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OFFICE OF PUBLIC RELATIONS **DIRECTOR: SARA FINN** NEWS AND PUBLICATIONS WRITER: MICHAEL REYNOLDS TELEPHONE: 714-291-6480 / EXT. 4296

ADDRESS: RM. 266 DE SALES HALL, ALCALA PARK, SAN DIEGO, CA 92110

FOR IMMEDIATE RELEASE

A workshop, "Self-Defense with Mace," will be held at the University of San Diego on Saturday, May 16, from 9 a.m. until noon in Salomon Lecture Hall.

Advance registration is required and tuition for the workshop is \$35. Participants will learn safety and protection methods, how to protect personal property, and defense techniques to use if victimized, including the use of mace. Each participant, over 18 years of age, will be issued a canister of mace and the required certificate of carry and use mace. Registration for participants under 18 years of age is \$10; no mace will be issued. For more details, call 293-4585.

The workshop will be lead by Sergeant Rick Michelson of the Crime Prevention Unit, San Diego Police Department, and is being co-sponsored by the Office of Continuing Education, USD, and Charter 100.

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