needs, while reducing the Risk Factor in respect to limited and often scarce resources—with the greatest supply of services and savings possible—then students will demand said credit card." So, demand away—call.



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LOCAL MUST



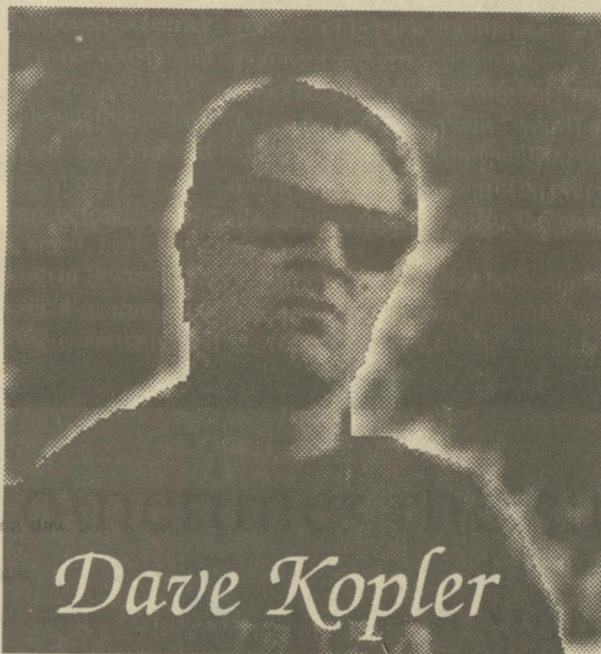
Josh Higgins

Joey Santos
Entertainment Editor

In Eastern philosophy and the Hindu religion, the god Shiva heralds destruction. As Shiva dances across the sky, the god projects rings of fire and is a harbinger of chaos.

But from that chaos comes rebirth.

In the San Diego music scene, the band Shiva shares striking similarities with its Hindu deity namesake. Its existence heralded the destruction of another local institution, Honeyglaze. But from the ruins of that groove-rock legacy, bassist Josh Higgins and drummer Dave Kopler rose and joined forces with guitarist Kent Rundell and vocalist Goddy to form an



Dave Kopler

The rise of shiva

From the ruins of rock band Honeyglaze, a new group rises

entirely new entity.

"We wanted to do something more heavy than what Honeyglaze was doing," Higgins said. He and Kopler parted ways with guitarist Mike Abdelnour late last year and have refused to look back.

The search then began for new bandmates.

Higgins first found Goddy in the most unlikely of places—a wedding hall.

"He was playing the piano and singing," Higgins said. "He had a great voice, so I went up and just started talking to him. A week after that, he came out and tired out [for the band]. He sang with me and Dave, and we were like, 'Fuck, this is great.'"

Goddy is an experienced performer who has been out of the music scene a while. His last band, Komuniti F.K., are punk rock legends in Los Angeles and provided the arena for Goddy to develop his intense stage presence.

"So, we had three people," Higgins said. "We started the search for a guitar player and it was crazy. It went by word of mouth at first. There was like five or six people that came out, but there was no one who was getting what we were looking for."

"We put an ad in the [San Diego] Reader because we were getting desperate and we got every fucking idiot under the sun calling us," Higgins said of the initial flood of self-proclaimed musicians knocking at Shiva's proverbial door.

"This one guy called me and asked

me what bands I was in. I told him I was in Honeyglaze. He's like, 'Oh, really man. You guys want to come play a party at our house?' I said, 'No, we're looking for a guitar player.' I could tell that guy wasn't going to work out, so I just hung up the phone."

Three months and 41 guitarists later, Shiva finally found Kent Rundell, a local musician who's played with noisemeisters Granfaloon Bus. Rundell is an accomplished artist whose musical talents are not limited to the guitar. Rundell also plays the piano, cello and violin.

With the last member officially in place, Shiva began writing material. Five weeks after Rundell joined the group, Shiva played their first live show at El Cajon's Soul Kitchen to debut the songs on which they had been working.

