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BICYCLING AT USD - JUNE 1-18

FOR IMMEDIATE RELEASE

The bicycling public is invited to a Bikecentennial program in Saloman Lecture Hall, De Sales Hall, University of San Diego, on Friday, May 28, at 7:30 PM. Bikecentennial from Missoula, Montana, is coordinating the cross country bicycle tours. The route goes from Astoria, Oregon, to Williamsburg, Virginia. Short tours of each part of the trail, as well as cross country tours, are scheduled. Informed San Diegans will answer questions about Bikecentennial or bicycle touring after the program. There is no charge for the program.

A bicycle touring class is being offered at USD's first Summer Session June 1-18. The course, taught by Mary Jessop and Thom McHale, will consist of basic bicycle maintenance, exercise and nutritional information, discussion of the bicycle as aerobic exercise as well as short and long bicycle tours. The course will include two overnights.

For further information contact USD at 291-6480, ext. 357.