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Filling Out a Family in Triplicate

For Alicia Gallegos-Butters and her husband, James, good things come in threes.

Gallegos-Butters, academic director for the International M.B.A. program at the School of Business Administration, gave birth June 4 to fraternal triplets, Gabriella Maria, Olivia Maria and Alison Maria. Gallegos-Butters, who knew the girls wouldn't bear her maiden name, instead gave each of them her own middle name.

"It definitely was something we didn't ever expect," says Gallegos-Butters, who, who says the babies were conceived without fertility drugs.

Ironically, the husband and wife, neither of whom have a family history of multiple births, found out they were having triplets only hours before closing escrow on a three-bedroom, two-bath house not far from campus.

"Had we known we were having triplets (earlier), we would have gotten a bigger house," says Gallegos-Butters, who eventually plans to add a second story to the home.

Gallegos-Butters, who has worked at USD since 1998, experienced an uneventful pregnancy, gaining 90 pounds during the 32.5 weeks of pregnancy—average gestation for triplets.

After the mom-and-dad-to-be—neither of whom had ever changed a diaper—came to grips with the shocking news of parenting triplets, they got prepared. Besides buying everything in threes— toys, clothes and cribs—the family upgraded to a full-sized, four-door truck. They also armed themselves with information that went out the window as soon as the triplets came home.

"It was trial and error," says Gallegos-Butters, as her daughters (Continued on page 3)

Brian Fogarty Proves Nice Guys Finish First

As USD's football coach for 13 years, Brian Fogarty often convinced 18-year-old men that USD is a great place to get an education and play college football. In 1995, when he became the associate director of development for athletics, Fogarty found his recruiting skills came in handy.

"I didn't realize until I started doing this job that the focus was the same," Fogarty says. "The only thing that changed was the age of the people I was talking to."

Fogarty, who later became director of development for athletics and in July was named director of development for athletics and student affairs, is USD's 2003 Administrator of the Year. He earned the title, in part, because he never stopped being a good coach.

"My approach as a boss is the same (Continued on page 2)
Brian Fogarty
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as when I was a coach,” Fogarty says.
“Don’t ask people to do something
I wouldn’t do myself, I treat everyone as
equals and I show them they have a lot to
offer in the big picture of what we’re trying
to accomplish.”

Executive Assistant Pauline Thonnard,
one of three people who nominated
Fogarty for the honor, which was
announced at the Employee Picnic in
June, says he’s an incredible leader.
“Everybody wants to do their best for
Brian because of the way he is,” says
Thonnard, who has worked with Fogarty
for eight years. “He’s constantly praising
people, and his loyalty to the university is
unquestionable. He makes me proud to
be part of his office, and there’s no place
else I’d rather be.”

Fogarty’s team, however, isn’t just
cheering on the sidelines, but scoring
major points for the university. Although
it’s difficult to calculate how much money
he’s helped raise for the athletics depart-
ment, Fogarty says a good measure is the
department’s annual budget, which was
under $500,000 when he joined the
development team in 1995, and is now
over $1 million.

“I wouldn’t say my job is easy,” says
Fogarty, who came to USD in 1983. “But
if you have a product you believe in, it’s
easy to promote. I’ve come to really love
USD, so it’s an easy sell for me.”

The money he raises goes toward
scholarships, upgraded equipment, travel
and individual teams. The result has been
a vast improvement across the board. The
football team last year placed second in
the northern division of the Pioneer
Football League, while the men’s basket-
ball team in 2002-03 won the West Coast
Conference championship and competed
in the National Collegiate Athletics
Association tournament. Also last year, the
women’s volleyball and soccer teams, and
the men’s soccer, tennis and baseball teams,
all qualified for their NCAA tournaments.

“Our goal is to provide enough
resources for each team to compete for
the championship in its conference,”
Fogarty says. “If we could bring our sports
up to the level of what are opponents are
providing to their teams, then the sky’s
the limit.”

Fogarty also has been instrumental in
major improvements to athletics facilities,
including the campaign for the Jenny
Craig Pavilion.

“It was amazing to go to the cham-
pionship game, and see how the Jenny
Craig Pavilion was rocking,” Fogarty says
of last season’s basketball WCC champi-
onship tournament. “People were going
crazy, and it was as good as any other
sports venue in the nation.”

The Construction Corner

Construction crews made major headway
in September. Here’s what to expect in
October.
• Degheri Alumni Center: Crews will be
color-coding the exterior of the building,
installing the clay tile roof, painting the
interior and laying bathroom tiles.
Around the exterior, they’ll be tiling the
courtyard, positioning the fountain and
pouring concrete sidewalks.
• West Marian Way Parking Structure:
A portion of the four-story, five-deck
parking structure opened Sept. 22 with
300 spaces. The remaining 460 spaces
will open Oct. 15.

SEA Snippets: New Meeting Times Announced

The following issues were discussed at the
September meeting of the Staff Employees
Association:
• The SEA will change the hours of its regular
meetings from 2 to 3 p.m. to 11 a.m. to
noon for October and November. Members hope the change will attract
more people to the meetings.
• Julie Tahapary of campus diversity was
named SEA vice president by SEA
President Penny Navarro. Tahapary will
serve for the existing two-year term,
which ends in 2004.
• Tahapary announced that applications
will be posted Nov. 1 on the SEA Web
site, www.sandiego.edu/sea, for the SEA’s
Adopt-A-Family holiday charity program.
Employees can nominate anyone at the
university who may be going through an
especially tough time financially this holiday
season. The goal, depending on how
much money the SEA raises in the next
couple of months, is to help at least five
families purchase Christmas presents. To
ensure confidentiality, applications will
be reviewed and selected by the Office of
University Ministry.
• Invited speaker Sally Kuchick, assistant
benefits manager, said negotiations are
still ongoing with insurance providers
Kaiser Permanente and Blue Cross over
proposed premium increases. She also
announced that open-enrollment is the
first two weeks in November.
• The SEA meetings are open to all
employees, especially staff. The next
meeting is scheduled from 11 a.m. to
noon, Oct. 8, in the Hahn University
Center, Room 107.
Small Staff Shines by Catering to Campus

Kathi Spittel, who as director of summer conferences works closely with USD’s banquets and catering staff, says they know how to make every activity on campus a special event.