"That first show we looked at as a practice, like a rehearsal, but live," Rundell said.

"We were all nervous. After you play with people for a while, you get to know them better and you feel more comfortable on stage. We're not to that point yet. That will come with time," Higgins said.

Shiva did not look like they were uncomfortable that Friday night at the Soul Kitchen. From the minute they took the stage, Shiva commanded the room's attention. Their riffs and tremendous sense of stage presence was impressive, especially for their first performance. Kopler commands the drum kit with force, while Higgins is the consummate bassist, keeping perfect time and rhythm.

Rundell is explosive on guitar, and despite having been with the band for only five weeks the night of the performance, dazzled the crowd. Goddy is dynamic. His voice

is deep, guttural and hypnotic. He seemed to be relaxed, at home in front of the audience.

Shiva's next show will be at the local music Mecca, the Casbah. The guys are really excited about the show and have a rather unique performance in store for those who attend.

"We got some cool shit planned. I had to talk to the San Diego Fire Department and I had to talk to the owner to make sure it was OK to do this," Higgins said about the upcoming Casbah show.

Higgins was loathe to reveal any other details, but he did say, "We're trying to get these transvestites from Hillcrest to dance on stage with us, but they're kind of expensive."

After the Casbah show, Shiva plan to record their first demo tape. Higgins is excited about "immortalizing" the band's songs. The band purposely waited this long to do the demo to make sure the material had the chance to mature.

But, there is a recording of Shiva currently in existence.

"It's really shitty," Higgins said about the tape. The recording was done on a ghetto blaster at the last minute in order for the band to be eligible for the upcoming May Day concert at the end of April. All band have to submit a tape and Shiva gave their dubious recording to Lou Niles, host of 91X's Loudspeaker and a member of the May Day review board.

Niles then played "New Old," a song from the tape, on his local music show without the band knowing. "We told Lou we really didn't want anyone to hear, but I guess you heard it," Higgins said.

Shiva will undoubtedly have a strong demo. With all the members' dedication to their music, their sound can only get stronger.

USD University of San Diego

1994 SUMMER BULLETIN

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C O L L E G E L I F E

TRAVEL WARNING ON DRUGS ABROAD

Don't let your trip abroad become a NIGHTMARE

In 1993, over 2,500 American citizens were arrested abroad. Almost 1,000 of those arrested were held on charges of using or possessing drugs.

I know that many college students plan to travel abroad during their spring and summer breaks. Maybe you have been planning your trip all year. Perhaps you have begun buying and packing necessary items like a toothbrush, sunscreen and sunglasses. I hope you will think twice before packing something that will not only destroy your trip, but could easily ruin your life.

The global war on drugs is heating up and there are increased efforts by many countries to stop the flow of illegal narcotics. If you think there is no real danger in buying or carrying just a "small" amount of drugs on your overseas trip, you might be in for possessing as little as a third of an ounce of marijuana.

You might assume that, as an American citizen, you are immune from prosecution under foreign laws and that the U.S. Constitution follows you wherever you go. Unlike the United States, few countries believe "you are innocent until proven guilty."

The truth is that Americans suspected of drug violations can face severe penalties, even the death penalty, in some foreign countries. It is not uncommon to spend months or even years in pretrial detention, only to be sentenced to a lengthy prison stay without parole.

Once you leave U.S. soil, U.S. laws and constitutional rights no longer apply. U.S. consular officers can visit jailed Americans to see that they are being fairly and humanely treated, but cannot get them out of jail nor intervene in a foreign country's legal system on their behalf.

You should be particularly wary of persons who ask you to carry a package or drive a car across a border. Once that package or anything in the car is in your possession, you become responsible for it. You will be blamed for it, no matter who has put it there. You might unknowingly become a narcotics trafficker. To local authorities, ignorance is not an excuse. You will have to pay the fine and may even spend time in jail for a crime that you did not know you committed.

If for medical reasons you must take medication or other prescriptions containing narcotics, carry a doctor's certificate attesting to that fact and keep all medications in original and labeled containers.

