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## Lenten Seminar Series at USD

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FOR IMMEDIATE RELEASE

LENTEN SEMINAR SERIES AT USD

A lenten lecture series of three personal growth seminars will be held at the University of San Diego on February 28, March 7 and March 14 at 7:30 p.m. in the Serra Hall Faculty Lounge.

Sponsored by the USD Alumnae of the Sacred Heart, the series is offered to the public free of charge. For reservations contact Sr. Virginia McMonagle at 293-4808.

"Crisis of Faith--An End or a Beginning?" will be presented by USD Religious Studies department assistant professor Helen De Laurentis on February 28.

On March 7, Dr. Phillip O. Hwang, Director of Counselor Education, USD School of Education, will present "Stress: How to Manage It."

"Your Spiritual Life--Escape or Inscape," is the topic of the March 14 seminar by Sr. Agnes Murphy, RSCJ, Ph.D. Sr. Murphy is Director of Adult Education at Our Lady of Grace Church in El Cajon.

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