“It’s amazing what goes on behind the scenes for an event,” Spittel says. “Until you’ve seen it, you can’t really appreciate it.”

Banquets and Catering, staffed by 10 career professionals and 40 part-time employees, provided food and refreshments for 2,042 events in 2002-03.

Director Janice Holbrook says the arrival of summer is always a unique challenge, because even though the department’s workload increases as visiting conference goers congregate on campus, its staff shrinks as students, who help during the school year, head off for summer vacation.

Of the 70 to 80 summer conference groups housed on campus during July and August, about half required catering. In July alone, the staff successfully planned and coordinated 350 events.

“People are just so kind and gracious and appreciative of everything we do,” Holbrook says.

Spittel says many of the groups and organizations that visit USD are surprised to discover that university employees and student workers—not external catering services—are responsible for preparing their meals.

“Everything that banquets and catering does makes this university bigger and better,” Spittel says. “It really makes it shine.”

If you or someone you know deserves to be put “In the Spotlight,” send an e-mail to Krystn Shrieve at kshrieve@sandiego.edu or call her at ext. 4934.

Triples (Continued from page 1)

nap in three identical blue and green bouncers lined up side by side in the living room. “We just jumped into it and learned how to do it.”

Gallegos-Butters may have her hands full but she gets plenty of help from her husband, who as a San Diego firefighter works 10 days a month, and from her mother, who lives 2 miles away.

“It's a 24-7 operation,” Gallegos-Butters says of caring for the triplets.

The first feeding of the day begins at 5 a.m. The girls generally wake within 15 minutes of one another.

“If they all wake up the same time and James and my mom are not here, I prop them up and arrange the bottles so they can feed at the same time,” Gallegos-Butters says.

Handling three babies, the new mother says, is at times a little like working a production line.

“You pat their tummies, put them in their bouncy seats and hold stuffed animals above them,” she says of when they cry in unison. “It’s not much different from one baby, but you line them up.”

The triplets, who are on a four-hour feeding schedule, go through a daily total of 21 bottles of breast milk and 25 diapers.

How does she do it? Being organized and patient is the secret. Diapers are always on hand, bottles are made up for the day and a stack of burp cloths are never far from reach.

Even at their young age, Gallegos-Butters can easily tell her daughters apart and can say with certainty that Olivia looks like her husband and Gabriella and Alison take after her. The babies also have distinct personalities. Olivia is feisty and knows what she wants, Alison is mellow and Gabriella is always smiling and not fussy.

“We have never been so happy, or content or satisfied,” she says.

— Cecilia Chan
USD Family Weekend
Parents will get the chance to see the campus in action at the annual USD Family Weekend, Oct. 24-26. Parents can accompany their children to class, meet new USD President Mary E. Lyons, view a stage production of “Einstein’s Dreams” and take a walking campus tour. A tailgate party before the big football game against Marist College also is included in the weekend.

Parents also will have the opportunity to learn more about financial aid and talk to various directors about topics such as housing, public safety and campus life. For information, call the Office of Parent Relations at ext. 4808.

Strangers No Longer
Prompted by the United States and Mexican bishops’ pastoral letter on migration, “Strangers No Longer: Together on the Journey of Hope,” USD presents a week of events, from Oct. 20 to 24, that will focus on migration issues at the San Diego-Tijuana border. Highlights include a viewing of the film, “The Gatekeeper.” Written, directed and produced by John Carlos Frey ’86, the film depicts civil unrest at the border. Other activities include a panel discussion about people’s experiences at the border, a lecture on migration patterns and a speakers session about border issues. For information, call ext. 4784.

Athletics Hall of Fame
John Cunningham, who came to USD in 1962 at the age of 24 and coached USD men’s basketball for 18 years and baseball for 35 years, will be inducted into the Chet and Marguerite Pagni Family Athletic Hall of Fame at 6 p.m., Oct. 10, in the Jenny Craig Pavilion. For ticket information, log on to www.usdtoerros.com.

Reflections on War and Peace
The Joan B. Kroc Institute for Peace and Justice will host a presentation by Voices for Women from 7:30 to 9 p.m., Oct. 9, in the IPJ theatre. The event will feature selections from Shakespeare, Bob Dylan, Elie Wiesel and Eleanor Roosevelt, read by San Diego theater artists. Tickets are $20 and reservations are required. Proceeds will benefit the IPJ Nepal Project. For information, call ext. 7873.

MILESTONES
Marie Mullen, mother of Christine Mullen, professor of chemistry, passed away Aug. 14.

CLASSIFIEDS


Give a Treat to Someone Sweet
Children from the Manchester Family Child Development Center will trick-or-treat at campus offices between 9 and 11:30 a.m. on Halloween day. The children’s route will be announced in October. Some of the children are severely allergic to nuts and nut products, so please keep that in mind when purchasing your sweets. Remember that while children love candy, they also go crazy for colorful stickers, pencils, erasers and other small toys.