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## Vista: October 10, 2002

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# THE VISTA

Thursday, October 10, 2002

vista.sandiego.edu

Volume 39. Issue 3

## War against Iraq

Marine Corps Commander Kamal A. Beyoghlw leads discussion at the Institute for Peace and Justice

By **Corinne Hirsch**  
DESIGN EDITOR

Kamal A. Beyoghlw, professor of International Relations, National Security Adjunct at George Mason University and Marine Corps Commander, held a discussion on the war on Iraq. The discussion was held at the Institute for Peace and Justice on Thursday, Sept. 19 with an audience of 20 students, faculty members and San Diego locals.

Beyoghlw stated that the United States must bring about change to the totalitarian regime in Iraq. President Bush wants to put pressure on the regime and prevent the spread of nuclear, biological and radiological weapons. He stated that Hussein is a rational man is not interested in giving weapons away. It is imperative to track down individual terrorists after Sept. 11. The US has a right to defend itself.

"We are ready to fight! We are leaders of the world and it puts us in a tough situation," Beyoghlw said.

Saddam Hussein has a history of defiance and he must honor the United Nations policy. There are indications that Iraq is intersted in Russia for enhancement of nuclear power. "Hussein wants to become head of the middle eastern region," said Beyoghlw.

This attitude of a rush to war is opposed by many students. Saba T. Kidane, a USD graduate student witnessed the consequences of conflict as a citizen of Eritrea, one of the countries in the horn of Africa. She asked, "Why should we bring justice by use of injustice?"

Beyoghlw answered, "We have to back diplomacy and protect human rights."

Judy A. Kamanyi, another

USD graduate student from Uganda, stated that trauma takes years to recover from and that women and children suffer the most injustice.

Dr. Mark Woods, philosophy professor and former Marine walked out of the discussion after Beyoghlw said, "Nations pursue interests, not friends." Woods said that morality was not being applied to politics.

"Beyoghlw closes the door to cooperation. There should be friends in politics," Woods said. This war is about a balance of power and the U.S. should exhaust all other means before administering violence.

Woods is currently teaching "Ethics of War and Peace" and involves current events in his teachings. "If we do go to war, my lesson plans will be changed," he said.

The thought of the draft lingers for male students.

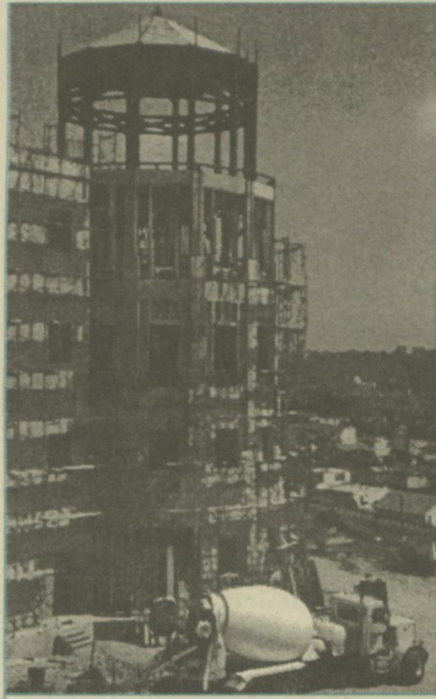
"I'd leave the country if I was drafted. I'm not willing to fight because I don't believe in the cause. People jump to violence as a solution," Flynn Ginty, a sophomore, said.

Beyoghlw hopes that if the war on Iraq occurs, young people will begin to pursue public service positions, and produce a stable and secure war.

"We must set an example for the world, if not we will find ourselves in a lot of trouble," Beyoghlw said.

There are many opportunities to learn more about different points of view regarding global issues. Events at the Institute of Peace and Justice are free including the WorldLink Town meeting Jan. 8. International terrorism and international humanitarian laws will be the topics of discussion.

For other upcoming events visit <http://peace.sandiego.edu>.



RAY GALVAN

## Donald P. Shiley Center for Science and Technology

Construction continues on the Science and Technology Center, which is scheduled to open Spring 2003. The center will house the Biology, Chemistry, Physics, Marine Science, and Environmental Studies Departments. The 150,000-square-foot center will contain 70 laboratories, aquariums, a greenhouse, fluid dynamic labs, aviary, and astronomy deck.

## Truth infects USD

Taking action against the tobacco industry, freshman founds truth campaign

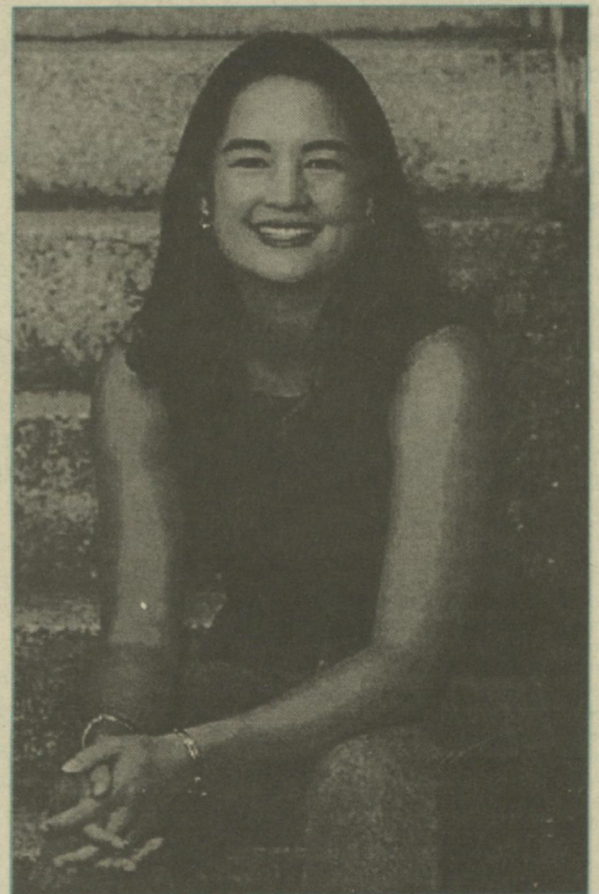
By **Catherine Crahan**  
STAFF WRITER

Every ten seconds someone is killed from a tobacco related use. Truth infects. For the past four years this motto "truth infects," has inspired thousands of youths around the globe to unite and try to uncover the truth of one of the most notorious industries in the world-the tobacco industry.

In a marketing scheme to attract a future following of smokers, the tobacco industry has targeted the most impressionable and commercially beneficial audience, youths. Even though the tobacco industry denies any intent to attract a young following of smokers, tobacco advertisements are clearly made to target a younger group of people. Youths may not even be aware that they are bombarded with images designed by the tobacco industry to entice them to become smokers. Clearly the friendly cartoon character camel for Camel cigarettes was not designed with an adult's entertainment in mind.

Shannon Brewer, a freshman, realizes the power that the tobacco industry has over influencing people's decisions about smoking. The tobacco industry does not reveal all of the health hazards that come from tobacco use thus manipulating facts in order to attract more customers.

"Everyone has interests, passions or if nothing else complaints, yet there are too many that sit back and wait to see what plays out," Brewer said.



COURTESY OF SHANNON BREWER

Freshman Shannon Brewer founded Truth, the marketing campaign targeting the harmful effects of the tobacco industry.

Brewer and about 100 other youths around the nation were distraught over the fact that their peers were being lied to and that no one was doing any-

Please see **Truth**, page 2



feature

"Growing Pains" star speaks at USD

society and culture

Students unite at AID's Walk





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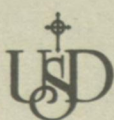
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University of San Diego

Continued from  
Truth, pg. 1.

thing to stop the tobacco companies from doing so. With this concept in mind, Brewer and peers formed a group to empower people of their generation and future generations.

This campaign became the Truth Movement.

The Truth Movement was founded in 1999 by 100 teens throughout the nation who share a common interest: to expose the truth about tobacco companies.

Before Truth was a nationally known campaign, members were approached by The American Legacy Foundation and told that if they do everything in their power to stop tobacco, then all of their funds would be taken care of.

The American Legacy Foundation was established in November 1998 after the Master Settlement Agreement between 46 states, five U.S. territories and the Tobacco Industry.

The goal of Truth is to save the lives of people that might be influenced by the propaganda of the tobacco industry. Because Truth's goal is to educate, their philosophy is neither "pro-non-

smoking" nor "anti-smoking." They want to empower youths around the globe by providing teens with all the information that the tobacco company is trying to hide. Then peers can make an informed decision about whether or not they want to start a habit that will last them a lifetime.

"Youth empowering youth," is a major theme that evolved from the Truth campaign and an idea that Brewer has brought to USD. Brewer has traveled all over the nation inspiring her peers to take control of their lives and teaching them that they can make a difference.

Over the past four years as a spokesperson, Brewer has spoken to 50,000 young people on her quest to educate her peers about the health hazards of tobacco.

In the spring of 2000, Brewer was awarded the West Regional Youth Advocate of the Year by the Campaign For Tobacco Free Kids. She was also spotlighted in popular teen magazines such as Cosmo Girl and Teen People for her leadership involvement.

In 2001, Brewer became the National Youth Advocate of the Year after both U.S. Representative George R. Nethercutt and Washington State Secretary of

Health, Mary C. Selecky nominated her.

After all of Brewer's inspirational work around the nation, she has come to USD determined to spread her passion for advocacy across the campus. At the moment, Brewer does not plan on implementing a program directly related to Truth on campus. However, the idea is not completely out of the question.

Brewer is mostly concerned with getting students more involved in the surrounding communities.

Brewer plans on increasing campus involvement by implementing a political activism program.

She wants to teach her fellow students about advocacy by sharing her own leadership experiences from being involved with Truth. Through sharing her experiences from Truth, Brewer hopes to show people that they can make a difference in the world.

"My dream is to instill the sense of empowerment I found over the years in every young adult across the country. Leaving the future up to fate is not good enough; it should be up to 'us,' as a unique and independent generation," she said.

Brewer never pictured herself

as a person who would become involved in a nationally recognized campaign.

In fact when Brewer was attending Shadle Park High School in Spokane Washington, she had no interest attending a local anti-tobacco campaign.

But her friends finally convinced her to come to a meeting.

Once Brewer realized that the tobacco industry was manipulating people of her generation to become smokers, she decided to take arms against tobacco companies at a local level.

As the truth about tobacco began to spread through her county, she became more motivated to spread the facts about tobacco at a national level.

Brewer knows first hand that the smallest idea, no matter how seemingly insignificant, can become a revolution that can change the way of the world, as long as people are motivated to actually see their idea unfold.

Through Brewer's acquired "truth tactics," she is beginning to challenge her fellow classmates to embark upon advocacy and encourage others to stretch their limits.

# Students risk lives on way to class

## USD considers the possibility of a stoplight or crosswalk for UTA residents

By Danielle Hashem

NEWS EDITOR

Several UTA residents have expressed their concerns about the dangers of crossing Linda Vista Road.

These issues were addressed to Associated Students President Chris Wilson and brought up at the Student Issues Board meeting.

There is a staircase that students may access from Linda Vista Road. In order to get to these stairs, a good number of students have been seen running across the street.

"There should be a safe way to get to the stairs," said Aisha Taylor, Vice President of Student Issues.

According to the Director of Parking, Patrice Amon, USD has a few options. The University can put a stoplight, crosswalk, or even a bridge to make the stairs more accessible.

But, with a light at the entrance of University of San Diego High School, USD's main entrance and at the bottom of the hill, having another light would be too many stoplights concentrated in one area.

"All of this is going to go through the city. The school has nothing to do with it," Amon said.

USD has previously proposed similar ideas to the city in past years. With the recent safety concerns, the University is re-addressing the issue to the city.

"This is something you ask the city government to do," said Associate Vice President for Student Affairs and Dean of Students, Tom Cosgrove.

According to Wilson, the first step is determining if the crosswalk is something the stu-



LAURA JOHNCOX

Crossing Linda Vista Road with on coming traffic is a dangerous situation for UTA residents.

dents really need or just want. The second step would be identifying which office could assist AS with this project.

"I'm big on student advocacy and I get the chance to make sure students' voices get heard," Wilson said.

The University is considering adding the UTAs to the tram route.

However, this brings up another issue as to where the tram can drop off and pick up students in a safe location, according to Taylor.

"The issue [students crossing the street] has been identified as a problem...but it's [the option of a stoplight or crosswalk] still an idea," Cosgrove said

Retraction from "Delta Tau Delta regains presence" article on page one of the Oct. 3, 2002 issue of The Vista.

The quote from Matt Dominick was incorrect.