Getting involved with drugs overseas can do more than spoil your vacation, it can destroy your life.

For further information contact: Bureau of Consular Affairs, Public Affairs Staff, (202) 647-1488.

HARD FACTS:

* In 1991, there was a 55 percent increase in the number of women arrested on drug charges. In 1991, marijuana was involved in 77 percent of the cases. Many of these possessed one ounce or less of the substance. The risk

of being put in jail for just one marijuana cigarette is not worth it.

* Once you're arrested, the American consular officer cannot get you out!

* A number of countries, including Mexico, Jamaica, the Bahamas, and the Dominican Republic, have enacted more stringent drug laws which impose mandatory jail sentences for individuals convicted of possessing even small amounts of marijuana or cocaine for personal use

* Once you leave the United States, you are not covered by U.S. laws and constitutional rights

* Bail is not granted in many countries when drugs are involved

* The burden of proof in many countries is on the accused to prove his/her innocence

* In some countries, evidence obtained illegally by local authorities may be admissible in court

* Few countries offer drug offenders jury trials or even require the prisoner's presence at his/her trial

* Many countries have mandatory prison sentences of seven years or more without parole for drug violations

You may say "it couldn't happen to me" but the fact is that it could happen to you if you find yourself saying any of the following:

...My family has enough money and influence to get me out of trouble.

...If I only buy or carry a small amount, it won't be a problem.

...As long as I'm an American citizen, no foreign government will put ME in THEIR jail.

If you are caught buying, selling, carrying or using any type of drug — from hashish to heroin, marijuana to mescaline, cocaine to Quaaludes ...

It can mean:

* Interrogation and delays before trial including mistreatment and solitary confinement for up to one year under very primitive conditions

* Lengthy trials conducted in a foreign language, with delays and postponements

* Two years to life in prison some places include hard labor and heavy fines, if found guilty

* The death penalty in a growing number of countries (e.g., Saudi Arabia, Malaysia, Turkey, Thailand)

— compiled by Christine E. Naugle from the Bureau of Consular Affairs

Remember!

■ If someone offers you a free trip and some quick and easy money just for bringing back a suitcase ... SAY NO!

■ Don't carry a package for anyone, no matter how small it might seem

■ The police will be waiting for you at the airport

■ If it's in your suitcase, you will get caught

■ You will go to jail for years and may even lose your family

■ Don't make a jail sentence part of your trip abroad

College Life Events

Spring Break photo contest

The Commuter Student Association invites all USD commuters to share their Spring Break experiences with the rest of campus by entering the first "Spring Break Photo Contest." All entries must be submitted to the Office of Student Affairs by 5:00 p.m. on Mon., March 21. The photos will be on display in Aromas during that week. First, second and third prizes will be awarded at 4:00 p.m. on Mon., March 28 at Aromas. For more information, contact Susan Payment at 260-4590.

Blood drive

The San Diego Blood Bank will be on campus March 29 and 30. The biannual blood drive will take place in Forum A from 10:00 a.m. to 3:00 p.m. and is co-sponsored by Alpha Phi, Delta Sigma Pi and Delta Tau Delta. Donors will receive free t-shirts and cholesterol screening. For additional information, call Susan Payment at 260-4590.

San Felipe (March 25-27)

Hurry up and buy your tickets by Fri. for the greatest weekend of your life! Twenty schools will be enjoying the beautiful weather and water down in San Felipe between March 20 and 27. Twelve schools from the West coast will be joining USD March 25-27. Price is \$49 per person. Tickets can be purchased from Bryan Dorman at 488-4951 or 973-8791 or from Tim Sullivan at 488-7404. Bands attending are Candlebox, Munkafust, Stranger, and Modern Faith. Reuben's campsite is cabana-style including a restaurant and bar. See you there!

'Reality' hits hard

Joey Santos
Entertainment Editor

The caste of today's society that have the grand distinction of being twentysomething, being labeled "Generation X" by the thirtysomething media mongers in three-piece suits, are faced with some pretty hefty tasks in their collective futures. With global conflicts, a growing national debt and the phantom of Howard Stern broadcast ethics permeating the country we live in, the "Conjunction Junction" generation are getting ready to inherit the Earth.

