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FOR IMMEDIATE RELEASE

TENNIS WORKSHOP FOR TEACHERS SET AT USD

A two-day tennis workshop for teachers will be held at the University of San Diego on Saturday, July 31, and Sunday, August 1 from 9:00 a.m. to 5:00 p.m.

The workshop is open to current teachers/instructors of tennis as well as those interested in teaching. Registration of \$65 includes 2 units of continuing education credit (PE-X-105). For information, call 293-4585.

The two-day workshop provides methods of organizing tennis classes and demonstrates how motor-learning theories can be applied to tennis. The importance of mental imagery, auditory memory clues, "progression" methodology, and the role of practice in learning will be explained and illustrated.

Workshop director Edward S. Collins, M.A. is men's tennis coach at the University of San Diego and has experience as a high school tennis coach, a club pro and director of year 'round tennis clinics and camps that have been attended by 18,0000 students. Mr. Collins' teaching philosophies and methods have been published in "World Tennis," tennis magazines, and in a nationally syndicated tennis column. Collins is author of the book, "Watch the Ball, Bend Your Knees, That'll be \$20 Please."

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