Mr. Dominick was never quoted by John Mulligan.



# Words from the Desk: This week in Pog World

## Chad Wilson journeys back in time to recover the lost childhood pastime

Have you ever wondered what happened to pogs? I have been working on bringing back pogs for almost a year now. My friend Andrew and I are attempting to start up a USD Pog League so you might see some flyers around campus.

If you don't remember what pogs were, they were a game with the little cardboard circles that you would try to flip over with a slammer. This happened during the fifth grade for me, and I am a sophomore now.

It was a craze that stormed the country from Hawaii, where a school teacher brought the game over to demonstrate to her class.

I never actually owned many pogs. In fact I only purchased one, and that was in a bag of Sabritas potato chips that I bought in Puebla, Mexico, while I was on exchange during the fifth grade.

It was a Tazmanian Devil pog, and I still have it today. If you see me around campus, ask to see it, I might just have it in my back pocket.

Many people didn't like the game of pogs because it promoted youth gambling. But I say that it is far better for our youth to gamble with worthless pieces of cardboard than to gamble it all away on horses or slot machines. Are they really worthless though?

Well today they are, but during the Pogs Craze of 1993, the same year as my classic mustang, some pogs were quite spendy. A few of my friends told me that they spent a few dollars on pogs and many dollars on slammers.

My collection today consists of some 50 pogs, 15 slammers and a rattlesnake/8-Ball pog mat.

While looking through my present collection I have noticed some incorrect information that some cheaters have incorporated into the game. First of all some pogs say "poison" on them, and some say that means that a player loses a turn if he flips over a poison pog. This is incorrect, he doesn't lose a turn. Secondly, I have noticed that other pogs say "free turn." This is another ridiculous idea that someone created who was horrible at pogs.

You don't actually get a free turn buddy, it is just a piece of cardboard.

On the bright side, I have realized what were the most popular pog designs. Poggers liked 8-Balls, pirates, sports teams, Ying-Yangs, cartoons and skeletons.

I have obtained my collection from my younger friends who never gave them up and don't realize their value now. This has brought me to my present mission of introducing pogs back to the world and starting the craze over again.

It is good fun and you get to throw something heavy at something little, what more could you ask for. You know you want to play.

### Crime Report 10/1-10/6

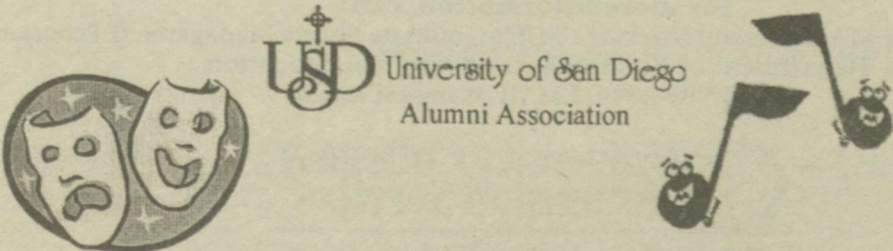
<b>Tuesday Oct. 1</b>  Missions A- A prank phone call turned threatening.  Law School- Books were taken from a locked locker without forcible entry.  <b>Wednesday Oct. 2</b>  Founders- RA reported the smell of marijuana coming from a residence room.	<b>Thursday Oct. 3</b>  Parking Structure- Car stereo stolen from a student car while on 1st floor of the structure.  <b>Friday Oct. 4</b>  Purchasing- Three Sony video cameras were reported missing from the the School of Education.  Terrace Apt. North Lot- A	student car was hit by another vehicle and no information was left.  <b>Saturday Oct. 5</b>  San Miguel- Two underage students were found in possession of alcohol.  San Luis- An underage student was found in possession of alcohol.	Via Las Cumbres- A noise complaint resulted in three students being detained for possession of alcohol.  Marian Way Loading Zone- The right rear cargo window of a red Ford Explorer was shattered.  Public Safety- A student reported that golf equipment was stolen from the trunk of the student's car.	Football Field- A student was found intoxicated.  <b>Sunday Oct. 6</b>  San Rafael- A student was found in pssession of marijuana and related paraphenalia.  Maher- An underage resident was found in possession of alcohol.
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Please RSVP to Craig Smith at [craigs@sandiego.edu](mailto:craigs@sandiego.edu)  
by Monday, October 14.



# STAR program spreads awareness

By Bertha Martinez  
STAFF WRITER

On Sept. 27 the second Student and Teachers Against Rape meeting took place on campus.

At the STAR meeting, Sara Hayes, presentation coordinator, and Michelle Terrell, a senior and club president, put together an informational meeting for those who were interested in becoming a part of STAR. "This is not a support group. We are here to educate people about sexual assault," Hayes said as she spoke to the few people who attended the meeting.

Jordan Oats and Wes Carroll, both USD students, started STAR two years ago. A close friend came to them after experiencing sexual assault. They realized that there was virtually nowhere to turn for advice on campus.

Out of their desperation to help their friend, Oats and Carroll came together with the help of former Professor Dr. Adrienne Lyles-Chokley of the Philosophy Department to create a forum where people could share their experiences and problems resulting from sexual assault.

It's been two years and already STAR has been through several changes. Now with a new president and a new advisor, STAR is hoping to pick up student and administrative support. Support is just what they need, since there were doubts about whether the club would make it another year. These doubts were due to the lack of student involvement and interest. Plus the lack of a teacher's time to support the program was another issue.

But, STAR is not completely alone. There is support from some organizations on campus. Many sororities and social clubs hold periodical meetings where survivors come and speak to the up and coming freshmen about

their experiences and what they can do about sexual assault once it has touched their lives.

As Terrell said, "One out of every three women and one out of every four college women will have experienced some kind of sexual assault in their lifetime."

"In the case of college students the majority of the incidents happen during their freshmen year of college," Hayes added.

This is exactly the kind of information that is available to all who attend the meetings. Information is key to the program. "It's a taboo issue," Hayes said. "People think that whatever statistics exist don't apply to USD. People think it doesn't exist simply because it's not talked about."

Public Safety, one of the biggest supporters of STAR, along with the Counseling Center, are some of the few places victims are referred to when they come to STAR for help.

Patrol Officer Tom Lowry stated that "in the year 2001 there were four sexual assault cases brought to our attention and three anonymous cases referred to us by the counseling center."

Lowry emphasized the fact that most sexual assault cases are not reported because of shame and guilt felt by the victim.

He also added that most sexual assault cases take place outside of campus and involve close friends. A point Lowry

wanted to make very clear was that nearly 91 percent of all the sexual assault cases he investigated involved alcohol.

When asked what precautions a young college women should take to prevent or avoid sexual assault, Lowry simply stated, "If you're going to drink, just watch how much you're drinking. Watch your drink at all times and most importantly just be smart, and take care of one another when out with friends."

In the midst of a new school year STAR is preparing itself for new presentations, new members and new ideas and ways to get their message of strength and survival across to all who want to listen.



LAURA JOHNCOX

## USD professor receives Alpha Phi award

Dr. Kristin Moran, a professor of Communications Studies, is a finalist for the 2002 Alpha Phi International Professor of the Year Award.

The Eta Rho chapter of the Alpha Phi International Sorority at USD awarded Moran with the campus level honor and nominated her for the international level of competition.

The Alpha Phi Foundation grants Moran with a \$100 honorarium. The winning professor will receive \$1,000 grant and \$1,000 will also be given to USD for its scholarship program.

The Alpha Phi Foundation established the Professor of the Year Award five years ago as a way to recognize outstanding teachers in higher education.

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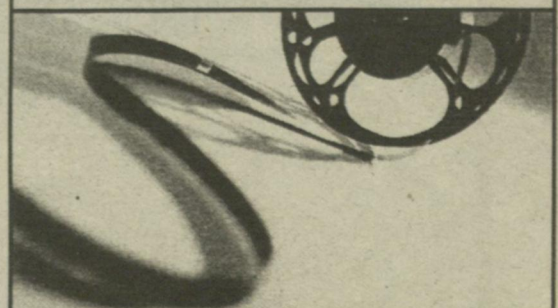
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\*Contest Rules: complete rules can be found on the CollegeClub.com Web site. NO PURCHASE NECESSARY. Contest entry period runs 10/01/02 – 2/01/03 and is open only to legal residents of the 50 United States, eighteen (18) or older at time of entry, enrolled in a full/part-time accredited college or university, and is subject to the complete Contest Official Rules. Entries may be submitted on the StartHereGoPlaces.com Web site located at [www.StartHereGoPlaces.com](http://www.StartHereGoPlaces.com) or on the CollegeClub.com Web site located at [www.CollegeClub.com](http://www.CollegeClub.com). All entries become the property of Sponsor, as defined in the complete Contest Official Rules. Employees and family members of Sponsor not eligible to participate. Sponsor is not responsible for technical or other malfunctions, lost or unavailable network connections, or failed electronic communications that may occur in the processing of the entries. The authors of the two (2) Grand Prize winning essays will each receive their choice of one of the "Summer Dream Internships" provided by Sponsor, which includes five thousand dollars (\$5,000) to be paid over the course of the internship. The Grand Prize is not transferable, except by Sponsor, who may substitute prize with a prize of equal value or opportunity. No cash or prize substitution is allowed and other restrictions apply. The authors of the three (3) winning Runners-Up essays will receive one thousand dollar (\$1,000) gift checks. The authors of the five (5) winning Honorable Mention essays will receive five hundred dollar (\$500) gift checks. Void where prohibited. Winners will be responsible for any and all taxes. Sponsor: The American Institute of Certified Public Accountants, 1211 Avenue of the Americas, New York, NY 10036-6775; CollegeClub.com, a division of Student Advantage, Inc., 2035 Corte Del Nopal, Suite 200, Carlsbad, CA 92009.





## FEATURE

# The strength to overcome

Tracy Gold speaks about her personal experience with eating disorders

**By Kari Ambrose**  
FEATURE EDITOR

Tracy Gold, who played Carol Seaver on the hit television series "Growing Pains," spoke to USD students last Tues-

validation for my 'success.' I equated strength with my ability to be thin."

In the winter of 1992, the situation spun out of control and Gold was forced to leave "Growing Pains" and seek professional help. "When I entered the hospital, I had the illusion of control. In re-

strength and determination involved in the recovery process and even joked that, "It's not like you can just eat a cheeseburger and then declare, that's it, I'm cured!" Gold described her struggle as, "being pulled under water and reaching out for help, yet the only one who could

## What warning signs should I look for?

### Anorexia Nervosa

- \* Excessive weight loss
- \* Fear of weight gain
- \* Intensely self-critical about size/shape
- \* Feels fat despite being thin
- \* Obsessed with food/weight
- \* Over-exercises
- \* Dry, thinning hair
- \* Cold hands/feet
- \* Self-deprecating thoughts
- \* Light-headedness or dizziness

### Bulimia Nervosa

- \* Episodes of eating large amounts of food
- \* Episodes of self-induced vomiting, laxative, diuretic, diet pill or emetic-use, or excessive exercise
- \* Distorted view of thier body
- \* Self-deprecating thoughts
- \* Tooth decay and gum disease
- \* Puffy, splotchy face
- \* Sore throat
- \* Swollen salivary glands in the neck and below the jaw
- \* Vomitus or odor of vomit in the toilet, sink, shower, or waste basket



"Growing Pains" star, Tracy Gold, addressed USD students last Tuesday in the Institute for Peace and Justice. She visited as part of Body Image Awareness Week

SUZANNA KENNEDY

day as part of Body Image Awareness Week. Gold discussed her struggle with anorexia, the strength required to overcome this disease, and the importance of addressing the internal causes of disordered eating behaviors. After four years on "Growing Pains," Gold, 20 at the time, was told to begin dieting. Within two months she lost 20 pounds, and soon her entire world came crashing down.

"The responses to my weight loss were like a drug," Gold explained. "I became addicted to loosing weight." While bombarded with both praise for her new figure and concern about the sudden weight loss, Gold quickly learned to appease everyone. The positive feedback fueled the disease, and ironically the words of warning did as well. Gold revealed that "Others' concerns were like

ality, food had total authority over me. It was quickly destroying the most important facets of my life," Gold said.

After numerous encounters with ineffective treatment facilities, Gold finally found the help she needed under the supervision of UCLA's head eating disorder specialist. Gold described her recovery process: "It was a harder struggle than I could have ever imagined." She took a "year off of life" to look within herself and discover what it meant to be healthy.

Six months into her treatment, Gold reached the bottom of her downward spiral. "I felt like I was going to have a heart attack, and even though I truly wanted to get better, the road to recovery seemed to stretch endlessly ahead," she said. Gold emphasized the patience,

truly save me was myself."

