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University of the Third Age Begins Seventh Year January 7

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NEWS RELEASE UNIVERSITY OF SAN DIEGO



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UNIVERSITY OF THE THIRD AGE BEGINS SEVENTH YEAR JANUARY 7

"The Arms Control Process," "How to be an Intelligent Health Consumer" and "Learning to Live with Microcomputers" are just three of the lectures to be offered during the winter session of the University of San Diego's University of the Third Age, a special program of lectures and physical exercise for persons over the age of 55.

The session begins January 7 and ends January 24.

Now in its seventh year, the Monday-Thursday program begins with an exercise class from 8-9 a.m. daily, followed by lectures at 10 and 11:15 a.m. Faculty include several USD professors and other educators and professionals from the San Diego area. There are no exams, papers or grades.

Fee for the session is \$50. Enrollees must provide their own transportation to USD.

For registration and more information, call the University of San Diego's Continuing Education Office, (619) 260-4585.

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