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"Superwoman Syndrome" Author, Husband to Share Coping Insights

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OFFICE OF PUBLIC RELATIONS

DIRECTOR: SARA FINN, APR

DIRECTOR OF NEWS BUREAU: JOHN L. NUNES

CALENDAR EVENTS: JOAN MURRY, ASSISTANT DIRECTOR

TELEPHONE: (619) 260-4600 EXT. 4296

ADDRESS: RM 276 DESALES HALL, ALCALÁ PARK, SAN DIEGO, CA 92110

"SUPERWOMAN SYNDROME" AUTHOR,
HUSBAND TO SHARE COPING INSIGHTS

Marjorie Hansen Shaevitz, author of "The Superwoman Syndrome," and her husband, Morton Shaevitz, are scheduled to speak at a 7:30 a.m. Thursday, Oct. 24, breakfast at the University of San Diego.

She will discuss the traditional values and contemporary pressures which lead women to experience the psychological, interpersonal and physical stress symptoms identified in her book. She will also detail insights and strategies necessary for women to gain control over their lives.

He will talk about men's responses to the "superwomen" in their lives.

Together they will suggest how couples can deal with this phenomenon.

The seminar, scheduled to run until 9 a.m., is part of USD's Department of Continuing Education "Distinguished Speakers Series" held at the Manchester Executive Conference Center.

Carl N. Karcher, founder of Carl's Jr. Restaurants, is the third and final speaker in the series. He is set to speak on Monday, Nov. 18.

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Each seminar costs \$15 per person. For more information, please contact Kathy Hare at 260-4585 or John Nunes at 260-4682.

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