Attributing her own recovery to intense self-introspection, Gold does not support group therapy where she feels secrets are shared and obsessions are only fueled. She strongly believes that someone suffering from an eating disorder needs to work on resolving his or her internal conflicts. The external healing will eventually follow. Once someone with an eating disorder becomes entrenched in her own unreality, the eating behaviors are not just about being thin. "When I was in the hospital, looking like a corpse, the last things on my mind were the models in the fashion magazines," Gold said.

In order to escape from this disease, Gold had to make a decision. She stated, "I could live the rest of my life as a



## “Growing Pains” star shares her plight with anorexia and encourages students to find the courage within themselves to lead healthy lives

chronic anorexic, walking around like a corpse, or I could will myself to be healthy and enjoy life as a happy and strong individual.” Even in the depths of her anorexia, Gold never lost sight of the woman she longed to become. “I wanted so much to be a wife and mother, and I knew that denying myself food was pushing those goals further and further away,” she said.

Gold was able to recover, and her testimony inspires others to embark on this courageous journey. “Though it may seem easy, the process of recovery is complicated. I took baby steps every day,” Gold said. She revealed that her husband (then her boyfriend) refused to marry an anorexic. One of her innumerable baby steps was having a bite of cake on their wedding day.

Throughout her presentation, Gold focused on the agony of the disease, the strength it took to recover, and the importance of stopping harmful eating behaviors before they become serious obstacles. Hesitant to become the “anorexia spokeswoman,” Gold initially attempted to stay out of the spotlight but found it difficult due to the popularity of “Growing Pains.”

In 1994, while still in the process of becoming healthy, Gold accepted a lead role in the television film, “For the Love of Nancy,” the true story of a severely anorexic young woman.

Working tirelessly with the directors and producers, Gold insisted that the film portray anorexia as the horrid and lonely disease it is, not as a glamorous Hollywood lifestyle. In addition, Gold eliminated as many disordered behaviors as possible from this television movie. “The last thing I wanted to do was teach someone else how to be anorexic,” Gold said.

After presenting a brief overview of her battle with anorexia, Gold looked to the floor for questions. Numerous questions had a common theme: What do I do if I think (or know) someone has an eating disorder?

Gold repeatedly responded that the best course of action is to confront the person with kind concern. She recommended saying, “I see a problem. Have you thought about getting help, maybe seeing a counselor or a physician, to discuss the weight you have recently lost?” Gold made it clear that it is best not to talk about the person’s body size, but to express an interest in their overall well being.

Another area of concern among USD students was the behavior that signals the presence of an eating disorder. Gold de-

scribed those who suffer from anorexia as reluctant to socialize, especially in the presence of food, lethargic, unfocused, defensive and withdrawn. She also pointed out that some people are extremely good at hiding their disorder, and denying there is a problem does not negate its existence.

If speaking with the person is continuously ineffective, Gold suggests that a friend should either visit the counseling

structive path, darkness inevitably lurks ahead.

Gold is now able to live without the chains of anorexia constantly pulling her away from the joys of life. She knows that it is not a number on the scale or the sum of each day’s calories that make her a valuable person. Amidst her many other qualities, she is a mother, a wife, and a motivation to those whose plight with anorexia has become an all-encom-

passing battle. Gold emphasized that, “Each day is too valuable to spend running endlessly on a treadmill or obsessively counting calories.” Finding the courage to face the issues and actively seeking to become healthy are genuine signs of control, success and strength.

### Talking With Tracy

By Danielle Hashem

**How has your recovery and experience with eating disorders helped you become the person you are today?**

“I say I went through a mid-life crisis at 23. I learned about myself, found my sight, and got on the path to recovery.”  
“If I didn’t go through it publicly I probably wouldn’t be alive.”

**What is your motto or your words of advice?**

“Suffering from an eating disorder is something you can only help yourself with. Living life as a healthy person is better than being sick. We have one life to live and we choose how to live it.”  
“Trust people outside of you.”

**What are your plans or goals for the future?**

“I have a book coming out in February about my struggle. It’s about how to deal with body image and how to get out.”

**What did you learn from being a part of Growing Pains?**

“It was an amazing experience. I learned to look out for myself and that your true family is your family at home.”

**Do you enjoy what you do and what have you gained from it?**

“I love what I do. It’s a great thing to love and help and inspire people.”  
“I’ve learned how to talk and handle myself. I’ve learned fairness and how to stand up for myself.”

center on campus or call the person’s parents. She described dealing with anorexia as, “hell for the people who love you. They are awake and suffering while they watch you slowly killing yourself.”

When questioned about the potential for one to fully recover, Gold likened the disease to an Achilles heel. She said, “I constantly have to keep myself in check. I have two children and a husband, and I daily make the decision to take care of myself and my body so that I can be with the people I love.”

According to sources from USD’s Counseling Center, one in four college women are affected by eating disorders. Gold addressed this issue and said, “This disease often strikes women who strive to be better than the best. Yet, the best and strongest thing any suffering person can do is find, within herself, the power to overcome.”

Eating disorders thrive on perpetual cycles of self-defeating thoughts, inner hatred and lonely despair. Playing around with anorexia or bulimia is perilous, and Gold made it unmistakably clear that these disorders are not games, nor are they behaviors with which to experiment. Once someone embarks on this de-



JON LEPTICH

Students had the opportunity to speak with Gold following her presentation.



## OPINION

**\$4.75? What can you really buy with that? A mocha?**

By Danielle Thorsen  
STAFF WRITER

Meal plans have left students on campus with empty stomachs, and empty wallets. Besides just the costliness of meals, there is also the hassle of abiding by meal plan rules.

Minor increases in the prices of food at the Bakery, Deli, Torrero Grille and La Paloma means that students have to pay money out of their pocket.

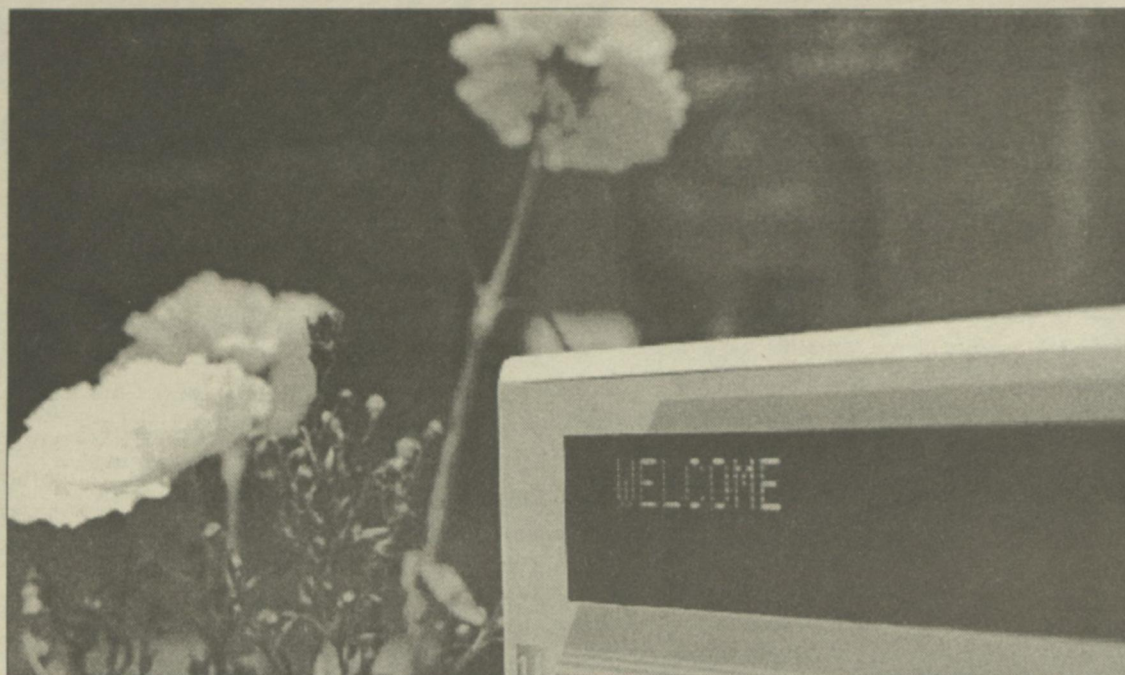
These increases are not necessarily major increases.

"The prices went up to cover fixed costs such as salaries, benefits, utilities and space," said Rudy Spano, the Assistant Vice President for Student Affairs for Student Services.

The price of a small smoothie at the Bakery has only gone up \$0.10, but that adds up when people try to make purchases with a meal plan of \$4.75.

"The \$4.75 equivalency in the retail operations did not go up, because the meal plans only went up a small percentage," Spano said.

For a somewhat filling meal on the run at the Bakery, a person might buy a Twisted Pizza Pretzel with a small Banana Berry smoothie. Just these two



MICHAEL MOORE

items add up to \$5.50, meaning that the diner must pay an additional \$0.75 out-of-pocket or on their campus cash card. Although it is not much, after five days of doing this, a student ends up paying \$3.75 when they are already paying for a meal plan.

Bringing in merchants such as McDonalds and Jamba Juice could provide students with more competitive pricing, allowing them to buy more food with their meal plans.

"We try very hard to keep USD competitive with outside vendors," Spano said.

On the other hand, by letting the school control all of the food services, reforms can easily be made without too much controversy.

Meal plans have their advantages. Students save money by buying a meal plan. The average meal plan is equivalent to approximately \$3 a meal. Considering diners get \$4.75 worth of food, it's not a bad deal. But,

the stipulations that accompany these plans make purchasing meals a hassle.

The usage periods are bothersome to many students with traditional meal plans. Karissa Otero, a freshman, uses the 19 Meals Traditional plan.

"I don't understand how they can tell us that we can only eat at certain times of the day. Everyone has different schedules, so it's hard to make restrictions when you can and cannot eat. I

Please see **Meals**, page 9

**Students duke it out for parking spots**

Finding parking spaces becomes increasingly difficult for students

By Alma Morales  
STAFF WRITER

After five weeks into the fall semester, most students are aware of the parking problems currently facing our campus. "Parking is much harder this semester than previous semesters," said Torrey Groves, a senior.

Groves has no choice but to take the tram to school because parking spaces on campus are very limited.

"We have lost over 200 parking spaces due to the construction of the new parking structure on the lower west lot and the construction

workers who are working on the new science building," said Tom Boyer, Assistant Director of Public Safety.

These problems, along with the removal of past commuter parking spaces in the Camino/Founders lot are some of the main contributors to the difficult parking situation on campus.

Many students, particularly commuters, are finding themselves arriving on campus at least 45 minutes before class in order to look for a parking spot. Those who are looking for spots

on campus are in constant competition with one another to see who finds a spot first.

"I find myself practically stalking people and following them to their cars just to get a

rent parking situation on campus. She now parks across the street and takes the tram. Salgado said the tram is reliable and seems to work best for her late morning schedule.

She explained that the tram is very unpredictable and this often causes her to be late to class.

Other students have commented that the unpredictability of the tram is particularly frus-

students agree that the drivers are doing everything they can to be on time.

"I think some of the drivers are under pressure to stay on schedule," said Zack Knipe, a senior. He explained that there have been several occasions when drivers were in such a rush that they sped through lights or crammed as many people as possible into their trams in order to be on time.

I have personally witnessed the efforts made by the drivers. Some eat their lunch in between stops while others have told me that they have had to take their lunch two hours later than scheduled because they had too much work.

And still, all of the efforts being put forth don't seem to be the ultimate solution to the problem.

Many students have offered several solutions for this problem with parking. "I think there should be more frequent stops to the beach," Knipe said. He also believes that there should be more incentives for students to carpool, which could significantly reduce the current parking problem. Other students believe there should be more trams during peak hours, while others

Please see **Parking**, page 9



LAURA JOHNCOX

spot," said Chris Jordan, a first year graduate student. Approximately 20 minutes of his morning are spent waiting for students to vacate parking spaces.

Instead of waiting for someone to leave, many students are seeking what they believe are better alternatives to parking on campus.

"I didn't bother buying a parking permit this semester, it just wasn't worth it," said Gisela Salgado, a senior. Salgado has decided to avoid the headache caused by the cur-

Boyer said that Public Safety is doing everything they can to help relieve the problem with parking. They are running seven trams to various locations, including Mission Beach and Napa Street.

"We have spent over \$500,000 to implement these accommodations," Boyer said.

But is this the proper solution?