Ben Stiller's first feature film, "Reality Bites," deals with this generation — a group of college graduates that faces that big hairy monster called "real life." The movie stars Winona Ryder, Ethan Hawke and Stiller as three twentysomething adults faced with the monolithic problem of existing.

The story revolves around Lelaina Pierce (Ryder), valedictorian of her university and aspiring film director. Vickie (Janeane Garofalo), Sammy (Steve Zahn) and Troy (Hawke) complete her circle of friends and companions in her journey through the big, bad world.

Vickie is manager at the Gap and revels in her promiscuity — her tally of one-night stands rises to 66. Sammy is a closet homosexual who revels in his simplicity and celibacy. (Vickie tells him, "If we can get two women on the Supreme Court, we can get one on you.") Troy is the textbook intellectual

rebel, the slacker rock star 10 units away from his degree in philosophy who is content to just live for "the details" of life.

When Michael Grates (Stiller) enters Lelaina's life, things start to get interesting. Michael is an executive at In Your Face TV, a trendy visual orgy along the lines of MTV and is looking for something unique to pitch to his program directors.

By a humorous twist of fate, Lelaina begins a romance with Michael just as she's fired from her job. Lelaina had been working on a documentary about herself and her friends which she shows to Michael. When he pitches it to In Your Face execs, they go crazy and want to buy the tapes from Lelaina.

In the meantime, Lelaina copes with the loss of her job, the possibility of Vickie testing positive for HIV, and Steve's decision to come out of the closet. Add to this the growing frustration of suppressed love she has for her long time friend Troy, and Lelaina finds herself in a sea of discontent.

It is this sea of discontent writer Helen Childress brings to the big screen with true care and tenderness. No nuance of everyday life is lost in her script; the way Vickie and Lelaina dance to Squeeze's "Tempted" as they drive back from the Gap, Vickie's fetish for "Charlie's Angels" lunch pails and the friends' collective love for pizza. This is our generation and Childress does an amazing job of capturing it.

Then there's Stiller, who it is truly hard to believe is a first-time director. His style is truly solid and watching him develop further in the future should be great fun.

Behind the Camera

Director:
Ben Stiller
Credits:
'The Ben Stiller Show' (1991)



'Reality' stars (clockwise from left): Janeane Garofalo, Steve Zahn, Ethan Hawke and Winona Ryder

Ryder is amazing. She is a charming modern-day Diva who proves again and again she is truly talented. Hawke captures his character's rugged bravado perfectly, while Stiller does a great job of being clueless.

But, the real find in this film is Janeane Garofalo. She can waver between serious and comedic within a sentence and has the happy talent of commanding a scene no matter who's in it. A perfect example of this is the "My Sharona" sequence that is sure to become legendary. With her simple line ("Turn it up, you won't be disappointed") and goofy dancing, she radiates a comedic presence that is truly infectious.

"Reality Bites" is humorous, witty and above all achieves something that is truly remarkable for a first-time director and screenwriter — through the simple tale of a group of friends struggling from day-to-day somewhere in Texas, it successfully comments on the state of "Generation X" today.

MTV

continued from page F

(Brandon Cruz and Fred Berry). The two teams ran through an obstacle course outfitted with cheesy Info-mercial events, the Thighmaster Crunch and the Flo-bee Cut-off.

Finally, Rocket From the Crypt played a blistering five-song set which featured "Ditchdigger" and "Hippy Dippy Do" from their Interscope debut "Circa: Now!" After the cameras were turned off, Rocket continued playing to a slightly indifferent audience. New songs "Sugar Freak" and "UFO UFO UFO" seemed to fly over the lethargic crowd's collective head.

This lethargy proved to permeate the afternoon and eventually cheapened the already cheap corporate feeling MTV leaves in one's mouth. The cosmopolitan crowd, made up of trendy model clones and tired beach bums, spread through Mariner's Point like some disease. They were waiting for their faces to beam in the cameras and were totally oblivious to the talent performing.

