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FOR IMMEDIATE RELEASE

ASSERTIVENESS TRAINING FOR TEACHERS

AT USD MARCH 5-6

A workshop, "Assertiveness Training for Teachers," will be held at the University of San Diego in Camino 152 on Friday, March 5, from 4:00-8:00 p.m. and on Saturday, March 6, from 9:00 a.m. to 5:00 p.m.

"Assertiveness Training for Teachers" provides one professional development unit, which may be used for professional and salary advancement. Tuition is \$50. For information and reservations call 293-4585.

Co-sponsored by USD's School of Education and Continuing Education, the workshop is designed to increase self-confidence and ability to deal with stress; to develop classroom management techniques; and to improve communication with parents, supervisors, and co-workers.

Workshop coordinator Dr. Susan M. Zgliczynski, USD assistant professor of education, relates that topics to be included in the workshop include, "effective expression of feelings, effective listening skills, skills for negotiation agreements, and assessing body language." Discussions will be implemented by the use of lectures and movie demonstrations; workshop materials will be provided to each participant.

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