Many students would disagree. "The tram is not very efficient. Some days it's on time, some days it isn't," Groves said.

trating on Tuesday and Thursday afternoons. Often times, the tram is on time, but there is only one available and this means that all the students waiting at that stop must pile in or else wait for the next tram. And there is really no telling when the next tram will arrive.

Those students who have after school commitments are finding it even harder to make it there on time. Several students have complained about being late to work because they were waiting for the tram. But most

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continued from **Meals**  
on page 6

to eat breakfast, but when I get out of class at 10:30, I buy a smoothie. But then I can't eat lunch because I had my breakfast during the lunch period. They just end up ripping you off," Otero said.

Even though traditional meal plan diners are allowed a certain allotment of meals per week (i.e. 14 meals a week), diners find that three or four meals a week go to waste while other weeks more meals are necessary.

Supporters of the meal plan suggest that if a student does not like the traditional meal plan, the student can just purchase an Encore plan instead.

Nevertheless, the Encore plan also has its flaws. Erica Hatch, a freshman, used to have Encore Plan B, but she has changed to the 10 Meals Traditional plan.

"I figured that if I just had one meal a day [with the Encore Plan B], I would be done with the plan in ten weeks. I need at least one or two

meals a day, so [the 10 Meals] plan seems to work out well," Hatch said.

The University of San Diego meal plan system has potential, but it still has a lot more reshaping to go through.

The Encore meal plans are less restrictive and a step

the Lion Dollars is the same as campus cash at USD. Still, since it is required for freshman to purchase a meal plan at the University of San Diego, students do not have the option of just using campus cash.

If a student just wants a smoothie from the Jamba

meal plans do.

"Dining Services is a self-funded area," Spano said.

They don't get tuition dollars from the University. They also do not make any profit, because whatever profit they could possibly make goes back into the University. Most students are

continued from  
**Parking** on page 8

believe there is a need for more trams altogether.

Although students have made several suggestions for a solution to the parking problem, most can agree that the completion of the parking structure (scheduled for fall 2003) will definitely reduce the amount of problems students are currently facing.

But until then, we must deal with arriving on campus at least 45 minutes before class, cramming into the tram every morning, or waiting for other students to vacate spaces if we plan to make it to class on time. It may sound worse than it actually is.

After all, at least parking isn't as bad as it is at SDSU or even UCSD, where some students must park off campus and walk up to one mile to get to their classes.

*"Reforming the dining services is a necessary task in order to provide students with the best quality food at the lowest prices."*

in a more progressive meal plan reform. Still, USD could take notes from other university's meal plan systems.

For example, Loyola Marymount University in Los Angeles has a very liberal dining plan option that allows students to pay with "Lion Dollars."

Students basically pay for a meal plan and the students receive the equivalent amount in "Lion Dollars."

Many people argue that

Juice on the Loyola Marymount campus, he or she just uses 3.50 of her Lion Dollars to pay for the smoothie, while a smoothie from the Bakery at USD would have to be purchased with a whole meal plan. With the Lion Dollars there are no time restrictions of when you can and cannot eat.

Nonetheless, Loyola Marymount's meal plans are more expensive than USD's meal plans and do not give as many "bonuses" as USD

not aware of that fact.

Reforming the dining services, however, is a necessary task in order to provide students with the best quality food at the lowest prices.

Implementing Encore-type meal plans with more than just 100 meals would be a step in the right direction. Students have enough stress as it is, and meal plans should not be another aggravation.

-Additional information contributed by Elyse Rohrer.

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**Disagree with an opinion piece? Want to voice that argument?**

**Write a letter to the editor. (More details on bottom of page 2)**



# USD students attend AIDS Walk 2002

By Erin Gentile  
STAFF WRITER

Students at USD came together Oct. 6 to support the fight against AIDS and HIV. Dozens of USD students met early on Sunday morning to participate in the 5-k AIDS Walk 2002.

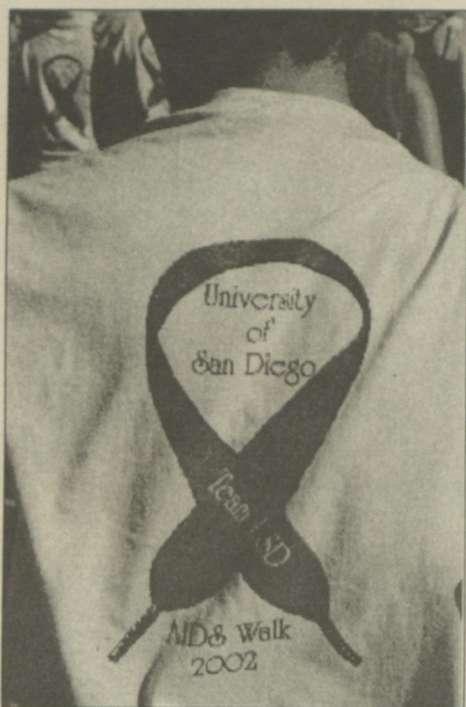
When the walkers/runners arrived at the event, there were several different tents set up which represented sponsors and groups that were participating in the walk to greet them.

Most of the tents had interesting facts and educational pamphlets about the disease. Other tents had fun games to keep people involved and interested until the walk started.

There also were tents that gave away free stuff such as CDs, bags, hats and food.

There were hundreds of participants that showed up for the walk. Also, there were various organizations that had organized a team.

USD organizations that took part in the walk were groups like



KYLA LACKIE

Yellow t-shirts were distributed to students who attended the AIDS walk last Sunday.

Panhellenic from the Greek Offices, Delta Tau Delta Fraternity, University Ministry, Founder's Club and various other clubs on the USD campus.

All USD student participants

received a yellow "Team USD" T-shirts for their efforts.

All of the walkers lined up around 8:45 a.m. and the walk began at about 9 a.m.

Many people ran, but most people walked to show their support.

At the very beginning of the walk, USD students were grouped together.

But as the walk progressed the students became more spread out because of their various speeds. This gave students a chance to talk and walk with other people of the San Diego community instead of just sticking with the club that they were associated with.

The average time for the walkers was about one and a half hours.

The actual walk took place in



KYLA LACKIE

USD unites for AIDS walk at Balboa Park.

downtown San Diego on closed streets.

During the walk there were people cheering for the walkers and runners. This motivated the participants. The cheers helped keep them focused on finishing, and reminded them of what they were accomplishing.

Just through this one walk a community has become more united, a cause has been supported, and a life has been

saved.

Through this experience USD students had the chance to meet other people of the San Diego community and unselfishly give their time and energy towards a cause worthy of support.

Most of the students who walked had the same reaction when finished. They felt good about themselves because they made a difference.

## The Buff and the Beautiful

By John Piranian  
S&C EDITOR

The media showers our perceptions with photos of scantily clad men and women, miracle diet potions that will transform our bodies into a "more desirable" form, and images that glorify perfect bodies.

During Body Image Awareness Week, Dr. Karen Lese gave a presentation called "The Buff and the Beautiful."

This program displayed a multimedia analysis and

mouth, doll legs/ I am doll arms, big veins, dog bait/ Yeah, they really want you, they really want you, they really do/ I fake it so real I am beyond fake/ And someday you will ache like I ache," sang Courtney Love, while images of Calista Flockhart and other petite models appeared on the screen.

Following the examples of extreme body images, a segment of more diverse body images were featured. The words, "Be comfortable in your skin," projected a positive message to those in attendance.

This section of the film high-

would like to lose weight."

One by one, students read the content of each card and each fact produced an array of surprised facial features from those who sat and listened.

After all of the cards were read aloud, the group was split into three sections. All three groups were led by a member from the nursing school.

Each group discussed their personal reaction to the segment.

Students raised issues about how the media bombards viewers with actresses who wear a size zero, how reality TV shows do not represent reality, and how muscle bound men in magazines are inspiring men to consume untested products for muscle growth.

In order to change our perceptions, society must realize that the majority of media images are not typical or desirable.

We as consumers have been duped into believing that our abs are required to be as flat as a washboard or that our bodies are allergic to fat.

As members of USD, we need to change our outlook on body image. "Accept every body" was the slogan for Body Image Awareness Week and as USD students, you should expect nothing less.

"You are the culture of USD," Dr. Lese said.

## Eating on the run

By Amy Gallman  
STAFF WRITER

An alarm goes off, you roll out of bed, and before you know it you are in a mad rush to school. Suddenly, you hear your stomach growling in class and realize you forgot to eat breakfast. Sound familiar?

"We need to take time to plan our meals," said Dr. Kathy James, Assistant Professor at Hahn School of Nursing and Health Science.

Last Wednesday, James held an informative meeting concerning eating on the run. She focused on the idea that we should eat small meals throughout the day. Doing this keeps the metabolism going, prevents overeating and it keeps the body alert and energetic.

"The whole key is planning," James said.

A helpful tool she provided the group was a one-minute meal recipe list. Wake up smoothies, banana shakes and various pita bread combinations were just a few from the long list of ideas.

She informed the group about the healthy combination of carbohydrates, protein, and fat that people need.

"In a daily caloric intake, the ratio should be around 12-15 percent protein, 55-60 percent carbs, and 25-35 percent fat," James said.

She said very active people need more protein than this amount. She was also concerned about the amount of calcium

people are getting. She specifically was worried about women.

"Calcium has been downplayed by professionals lately. Women need 1,000 - 1,200 ml a day, and one glass of milk only has 300 ml," James said.

When people are busy, it is difficult to get this amount of calcium. To solve this problem, James recommends taking Viactiv chews, containing 300 ml. These chews come in chocolate and caramel, among others.

Regarding the fact of how many calories we should eat a day, James said that it is different for everyone. Someone who is very active obviously needs more calories than someone who is not.

"The best way to judge how much food we eat is to be in touch with our bodies. When we are hungry we need to eat, and when we are full we should not over eat," James said.

The most important and healthy thing to do is to plan meals. The beginning of the week is a good time to do this. It is very easy to pack a few healthy snacks like yogurt, nuts, protein bars or fruit to eat through out the day. The next time you are in class and you realize there is nothing in your stomach, you will be relieved to reach in your bag and grab a quick snack that is satisfying. This will help you from over eating the wrong foods and keep you from going hungry.

### "Two out of five women and one out of three men are dissatisfied with their overall looks."

slideshow to promote self-worth and raise awareness concerning the impact of the media on how we view our bodies.

At the start of the program, a slideshow projected images of malnourished bodies while Aqua's "Barbie Girl" and Hole's "Doll Parts" played as a fitting soundtrack.

Images of fashion models, bodybuilders, and celebrity personalities flashed onto the screen, portraying the media's typical standard of what a desirable body should be. Viewing the clips forced attendees to examine how the media projects what is beautiful.

"I am doll parts, doll

lighted more realistic depictions of body image that appear in the media, as Fatboy Slim's song, "Praise You," created a hopeful air.

The women and men in the ads shown seemed similar to people you would see everyday, as opposed to the "flawless" bodies that are typical in American media.

Once the slideshow ended, each person at the presentation was given a card that had a statistic typed onto it.

Some of these statistics included: "Two out of five women and one out of three men are dissatisfied with their overall looks," and "63 percent of USD women surveyed feel like they



# Women's Center offers supportive environment

## Making an impact with new programs and activities to extend across campus

**By Evan Helmy**  
STAFF WRITER

Representing the voice of students, faculty, administrators and (of course) the women of our campus is the Women's Center.

The Women's Center was established in 1994 with the help of the USD community. There was a period of time when the Women's Center was forced to shut down due to a lack of student involvement in the center's activities. However, those days are over thanks to some new improvements and to two women that have made the Women's Center what it is today.

The Women's Center re-established itself in 2001 as new, improved and prepared to get their voice heard at USD.

Thanks to Graduate Assistant Amber Picou and Erica Lovano, a sophomore, the center has re-opened and is supported by many USD students and faculty. The center provides many activities and resources to both men and women on issues that effect women in today's world.

Their mission is simple: To create an environment that supports, promotes, inspires and facilitates the beliefs of all the values that make up the women in our society.

The Center is big on working with the community to emphasize what one person can help do to make a change.

A quote from one of the Center's flyers says, "The Women's Center is a

Nucleus of Women's programming for the campus community, which serves to increase awareness and dialogue on campus."

The men of the USD community need to understand that the center is there for all people and not just for women.