Everything seemed really processed and staged. The spontaneity TV audiences witness on "The Jon Stewart Show" on a weekly basis is actually carefully calculated, planned, executed, edited and finally approved by company bigwigs in New York and Los Angeles. MTV makes sure the viewers at home don't see Jon Stewart with a cigarette dangling from his mouth or know about the "talent scouts" which comb different areas for beautiful, well-built women to put in front of the MTV cameras.

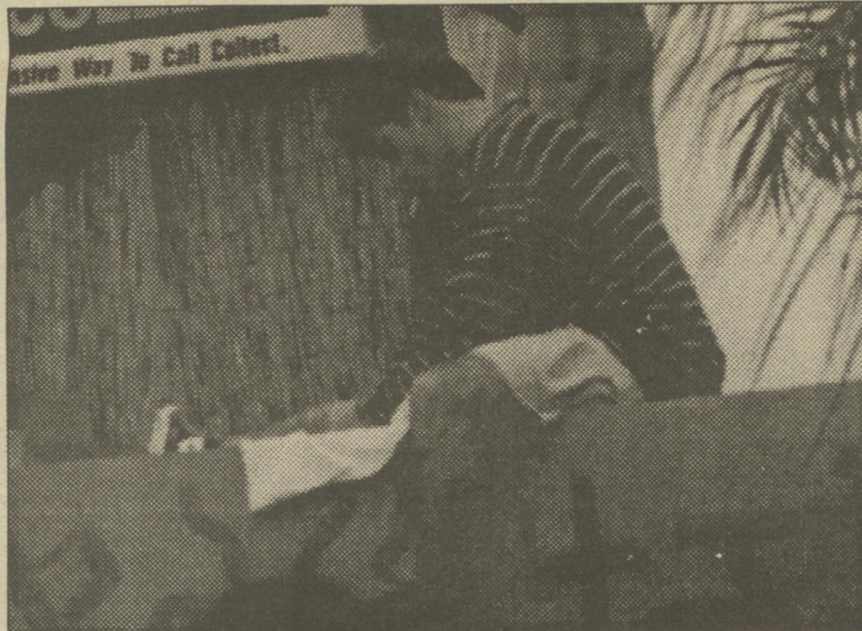
The only genuine people at the taping seemed to be the Rocket entourage which proved to be incredulous about the whole "Land of Merry Sunshine and Fun" image MTV was trying to perpetuate. It was both humorous and sad to see Evan Dando being mobbed everywhere he walked, while the

guys in Rocket were able to blend in unnoticed with the rest of the people gathered.

Gar Wood from Tanner and Q. from fluf were in attendance, as well as rust's John b.

"It's exactly what I thought it would be like," John b. said as he watched the Lemonheads perform. He then laughed about the overcast sky raining on MTV's proverbial parade and mused over how the channel would figure out a way to make the dreary day appear glamorous.

There's no doubt the network will figure out a way. After all, it is MTV.



Jon Stewart enjoys a cigarette after introducing the lovable Rocket from The Crypt.



ROCKET FROM THE CRYPT

Associated Students Social

presents.....

ICE SKATING NIGHT!



Friday March 18, 1994
11:30 - 1:30 a.m.
at UTC
\$1 for skate rental



1994-95 ON-CAMPUS HOUSING

The Fall Housing Sign-up Period For
 Current USD Students is April 4 through April 28, 1994

New for 1994-95

- * There will be no increase in the Room and Board Rates for 1994-95. The current 1993-94 fees will remain in effect for 1994-95
- * A 10 meal plan plus \$125 cash balance will be available in addition to the current meal plan options.

Current residents: Watch for a handout from your Resident Assistants explaining the various housing options available for the 1994-95 academic year.

Off-Campus students: Stop by the Housing Office for sign-up information anytime after March 23, 1994.

