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## Are You a Type 'E' Woman? She Dazzles Business World

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# NEWS RELEASE UNIVERSITY OF SAN DIEGO



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ARE YOU A TYPE 'E' WOMAN?  
SHE DAZZLES BUSINESS WORLD

The Type 'E' woman appears dazzling. She juggles an amazing workload and a variety of commitments to family, friends and community.

If this description sounds disturbingly familiar, this University of San Diego School of Business lecture is for you.

Johanna Hunsaker, a USD associate professor of business, will discuss the Type 'E' woman at 8 a.m. Friday, Dec. 13, in Manchester Executive Conference Center.

A 7:30 continental breakfast precedes the hour-long lecture. Admission is \$15.

The lecture is part of the business school's Business Update Seminars, designed for area business people to interact with business faculty to learn about recent developments in the world of business.

Dr. Hunsaker will provide an assessment instrument and share ideas on how to use goal setting and stress coping techniques to create a personal management program.

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