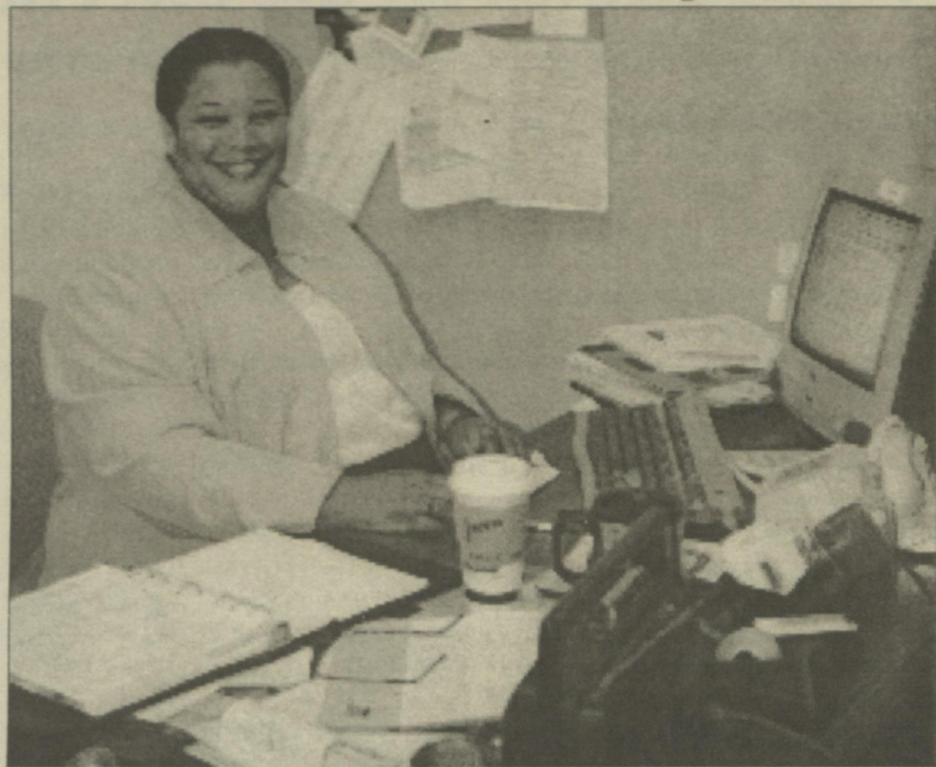
On Sept. 26 the Women's Center celebrated their seventh birthday at USD. Picou, a graduate assistant from San Jose State, has made many improvements at the Center.

"Coming from San Jose there was more activism in the school. Also, by just looking at this school there is a huge economic difference between students, and not to mention the difference in the diversity of the students between both schools," Picou said.

Picou has had to make an adjustment to USD, but has successfully completed her task by turning UC 116 from a place where students used to study to a place where a student can also learn about what the Women's Center can do for them.

Lovano started out as a freshman, work study student, and has now advanced to the position of Women's Center Programmer, in conjunction with work study. Lovano is very involved with other organizations on campus, but puts most of her time into the Women's Center.

"I have always been a strong woman, and have been able to discuss the issue of power for women. My main goal is to have the USD campus well aware of who and what the Women's Center is,"



Amber Picou is available at her desk in the Women's Center.

LAURA JOHNCOX

Lovano said.

Lovano has become a fantastic resource for the center in general. She plans on working there and being involved as much as she can throughout her stay at USD.

The Women's Center will be holding many events throughout the school year. Some upcoming events include The Walk For Hope, which is 5k walk/run presented by The Home Depot. With their team captain, Picou, the Women's Center will be attending this event in sup-

port for the cure of breast cancer.

Katie McDaniel, an Resident Assistant in the Alcala Vista Apartments, said, "The Center is doing a great job. It is an awesome resource and I hope that not only myself but USD in general will get more involved with this wonderful place."

Other Women's Center events include October's Body Image Awareness week, November's Luna Fest, and December's World AIDS Day.

Stop by UC 116 for more info.



## James Dale

"Gay Rights,  
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**Friday, October 11th**

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## ENTERTAINMENT

## Video games create alternate reality for all ages

A generation and game systems have grown up together

By Rachele Scaringelli  
STAFF WRITER

Christmas, 1986. I remember it like it was yesterday. After all of the wrapping paper was cleared away, one gift stood out among the rest as clearly the greatest Christmas present ever: The original Nintendo Entertainment System. Endless hours were spent squashing Goombas and kicking Koopa-Troopers into bottomless pits. The 8-bit NES had a very simple design, a light gray colored rectangular console with two small control

gers, no cordless sensors and definitely no Rumble Packs to be found. The most impressive part of the whole set was the gun which was included, and even that was only used to shoot ducks, this being some time before Rambo and James Bond made it onto the video game circuit.

A few years later, Nintendo found some competition in the video game market. Sega had just released its 16-bit Genesis console, complete with a brand new *three* button panel. Buttons "A" "B" and "C" kept many a

plicated and required more commands. "A" and "B" were joined by "X" and "Y", and brand new "left" and "right" buttons were added to the top of the controller.

Soon, however, buttons were no longer the biggest innovations in the field. CD technology was introduced into the market, and plastic game cartridges were replaced when Sega introduced its SegaCD, followed by yet another competitor, the Sony Playstation. Over time the market demanded more and more development and the industry answered. Nintendo came out with its Nintendo 64 (N64) packing 64-bits of graphic power. Sega put out the Saturn and the Dreamcast before slowly disappearing from the market completely. The current consoles vying for top spot are Sony's Playstation 2, Nintendo's Game Cube, and the increasingly popular X-box by Microsoft.

The X-box is a game console and DVD player in one. It sports an Intel Pentium III 733MHz processor (which is more than most desktops can say) and an 8 GB hard drive. The DVD capabilities allow for seamless full motion video and movie-quality soundtracks, eliminating the skipping or stalling that occur with other systems.

An on deck modem allows the X-box to connect to the Internet to allow multi-player online gaming. The PS2 also



KYLA LACKIE  
Remember the days when controllers did not vibrate only came in one color and just had two buttons?



KYLA LACKIE  
Adam Peterson and Sara Barrera demonstrate how video games have become a means of socializing.

panels equipped with a directional pad for left/right movement, down for squatting (remember, this isn't exactly 3-D yet) and up for jumping in certain games. Then, on the right side of the panel were two round, red buttons labeled "A" and "B." No joystick, no trig-

happy gamer sending Sonic the Hedgehog after the evil Dr. Robotnik for hours on end.

Not to be outdone, Nintendo came out with the SNES, or Super Nintendo Entertainment System. Once again, controllers with more buttons were developed as games got more com-

supports DVD and audio CD playing, but with only 300MHz of computing power. Game Cube has a 400MHz CPU. It seems that the X-box has put itself into a league of its own.

So which one of the big three has gamers captivated? Well, the reviews are mixed. One fan of the PS2 says "In my opinion, the Playstation 2 is currently the BEST console out there. Sure, it may not have as much graphical-capabilities as the Xbox, or Gamecube's friendly design, but it has what you wanted: *games*. Xbox continuously fails to release good games."

Yet another gamer raves that the GameCube is the system to have, "It's great, way better than Xbox or PS2. There aren't many games out yet, but it loads faster than either of the other two." A third reviewer states, "Xbox has the best graphics capabilities on the market, if you are looking for realistic 3D, the Xbox can't be beat." Yet there are still critics of all three.

"They are way too expensive, the consoles run between \$150 and \$200 a pop, and they don't even come with games included!" complains a senior from Tecolote Village.

The video game industry has obviously come a long way from the days of Pac-Man and the Super Mario Brothers. Competition is fierce, and the demand is high.

Video games have become a part of most of our lives, whether or not we keep up to date with the newest systems or the biggest games. It seems that these three systems create much of the competition now. But as consoles get more and more advanced, we will see more interactive games, better graphics and increased capabilities of newer systems. For many video game players, their consoles make up a video game system, DVD player and CD player in one. It will be interesting to see where the industry goes from there.

## Fall season continues to provide a dose of "reality"

By Heather DePriest  
STAFF WRITER

With the new television season beginning there is no better time then now to talk about reality TV. With all of the favorite shows in reruns over the summer, it is hardly surprising to note that many people became hooked on reality TV.

Some of the major networks made brilliant ratings moves when they decided to air new episodes of reality based programming during the summer.

So before discussion of the shows to come, why not take the time to recap the shows that captured our hearts this summer.

NBC had success with "Dog Eat Dog." It essentially combined brains and brawn to make one crazy show.

Some reality shows are either really strong or really smart, but this show connected the two. In fact, it averaged about 10.7 million viewers and is slated to return with all new episodes in January.

Another surprise summer success for NBC was the show "Meet My Folks." As a contradiction to shows like "Dismissed" and "Elimidate" where the girl or guy picks their date, on "Meet My Folks" the parents get to choose.

Throughout the course of the show the three bachelors were essentially made to look bad by discussions with ex-girlfriends, old secrets being revealed, and the all telling lie detector test.

From all of the information that was gathered, the girl's parents then had to decide who should be allowed to date their daughter. It was hardly ever an easy choice to make.

But even with its quirky plot, "Meet My Folks" still pulled in an average of 9 million viewers.

Another network that decided to capitalize on the summer rerun slump was CBS. They did so with their Survivor-esque reality show "Big Brother." It is like "Survivor"

in the sense that the contestants had to vote each other out, but in the case of "Big Brother," they are being voted out of the house and not off the island. With that said "Big Brother" garnered an average of 8 million viewers this summer and definitely helped CBS stay strong in the ratings.

Finally, the surprise winner of the summer would definitely have to be FOX's "American Idol." Sure, it might have taken a while to gain a strong following, but by the final episode it was a hit. In fact production for an "American Idol 2" is already in progress.

Now that the summer has been recapped it is time to talk about the shows of the coming season.

On Tuesday nights, MTV is offering up its twelfth season of the "Real World." Taking place in Las Vegas, it is sure to be full of scandal and hijinks.

Another network entering the

game is E! with its "Anna Nicole Show" on Sunday nights. The show is already receiving good ratings and Anna is interesting and intriguing to watch.

ABC is in the game with its second installment of "The Bachelor." Unfortunately, it would seem that the couple from the first installment, who decided in the final episode of the show to not get engaged but rather to get to know each other, have already broken up.

In addition, the previews for the new season show the star making out with nearly all twenty-five contestants at one point or another.

It will be interesting to see if an engagement comes out of this show or if it is another flop like the first one. Tune in Wednesday nights to find out.

Next there is NBC ranking in with its own form of reality television. It does so through its show "Fear Factor" on Mon-

day nights. This show takes adrenaline rush and gross out to an all time high.

Having contestants stay under water for extended periods of time and also eat cow brains is quite a sight to see.

This is definitely a show with out limitations that truly deals with peoples' fears.

Last but not least, CBS leads the pack with "Amazing Race" and of course "Survivor."

Both shows give viewers the opportunity to watch diverse people compete for prize money and see different parts of the world.

"Amazing Race" will air Wednesday nights and have to fight off its competition "The West Wing."

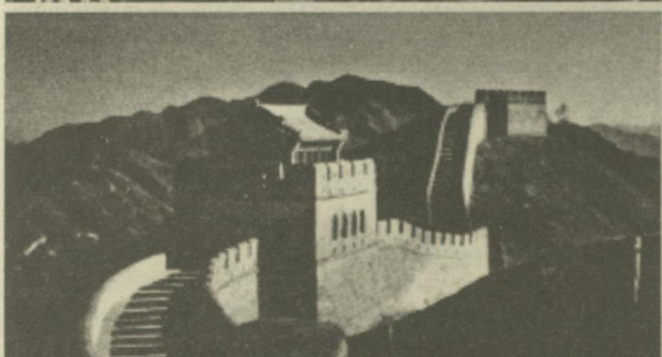
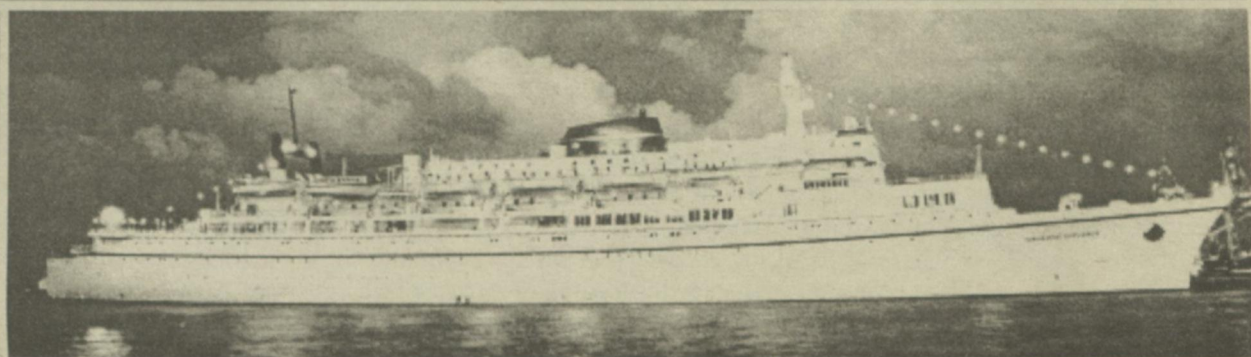
"Survivor," on the other hand, is still airing on Thursday nights and trying to do battle with the ever lovable "Friends."