IMPORTANT DATES

Special Interest Applications Due	March 25
"Squatter's Rights" Option Available	April 4-April 22
Draw Lottery Numbers	April 4-April 28
LAST DAY TO ENTER LOTTERY	THURSDAY, April 28
Room Sign-up Weekend	April 30-May 1

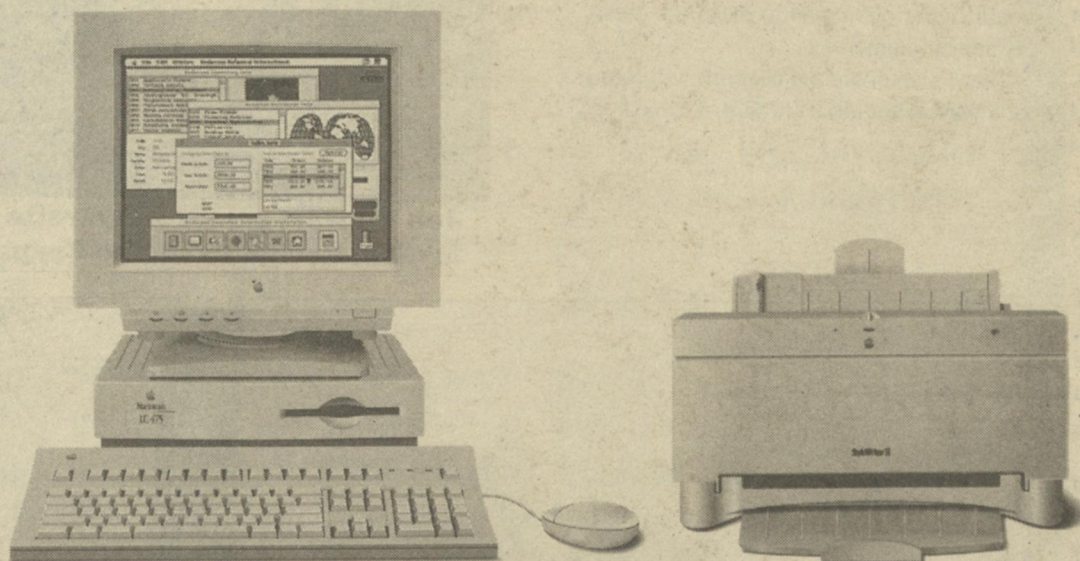
REMEMBER:

A Room Reservation Deposit of \$150 is necessary to sign up for fall housing.

Housing is not confirmed until the necessary forms and the 1994-95 Housing and Dining Services Contract is complete and on file in the Housing Office.

The HOUSING DEPARTMENT
MISSION CROSSROADS BUILDING
EXTENSION 4622
8:00am - 5:00 pm
Monday - Friday

Finally, something for college that just got less expensive.



Macintosh LC 475 4/80, Apple Color Plus 14" Display, Apple Extended Keyboard II, PLUS the Apple StyleWriter II.
Only \$1,424 after \$100 rebate!

Right now, when you buy an already affordable Macintosh® LC 475 with an Apple® StyleWriter® II or LaserWriter®, you'll receive a \$100 mail-in rebate from Apple.* That's a hundred bucks now on a computer with fast 040 performance. Plus the Macintosh LC 475 is upgradable to PowerPC™ perfor-

mance in the future, if you need it. But that's not all. You'll also take home seven popular software programs while supplies last. That's a complete Macintosh system with a lot of goodies, at a really unbeatable price. So, what are you waiting for? College may last four years, but this offer won't.



**For more information please visit the
 USD Bookstore or call 260-4552**

Hours: Monday-Thursday, 9am-6pm; Friday, 9am-4pm; Saturday, 9am-4pm

*Offer valid through 3/31/94 or while supplies last. See your Authorized Apple Campus Reseller for details. Offer void where prohibited by law. © 1994 Apple Computer, Inc. All rights reserved. Apple, the Apple logo, LaserWriter, Macintosh and StyleWriter are registered trademarks of Apple Computer, Inc. PowerPC is a trademark of International Business Machines Corporation, used under license therefrom.