So if reality TV is your cup of tea, the new season offers a wonderful array of choices!



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# Slave to the Metal: Black Sabbath- "Sabotage"

By Mark Donoghue  
STAFF WRITER

The sound is everywhere. It's sitting there looming among the power chords of Metallica and in the throbbing amps of Motorhead. It's in the jingle-jangle of the Smashing Pumpkins and in the fidgeting fingers of an unknown garage band. It's the notorious influence of Black Sabbath. Hailing from the mean steel town of Birmingham, England, Black Sabbath is one of the most influential, dominating, and hard hitting bands in the history of rock music. With the classic lineup of Tony Iommi on guitar, Geezer Butler on bass, Ozzy Osbourne on vocals, and Bill Ward on drums, this powerhouse of talent roared its way to international fame, leaving a wake behind them that few have yet to even dare venture towards.

Between 1970 and 1979, Sabbath toured the world relentlessly playing venues ranging from four drunks in a bar with their beards in their beer to record setting arenas seating 250,000 crazed and loyal fans. Birmingham's bastard sons throttled their way to fame without apologizing for anything. Their popularity still exists today. You can't help acknowledge that Sabbath, according to the Recording Industry Association of America (RIAA), has sold over 100 million records since 1970, and that Black Sabbath's original eight albums sell at least 500,000 copies per year causing sales to reach gold, platinum, and the ultra rare diamond status on a constant basis.

The 1975 release of "Sabotage" is one of Sabbath's most intimidating albums. The selections rocket you to dizzying highs and cripple you down to terrifying lows. By the end of the album, you won't know what to think of yourself.

1975 opened with mixed reviews for Sabbath. After touring off a previous album that fans called their finest hour, Black Sabbath's critics weren't too sure. 1975 was also a time when rival Brit rockers Led Zeppelin were choosing to use more folk and blues influences, leaving Sabbath to claim the title: First Heavy Metal Band... ever.

"Sabotage" begins its journey with "Hole In The Sky." Needing no cheesy introduction to whisper its arrival, "Hole In The Sky" roars to life marrying a sloppy tuned down bass guitar with a slightly distorted lead guitar that just

cries out "power." Keeping the whole thing going is Bill Ward on drums. Moving the band in the right direction, the drums compliment the simple guitar licks with a simple 4/4 beat. Then, in walks Ozzy. Wailing his awesome voice, Ozzy screams out the messages that transform a simple riff into a complicated story of uncertainty. As if "Hole In The Sky" seems to end on a never ending climax, the song screams to a sudden halt beginning track two, "Don't Start (Too Late)," an instrumental.

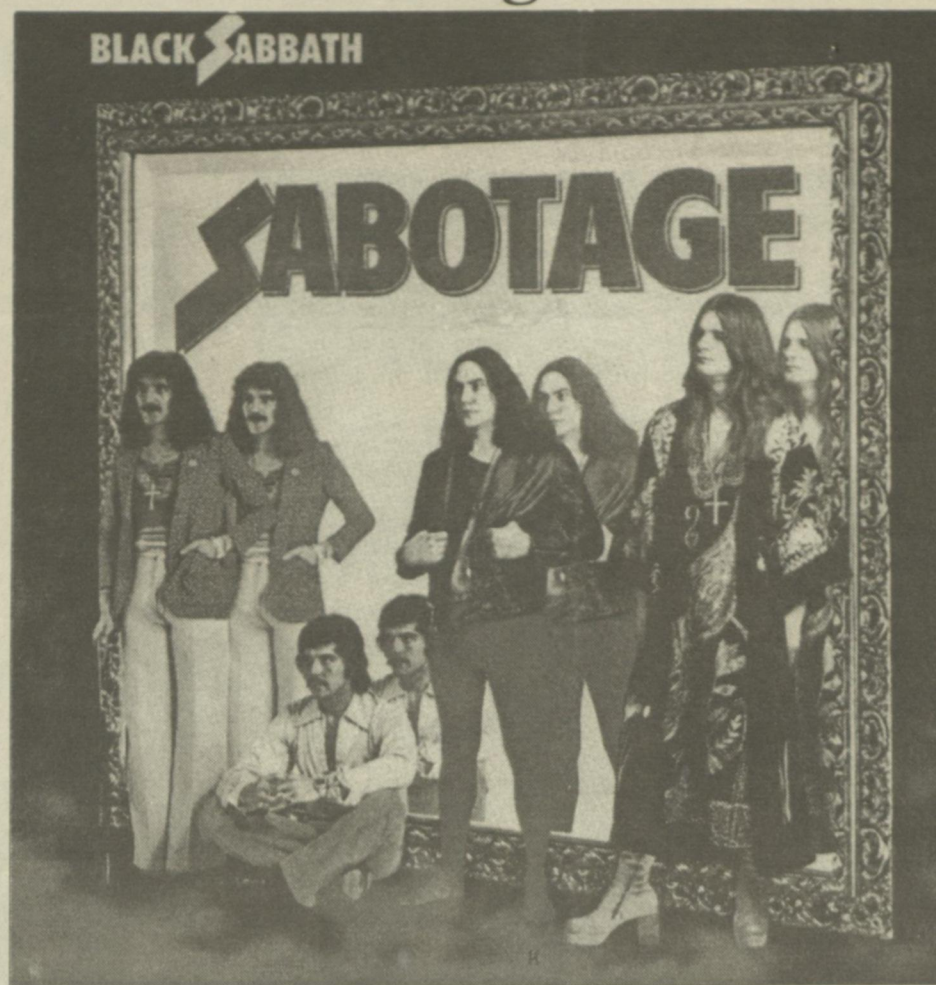
"Don't Start" offers you a life raft that will save you from the wake "Hole In The Sky" left behind. Two classical guitars softly harmonize among one another giving a soothing and relaxing treat. It feels good to be able to listen to something you wouldn't mind taking home to Ma. Forty-nine seconds later, you're spit right back into the bowels of hell.

And so begins "Symptom of the Universe." Arguably Black Sabbath's hardest piece, this song is hidden at track three, ready to lash out at you. "Symptom of the Universe" puts forth a force big enough to make an atomic bomb look like an acne flare-up. Tuned down, Tony belts out the crunchy riff that makes you tremble in fear.

A few measures later, the bass shakes an already unstable foundation with the drums absolutely exploding behind everyone.

Once the shock of the beginning turns to familiarity, Ozzy enters pleading, "Take me through the centuries to super-sonic years, an electrifying enemy is drowning in his tears. All I have to give you is a love that never dies. Symptom of the universe is written in your eyes." "Symptom of the Universe" continues with the story for a little while longer. At times the music is almost toe tapping.

But we all know Sabbath better than that. At the climax of the piece, the guitars distort and bend the notes until it finally comes crashing down into what I believe is Black Sabbath's most beautiful music. The outro of "Symptom" contains the same classical guitars as in "Don't Start," except it is blessed with a heart wrenching vocal arrangement that almost makes you root for the character in the song to succeed, and may give you a tear as well. Truly a beautiful section of music, and with a twinge of lost emotion, Ozzy sings: "Woman, child of loves creation, come and step inside my



ALBUM COVER

dreams. In your eyes I see no sadness, you are all that loving means. Take my hand and we'll go riding through the sunshine from above, we'll find happiness together in the summer skies of love." Yeah, this sure is the satanic and drug induced lyrics people claim Sabbath solely does, right?

Do you have a fear of large things? If so, then you're up the creek with "Megalomania," Sabotage's 4<sup>th</sup> track. An unusual song lasting ten quick minutes, "Megalomania" really takes you for a ride. It grabs you, shakes you from your innocent thoughts, and introduces you to a world you were too scared to dream of. The haunting opening melody forces you to picture a scene of fiery brimstone, winged angels, and hooved creatures. With a twinkling paced drum beat and a basic four-note riff, "Megalomania" hints that something just ain't right. It doesn't help the matter when Ozzy is begging, "Why don't you just get out of my life? Why doesn't everybody just leave me alone?" Something isn't right. Screaming for escape, the song escalates with astonishing power until the narrator finally frees himself from whatever fetters were keeping him down. I assure you, listen to this song once and you'll be left

asking your friend "what just happened?"...If your friend even makes it out alive.

"Sabotage's" B-side concludes with "Thrill Of It All," "Supertzar," "Am I Going Insane?," and "The Writ." Each of these tracks will leave you with some form of emotion and might even shake you up more than the previous tracks. Black Sabbath's albums are truly works of art. When many bands spend up to a year hand crafting and molding their songs into place, Sabbath sits down and creates a masterpiece making it look about as complicated as watching a baby drool on himself. But when it's done, it's a beautiful story with amazing music and a charismatic band that truly wants to be there.

If you like two chords in your songs or if you like some sweater wearing guy strumming a guitar on stage wearing Birkenstocks who's there because they have to be, then Black Sabbath isn't for you. If you want power, emotion, and high voltage in-your-face rock n roll, then run to the music store and get Black Sabbath's "Sabotage." Man, you have to be dead or in jail to miss out on this album, and if you're in jail... BREAKOUT!!!

## Wise Words: Chicken soup for your sign

### Aries March 20-April 18

Expect a tumultuous week for your love life. You may meet the love of your life, or you may discover why your current love interest is not worth your time.

### TAURUS April 19-May 19

Follow your passions. All obstacles are out of your way. As the expression goes, take the bull by the horns because this week the odds are in your favor.

### GEMINI May 20-June 20

It almost seems like you are two different people. You have two distinct personalities. You let others dictate the type of personality you have when you are with them. This week, combine your qualities and create the persona

that's right for you.

### CANCER June 21-July 21

You obviously enjoy entertaining others. You crave the attention. Take this week to plan upcoming social events. After all, people have come to expect it from you.

### LEO July 22-August 21

Question your relationships. Concentrate on what you really want, and then communicate your feelings to those who need clarification.

### VIRGO August 22-Sept. 21

You've struggled with the idea of mortality recently. Put things into perspective. What do you want to do with the rest of your life?

### LIBRA Sept. 22-Oct. 22

Pamper yourself. You deserve

it. You will be glad you relaxed this week because you may not have much personal time in the near future.

### SCORPIO Oct. 23-Nov. 21

Usually, you are head strong and a bit impulsive, but this week your actions are futile. There is no need to make big decisions because life will make them for you.

### SAGITTARIUS

Nov. 22-Dec. 20

Feel like you've done this before? Your week will be a resurgence of past events. Look back at how you responded to them initially. Should you change your response, so that you change a particular outcome?

### CAPRICORN

Dec. 21-Jan. 18

You've had moments of sadness roll over you recently. Pinpoint their origin. If you can locate the area that is making you gloomy, then maybe you can ease the pain.

### AQUARIUS

Jan. 19-Feb. 17

Who are you? What is your purpose on this earth? Get ready for some answers. Your higher consciousness is working overtime, so ask the important questions now!

### PISCES

Feb. 18-March 19

You will receive something of value this week. Perhaps you will welcome a loved one's greeting, an extension on a paper, or maybe just a lot of money. Whatever it is, use it wisely.



# "Red Dragon" opens in theaters at number one

**By Rachele Scaringelli**  
STAFF WRITER

Friday, Oct. 4 marked the opening of the third movie in the Hannibal Lector trilogy, "Red Dragon." The film debuted at number one its first weekend, taking in around \$37.5 million dollars, knocking "Sweet Home Alabama" to number two.

Though much anticipated, the film did not bring in nearly as much as "Hannibal" did its opening weekend. It missed that mark by about \$20 million.

A prequel to "The Silence of the Lambs," "Red Dragon" tells the story that came before Hannibal Lector met

Clarice Starling. Based on the novel by Thomas Harris, Lector, (played by Sir Anthony Hopkins) a respected psychiatrist and connoisseur of the arts, is captured by FBI agent Will Graham (played by Edward Norton). Much like the character of Clarice Starling in "The Silence of the Lambs," and then again in "Hannibal," Graham returns to invoke Lector's help in catching a madman serial killer nicknamed "The Tooth Fairy" (played by Ralph Fiennes) before he strikes again.

"Red Dragon," directed by Brett Ratner (director of Rush Hour and Rush Hour 2), has received better re-

views than "Hannibal" on account of its "subtler chills" reminiscent of "The Silence of the Lambs." But, on this point I must disagree. Red Dragon is a very well made and thought out movie. But much of its appeal relies on the rapid use of stark imagery and heavy violin music used to cue the audience when it should be scared.

Many reviewers of "Hannibal" disliked its use of Ray Liotta's "brain scene," citing that it was grotesque, but overlooked much of the subtler intellectual humor of the movie. Aside from a minor reference to a line from the first film about Hannibal's disdain for an un-

talented member of the Philharmonic, "Red Dragon" abandons many of Hannibal's amusing mannerisms and characteristics, focusing more on Edward Norton's character, and his search for the Red Dragon.

This movie is a remake of the movie "Manhunter," which came out in 1986, before "The Silence of the Lambs." Though Dr. Lector plays a considerable role in the other movies, "Red Dragon" isn't really a Lector story. It is focused more on Graham and the serial killer Francis Dolarhyde. Dolarhyde has murdered two families and may be on the hunt for a third, when Gra-

ham is pulled out of retirement for work on one last case. The movie uses some very intense visual effects to create a shocking psychological chiller that proves to be a memorable movie experience.

I recommend this film to the moviegoer who likes to be jolted from their seat and held in suspense. However, don't expect "Red Dragon" to fall in line with the styles of either of the previous two movies. It definitely stands out as more of a thriller than either of Harris's other stories. If "The Silence of the Lambs" or "Hannibal" gave you nightmares, it might be smart to stay clear of this one.

## Faces of USD: "Which sex has it easier?"



"Guys. Because they don't have to cook or clean"  
-Daniel McClelland



"Men because they don't have to deal with feminine problems."  
-Brian Burns



"The world is so focused on men so they definitely have it easier. But women make men."  
-Heather Brown

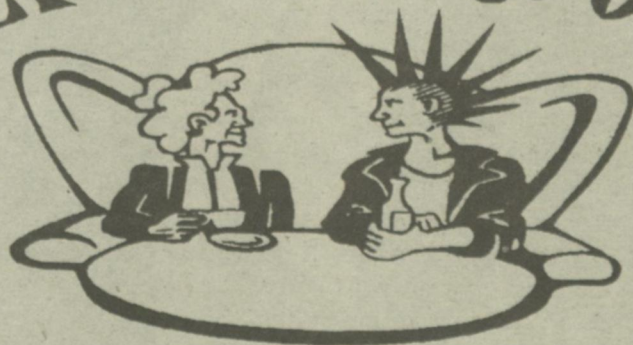


"We all have issues."  
-Rachel Erlandson



"Guys. Because they aren't held to as many expectations."  
-Robert Jones

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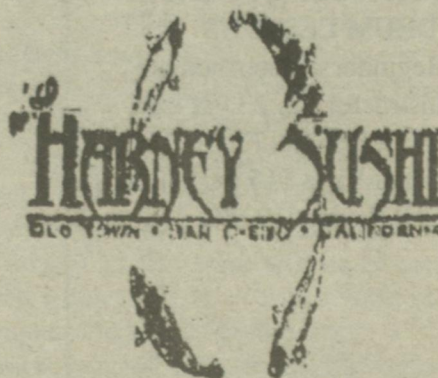
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**CAMPUS RECREATION****IM Men's Soccer plays out second week**

**By Brad Huggins**  
CAMPUS RECREATION

Men's Intramural Speed Soccer continued its impressive display of talent this past Thursday. On its junior outing, if anything, one might ask, 'got milk?'. These teams appear to have it all together; they're loud, aggressive and lets not forget, yes, they can play well.

Born To Score Headers vs .Free Agents at 8 p.m., was what a brain surgeon might call, quite a head job, with Born To Score Headers taking an early lead and holding it for a final score, led by Aaron Carlton and Allen Merrill with two goals each, 5-1.

Frank Herbert would've been proud of Fedaykin's 8 p.m. showcase, defeating Daves An Idiot, 3-2. John Brannon ( 2 goals ) and Matt Jones ( 1 goal ) , although neither a Sting, over aggressed the opposing Daves An Idiot ( or is he? ) , to come out on top of their dune.

P-Funk All Stars, led by #67 Kyle Aberily with three goals and Myles Weinstein's two, pulled out all their stars,

to come out ahead of Fogetta Bout It, 6-5. Still Fogetta Bout It (you might want to) was trying hard not to; Finding the net and an argument along the way and led by numbers 28 and 29 ( 2 goals each ) for a final tally of five goals.

The Runs vs. Aw Sukki Sukki at 9 p.m. proved to be another impressive spectacle of foot work. One thing is for sure, The Runs can run, sometimes, like away from the ball. But it was Aw Sukki Sukki, who put their capabilities in over drive, winning over The Runs, 3-2.

The Wankers vs. Ben's Team was in a nutshell, a blow out. Led by The Wankers was Casey Schartg with two goals and Andrew Maller added some offense. Ben's Team looked all over the field for Ben, who in the end found him to assist with their solo goal by Mike Rice. Final score, 7-1.

It just keeps getting better and better. Don't worry so much and get down to the field and cheer them on. See ya Thursday. Peace, and may the constant beat of good sportsmanship always remain.



JEREMY DARNER

Action started to heat up in the second week of Men's Speed Soccer

**Intramural basketball gets rollin'**

**By Campus Rec Staff**

USD's athletes were out in full force on Tuesday night kicking off another season of intramural basketball. These athletes are genuinely "true" athletes who come out to play simply for love of the game and the coveted-by-all championship T-shirt.

The night seemed to go off without a glitch, that is up until the forfeits. Rich Mijors and his team the "Regulators" failed to show that night and didn't regulate on anyone. Another no show was team Gina Hereticks, there absence however couldn't stop the "Hawaiian Ballers" from having fun, they simply picked up a couple of ladies and went full court just for fun. Also, Matt Arnold and his "Cougars" proved to be nothing more than pussycats in failing to show

for their game.

For the teams that were absent I invite you to step up to the challenge and prove us wrong. Now, for the teams that were there. Joe Sofio and his "Big Ballaz" could quite possibly have set a new record in amount of time it took to take care of team "Tres." Both games were over before the other teams were finished with their first.

The "San Raf Regulators," even though they didn't play that night, seemed to have had a good audience. Could they be freshman girls? Ryan Inman and his team "Maher" seemed to have a little trouble finding the basket that night in their crushing losses to Robby Koslowsky and his "Flying Jablones," who were hitting every shot that they put up.

If the "Jablones" keep at this pace they

will definitely be something to worry about in the future. On the women's side, the "Zaney Ladies" easily put away Lindsay Beseda and her not so tenacious, "Tenacious D."

The nail-biter of the night came from the match up between Blake Fowler's "Norsemen" and Michael Cullen's "Sweet Mouths."

They were going back and forth all night with the Norsemen winning the first game 17-15, the Sweet Mouths came back winning the second game with a score of 16-14, but the Norsemen proved to much for them winning the final game with a score of 15-5. Regardless of who won or lost that night, everyone enjoyed themselves and had a good time. Well, that's all for this weeks games, make sure to check in next time for the latest scores and highlights.

**Top 5 Fall IM Team Names**

according to IM Staff Poll

1. Yo Lady's Other Man (Men's Basketball)
2. Aw Sukki Sukki (Men's Speed Soccer)
3. The Runs (Men's Speed Soccer)
4. Born To Score Headers (Men's Speed Soccer)
5. The Tight Endz (Men's Flag Football)

**Women's Football gets underway  
It's not just for men anymore**

**By Campus Rec. Staff**

Women's Flag Football season has officially begun. The first game was played last Tuesday night at the sports field. The competition was fierce between the Terminators, a mix of returning juniors & freshmen and the PPC, all freshmen residents of Camino.

Before the game, Robyn Silva, team captain for the PPC pumped up her girls and reminded them, "No Contact!!!" With just one official practice the PPC seemed confident and ready for action, especially with their two freshmen football player "coaches" standing on the sidelines for support.

However, in the first two seconds it was apparent that the girls needed some

extra help, as one team member shouted out, "Oh shoot, that was really bad!!" In the second play, Kathy Thiebes, captain for the Terminators made an incredible touchdown, followed up with another touchdown by teammate Mana Warner. The action was non-stop as the PPC tried to make a comeback in the second half, but was unsuccessful. The Terminators scored two more touchdowns, and the game ended with a final score of 24-0.

Even in defeat the PPC were not discouraged, the girls were just having too much fun, and as the team got together for a post-game practice, one male spectator was heard saying, "I wanna play in this league!"

**USD Resident Cup  
Students face off for  
athletic bragging rights**

**By Jeremy Darnar**  
CAMPUS RECREATION

Beginning this Fall, USD students will face-off for the new "USD Resident Cup." Six CoRec teams, comprised of students from on-campus housing complexes, will battle each week in a one night round-robin tournament.

Tournament sports will include Softball, Football, Soccer, Basketball, Volleyball, Ultimate Frisbee, and Innertube Water Polo. All teams will be co-rec teams, consisting of an even number of male and female USD students.

The winning teams from each weeks

tournament will gain overall points, at stake at the end of the semester, bragging rights as the most athletic residents hall and, of course, the almighty "USD Resident Cup."

The overall winning team gets to maintain procession of "The Resident Cup," that is, until next semester. Teams will be The Alcala Vistas, The Tecolotes, Missions A, Missions B, Maher & Camino/Founders, and The Presidio and University Terraces.

Team rosters can change week-to-week, so get in touch with your RA and let them know what you're good at!!!



# Send us a caption for this picture!



DAVID DURON

Each week we will be having a contest to see who can come up with the best quote for an interesting picture taken each week, like this one. The top three captions will be published in the next Vista, on Thursday, October 17. Entries can be submitted to [chadw@sandiego.edu](mailto:chadw@sandiego.edu). Title your email "caption contest." Good luck!.

## TORERO BLUE

### STUDENT REWARDS CLUB

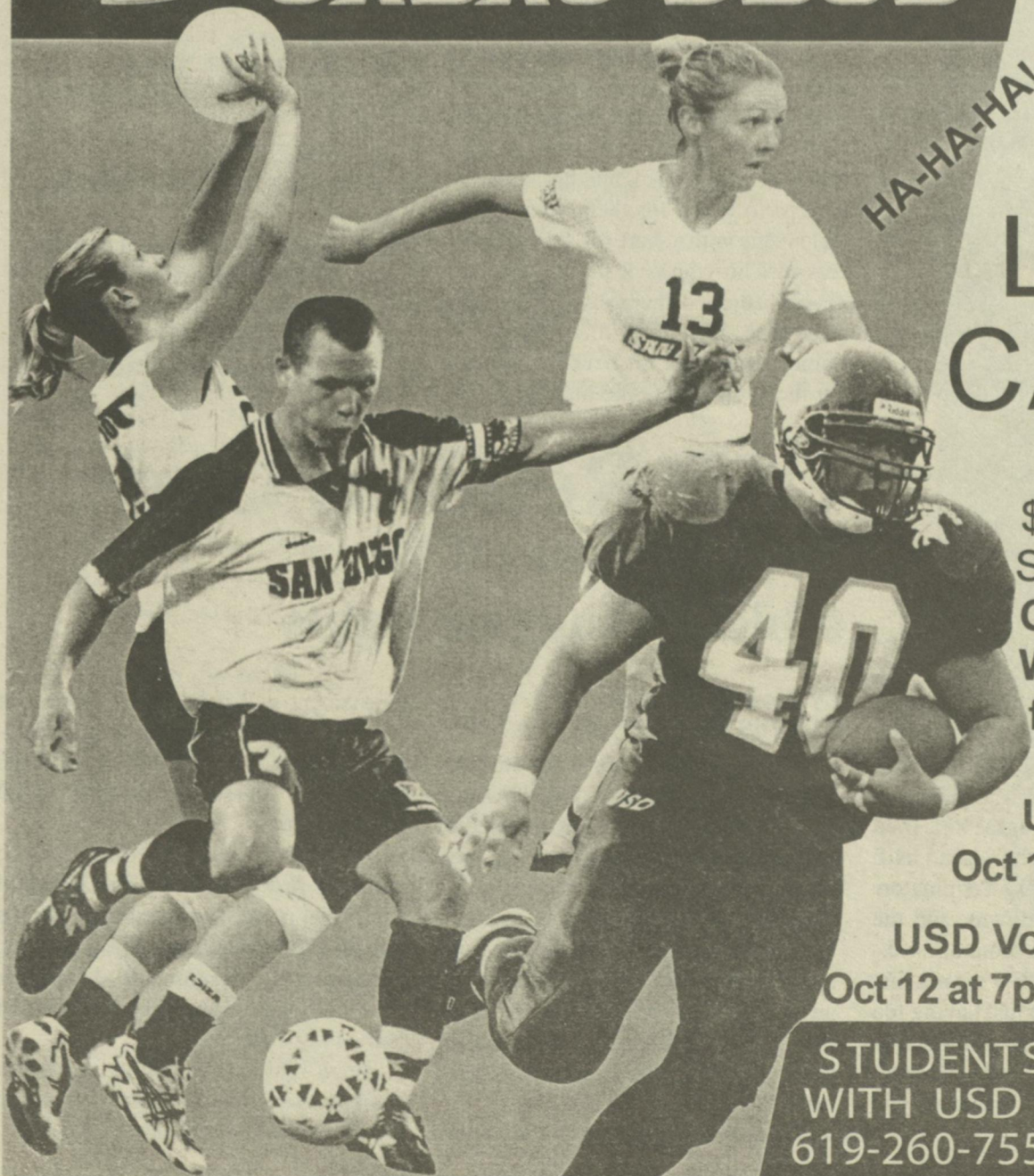
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CASH!** in Dave & Buster's  
Student Jackpot.

Stephen lost his chance at \$100 at last Saturday's game. So make sure you're at **Sat. Oct 12th's Football game vs Western Oregon** to win \$100, free food, & other raffle prizes!

**USD Men's Soccer**  
Oct 10 at 7pm vs. Northridge

**USD Volleyball**  
Oct 12 at 7pm vs. St. Mary's

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# Women's soccer shuts down Cal Poly at Torero Stadium

By Dane Mahoney

STAFF WRITER

The USD Women's soccer team added another win to their successful season with a 3-0 win over the Mustangs from Cal Poly at San Luis Obispo.

The victory was marked by a brilliant second half with goals from Marie-Claude Henry, Michelle Rowe, and senior Val Stocco.

The first half began with an early chance for the Toreros as Brooke Roby threaded a pass through the Mustang defense to freshman Lee Ann Klopschinski who crossed into Rowe, who nearly poked the ball past the charging keeper.

This was an early sign of things to come from freshman Michelle Rowe as she would later add a goal and an assist to her yearly tally.

Rowe and her fellow striker Klopschinski kept the Cal Poly defense busy throughout the first half with con-



DAVID DURON  
Andrea Keesling sends a pass down the line.

stant movement and relentless pressure.

The solid back line for the Toreros was only truly tested with 11:35 remaining in the half as an opposing striker found herself behind the defense with a fortunate through ball, however keeper Libby Bassett rushed out of goal nicely to

smother the oncoming danger.

After a miracle save by the Cal Poly keeper on another strong effort by Rowe, the half ended, knotted at 0-0.

The second half began with a refreshed Torero squad looking keen to dominate their opponents from the North.

With 27:57 remaining in the match, the Torero's constant probing of the Mustang defense finally paid off as Stocco ripped a half volley into the back left corner from twelve yards out after a USD throw-in.

After the ice-breaker, the Toreros scored their next goal within 30 seconds as a blast from 30 yards out by Rowe was mishandled by the Cal Poly goalie, and Henry was there to tap in the loose ball.

After the second goal, constant Torero pressure ensued, which was supported beautifully by the defense who kept the Mustangs off rhythm throughout the match.

USD made sure victory was on hand

for the afternoon

with a third goal in the last fifteen minutes as Rowe inevitably found the back of the net.

A through ball from fellow Canadian, Henry placed Rowe behind the Mustang defense as she calmly slotted home the final goal past the charging keeper for the 3-0 lead.

At the end of the match, the elated Toreros were back on the winning track having improved their record to 7-3-2.

After the victory, freshman Michelle Rowe spoke of her goal and the marvelous team display in the second half. "Marie and I are both from Canada and we can read each other so well, she seems to simply find my feet. During half-time our coach gave us a great speech and we just began having fun out there. It's all about having fun."

The fun will continue if the results remain positive as the Toreros begin their play in the West Coast Conference this Friday against Santa Clara.

continued from

**Football** on page 20

path.

Villalobos found pay dirt twice and rolled-up 121 yards on 17 carries, and averaged 7.1 yards per carry.

His counterpart Phil Thrash had 1 TD along with 114 yards on 14 carries, and averaged 8.1 yards.

The key to the Torero run game was in the unsung heroes, the big offensive line.

Throughout the game, the O-line played very physical and solid, and had only a few missed blocks that resulted in negative yards.

San Diego only had 10 negative yards in the game, and one sack against them.

Greg Erlbaum, the starting left offensive tackle did not seem overly impressed

the Jacksonville defense, and who can blame him.

He manhandled the player across from him, and dealt the other defenders as well. He believed that the offensive line picked it up and worked together, thus explaining the success of the ground attack.

"I think our O-line started coming together as a unit tonight, and that's why we were able to rush the ball so well."

The USD secondary was the most unnerving part of the defense.

The defense placed a noticeable amount of pressure on the JU quarterback, but could not produce a sack.

In four games the defense has only managed 7 sacks, which is nothing to write home about. Jacksonville had a field day playing the deep ball, and accumulated 344 yards in the air.

Turner, their star receiver, looked like an All-American with 12 receptions and 196 yards.

Luckily, Jacksonville could not pass very well on the whole, and only had 20 points offensively.

A team with a better passing game could make more points with over 300 yards passing, and that is dangerous.

After the game when asked about the secondary, Coach McGarry said that things would improve when the injured Wes Morgan gets back in the lineup.

"When we get Wes Morgan back I think it's gonna be a big help, we gotta get Wes back, because not only is Wes a great player but he is a great leader,"

Coach McGarry stated with hope. Wes is an experienced player on the defense, and by him returning, it will alleviate some pressure from the players who are still somewhat unfamiliar with the system.

The best thing to come out of the San Diego secondary was 3 interceptions for 63 yards.

## WCC Player of the Month



WWW.USDTOREROS.COM

Just this week, senior forward Ryan Coiner, who prepped at Aliso Viejo, in California, was named the West Coast Conference Player of the Month for September.

This honor culminated after Coiner had earned the WCC Player of the Week honors twice in September. The star forward led the 8th ranked Toreros (9-1) to a great start, and contributed greatly with 9 goals and 5 assists, totaling 23 points during the month.

In the Torero's close 2-1 road victory against UC Riverside, he scored the game-winning goal, and later he added 3-4 goals with an impressive hat trick against Cal State Fullerton, and had 2 goals in the 3-0 victory over UNLV.

As of October 6th, Coiner had 11 goals and 6 assists, for a total of 28 points, the best in the WCC. Ryan now has 46 career goals, and is chasing the all-time Torero record of 51, set by Guillermo Jara in 1995.

## NO MONKEY BUSINESS



## We're giving out pizza

Who: ANY student interested in writing or photography

What: Writer/photographer meeting

When: Tuesday October 15, 12:30pm

Where: Downstairs in the UC, 114B

For more info: chadw@sandiego.edu



## SPORTS

# Toreros victorious over Jacksonville Dolphins

## San Diego running game paves way to victory, secondary needs attention

By Jason Treter

SPORTS EDITOR

Heading into the home game against the Jacksonville Dolphins (JU), the Torero football team needed a major win to boost morale, and a major win is exactly what they had.

The offense started the game rather shakily, and could not manage to pass the ball.

The opening drive resulted in a turn over when quarterback Eric Rasmussen fumbled the ball.

The next offensive drive by USD would prove to be a sneak-preview of the evenings passing game.

A combination of a poor communica-

start with the ball on their own 4 yard line.

The USD defense made a strong hold, and forced a three-and-out punt, that was beautifully blocked by wide receiver Eric Gasperson. USD started with the ball on the 4 yard line, but could not punch it in.

San Diego had to settle for a field goal, which was made by Adam Williams, putting USD on the board first 3-0.

USD defense managed to stop JU on their ensuing drives, and would allow for the offense to dominate the field.

The first touchdown of the game came when the offensive line blew open a hole, and Villalobos broke through with a 13-yard bolt.

That score would make the total 10-0, and by 2:29 in the 2<sup>nd</sup> quarter, USD had extended the lead to 13-0.

The returning drive by Jacksonville would exploit the USD defense and strike in the main weak point, the secondary.

On the fifth play of the drive, JU quarterback, Mike Sturgill launched a 43 yard pass to a wide open receiver for six (13-

7).

San Diego needed to come back and score on the next possession, and that is exactly what they did.

The touchdown (20-7) came on the seventh play of the drive, with a short 5 yard pass to Gasperson, who was play-

ing great in the first half.

Gasperson dominated the first half of play with 91 of the 94 receiving yards.

Coming into the 3<sup>rd</sup> quarter, the score was 27-13, and the San Diego offense looked quite impressive.

The offense would continue to play well through the second half, the final

score 44-20.

Villalobos looked like a wrecking ball on the field, and would simply plow through the defense. He knocked down players like it was nobody's business, and made small safeties pay for crossing his

Please see **Football**, page 19

Toreros square off against Jacksonville before scoring a touchdown. DAVID DURON

Villalobos breaks away from the Jacksonville defenders. DAVID DURON

tion and misguided throws made the offensive air attack rather faint. Rasmussen would finish the evening only 8-19, with 119 yards, and one TD pass.

USD ended that drive with a punt to Jacksonville, and the Dolphins would

## Anaheim advances to AL Championship

### Angels defeat defending AL Champs; move on to face underdog Twins

By Craig Smith

ENTERTAINMENT EDITOR

Saturday afternoon the Anaheim Angels made history. It was a sell-out crowd of over 45,000 crazed fans filling the stadium with a sea of red. The stadium was buzzing. There was electricity in the air. The fans were decked out in their Angels paraphernalia holding steadfast to their thunder sticks in anticipation for Angel success. The Angels had already staged impressive comebacks in their two previous games against the four-time defending American League Champion, New York Yankees. The Yankees were in a must win situation in order to force this American League Division Series to a fifth and deciding game back in the comfort of New York and Yankee stadium.

The game began with much excitement and anticipation throughout Edison Field. Angel ace Jerrod Wasburn would start for the Halos on only three days rest. The fans excitedly cheered at every Angels hit and each Yankee out. The Yankees took a 2-1 lead into the bottom of the fifth inning. The Angels would respond with a bang. Designated hitter Shawn Wooten led off the inning with a solo home run off Yankee starter David Wells. The fans were invigorated and ready for more.

The onslaught would continue and when the dust had finally settled the

The soldout crowd at Edison International Field in Anaheim during game 4. CRAIG SMITH

Angels had scored eight runs on 10 hits in the inning. They set an ALDS record for most at bats in an inning (13), most singles in one inning (eight), and most runs in an inning (eight). It was the first time the Angels recorded 10 hits in an inning this year. This was the beginning of the celebration for the fans. For all the Angels needed were 12 more outs and the series was theirs.

Much easier said than done however, against the stacked Yankee lineup. Despite the bullpen giving up a run in three of the final four innings, Angel closer Troy Percival was able to close it out and solidify the Halo victory.

"The halos are back" is their theme this year, and they truly are. The fans have returned as well and they are ready for more. This the first time in their 41-year history that the Angels have ever won a playoff series. They return to the American League Championship Series for the first time in 16 years and have never advanced to the World Series. This

is history in the making for the entire organization as well as the fans. One man said, "I've been an Angel fan since I was four. My father used to bring me to the games. This is very special for me."

Angels fever is sweeping across LA and Orange County. Bumper stickers, T-shirts, and Angels caps can be spotted all around. Dare I say some of this has made its way to USD. There are at least a few of us toting our Angel shirts or caps around campus. There is bound to be even more support as the Angels head into the ALCS against the Minnesota Twins.

Neither team was ever really given a chance in their previous series and both are highly deserving of their recent successes. It is bound to continue to be an exciting October in baseball. Will Southern California be hosting the World Series and Super Bowl only months apart from each other? Well, that is for the Angels to decide. But it has been an amazing season thus far.

## Torero Results

and upcoming home games

**Mens Soccer (10-2)**

Lost to Boston 2-1

Defeated Albany 4-1

October 10 @ 7pm

vs. Northridge

October 18 @ 7:30pm

vs. Portland

**Womens Soccer (7-3-2)**

Defeated Cal Poly 3-0

October 18 @ 5pm

vs. San Francisco

**Football (2-2)**

Defeated Jacksonville

44-20

October 12 @ 7pm

vs. Western Oregon

**Volleyball (15-4)**

Defeated USF 3-0

October 12 @ 7pm

vs. St. Mary's

October 15 @ 7pm

vs. SDSU

**Cross Country**

USD defeated Pepperdine